

2019 SP/USMS January MVN SCY Meet - 1/13/2019

Results

Women 18-24 200 Yard Freestyle

Name	Age	Team	Finals Time		
1 Heidi Zuniga	23	Mission Viejo Masters-33	2:05.31		
	29.94	1:01.19 (31.25)	1:33.20 (32.01)	2:05.31 (32.11)	

Women 18-24 1000 Yard Freestyle

1 Alex Bae	23	Mission Viejo Masters-33	13:02.18		
	34.56	1:11.80 (37.24)	1:50.51 (38.71)	2:30.13 (39.62)	
	3:09.88 (39.75)	3:49.79 (39.91)	4:29.82 (40.03)	5:10.04 (40.22)	
	5:49.64 (39.60)	6:29.61 (39.97)	7:09.49 (39.88)	7:49.20 (39.71)	
	8:28.43 (39.23)	9:07.74 (39.31)	9:47.13 (39.39)	10:26.34 (39.21)	
	11:05.71 (39.37)	11:44.39 (38.68)	12:23.55 (39.16)	13:02.18 (38.63)	

Women 18-24 100 Yard Backstroke

1 Heidi Zuniga	23	Mission Viejo Masters-33	1:11.66		
	35.65	1:11.66 (36.01)			
2 Alex Bae	23	Mission Viejo Masters-33	1:16.76		
	37.86	1:16.76 (38.90)			

Women 18-24 100 Yard Breaststroke

1 Alex Bae	23	Mission Viejo Masters-33	1:25.50		
	40.62	1:25.50 (44.88)			

Women 18-24 100 Yard Butterfly

1 Heidi Zuniga	23	Mission Viejo Masters-33	1:02.18		
	29.48	1:02.18 (32.70)			

Women 18-24 200 Yard IM

1 Heidi Zuniga	23	Mission Viejo Masters-33	2:22.48		
	29.78	1:08.57 (38.79)	1:49.41 (40.84)	2:22.48 (33.07)	
2 Alex Bae	23	Mission Viejo Masters-33	2:44.09		
	36.04	1:17.65 (41.61)	2:05.02 (47.37)	2:44.09 (39.07)	

Women 18-24 400 Yard IM

1 Alex Bae	23	Mission Viejo Masters-33	5:55.28		
	37.70	1:21.18 (43.48)	2:08.74 (47.56)	2:53.83 (45.09)	
	3:43.08 (49.25)	4:33.35 (50.27)	5:14.65 (41.30)	5:55.28 (40.63)	

Women 25-29 25 Yard Freestyle

1 Gioella Chaparro	29	Long Beach Grunions-33	15.62		
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Women 25-29 50 Yard Freestyle

1 Ariel Baugh	29	Silver Peak Performance-33	27.99		
2 Allison TerBush	28	Mission Viejo Masters-33	29.02		
3 Gioella Chaparro	29	Long Beach Grunions-33	33.91		

Women 25-29 100 Yard Freestyle

1 Ariel Baugh	29	Silver Peak Performance-33	1:00.65		
	28.78	1:00.65 (31.87)			
2 Heather Berryhill	29	Long Beach Grunions-33	1:13.19		
	34.84	1:13.19 (38.35)			
3 Gioella Chaparro	29	Long Beach Grunions-33	1:15.32		
	35.51	1:15.32 (39.81)			

Women 25-29 200 Yard Freestyle

1 Hayley Berryhill	27	Long Beach Grunions-33	2:19.40		
	31.74	1:06.72 (34.98)	1:42.97 (36.25)	2:19.40 (36.43)	

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Women 25-29 500 Yard Freestyle**

1	Lauren Nico	25	Long Beach Grunions-33	6:03.40
	33.33	1:09.77 (36.44)	1:46.03 (36.26)	2:23.32 (37.29)
	3:00.08 (36.76)	3:35.95 (35.87)	4:12.56 (36.61)	4:49.80 (37.24)
	5:26.82 (37.02)	6:03.40 (36.58)		
2	Hayley Berryhill	27	Long Beach Grunions-33	6:17.39
	33.32	1:10.10 (36.78)	1:48.07 (37.97)	2:27.01 (38.94)
	3:05.38 (38.37)	3:43.90 (38.52)	4:22.66 (38.76)	5:01.91 (39.25)
	5:40.18 (38.27)	6:17.39 (37.21)		
3	Heather Berryhill	29	Long Beach Grunions-33	7:21.91
	38.76	1:22.00 (43.24)	2:05.30 (43.30)	2:48.70 (43.40)
	3:32.50 (43.80)	4:17.57 (45.07)	5:03.06 (45.49)	5:49.05 (45.99)
	6:34.74 (45.69)	7:21.91 (47.17)		

Women 25-29 1000 Yard Freestyle

1	Hayley Berryhill	27	Long Beach Grunions-33	13:04.08
	33.77	1:11.70 (37.93)	1:50.61 (38.91)	2:30.14 (39.53)
	3:09.74 (39.60)	3:49.80 (40.06)	4:29.72 (39.92)	5:09.48 (39.76)
	5:49.44 (39.96)	6:29.28 (39.84)	7:09.11 (39.83)	7:48.88 (39.77)
	8:28.57 (39.69)	9:08.30 (39.73)	9:47.89 (39.59)	10:27.47 (39.58)
	11:06.81 (39.34)	11:46.29 (39.48)	12:25.56 (39.27)	13:04.08 (38.52)
2	Heather Berryhill	29	Long Beach Grunions-33	15:36.33
	41.22	1:26.54 (45.32)	2:13.41 (46.87)	3:00.68 (47.27)
	3:47.87 (47.19)	4:35.12 (47.25)	5:22.24 (47.12)	6:08.92 (46.68)
	6:56.77 (47.85)	7:44.45 (47.68)	8:31.65 (47.20)	9:19.21 (47.56)
	10:06.10 (46.89)	10:53.24 (47.14)	11:40.49 (47.25)	12:27.41 (46.92)
	13:14.68 (47.27)	14:02.73 (48.05)	14:49.85 (47.12)	15:36.33 (46.48)

Women 25-29 50 Yard Backstroke

1	Allison TerBush	28	Mission Viejo Masters-33	32.92
2	Ariel Baugh	29	Silver Peak Performance-33	34.68
3	Gioella Chaparro	29	Long Beach Grunions-33	38.53

Women 25-29 100 Yard Backstroke

1	Allison TerBush	28	Mission Viejo Masters-33	1:09.83
	33.01	1:09.83 (36.82)		
2	Lauren Nico	25	Long Beach Grunions-33	1:10.18
	33.17	1:10.18 (37.01)		

Women 25-29 100 Yard Breaststroke

1	Hayley Berryhill	27	Long Beach Grunions-33	1:23.04
	40.64	1:23.04 (42.40)		

Women 25-29 50 Yard Butterfly

1	Heather Berryhill	29	Long Beach Grunions-33	36.64
2	Gioella Chaparro	29	Long Beach Grunions-33	37.75

Women 25-29 100 Yard Butterfly

1	Lauren Nico	25	Long Beach Grunions-33	1:11.08
	33.26	1:11.08 (37.82)		

Women 25-29 100 Yard IM

1	Allison TerBush	28	Mission Viejo Masters-33	1:12.70
	32.95	1:12.70 (39.75)		
2	Ariel Baugh	29	Silver Peak Performance-33	1:13.62
	33.27	1:13.62 (40.35)		
3	Heather Berryhill	29	Long Beach Grunions-33	1:26.12
	42.48	1:26.12 (43.64)		

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Women 25-29 200 Yard IM**

1	Lauren Nico	25	Long Beach Grunions-33	2:36.68
	33.50	1:11.29 (37.79)	2:01.82 (50.53)	2:36.68 (34.86)
2	Allison TerBush	28	Mission Viejo Masters-33	2:39.91
	33.57	1:14.16 (40.59)	2:00.90 (46.74)	2:39.91 (39.01)

