

10k USMS National Championships

Female 18 to 24

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Kara Treacy	CBA	18	60	2	2:20:01.0	14:00/K
2	Dominique Maack	SALT	20	33	5	2:27:20.9	14:44/K

Male 18 to 24

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Jacob Jezek	LVM	19	38	6	2:22:14.9	14:13/K

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Lexie Kelly	OWSC	26	23	1	2:14:49.7	13:29/K
2	Alexis Underwood	GAJA	29	54	3	2:22:26.7	14:15/K
3	Allison Dorko	MESC	26	57	15	2:52:19.8	17:14/K
4	Meredith West	SMM	28	15	20	3:07:42.9	18:46/K

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Wesley Johnson	UNAT	28	40	5	2:21:26.9	14:09/K
2	James Hochstrasser	QUAC	28	37	12	2:32:38.8	15:16/K
3	Aliyar Fouladkhah	CMS	28	52	29	3:12:35.8	19:16/K

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Kelsey Withrow	SALT	30	66	4	2:24:28.6	14:27/K
2	Emily Von Jentzen	KATS	30	41	21	3:19:55.1	20:00/K

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Bill May	LVM	34	43	1	2:08:38.1	12:52/K
2	Tait Ecklund	ROSE	31	51	8	2:26:47.9	14:41/K
3	Art Sanchez	UNAT	33	45	13	2:32:51.6	15:17/K
4	Johnny Van Velthuyzen	PSM	34	24	19	2:41:37.5	16:10/K
5	Mark Stefl	UNAT	34	47	24	2:52:16.4	17:14/K
6	Josh Green	SLOW	33	29	25	2:52:48.1	17:17/K
7	Miles Pomeroy	SLOW	30	22	31	3:12:51.6	19:17/K

*Overall place within gender

10k USMS National Championships**Female 35 to 39**

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Sonja Koppenwallner	SFTL	36	2	7	2:33:10.2	15:19/K
2	Michelle McRae	PSM	37	25	9	2:34:01.7	15:24/K
3	Chio Hatakeyama	WSC	38	6	11	2:41:19.9	16:08/K
4	Heather Melrose	BGWM	39	32	24	3:26:07.4	20:37/K
DNF	Malena Hankins	GAJA	39	56			

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Kathryn Farrell Guizar	HMS	40	7	12	2:46:21.1	16:38/K
2	Cynthia Werhane	OREG	44	3	13	2:48:22.0	16:50/K
3	Sue Frehse	SLOW	42	30	17	2:57:59.3	17:48/K
4	Katrina Lundstedt	SERC	42	16	18	3:00:12.2	18:01/K
5	Heather Post	UNAT	42	49	25	3:43:03.7	22:18/K

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Kevin Scott	SLV	42	8	7	2:24:22.7	14:26/K
2	Gordon Gridley	SLOW	40	18	16	2:36:45.6	15:41/K
3	Steven Pickard	UTAH	43	44	18	2:37:47.6	15:47/K
4	Steven Shotts	NCMS	42	19	20	2:43:37.0	16:22/K
5	Alan Diamond	ARKM	40	58	26	2:53:50.7	17:23/K
6	Jaime Balboa	UCLA	44	59	27	2:55:31.9	17:33/K
7	Matthew Brown	UNAT	43	50	33	3:22:34.2	20:15/K

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Juliet Cox	MAM	45	9	6	2:30:18.8	15:02/K
2	Anne Tilley	TPIT	48	31	14	2:52:10.9	17:13/K
3	Lynn Ascione	BERK	45	17	16	2:55:17.6	17:32/K

*Overall place within gender

10k USMS National Championships**Male 45 to 49**

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Ricardo Valdivia	GOLD	48	48	2	2:14:41.4	13:28/K
2	Yan Cardineau	SRM	45	27	3	2:15:00.7	13:30/K
3	Kurt Dickson	ARIZ	45	11	4	2:15:05.8	13:31/K
4	Vince Piatt	UNAT	49	34	22	2:47:20.4	16:44/K
5	Gabriel Osorio	LVM	49	64	28	2:56:10.3	17:37/K
6	Steven Robles	LAPS	49	65	30	3:12:37.0	19:16/K
7	Jeffrey Lime	UNAT	46	14	36	3:40:20.3	22:02/K

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Heidi Christensen	CVMM	54	12	10	2:34:34.9	15:27/K
2	Ali Hall	BAC	51	4	19	3:06:16.3	18:38/K
3	Susan Kirk	BERK	52	5	22	3:22:10.2	20:13/K
DNF	Eney Jones	DAMM	52	63			

