

2019 Men's 3 Mile Results

Event 1

USMS 25-29 Men's 3 Mile

Place	Name	CLUB	Overall Place	Time
1	Matthews, Mark	SDSM	15	1:08:14.7

USMS 35-39 Men's 3 Mile

Place	Name	CLUB	Overall Place	Time
1	Tran, Michael	SWLB	19	1:10:26.7
2	Hoover, Andy	SCAQ	5	1:02:28.0

USMS 45-49 Men's 3 Mile

Place	Name	CLUB	Overall Place	Time
1	Garland, Douglas	SWLB	10	1:07:06.8
2	Knapp, Peter	VKNG	20	1:10:31.6
3	Schneck, Pete	OEVT	29	1:26:39.3

USMS 50-54 Men's 3 Mile

Place	Name	CLUB	Overall Place	Time
1	Reilly, Quinn		9	1:06:15.6
2	Wheeler, Jeff	SWLB	12	1:07:29.0
3	Juett, Dennis	ROSE	14	1:07:54.4
4	Neilan, David	SOBA	21	1:11:38.0
5	Goldston, Adam	SOBA	25	1:16:49.7
6	Jarvis, Eric	UC33	26	1:20:13.1
7	Alden, Jack	UC33	31	1:32:17.2

USMS 60-64 Men's 3 Mile

Place	Name	CLUB	Overall Place	Time
1	Sponagle, Stephen	NOVA	13	1:07:50.8
2	Daschbach, Rooney	SWLB	22	1:12:03.5
3	Christensen, Charlie	ROSE	23	1:16:05.4
4	Hejny, David	UC33	24	1:16:21.6
5	Katzeff, Hillel	SBSM	30	1:31:42.3

USMS 65-69 Men's 3 Mile

Place	Name	CLUB	Overall Place	Time
1	Murphy, Duff	CTM	28	1:25:02.9

USMS 70-74 Men's 3 Mile

Place	Name	CLUB	Overall Place	Time
1	Owens, Robert	VCM	27	1:23:08.3

USMS 75-79 Men's 3 Mile

Place	Name	CLUB	Overall Place	Time
1	Durkee, Ronald	ATCM	33	2:20:42.8

2019 Women's 3 Mile Results

Event 2

USMS 25-29 Women's 3 Mile

Place	Name	CLUB	Overall Place	Time
1	Miller, MacKenzie	OEVT	11	1:07:08.0
2	Monge, Madeline	MVM	17	1:09:13.0

USMS 40-44 Women's 3 Mile

Place	Name	CLUB	Overall Place	Time
1	Walker, Heidi	UC33	18	1:10:00.7

USMS 50-54 Women's 3 Mile

Place	Name	CLUB	Overall Place	Time
1	Simons, Linda	CTM	16	1:08:17.7

USMS 70-74 Women's 3 Mile

Place	Name	CLUB	Overall Place	Time
1	Nielsen, Kathleen	GWSC	32	1:55:49.6

2019 Men's 1 Mile Results

Event3

USMS 20-24 Men's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	O'Shea, Kyle	FAST	57	44:54.2

USMS 25-29 Men's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Fiamengo, Vince	LAPS	11	24:07.6

USMS 30-34 Men's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Barber, Stephen	OEVT	10	24:05.4

USMS 35-39 Men's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Bolcoa, Scott	NOVA	31	29:52.3
2	White, Matthew	UC33	48	37:36.5
3	Chung, Robert	OEVT	50	39:15.1
4	Matouka, Matthew	SOBA	51	40:50.1
5	Ying, Mardy	OEVT	54	42:38.1

USMS 40-44 Men's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Eskes, Marc	SCAC	6	23:31.2
2	Culver, Ian	ROSE	16	26:14.0
3	O'Brien, Carlos	OEVT	27	28:56.1
4	Wilson, Eric	FDMS	38	33:34.1
5	Welke, Jason	LAPS	47	37:35.7
6	Lai, Pak	SSTC	53	41:59.1

USMS 45-49 Men's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Hansen, Nelson	SCAQ	8	23:44.4
2	Nemeth, Kevin	SOBA	28	29:07.1
3	Oatey, Shawn	SWLB	36	30:30.8
4	Zhou, John	MAX	37	31:01.2