Women 25-29 400 Yard IM

1	Hayley Berryhill	27	Long Beach Grunions-33	5:36.60
	37.35	1:20.25 (42.90)	2:01.01 (40.76)	2:42.92 (41.91)
	3:31.21 (48.29)	4:19.47 (48.26)	4:58.38 (38.91)	5:36.60 (38.22)

Women 30-34 50 Yard Freestyle

1	Karen Younkings	32	Silver Peak Performance-33	27.73
2	Katie Adler	33	Silver Peak Performance-33	32.40

Women 30-34 100 Yard Freestyle

1	Emily Parker	33	San Diego Swim Masters-44	57.51
	27.76	57.51 (29.75)		
2	Katie Adler	33	Silver Peak Performance-33	1:17.80
	34.98	1:17.80 (42.82)		

Women 30-34 200 Yard Freestyle

1	Emily Parker	33	San Diego Swim Masters-44	2:04.30
	28.47	59.82 (31.35)	1:32.02 (32.20)	2:04.30 (32.28)
2	Karen Younkings	32	Silver Peak Performance-33	2:11.11
	30.02	1:03.72 (33.70)	1:37.73 (34.01)	2:11.11 (33.38)

Women 30-34 500 Yard Freestyle

1	Emily Parker	33	San Diego Swim Masters-44	5:29.98
	30.01	1:02.51 (32.50)	1:35.45 (32.94)	2:08.70 (33.25)
	2:41.85 (33.15)	3:15.09 (33.24)	3:48.67 (33.58)	4:22.38 (33.71)
	4:56.21 (33.83)	5:29.98 (33.77)		

Women 30-34 50 Yard Breaststroke

1	Katie Adler	33	Silver Peak Performance-33	43.21
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Women 30-34 100 Yard Breaststroke

1	Katie Adler	33	Silver Peak Performance-33	1:37.39
	44.44	1:37.39 (52.95)		

Women 30-34 100 Yard Butterfly

1	Karen Younkings	32	Silver Peak Performance-33	1:07.11
	31.25	1:07.11 (35.86)		

Women 30-34 200 Yard IM

1	Karen Younkings	32	Silver Peak Performance-33	2:29.94
	31.91	1:09.76 (37.85)	1:55.49 (45.73)	2:29.94 (34.45)

Women 35-39 25 Yard Freestyle

1	Shannon Ross	37	UC33-33	15.08
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Women 35-39 50 Yard Freestyle

1	Hillary Thomas	36	Golden Road Aquatics-33	29.97
2	Shannon Ross	37	UC33-33	31.56

Women 35-39 50 Yard Freestyle Requested Split

1	Hillary Thomas	36	Golden Road Aquatics-33	30.40
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2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Women 35-39 100 Yard Freestyle**

1	Hillary Thomas	36	Golden Road Aquatics-33	1:09.10
	32.59		1:09.10 (36.51)	
2	Shannon Ross	37	UC33-33	1:10.24
	32.70		1:10.24 (37.54)	

Women 35-39 50 Yard Backstroke

1	Yu Qiao	38	Rose Bowl Masters-33	38.24
2	Esprit Smith	36	Silver Peak Performance-33	41.36

Women 35-39 100 Yard Backstroke

1	Hillary Thomas	36	Golden Road Aquatics-33	1:24.31
	40.59		1:24.31 (43.72)	
2	Esprit Smith	36	Silver Peak Performance-33	1:32.60
	44.72		1:32.60 (47.88)	

Women 35-39 25 Yard Breaststroke

1	Shannon Ross	37	UC33-33	20.24
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Women 35-39 50 Yard Breaststroke

1	Kendra Wilson	37	San Diego Swim Masters-44	34.25
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Women 35-39 100 Yard Breaststroke

1	Kendra Wilson	37	San Diego Swim Masters-44	1:13.70
	34.77		1:13.70 (38.93)	

Women 35-39 25 Yard Butterfly

1	Shannon Ross	37	UC33-33	16.12
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Women 35-39 50 Yard Butterfly

1	Kendra Wilson	37	San Diego Swim Masters-44	30.31
2	Esprit Smith	36	Silver Peak Performance-33	44.62

Women 35-39 100 Yard IM

1	Kendra Wilson	37	San Diego Swim Masters-44	1:07.65
	31.60		1:07.65 (36.05)	
2	Hillary Thomas	36	Golden Road Aquatics-33	1:20.95
	39.96		1:20.95 (40.99)	
3	Yu Qiao	38	Rose Bowl Masters-33	1:21.80
	39.97		1:21.80 (41.83)	
4	Esprit Smith	36	Silver Peak Performance-33	1:35.84
	42.93		1:35.84 (52.91)	

Women 40-44 25 Yard Freestyle

1	Rachel Sedlmayer	44	City of Temecula Masters-33	15.39
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Women 40-44 50 Yard Freestyle

1	Summer Serpas	41	Mission Viejo Masters-33	30.19
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Women 40-44 100 Yard Freestyle

1	Stephanie Kramer	44	Novaquatics Masters-33	1:04.85
	31.33		1:04.85 (33.52)	
2	Summer Serpas	41	Mission Viejo Masters-33	1:06.58
	32.03		1:06.58 (34.55)	

Women 40-44 200 Yard Freestyle

1	Summer Serpas	41	Mission Viejo Masters-33	2:28.91
	34.21		1:11.09 (36.88) 1:50.17 (39.08) 2:28.91 (38.74)	

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Women 40-44 50 Yard Backstroke**

1	Katherine Horvath	44	Mission Viejo Masters-33	35.55
2	Summer Serpas	41	Mission Viejo Masters-33	39.04

Women 40-44 100 Yard Backstroke

1	Stephanie Kramer	44	Novaquatics Masters-33	1:13.77
	36.43		1:13.77 (37.34)	
2	Katherine Horvath	44	Mission Viejo Masters-33	1:16.06
	36.61		1:16.06 (39.45)	

Women 40-44 50 Yard Breaststroke

1	Rachel Sedlmayer	44	City of Temecula Masters-33	41.82
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Women 40-44 100 Yard Breaststroke

1	Stephanie Kramer	44	Novaquatics Masters-33	1:23.01
	40.13		1:23.01 (42.88)	
2	Rachel Sedlmayer	44	City of Temecula Masters-33	1:34.60
	45.13		1:34.60 (49.47)	

Women 40-44 100 Yard IM

1	Stephanie Kramer	44	Novaquatics Masters-33	1:15.06
	34.88		1:15.06 (40.18)	
2	Katherine Horvath	44	Mission Viejo Masters-33	1:19.39
	36.41		1:19.39 (42.98)	
3	Summer Serpas	41	Mission Viejo Masters-33	1:24.68
4	Rachel Sedlmayer	44	City of Temecula Masters-33	1:28.28
	41.66		1:28.28 (46.62)	

Women 40-44 200 Yard IM

1	Stephanie Kramer	44	Novaquatics Masters-33	2:41.31
	36.29		1:17.60 (41.31) 2:05.67 (48.07)	2:41.31 (35.64)
2	Katherine Horvath	44	Mission Viejo Masters-33	2:49.55
	35.67		1:20.26 (44.59) 2:07.63 (47.37)	2:49.55 (41.92)

Women 45-49 50 Yard Freestyle

1	Sarah Condor-Fisher	46	Masters of Cerritos-33	27.23
2	Julie Dussliere	46	JD Aquatic Masters-32	28.24

Women 45-49 50 Yard Freestyle Requested Split

1	Laurie Dodd	46	UCLA Bruin Masters-33	30.27
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Women 45-49 100 Yard Freestyle Requested Split

1	Laurie Dodd	46	UCLA Bruin Masters-33	1:02.29
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Women 45-49 100 Yard Freestyle