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Ken Classen	CMS	52	39	9	2:28:55.5	14:54/K
2	Bill Ireland	SCAQ	53	1	15	2:36:30.4	15:39/K
3	Eddie Turner	UNAT	54	21	37	3:43:18.8	22:20/K

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Dan Robinson	PSM	55	28	11	2:30:27.8	15:03/K
2	Mark Spratt	INDY	57	26	14	2:36:27.7	15:39/K
3	Stephen Sponagle	NOVA	57	61	21	2:45:07.1	16:31/K
4	Jon Olbum	UNAT	55	10	23	2:50:26.8	17:03/K
5	Stephan Bonomo	LVM	57	62	32	3:18:54.8	19:53/K
6	Chuck Burr	RIDG	55	42	34	3:28:12.5	20:49/K
DNF	Bern Galvin	LAPS	59	46			

*Overall place within gender

10k USMS National Championships

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Shirley Loftus-Charley	VMST	61	13	8	2:33:36.2	15:22/K
DNF	Jill Wright	SAWS	62	55			

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Alan Bell	PSM	63	53	10	2:29:17.4	14:56/K
2	Scott Lautman	BWAQ	60	36	17	2:37:19.9	15:44/K

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Linda Shoenberger	TAM	65	20	23	3:25:13.1	20:31/K

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Dan Willert	WCM	70	35	35	3:31:21.9	21:08/K

*Overall place within gender

5k Swim Both Divisions

<u>Overall</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>Div</u>	<u>Time</u>
1	Robynn Masters	UNAT	210	54	F	5kw	1:09:32.5
2	Eric Marnoch	CVMM	208	46	M	5k	1:09:40.4
3	Erik Dailey	ROSE	241	33	M	5k	1:14:14.4
4	Kari Adams	LVM	211	47	F	5k	1:14:21.3
5	Denise Hearst	CVMM	237	55	F	5k	1:15:54.5
6	Tom Goth	UNAT	252	27	M	5kw	1:17:10.6
7	Patrick Kelly	CMS	216	46	M	5k	1:17:36.9
8	Becky Cleavenger	CVMM	207	49	F	5k	1:17:50.0
9	Edward (Ted) Waldron	CVMM	212	46	M	5k	1:19:00.1
10	Drew Shattuck	SUNF	251	44	M	5k	1:21:31.9
11	Jennifer Rocke	CMS	248	47	F	5k	1:25:19.0
12	Matthew Van Steenwyk	SLV	232	29	M	5k	1:26:30.3
13	Amy Taylor	ARIZ	230	35	F	5k	1:27:31.2
14	Dale Kunkel	ARIZ	224	58	M	5k	1:27:33.7
15	Geoff Bickel	UNAT	247	44	M	5kw	1:27:42.1
16	Karen Feld	FONT	218	45	F	5kw	1:30:59.1
17	Wendy Enck	UNAT	214	36	F	5k	1:32:19.9
18	David Gallegos	CMS	217	46	M	5k	1:33:06.1
19	Veronica Frederick	VACA	202	26	F	5k	1:33:09.0
20	Tunisia Batzer	VACA	200	30	F	5k	1:33:56.3
21	David Frydman	SLV	240	40	M	5k	1:35:43.2
22	Dave Arpin	VLVM	245	53	M	5k	1:37:22.8
23	Jay Ingham	SLV	209	38	M	5kw	1:37:37.5
24	Jill Robertson	SCA	219	50	F	5k	1:37:45.8
25	Sarah Clark	BERK	221	42	F	5k	1:38:09.1
26	Laura Gould	UNAT	229	26	F	5k	1:39:51.7
27	Michael Rockwell	UNAT	236	41	M	5k	1:42:29.4
28	Nancy Streb	GOLD	244	59	F	5k	1:42:49.4
29	John Townsley	UNAT	220	49	M	5k	1:43:54.9
30	John Gorman	UNAT	235	64	M	5k	1:44:28.0
31	Gay-Lynn Tangdit	CMS	201	44	F	5k	1:44:41.1
32	Jennifer Turchin	SLV	228	32	F	5kw	1:46:04.0
33	Chris Cooksey	UNAT	222	37	M	5k	1:46:21.7
34	Bruce Schroeder	UNAT	226	61	M	5kw	1:47:11.9
35	Stefan Stroms	SLV	234	54	M	5kw	1:47:33.1
36	Marie Bickel	SLV	203	45	F	5kw	1:48:42.3
37	William Webb	TCY	250	44	M	5k	1:53:06.2
38	Lara Urano	CMS	205	43	F	5k	1:54:37.9
39	Angela Dimaya	SLV	242	37	F	5kw	1:55:50.9
40	Leonore Faulds	PSM	206	39	F	5k	1:57:33.0
41	Juan Hernandez	UNAT	223	50	M	5k	1:59:00.8
42	Leslie Shurmur	SLV	204	56	F	5k	2:01:59.5
43	Linda Williams	SLV	213	46	F	5kw	2:02:00.6
44	Joseph Murphy	HSNM	225	56	M	5k	2:03:20.7
45	Donna Woo	SLV	239	42	F	5kw	2:03:52.0
46	Astrid Stroms	SLV	233	48	F	5kw	2:08:14.2
47	Cynthia Kraft	ARIZ	246	43	F	5kw	2:14:55.8
48	Cindy Thompson	UNAT	238	41	F	5k	2:15:43.8
49	Calvin Thomas	H2O	231	63	M	5k	2:22:26.3