USMS 50-54 Men's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Grover, Jeff	OEVT	17	26:21.7
2	Whitenack, Craig	UC33	18	26:22.2
3	Neilan, David	SOBA	29	29:15.6
4	Johnson, Greg	SOBA	43	36:50.7
5	Magyar, John	UCLA	56	44:30.8

USMS 55-59 Men's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Wackerbarth, Richard	UC38	19	26:45.0
2	Irwin, Joe	GWSC	22	27:41.1
3	Gollis, Richard	UC33	34	30:27.5
4	Heydorff, Leo	UC38	39	34:44.6
5	Wright, Brian	SCAQ	49	39:12.0
6	Smith, Angus	SCAL	52	41:27.2
7	Hejny, Mike	OEVT	59	46:32.7
8	Chang, Yoon	OEVT	60	52:03.4
9	Han, Vincent	OEVT	61	52:04.2

USMS 60-64 Men's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Campbell, Frank	ROSE	21	27:35.4
2	O'Neil, Dave	SWLB	25	28:38.0
3	Small, Kent	UC33	32	30:06.7
4	Donagrechia, Tony	UC33	42	36:40.5
5	Lemire, Steve	OEVT	45	37:25.4
6	O'Shea, Brendan	FAST	58	45:20.4
7	Kim, Heung Sik	OEVT	62	1:00:11.2

USMS 65-69 Men's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Heydorff, Thomas	ATCM	40	35:02.3
2	Ploessel, Dennis	UC33	41	35:30.8
3	Hyde, Steve	SVA	44	37:01.3
4	Rothenburger, Craig	UC33	55	44:03.5
	Menduno, Michael	PSP	DNF	

USMS 70-74 Men's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Nisbet, John	BCM	33	30:23.0

2019 Women's 1 Mile Results

USMS 19 & Under Women's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Wilson, Kendall	OEVT	5	26:01.2
2	Clemente, Paula	OEVT	43	33:17.9
3	Marquez, Melany	OEVT	50	34:21.0

USMS 20-24 Women's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Theiders, Amber	MVN	3	24:57.6

USMS 25-29 Women's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Ah-Quah, Stephanie	UC33	22	28:26.6

USMS 30-34 Women's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Hendrickson, Laura	NOVA	19	27:52.3
2	Spears, Laura	ATCM	29	29:54.1

USMS 40-44 Women's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Caristo, Romina	SCAQ	14	27:11.9
2	Brogdon, Jaime	OEVT	49	34:20.2

USMS 45-49 Women's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Horvath, Katherine	MVN	34	30:39.7
2	Simmons, Samantha	SWLB	46	34:15.6
3	Carlin, Elizabeth	LBG	58	47:01.6

USMS 50-54 Women's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Clifford, Daisy	ROSE	16	27:16.1
2	Takarabe, Nikki	CTM	25	28:56.3
3	Zimmermann, Ute	UC33	27	29:25.9
4	Rinehart, Susan	CTM	35	30:41.4
5	Wilson, Teresa	FAST	36	31:22.8
6	Praitis, Irena	OEVT	38	31:44.0
7	Theiders, Wendy	OEVT	45	34:07.4
8	Hwang, Helen	OEVT	59	50:30.2
9	Keller, Fiona	OEVT	62	53:28.9

USMS 55-59 Women's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Dodd, Suzanne	CTM	23	28:39.9
2	Torres, Jeanne	UC33	37	31:28.7
3	Rodriquez, Nancie	CTM	42	32:56.6
4	Caldwell, Kalani	OEVT	44	33:27.6
5	Baird, Beverly	SOBA	47	34:18.9
6	Bathgate, Diane	MSCA	48	34:19.4
7	Berro, Denise	UC38	53	36:54.3
8	Mendenhall, Susan	UC33	54	41:01.5
9	Colaco, Janna	SOBA	55	41:14.2
10	Clark, Janice	CTM	56	41:27.1
11	Samwicki, Sherri	FAST	60	51:00.1

USMS 60-64 Women's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Atkins, Janice	ATCM	52	36:40.8
2	Shin, Soonim	OEVT	61	51:18.6

USMS 65-69 Women's 1 Mile

1	Nowak, Mary	LBSU	51	36:40.2
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USMS 70-74 Women's 1 Mile

Place	Name	CLUB	Overall Place	Time
1	Watson, Katherine	OJAI	57	46:29.6