1	Sarah Condor-Fisher	46	Masters of Cerritos-33	59.07
	28.26		59.07 (30.81)	

Women 45-49 200 Yard Freestyle

1	Laurie Dodd	46	UCLA Bruin Masters-33	2:06.11
	30.27		1:02.29 (32.02) 1:34.28 (31.99)	2:06.11 (31.83)

Women 45-49 500 Yard Freestyle

1	Laurie Dodd	46	UCLA Bruin Masters-33	5:24.34
	30.70		1:02.84 (32.14) 1:35.31 (32.47)	2:07.92 (32.61)
	2:40.71 (32.79)		3:13.46 (32.75) 3:46.25 (32.79)	4:19.21 (32.96)
	4:52.40 (33.19)		5:24.34 (31.94)	

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****(Women 45-49 500 Yard Freestyle)**

2	Patty Furukawa	47	Mission Viejo Masters-33	6:27.74
	35.37	1:12.82 (37.45)	1:51.69 (38.87)	2:30.96 (39.27)
	3:10.36 (39.40)	3:50.31 (39.95)	4:30.26 (39.95)	5:10.38 (40.12)
	5:49.73 (39.35)	6:27.74 (38.01)		

Women 45-49 50 Yard Backstroke

*1	Vicky Moore	48	UC33-33	33.96
*1	Julie Dussliere	46	JD Aquatic Masters-32	33.96

Women 45-49 100 Yard Backstroke

1	Laurie Dodd	46	UCLA Bruin Masters-33	1:14.18
	36.90	1:14.18 (37.28)		
2	Vicky Moore	48	UC33-33	1:15.00
	36.28	1:15.00 (38.72)		

Women 45-49 50 Yard Breaststroke

1	Sarah Condor-Fisher	46	Masters of Cerritos-33	33.11
2	Julie Dussliere	46	JD Aquatic Masters-32	36.34
3	Nancy Leichter	47	Rose Bowl Masters-33	36.95

Women 45-49 100 Yard Breaststroke

1	Sarah Condor-Fisher	46	Masters of Cerritos-33	1:15.59
	34.91	1:15.59 (40.68)		
2	Nancy Leichter	47	Rose Bowl Masters-33	1:20.66
	38.10	1:20.66 (42.56)		
3	Heidi Sheaks	49	Golden Road Aquatics-33	1:37.26
	46.78	1:37.26 (50.48)		

Women 45-49 50 Yard Butterfly

1	Laurie Dodd	46	UCLA Bruin Masters-33	31.37
2	Julie Dussliere	46	JD Aquatic Masters-32	31.73

Women 45-49 100 Yard Butterfly

1	Heidi Sheaks	49	Golden Road Aquatics-33	1:35.38
	43.97	1:35.38 (51.41)		

Women 45-49 100 Yard Butterfly Requested Split

1	Laurie Dodd	46	UCLA Bruin Masters-33	1:09.96
2	Julie Dussliere	46	JD Aquatic Masters-32	1:15.02

Women 45-49 100 Yard IM

1	Nancy Leichter	47	Rose Bowl Masters-33	1:12.75
	35.12	1:12.75 (37.63)		
2	Heidi Sheaks	49	Golden Road Aquatics-33	1:30.16
	44.09	1:30.16 (46.07)		

Women 45-49 200 Yard IM

1	Heidi Sheaks	49	Golden Road Aquatics-33	3:17.14
	45.92	1:39.74 (53.82)	2:34.33 (54.59)	3:17.14 (42.81)

Women 45-49 400 Yard IM

1	Laurie Dodd	46	UCLA Bruin Masters-33	5:05.60
	32.73	1:09.96 (37.23)	1:50.05 (40.09)	2:28.61 (38.56)
	3:13.24 (44.63)	3:59.33 (46.09)	4:33.38 (34.05)	5:05.60 (32.22)
2	Julie Dussliere	46	JD Aquatic Masters-32	5:30.79
	34.32	1:15.02 (40.70)	1:57.86 (42.84)	2:40.34 (42.48)
	3:27.91 (47.57)	4:14.80 (46.89)	4:53.21 (38.41)	5:30.79 (37.58)

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****(Women 45-49 400 Yard IM)**

3 Heidi Sheaks	49 Golden Road Aquatics-33				6:46.02
45.09	1:40.36 (55.27)	2:33.62 (53.26)	3:26.32 (52.70)		
4:21.29 (54.97)	5:18.22 (56.93)	6:02.52 (44.30)	6:46.02 (43.50)		

Women 50-54 25 Yard Freestyle

1 Natasha Kopp	50 Silver Peak Performance-33				18.57
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Women 50-54 50 Yard Freestyle

1 Carolyn Zderko	51 Golden Road Aquatics-33				30.22
2 Natasha Kopp	50 Silver Peak Performance-33				39.33
3 Christine Fricaud	54 Golden Road Aquatics-33				41.35

Women 50-54 100 Yard Freestyle

1 Natasha Kopp	50 Silver Peak Performance-33				1:31.70
44.42	1:31.70 (47.28)				
2 Christine Fricaud	54 Golden Road Aquatics-33				1:33.53
45.83	1:33.53 (47.70)				

Women 50-54 200 Yard Freestyle

1 Kris McPeak	51 Silver Peak Performance-33				3:52.72
57.05	1:55.15 (58.10)	2:53.68 (58.53)	3:52.72 (59.04)		

Women 50-54 500 Yard Freestyle

1 Natasha Kopp	50 Silver Peak Performance-33				8:58.52
43.99	1:40.03 (56.04)	2:37.83 (57.80)	3:34.20 (56.37)		
4:31.42 (57.22)	5:25.46 (54.04)	6:20.86 (55.40)	7:16.15 (55.29)		
8:10.44 (54.29)	8:58.52 (48.08)				
2 Christine Fricaud	54 Golden Road Aquatics-33				9:20.91
49.65	1:44.79 (55.14)	2:42.42 (57.63)	3:39.63 (57.21)		
4:37.71 (58.08)	5:37.58 (59.87)	6:34.13 (56.55)	7:31.76 (57.63)		
8:28.61 (56.85)	9:20.91 (52.30)				

Women 50-54 1000 Yard Freestyle

1 Natasha Kopp	50 Silver Peak Performance-33				19:02.07
48.43	1:45.38 (56.95)	2:44.41 (59.03)	3:42.04 (57.63)		
4:39.11 (57.07)	5:38.04 (58.93)	6:34.40 (56.36)	7:31.29 (56.89)		
8:28.28 (56.99)	9:27.42 (59.14)	10:26.79 (59.37)	11:24.53 (57.74)		
12:21.51 (56.98)	13:20.58 (59.07)	14:17.54 (56.96)			
16:12.86 ()	17:11.93 (59.07)	18:08.26 (56.33)	19:02.07 (53.81)		

Women 50-54 50 Yard Breaststroke

1 Kris McPeak	51 Silver Peak Performance-33				54.83
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Women 50-54 100 Yard Breaststroke

1 Kris McPeak	51 Silver Peak Performance-33				1:57.99
55.60	1:57.99 (1:02.39)				

Women 50-54 50 Yard Butterfly

1 Carolyn Zderko	51 Golden Road Aquatics-33				32.63
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Women 55-59 25 Yard Freestyle

1 Rachel Jiang	55 Long Beach Grunions-33				22.97
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Women 55-59 50 Yard Freestyle

1 Ming Robinson	55 Novaquatics Masters-33				30.83
2 Mary Skill	55 Downey Dolphins Masters-33				33.65
3 Mary Ann Alwan	56 Mission Viejo Masters-33				36.06

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****(Women 55-59 50 Yard Freestyle)**

4	Niecia Staggs	56	Equinox Masters-33	40.62
5	Kelli Cavaliero	56	Mission Viejo Masters-33	56.47

Women 55-59 100 Yard Freestyle

1	Niecia Staggs	56	Equinox Masters-33	1:28.95
	44.06		1:28.95 (44.89)	
2	Kelli Cavaliero	56	Mission Viejo Masters-33	2:10.87
	59.39		2:10.87 (1:11.48)	