Race Date

10k Nationals 5k & 1 Mile Swims

5k Swim Both Divisions

May 18, 2013

<u>Overall</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Div</u>	<u>Time</u>
50	Jenn Ty	VLVM	215	54	F	5k	3:06:30.9
DNF	Daniel Rips	UNAT	227	45	M	5k	
DNF	Jr Dicarlo	UNAT	243	33	M	5k	
DNF	Slater Fletcher	NOVA	249	36	M	5k	

May 18, 2013

Overall Finish List**5k Open Water Swim**

<u>Overall</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>Time</u>
1	Eric Marnoch	CVMM	208	46	M	1:09:40.4
2	Erik Dailey	ROSE	241	33	M	1:14:14.4
3	Kari Adams	LVM	211	47	F	1:14:21.3
4	Denise Hearst	CVMM	237	55	F	1:15:54.5
5	Patrick Kelly	CMS	216	46	M	1:17:36.9
6	Becky Cleavenger	CVMM	207	49	F	1:17:50.0
7	Edward (Ted) Waldron	CVMM	212	46	M	1:19:00.1
8	Drew Shattuck	SUNF	251	44	M	1:21:31.9
9	Jennifer Rocke	CMS	248	47	F	1:25:19.0
10	Matthew Van Steenwyk	SLV	232	29	M	1:26:30.3
11	Amy Taylor	ARIZ	230	35	F	1:27:31.2
12	Dale Kunkel	ARIZ	224	58	M	1:27:33.7
13	Wendy Enck	UNAT	214	36	F	1:32:19.9
14	David Gallegos	CMS	217	46	M	1:33:06.1
15	Veronica Frederick	VACA	202	26	F	1:33:09.0
16	Tunisia Batzer	VACA	200	30	F	1:33:56.3
17	David Frydman	SLV	240	40	M	1:35:43.2
18	Dave Arpin	VLVM	245	53	M	1:37:22.8
19	Jill Robertson	SCA	219	50	F	1:37:45.8
20	Sarah Clark	BERK	221	42	F	1:38:09.1
21	Laura Gould	UNAT	229	26	F	1:39:51.7
22	Michael Rockwell	UNAT	236	41	M	1:42:29.4
23	Nancy Streb	GOLD	244	59	F	1:42:49.4
24	John Townsley	UNAT	220	49	M	1:43:54.9
25	John Gorman	UNAT	235	64	M	1:44:28.0
26	Gay-Lynn Tangdit	CMS	201	44	F	1:44:41.1
27	Chris Cooksey	UNAT	222	37	M	1:46:21.7
28	William Webb	TCY	250	44	M	1:53:06.2
29	Lara Urano	CMS	205	43	F	1:54:37.9
30	Leonore Faulds	PSM	206	39	F	1:57:33.0
31	Juan Hernandez	UNAT	223	50	M	1:59:00.8
32	Leslie Shurmur	SLV	204	56	F	2:01:59.5
33	Joseph Murphy	HSNM	225	56	M	2:03:20.7
34	Cindy Thompson	UNAT	238	41	F	2:15:43.8
35	Calvin Thomas	H2O	231	63	M	2:22:26.3
36	Jenn Ty	VLVM	215	54	F	3:06:30.9
DNF	Jr Dicarolo	UNAT	243	33	M	
DNF	Slater Fletcher	NOVA	249	36	M	
DNF	Daniel Rips	UNAT	227	45	M	

Overall Finish List**5k Wetsuit**

<u>Overall</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>Time</u>
1	Robynn Masters	UNAT	210	54	F	1:09:32.5
2	Tom Goth	UNAT	252	27	M	1:17:10.6
3	Geoff Bickel	UNAT	247	44	M	1:27:42.1
4	Karen Feld	FONT	218	45	F	1:30:59.1
5	Jay Ingham	SLV	209	38	M	1:37:37.5
6	Jennifer Turchin	SLV	228	32	F	1:46:04.0
7	Bruce Schroeder	UNAT	226	61	M	1:47:11.9
8	Stefan Stroms	SLV	234	54	M	1:47:33.1
9	Marie Bickel	SLV	203	45	F	1:48:42.3
10	Angela Dimaya	SLV	242	37	F	1:55:50.9
11	Linda Williams	SLV	213	46	F	2:02:00.6
12	Donna Woo	SLV	239	42	F	2:03:52.0
13	Astrid Stroms	SLV	233	48	F	2:08:14.2
14	Cynthia Kraft	ARIZ	246	43	F	2:14:55.8

1 Mile Swim Both Divisions

May 18, 2013

<u>Overall</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>Div</u>	<u>Time</u>
1	Kelsey Dickson	ARIZ	316	23	F	1M	24:07.5
2	James Huff	VLVM	309	39	M	1M	24:34.2
3	Tom Uslan	UNAT	312	50	M	1M	26:31.3
4	Jeff Devins	HIMA	319	60	M	1M	27:18.6
5	Todd Frehse	SLOW	323	44	M	1M	28:27.8
6	David Morgan	UNAT	304	43	M	1M	28:54.3
7	Susan Cushman	LVM	301	50	F	1M	29:02.6
8	Ken Tolar	UNAT	310	64	M	1m	29:35.4
9	Richard O'Donnell	UNAT	306	64	M	1M	30:04.5
10	Victor Cochran	SLV	303	64	M	1m	30:07.5
11	Beth Rosenblum	UNAT	302	35	F	1M	33:38.6
12	Charlie Brown	UNAT	305	64	M	1M	33:59.0
13	Jeremy McCay	SLV	314	39	M	1m	37:02.2
14	Renee Ingham	SLV	322	40	F	1m	37:14.6
15	Jessica Pinjuv	SLV	311	45	F	1m	37:56.0
16	Clair Stewart	LVM	318	48	M	1M	39:58.9
17	Kit Lam	UNAT	324	45	F	1m	41:47.0
18	Beate Kirmse	UNAT	315	49	F	1M	42:16.0
19	Joyce Cordon	VLVM	320	57	F	1m	45:08.0
20	Andrew Pastwick	UNAT	317	37	M	1M	45:13.3
21	Mark Howard	UNAT	313	39	M	1M	56:55.0
DNF	Curtis Scrugham	SLV	300	44	M	1m	
DNF	Michele Baron	UNAT	307	53	F	1M	
DNF	Kenneth Whitehair	SLV	308	44	M	1m	
DNF	Nancy Kirkpatrick Reno	CVMM	321	57	F	1m	

Overall Finish List**1 Mile Open Water Swim**

<u>Overall</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>Time</u>
1	Kelsey Dickson	ARIZ	316	23	F	24:07.5
2	James Huff	VLVM	309	39	M	24:34.2
3	Tom Uslan	UNAT	312	50	M	26:31.3
4	Jeff Devins	HIMA	319	60	M	27:18.6
5	Todd Frehse	SLOW	323	44	M	28:27.8
6	David Morgan	UNAT	304	43	M	28:54.3
7	Susan Cushman	LVM	301	50	F	29:02.6
8	Richard O'Donnell	UNAT	306	64	M	30:04.5
9	Beth Rosenblum	UNAT	302	35	F	33:38.6
10	Charlie Brown	UNAT	305	64	M	33:59.0
11	Clair Stewart	LVM	318	48	M	39:58.9
12	Beate Kirmse	UNAT	315	49	F	42:16.0
13	Andrew Pastwick	UNAT	317	37	M	45:13.3
14	Mark Howard	UNAT	313	39	M	56:55.0
DNF	Michele Baron	UNAT	307	53	F	

Overall Finish List

May 18, 2013

1 Mile Wetsuit

<u>Overall</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>Time</u>
1	Ken Tolar	UNAT	310	64	M	29:35.4
2	Victor Cochran	SLV	303	64	M	30:07.5
3	Jeremy McCay	SLV	314	39	M	37:02.2
4	Renee Ingham	SLV	322	40	F	37:14.6
5	Jessica Pinjuv	SLV	311	45	F	37:56.0
6	Kit Lam	UNAT	324	45	F	41:47.0
7	Joyce Gordon	VLVM	320	57	F	45:08.0
DNF	Nancy Kirkpatrick Reno	CVMM	321	57	F	
DNF	Curtis Scrugham	SLV	300	44	M	
DNF	Kenneth Whitehair	SLV	308	44	M	