Women 55-59 1000 Yard Freestyle

1	Barbara Moore Barnett	58	Mission Viejo Masters-33	18:16.22
	45.17		1:35.27 (50.10)	2:28.96 (53.69)
			3:24.05 (55.09)	4:19.81 (55.76)
			5:16.46 (56.65)	6:12.92 (56.46)
			7:09.25 (56.33)	8:05.55 (56.30)
			9:02.00 (56.45)	9:57.48 (55.48)
			10:52.16 (54.68)	11:47.77 (55.61)
			12:43.31 (55.54)	13:38.51 (55.20)
			14:33.29 (54.78)	15:26.12 (52.83)
			16:20.43 (54.31)	18:16.22 (1:55.79)

Women 55-59 25 Yard Backstroke

1	Kelli Cavaliero	56	Mission Viejo Masters-33	31.02
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Women 55-59 50 Yard Backstroke

1	Mary Ann Alwan	56	Mission Viejo Masters-33	46.09
2	Niecia Staggs	56	Equinox Masters-33	55.68

Women 55-59 100 Yard Backstroke

1	Marieke Thayer	57	San Diego Swim Masters-44	1:32.06
	45.17		1:32.06 (46.89)	

Women 55-59 25 Yard Breaststroke

1	Rachel Jiang	55	Long Beach Grunions-33	31.99
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Women 55-59 50 Yard Breaststroke

1	Ming Robinson	55	Novaquatics Masters-33	41.22
2	Mary Ann Alwan	56	Mission Viejo Masters-33	44.46
3	Marieke Thayer	57	San Diego Swim Masters-44	50.04
4	Kelli Cavaliero	56	Mission Viejo Masters-33	51.38
5	Niecia Staggs	56	Equinox Masters-33	56.23

Women 55-59 25 Yard Butterfly

1	Niecia Staggs	56	Equinox Masters-33	27.43
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Women 55-59 50 Yard Butterfly

1	Ming Robinson	55	Novaquatics Masters-33	32.92
2	Mary Skill	55	Downey Dolphins Masters-33	35.70
3	Mary Ann Alwan	56	Mission Viejo Masters-33	43.61
4	Kelli Cavaliero	56	Mission Viejo Masters-33	1:06.92

Women 55-59 100 Yard Butterfly

1	Ming Robinson	55	Novaquatics Masters-33	1:20.05
	37.35		1:20.05 (42.70)	
2	Marieke Thayer	57	San Diego Swim Masters-44	1:34.72
	43.70		1:34.72 (51.02)	
3	Rachel Jiang	55	Long Beach Grunions-33	2:38.06
	1:05.17		2:38.06 (1:32.89)	

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Women 55-59 100 Yard IM**

1	Ming Robinson	37.81	1:18.77 (40.96)	55 Novaquatics Masters-33	1:18.77
2	Mary Skill	38.83	1:24.04 (45.21)	55 Downey Dolphins Masters-33	1:24.04
3	Marieke Thayer	43.13	1:30.90 (47.77)	57 San Diego Swim Masters-44	1:30.90
4	Mary Ann Alwan	46.51	1:36.95 (50.44)	56 Mission Viejo Masters-33	1:36.95

Women 55-59 400 Yard IM

1	Rachel Jiang	1:01.35	2:24.73 (1:23.38)	4:00.36 (1:35.63)	5:34.68 (1:34.32)	10:30.60
		6:53.55 (1:18.87)	8:11.36 (1:17.81)	9:21.37 (1:10.01)	10:30.60 (1:09.23)	
				55 Long Beach Grunions-33		

Women 60-64 25 Yard Freestyle

1	Susan Cunningham			60 Mission Viejo Masters-33	20.04
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Women 60-64 50 Yard Freestyle

1	Ami Tsao			61 Equinox Masters-33	41.09
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Women 60-64 100 Yard Freestyle

1	Margaret Stuart	41.87	1:26.43 (44.56)	60 Mission Viejo Masters-33	1:26.43
2	Ami Tsao	47.80	1:35.67 (47.87)	61 Equinox Masters-33	1:35.67

Women 60-64 200 Yard Freestyle

1	Margaret Stuart	42.72	1:30.02 (47.30)	2:18.99 (48.97)	3:06.94 (47.95)	3:06.94
2	Mary Twomey	48.01	1:42.81 (54.80)	2:40.54 (57.73)	3:38.73 (58.19)	3:38.73
				60 Mission Viejo Masters-33		
				64 UC33-33		

Women 60-64 500 Yard Freestyle

1	Margaret Stuart	42.40	1:30.10 (47.70)	2:18.28 (48.18)	3:05.78 (47.50)	7:56.38
		3:54.63 (48.85)	4:42.69 (48.06)	5:31.40 (48.71)	6:20.50 (49.10)	
		7:09.25 (48.75)	7:56.38 (47.13)			
2	Heather Lambert	42.55	1:30.47 (47.92)	2:20.64 (50.17)	3:11.82 (51.18)	8:20.19
		4:02.74 (50.92)	4:54.18 (51.44)	5:45.96 (51.78)	6:37.59 (51.63)	
		7:29.49 (51.90)	8:20.19 (50.70)			
				60 Mission Viejo Masters-33		
				64 Long Beach Grunions-33		

Women 60-64 1000 Yard Freestyle

1	Heather Lambert	43.77	1:33.13 (49.36)	2:22.99 (49.86)	3:14.17 (51.18)	16:49.74
		4:04.85 (50.68)	4:56.31 (51.46)	5:47.54 (51.23)	6:38.28 (50.74)	
		7:29.82 (51.54)	8:21.89 (52.07)	9:13.95 (52.06)	10:05.24 (51.29)	
		10:56.29 (51.05)	11:48.28 (51.99)	12:40.12 (51.84)	13:29.97 (49.85)	
		14:20.42 (50.45)	15:10.83 (50.41)	16:00.82 (49.99)	16:49.74 (48.92)	
				64 Long Beach Grunions-33		

Women 60-64 25 Yard Backstroke

1	Susan Cunningham			60 Mission Viejo Masters-33	26.98
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Women 60-64 50 Yard Backstroke

1	Ami Tsao			61 Equinox Masters-33	51.51
2	Margaret Stuart			60 Mission Viejo Masters-33	57.78

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Women 60-64 25 Yard Breaststroke**

1	Susan Cunningham	60	Mission Viejo Masters-33	26.00
2	Mary Twomey	64	UC33-33	31.85

Women 60-64 100 Yard Breaststroke

1	Margaret Stuart	60	Mission Viejo Masters-33	1:54.38
	55.72		1:54.38 (58.66)	

Women 60-64 50 Yard Butterfly

1	Susan Cunningham	60	Mission Viejo Masters-33	59.46
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Women 60-64 100 Yard IM

1	Heather Lambert	64	Long Beach Grunions-33	1:35.99
	44.46		1:35.99 (51.53)	

Women 60-64 400 Yard IM

1	Heather Lambert	64	Long Beach Grunions-33	7:49.06
	53.17		2:56.71 ()	
	5:02.57 ()		6:11.23 (1:08.66)	
			6:59.76 (48.53)	
				7:49.06 (49.30)

Women 65-69 25 Yard Freestyle

1	Jane Lofton	67	Equinox Masters-33	26.13
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Women 65-69 100 Yard Freestyle

1	Nancy Stanbury	69	Long Beach Grunions-33	1:27.26
	41.20		1:27.26 (46.06)	

Women 65-69 200 Yard Freestyle

1	Christie Ciraulo	65	UCLA Bruin Masters-33	2:22.96
	33.50		1:09.76 (36.26)	
			1:46.75 (36.99)	
				2:22.96 (36.21)
2	Nancy Stanbury	69	Long Beach Grunions-33	3:01.46
	39.21		1:25.36 (46.15)	
			2:13.66 (48.30)	
				3:01.46 (47.80)

Women 65-69 500 Yard Freestyle

1	Christie Ciraulo	65	UCLA Bruin Masters-33	6:16.61
	34.16		1:11.25 (37.09)	
			1:48.92 (37.67)	
				2:27.04 (38.12)
	3:04.86 (37.82)		3:43.10 (38.24)	
			4:21.52 (38.42)	
	5:38.92 (39.04)		6:16.61 (37.69)	

Women 65-69 50 Yard Backstroke Split Request

1	Wendy Scherwat Ducourneau	68	Golden Road Aquatics-33	46.07
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Women 65-69 100 Yard Backstroke

1	Christie Ciraulo	65	UCLA Bruin Masters-33	1:23.44
	40.48		1:23.44 (42.96)	
2	Wendy Scherwat Ducourneau	68	Golden Road Aquatics-33	1:39.38
	46.07		1:39.38 (53.31)	

Women 65-69 50 Yard Breaststroke Split Request

1	Wendy Scherwat Ducourneau	68	Golden Road Aquatics-33	49.08
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Women 65-69 50 Yard Breaststroke

1	Nancy Stanbury	69	Long Beach Grunions-33	46.08
2	Wendy Scherwat Ducourneau	68	Golden Road Aquatics-33	47.83

Women 65-69 100 Yard Breaststroke

1	Wendy Scherwat Ducourneau	68	Golden Road Aquatics-33	1:43.20
	49.08		1:43.20 (54.12)	

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****(Women 65-69 100 Yard Breaststroke)**

2	Nancy Stanbury	69	Long Beach Grunions-33	1:43.86
	48.88		1:43.86 (54.98)	

Women 65-69 50 Yard Butterfly

1	Christie Ciraulo	65	UCLA Bruin Masters-33	32.51
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Women 65-69 50 Yard Butterfly Split Request

1	Wendy Scherwat Ducourneau	68	Golden Road Aquatics-33	59.64
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Women 65-69 100 Yard IM

1	Wendy Scherwat Ducourneau	68	Golden Road Aquatics-33	1:39.59
	47.46		1:39.59 (52.13)	
2	Nancy Stanbury	69	Long Beach Grunions-33	1:43.21
	52.95		1:43.21 (50.26)	

Women 65-69 200 Yard IM

1	Wendy Scherwat Ducourneau	68	Golden Road Aquatics-33	3:56.91
	59.64		2:02.09 (1:02.45) 3:07.02 (1:04.93) 3:56.91 (49.89)	

Women 65-69 400 Yard IM

1	Christie Ciraulo	65	UCLA Bruin Masters-33	6:07.33
	35.63		1:20.03 (44.40) 2:07.86 (47.83) 2:55.04 (47.18)	
	3:50.74 (55.70)		4:48.17 (57.43) 5:28.66 (40.49) 6:07.33 (38.67)	

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Men 18-24 25 Yard Freestyle**

1	Matthew Chavez	20	Triton Swimming & Triathlon Te-33	11.68
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Men 18-24 50 Yard Freestyle

1	Matthew Chavez	20	Triton Swimming & Triathlon Te-33	24.60
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Men 18-24 100 Yard Freestyle

1	Matthew Chavez	20	Triton Swimming & Triathlon Te-33	53.30
	25.34		53.30 (27.96)	
2	Anthony Galvez	21	Silver Peak Performance-33	1:01.54
	29.19		1:01.54 (32.35)	

Men 18-24 200 Yard Freestyle

1	Anthony Galvez	21	Silver Peak Performance-33	2:12.96
	29.67		1:02.62 (32.95) 1:37.89 (35.27) 2:12.96 (35.07)	

Men 18-24 500 Yard Freestyle

1	Anthony Galvez	21	Silver Peak Performance-33	5:58.38
	30.35		1:04.40 (34.05) 1:39.84 (35.44) 2:16.00 (36.16)	
	2:52.68 (36.68)		3:30.33 (37.65) 4:07.58 (37.25) 4:44.98 (37.40)	
	5:22.31 (37.33)		5:58.38 (36.07)	

Men 18-24 1000 Yard Freestyle

1	Anthony Galvez	21	Silver Peak Performance-33	12:32.09
	31.61		1:06.85 (35.24) 1:43.15 (36.30) 2:20.12 (36.97)	
	2:57.22 (37.10)		3:34.76 (37.54) 4:12.75 (37.99) 4:50.95 (38.20)	
	5:29.44 (38.49)		6:07.94 (38.50) 6:47.24 (39.30) 7:26.21 (38.97)	
	8:04.97 (38.76)		8:44.35 (39.38) 9:23.10 (38.75) 10:01.25 (38.15)	
	10:39.64 (38.39)		11:17.92 (38.28) 11:56.23 (38.31) 12:32.09 (35.86)	

Men 18-24 50 Yard Backstroke

1	Matthew Chavez	20	Triton Swimming & Triathlon Te-33	28.97
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Men 18-24 50 Yard Breaststroke

1	Daniel Peralta	22	Mission Viejo Masters-33	31.58
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Men 18-24 100 Yard Breaststroke

1	Daniel Peralta	22	Mission Viejo Masters-33	1:09.13
	33.01		1:09.13 (36.12)	

Men 18-24 50 Yard Butterfly

1	Daniel Peralta	22	Mission Viejo Masters-33	26.14
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Men 18-24 100 Yard Butterfly

1	Daniel Peralta	22	Mission Viejo Masters-33	58.25
	26.83		58.25 (31.42)	
2	Anthony Galvez	21	Silver Peak Performance-33	1:13.01
	32.53		1:13.01 (40.48)	

Men 25-29 25 Yard Freestyle

1	Yat Fung Kwan	25	Rose Bowl Masters-33	13.58
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Men 25-29 50 Yard Freestyle

1	Ryan TerBush	28	Mission Viejo Masters-33	22.83
2	Michael Gutierrez	26	Sol Masters Swimming-44	25.33
3	Yat Fung Kwan	25	Rose Bowl Masters-33	28.20

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Men 25-29 1000 Yard Freestyle**

1 Robert Daltorio	26 Golden Road Aquatics-33			12:24.96
32.71	1:08.38 (35.67)	1:45.56 (37.18)	2:23.25 (37.69)	
3:01.01 (37.76)	3:39.92 (38.91)	4:18.41 (38.49)	4:57.12 (38.71)	
5:35.82 (38.70)	6:14.21 (38.39)	6:52.76 (38.55)	7:31.32 (38.56)	
8:10.03 (38.71)	8:47.95 (37.92)	9:25.81 (37.86)	10:03.19 (37.38)	
10:40.63 (37.44)	11:17.85 (37.22)	11:54.29 (36.44)	12:24.96 (30.67)	

Men 25-29 50 Yard Backstroke

1 Ryan TerBush	28 Mission Viejo Masters-33		26.69
2 Raphael Carpio	29 UC33-33		29.35

Men 25-29 100 Yard Backstroke

1 Ryan TerBush	28 Mission Viejo Masters-33		55.74
26.94	55.74 (28.80)		
2 Raphael Carpio	29 UC33-33		1:05.26
31.71	1:05.26 (33.55)		

Men 25-29 50 Yard Breaststroke

1 Yat Fung Kwan	25 Rose Bowl Masters-33		32.08
2 Raphael Carpio	29 UC33-33		33.29

Men 25-29 50 Yard Butterfly

1 Raphael Carpio	29 UC33-33		27.06
2 Michael Gutierrez	26 Sol Masters Swimming-44		28.08

Men 25-29 100 Yard Butterfly

1 Raphael Carpio	29 UC33-33		1:02.32
29.92	1:02.32 (32.40)		
2 Michael Gutierrez	26 Sol Masters Swimming-44		1:08.49
30.19	1:08.49 (38.30)		

Men 25-29 100 Yard IM

1 Ryan TerBush	28 Mission Viejo Masters-33		57.34
26.46	57.34 (30.88)		

Men 25-29 200 Yard IM

1 Ryan TerBush	28 Mission Viejo Masters-33		2:12.42
28.77	1:02.59 (33.82)	1:41.53 (38.94)	2:12.42 (30.89)
2 Michael Gutierrez	26 Sol Masters Swimming-44		2:18.65
29.37	1:03.56 (34.19)	1:46.26 (42.70)	2:18.65 (32.39)

Men 25-29 400 Yard IM

1 Robert Daltorio	26 Golden Road Aquatics-33		5:11.10
32.34	1:08.88 (36.54)	1:50.94 (42.06)	2:31.48 (40.54)
3:18.74 (47.26)	4:03.91 (45.17)	4:38.54 (34.63)	5:11.10 (32.56)

Men 30-34 25 Yard Freestyle

1 Edward Chang	32 Long Beach Grunions-33		14.81
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Men 30-34 50 Yard Freestyle

1 Christian Barion	31 Southern California Aquatic Ma-33		24.84
2 Scott Fishwick	34 Silver Peak Performance-33		28.34
3 Edward Chang	32 Long Beach Grunions-33		33.15

Men 30-34 100 Yard Freestyle

1 Christian Barion	31 Southern California Aquatic Ma-33		53.42
25.60	53.42 (27.82)		

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****(Men 30-34 100 Yard Freestyle)**

2 Edward Chang	32 Long Beach Grunions-33	1:12.23
32.14	1:12.23 (40.09)	

Men 30-34 200 Yard Freestyle

1 Edward Chang	32 Long Beach Grunions-33	2:53.22
33.55	1:13.90 (40.35) 2:02.17 (48.27) 2:53.22 (51.05)	

Men 30-34 1000 Yard Freestyle

1 Edward Chang	32 Long Beach Grunions-33	18:31.24
38.46	1:27.62 (49.16) 2:20.80 (53.18) 3:16.80 (56.00)	
4:14.31 (57.51)	5:10.59 (56.28) 6:07.39 (56.80) 7:02.78 (55.39)	
8:03.25 (1:00.47)	9:00.78 (57.53) 9:59.21 (58.43) 10:56.54 (57.33)	
11:56.86 (1:00.32)	12:55.68 (58.82) 13:51.31 (55.63) 14:50.34 (59.03)	
15:46.54 (56.20)	16:43.48 (56.94) 17:39.54 (56.06) 18:31.24 (51.70)	

Men 30-34 50 Yard Backstroke

1 Scott Fishwick	34 Silver Peak Performance-33	33.51
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Men 30-34 100 Yard Backstroke

1 Scott Fishwick	34 Silver Peak Performance-33	1:14.28
36.31	1:14.28 (37.97)	

Men 30-34 50 Yard Butterfly

1 Christian Barion	31 Southern California Aquatic Ma-33	26.48
2 Scott Fishwick	34 Silver Peak Performance-33	30.89

Men 30-34 100 Yard IM

1 Christian Barion	31 Southern California Aquatic Ma-33	1:03.74
30.43	1:03.74 (33.31)	
2 Scott Fishwick	34 Silver Peak Performance-33	1:15.19
34.65	1:15.19 (40.54)	

Men 35-39 25 Yard Freestyle

1 Peter Ford	39 UC33-33	11.17
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Men 35-39 50 Yard Freestyle

1 Peter Ford	39 UC33-33	22.96
2 Scott Bolcoa	37 Novaquatics Masters-33	27.30

Men 35-39 100 Yard Freestyle

1 Peter Ford	39 UC33-33	51.23
24.09	51.23 (27.14)	

Men 35-39 500 Yard Freestyle

1 Mike Wojnowicz	39 Novaquatics Masters-33	7:28.67
40.00	1:23.61 (43.61) 2:08.51 (44.90) 2:55.21 (46.70)	
3:41.60 (46.39)	4:27.16 (45.56) 5:12.15 (44.99) 5:58.85 (46.70)	
6:44.27 (45.42)	7:28.67 (44.40)	

Men 35-39 50 Yard Backstroke

1 Scott Bolcoa	37 Novaquatics Masters-33	33.69
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Men 35-39 50 Yard Breaststroke

1 Cyrus Rose	38 Equinox Masters-33	33.52
2 Scott Bolcoa	37 Novaquatics Masters-33	33.57

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Men 35-39 100 Yard Breaststroke**

1	Cyrus Rose	35.63	1:16.49 (40.86)	38	Equinox Masters-33	1:16.49
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Men 35-39 50 Yard Butterfly

1	Scott Bolcoa			37	Novaquatics Masters-33	28.30
2	Cyrus Rose			38	Equinox Masters-33	28.32

Men 35-39 100 Yard IM

1	Cyrus Rose	31.96	1:08.37 (36.41)	38	Equinox Masters-33	1:08.37
2	Scott Bolcoa	33.91	1:12.18 (38.27)	37	Novaquatics Masters-33	1:12.18

Men 35-39 200 Yard IM

1	Cyrus Rose	29.98	1:09.58 (39.60)	38	Equinox Masters-33	2:31.50
					1:53.23 (43.65)	2:31.50 (38.27)

Men 40-44 25 Yard Freestyle

1	Chris Want			41	Mission Viejo Masters-33	13.18
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Men 40-44 50 Yard Freestyle

1	Troy Smith			43	UC44-44	23.97
2	Irving Ambrosio			42	Mission Viejo Masters-33	26.68

Men 40-44 100 Yard Freestyle

1	Troy Smith	25.21	52.54 (27.33)	43	UC44-44	52.54
2	Chris Want	29.11	1:01.86 (32.75)	41	Mission Viejo Masters-33	1:01.86

Men 40-44 200 Yard Freestyle

1	Kjell Stava	35.18	1:14.20 (39.02)	41	Long Beach Grunions-33	2:36.03
					1:55.16 (40.96)	2:36.03 (40.87)

Men 40-44 500 Yard Freestyle

1	Kjell Stava	37.46	1:18.21 (40.75)	41	Long Beach Grunions-33	7:22.82
					2:01.33 (43.12)	2:45.74 (44.41)
		3:31.29 (45.55)	4:17.54 (46.25)		5:04.36 (46.82)	5:51.27 (46.91)
		6:38.34 (47.07)	7:22.82 (44.48)			

Men 40-44 50 Yard Backstroke

1	Irving Ambrosio			42	Mission Viejo Masters-33	31.33
2	Chris Want			41	Mission Viejo Masters-33	38.57

Men 40-44 100 Yard Backstroke

1	George Polizos	34.04	1:09.33 (35.29)	43	Mission Viejo Masters-33	1:09.33
2	Kjell Stava	42.44	1:27.45 (45.01)	41	Long Beach Grunions-33	1:27.45

Men 40-44 50 Yard Butterfly

1	Troy Smith			43	UC44-44	26.10
2	George Polizos			43	Mission Viejo Masters-33	26.55
3	Irving Ambrosio			42	Mission Viejo Masters-33	29.30
4	Chris Want			41	Mission Viejo Masters-33	31.95

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Men 40-44 100 Yard Butterfly**

1	George Polizos	28.72	43	Mission Viejo Masters-33	1:00.60	1:00.60 (31.88)
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Men 40-44 100 Yard IM

1	Troy Smith	28.28	43	UC44-44	1:00.92	1:00.92 (32.64)
2	George Polizos	29.44	43	Mission Viejo Masters-33	1:03.84	1:03.84 (34.40)
3	Chris Want	35.28	41	Mission Viejo Masters-33	1:15.57	1:15.57 (40.29)

Men 40-44 200 Yard IM

1	Troy Smith	28.29	43	UC44-44	2:18.66	1:03.45 (35.16) 1:45.42 (41.97) 2:18.66 (33.24)
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Men 45-49 25 Yard Freestyle

1	Brad Hibbard		49	Mission Viejo Masters-33	11.10	
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Men 45-49 50 Yard Freestyle

1	Charles McPeak		48	Silver Peak Performance-33	25.51	
2	Tim Bai		49	Rose Bowl Masters-33	30.83	
3	Scott Winslow		46	Golden Road Aquatics-33	34.33	

Men 45-49 100 Yard Freestyle

1	Steve Gunnell	25.49	48	Mission Viejo Masters-33	53.74	53.74 (28.25)
2	Scott Winslow	36.13	46	Golden Road Aquatics-33	1:16.20	1:16.20 (40.07)

Men 45-49 200 Yard Freestyle

1	Michael Lucero	27.86	48	Golden Road Aquatics-33	1:58.77	58.28 (30.42) 1:28.81 (30.53) 1:58.77 (29.96)
2	Tate Hurvitz	29.33	46	Sol Masters Swimming-44	2:04.07	1:00.64 (31.31) 1:33.21 (32.57) 2:04.07 (30.86)
3	Charles McPeak	29.47	48	Silver Peak Performance-33	2:09.20	1:01.63 (32.16) 1:35.34 (33.71) 2:09.20 (33.86)

Men 45-49 500 Yard Freestyle

1	Michael Lucero	29.45	48	Golden Road Aquatics-33	5:22.26	1:02.01 (32.56) 1:35.64 (33.63) 2:09.19 (33.55) 2:43.09 (33.90) 3:16.42 (33.33) 3:49.60 (33.18) 4:21.58 (31.98) 4:52.32 (30.74) 5:22.26 (29.94)
2	Tate Hurvitz	32.28	46	Sol Masters Swimming-44	5:50.30	1:05.86 (33.58) 1:40.28 (34.42) 2:15.49 (35.21) 2:51.15 (35.66) 3:26.86 (35.71) 4:02.97 (36.11) 4:38.87 (35.90) 5:14.73 (35.86) 5:50.30 (35.57)
3	Tim Bai	35.81	49	Rose Bowl Masters-33	7:24.82	1:20.37 (44.56) 2:09.71 (49.34) 2:55.78 (46.07) 3:39.33 (43.55) 4:24.38 (45.05) 5:09.13 (44.75) 5:55.22 (46.09) 6:40.34 (45.12) 7:24.82 (44.48)

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Men 45-49 1000 Yard Freestyle**

1 Michael Lucero	48 Golden Road Aquatics-33			11:15.98
29.43	1:02.72 (33.29)	1:37.11 (34.39)	2:12.14 (35.03)	
2:46.47 (34.33)	3:21.10 (34.63)	3:55.57 (34.47)	4:30.04 (34.47)	
5:04.54 (34.50)	5:38.74 (34.20)	6:12.90 (34.16)	6:47.13 (34.23)	
7:20.90 (33.77)	7:55.55 (34.65)	8:29.91 (34.36)	9:04.38 (34.47)	
9:38.71 (34.33)	10:12.63 (33.92)	10:45.96 (33.33)	11:15.98 (30.02)	

Men 45-49 100 Yard Backstroke

1 Steve Gunnell	48 Mission Viejo Masters-33			1:01.85
29.76	1:01.85 (32.09)			

Men 45-49 25 Yard Breaststroke

1 Brendan Hickey	49 Southern California Aquatic Ma-33			16.98
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Men 45-49 50 Yard Breaststroke

1 Brendan Hickey	49 Southern California Aquatic Ma-33			34.18
2 Scott Winslow	46 Golden Road Aquatics-33			35.01
3 Tim Bai	49 Rose Bowl Masters-33			44.29

Men 45-49 100 Yard Breaststroke

1 Steve Gunnell	48 Mission Viejo Masters-33			1:09.06
32.93	1:09.06 (36.13)			
2 Brendan Hickey	49 Southern California Aquatic Ma-33			1:17.98
37.83	1:17.98 (40.15)			
3 Scott Winslow	46 Golden Road Aquatics-33			1:28.44
43.04	1:28.44 (45.40)			

Men 45-49 50 Yard Butterfly

1 Brad Hibbard	49 Mission Viejo Masters-33			24.98
2 Charles McPeak	48 Silver Peak Performance-33			30.63

Men 45-49 100 Yard Butterfly

1 Steve Gunnell	48 Mission Viejo Masters-33			1:05.61
30.08	1:05.61 (35.53)			

Men 45-49 100 Yard IM

1 Steve Gunnell	48 Mission Viejo Masters-33			1:01.49
28.86	1:01.49 (32.63)			
2 Tate Hurvitz	46 Sol Masters Swimming-44			1:04.74
31.23	1:04.74 (33.51)			
3 Charles McPeak	48 Silver Peak Performance-33			1:10.31
34.24	1:10.31 (36.07)			
4 Brendan Hickey	49 Southern California Aquatic Ma-33			1:17.30
40.28	1:17.30 (37.02)			

Men 45-49 200 Yard IM

1 Tim Bai	49 Rose Bowl Masters-33			2:56.96
33.68	1:26.48 (52.80)	2:17.62 (51.14)	2:56.96 (39.34)	

Men 45-49 400 Yard IM

1 Brendan Hickey	49 Southern California Aquatic Ma-33			6:07.85
38.83	1:26.61 (47.78)	2:17.43 (50.82)	3:08.38 (50.95)	
3:58.01 (49.63)	4:48.02 (50.01)	5:29.83 (41.81)	6:07.85 (38.02)	

Men 50-54 25 Yard Freestyle

1 Michael Eisenbraun	54 San Diego Swim Masters-44			14.41
2 Sean Vosberg	52 Long Beach Grunions-33			16.49

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Men 50-54 50 Yard Freestyle**

1	Dean Daniel	51	Mission Viejo Masters-33	25.54
2	Brian Airth	50	Mission Viejo Masters-33	26.21
3	Tony Arne	52	UC33-33	27.98
4	Michael Eisenbraun	54	San Diego Swim Masters-44	29.40
5	Stephen Freitas	53	Mission Viejo Masters-33	29.91
6	Henry Jia	53	Rose Bowl Masters-33	30.97
7	Sean Vosberg	52	Long Beach Grunions-33	37.22

Men 50-54 100 Yard Freestyle

1	Dean Daniel	51	Mission Viejo Masters-33	57.70
	27.56	57.70 (30.14)		
2	Brian Airth	50	Mission Viejo Masters-33	1:00.21
	27.57	1:00.21 (32.64)		
3	Chris Fowler	52	Long Beach Grunions-33	1:03.80
	31.01	1:03.80 (32.79)		
4	Stephen Freitas	53	Mission Viejo Masters-33	1:06.12
	31.84	1:06.12 (34.28)		
5	Michael Eisenbraun	54	San Diego Swim Masters-44	1:10.32
	33.63	1:10.32 (36.69)		

Men 50-54 1000 Yard Freestyle

1	Serdar Seyhun	50	Mission Viejo Masters-33	20:11.52
	45.57	1:34.53 (48.96)	2:30.64 (56.11)	3:30.19 (59.55)
	4:29.39 (59.20)	5:30.43 (1:01.04)	6:32.41 (1:01.98)	
	8:38.94 ()		10:46.08 ()	11:48.25 (1:02.17)
		13:52.61 ()	14:55.21 (1:02.60)	15:59.70 (1:04.49)
	17:02.72 (1:03.02)		19:08.18 ()	20:11.52 (1:03.34)

Men 50-54 50 Yard Backstroke

1	Michael Eisenbraun	54	San Diego Swim Masters-44	40.60
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Men 50-54 100 Yard Backstroke

1	Chris Fowler	52	Long Beach Grunions-33	1:22.72
	40.46	1:22.72 (42.26)		
2	Michael Eisenbraun	54	San Diego Swim Masters-44	1:31.42
	43.17	1:31.42 (48.25)		

Men 50-54 50 Yard Breaststroke

1	Henry Jia	53	Rose Bowl Masters-33	38.49
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Men 50-54 100 Yard Breaststroke

1	Chris Fowler	52	Long Beach Grunions-33	1:32.09
	44.30	1:32.09 (47.79)		

Men 50-54 50 Yard Butterfly

1	Brian Airth	50	Mission Viejo Masters-33	28.33
2	Tony Arne	52	UC33-33	29.28
---	Henry Jia	53	Rose Bowl Masters-33	DQ

Men 50-54 100 Yard Butterfly

1	Tony Arne	52	UC33-33	1:06.27
	30.63	1:06.27 (35.64)		
2	Chris Fowler	52	Long Beach Grunions-33	1:21.22
	37.57	1:21.22 (43.65)		

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Men 50-54 100 Yard IM**

1	Dean Daniel	31.91	1:09.88 (37.97)	51 Mission Viejo Masters-33	1:09.88
2	Tony Arne	32.69	1:10.35 (37.66)	52 UC33-33	1:10.35
3	Brian Airth	32.72	1:11.84 (39.12)	50 Mission Viejo Masters-33	1:11.84
4	Stephen Freitas	38.04	1:17.19 (39.15)	53 Mission Viejo Masters-33	1:17.19
5	Chris Fowler	37.33	1:18.31 (40.98)	52 Long Beach Grunions-33	1:18.31
6	Henry Jia	40.57	1:23.30 (42.73)	53 Rose Bowl Masters-33	1:23.30

Men 50-54 200 Yard IM

1	Tony Arne	31.19	1:11.24 (40.05)	1:58.88 (47.64)	2:34.65 (35.77)	52 UC33-33	2:34.65
2	Stephen Freitas	34.77	1:21.56 (46.79)	2:09.56 (48.00)	2:47.29 (37.73)	53 Mission Viejo Masters-33	2:47.29

Men 55-59 25 Yard Freestyle

1	Tom Burke			59 Golden Road Aquatics-33	12.37
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Men 55-59 50 Yard Freestyle

1	Ray Borzone			59 Mission Viejo Masters-33	27.13
2	M Stephen Chase			57 Orange County Riptide Aquatics-33	30.10

Men 55-59 100 Yard Freestyle

1	Tom Burke	28.21	59.14 (30.93)	59 Golden Road Aquatics-33	59.14
2	Mike Gibson	30.07	1:02.67 (32.60)	57 Mission Viejo Masters-33	1:02.67
3	M Stephen Chase	32.33	1:09.58 (37.25)	57 Orange County Riptide Aquatics-33	1:09.58

Men 55-59 500 Yard Freestyle

1	Lyle Nalli	32.21	1:06.81 (34.60)	1:42.59 (35.78)	2:18.31 (35.72)	58 Puget Sound Masters-36	5:49.91
		2:54.18 (35.87)	3:29.92 (35.74)	4:05.15 (35.23)	4:40.41 (35.26)		
		5:15.54 (35.13)	5:49.91 (34.37)				
2	Ray Borzone	31.83	1:07.24 (35.41)	1:44.23 (36.99)	2:21.58 (37.35)	59 Mission Viejo Masters-33	6:05.31
		2:58.87 (37.29)	3:36.30 (37.43)	4:14.11 (37.81)	4:51.75 (37.64)		
		5:29.06 (37.31)	6:05.31 (36.25)				
3	James Santy	34.14	1:11.32 (37.18)	1:49.92 (38.60)	2:29.41 (39.49)	56 Mission Viejo Masters-33	6:24.36
		3:09.67 (40.26)	3:50.04 (40.37)	4:29.92 (39.88)	5:10.06 (40.14)		
		5:49.07 (39.01)	6:24.36 (35.29)				
4	Mike Gibson	32.92	1:09.31 (36.39)	1:47.23 (37.92)	2:26.31 (39.08)	57 Mission Viejo Masters-33	6:36.46
		3:05.03 (38.72)	3:45.51 (40.48)	4:26.89 (41.38)	5:09.98 (43.09)		
		5:51.75 (41.77)	6:36.46 (44.71)				

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Men 55-59 1000 Yard Freestyle**

1 James Santy	56 Mission Viejo Masters-33				13:30.70
35.72	1:15.04 (39.32)	1:54.97 (39.93)	2:35.58 (40.61)		
3:16.71 (41.13)	3:58.00 (41.29)	4:39.32 (41.32)	5:21.03 (41.71)		
6:02.88 (41.85)	6:44.41 (41.53)	7:25.81 (41.40)	8:07.31 (41.50)		
8:49.12 (41.81)	9:30.58 (41.46)	10:11.20 (40.62)	10:52.15 (40.95)		
11:32.94 (40.79)	12:13.51 (40.57)	12:53.47 (39.96)	13:30.70 (37.23)		

Men 55-59 100 Yard Backstroke

1 Ray Borzone	59 Mission Viejo Masters-33				1:12.10
35.10	1:12.10 (37.00)				

Men 55-59 100 Yard Breaststroke

1 James Santy	56 Mission Viejo Masters-33				1:26.65
41.29	1:26.65 (45.36)				

Men 55-59 25 Yard Butterfly

1 Tom Burke	59 Golden Road Aquatics-33				14.01
2 M Stephen Chase	57 Orange County Riptide Aquatics-33				15.65

Men 55-59 50 Yard Butterfly

1 M Stephen Chase	57 Orange County Riptide Aquatics-33				33.09
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Men 55-59 100 Yard Butterfly

1 Mike Gibson	57 Mission Viejo Masters-33				1:09.11
32.71	1:09.11 (36.40)				
2 Ray Borzone	59 Mission Viejo Masters-33				1:16.62
34.46	1:16.62 (42.16)				

Men 55-59 100 Yard IM

1 Mike Gibson	57 Mission Viejo Masters-33				1:09.59
32.57	1:09.59 (37.02)				
2 Tom Burke	59 Golden Road Aquatics-33				1:12.06
35.42	1:12.06 (36.64)				
3 M Stephen Chase	57 Orange County Riptide Aquatics-33				1:21.80
37.44	1:21.80 (44.36)				

Men 55-59 200 Yard IM

1 Mike Gibson	57 Mission Viejo Masters-33				2:35.72
32.03	1:13.06 (41.03)	1:57.16 (44.10)	2:35.72 (38.56)		
2 James Santy	56 Mission Viejo Masters-33				2:55.35
36.64	1:25.19 (48.55)	2:16.80 (51.61)	2:55.35 (38.55)		

Men 55-59 400 Yard IM

1 Ray Borzone	59 Mission Viejo Masters-33				5:39.27
34.99	1:19.30 (44.31)	2:02.55 (43.25)	2:46.79 (44.24)		
3:36.58 (49.79)	4:27.00 (50.42)	5:04.65 (37.65)	5:39.27 (34.62)		
2 Tom Burke	59 Golden Road Aquatics-33				5:43.83
37.72	1:17.42 (39.70)	2:02.84 (45.42)	2:49.98 (47.14)		
3:38.86 (48.88)	4:28.55 (49.69)	5:06.53 (37.98)	5:43.83 (37.30)		
3 James Santy	56 Mission Viejo Masters-33				6:18.93
39.95	1:25.74 (45.79)	2:18.26 (52.52)	3:10.55 (52.29)		
4:04.33 (53.78)	4:59.15 (54.82)	5:40.29 (41.14)	6:18.93 (38.64)		

Men 60-64 25 Yard Freestyle

1 David Johannsen	64 Santa Barbara Masters-33				13.31
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2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Men 60-64 50 Yard Freestyle**

1	Lei Gao	64	Rose Bowl Masters-33	30.70
2	Xin Guang Song	63	Rose Bowl Masters-33	33.97
3	Bart Parnes	62	Long Beach Grunions-33	39.27

Men 60-64 200 Yard Freestyle

1	Donald Derbyshire	60	Long Beach Grunions-33	3:18.08
	39.87	1:30.71 (50.84)	2:26.12 (55.41)	3:18.08 (51.96)

Men 60-64 500 Yard Freestyle

1	Donald Derbyshire	60	Long Beach Grunions-33	8:51.18
	40.69	1:31.38 (50.69)	2:25.40 (54.02)	3:17.49 (52.09)
	4:12.53 (55.04)	5:08.55 (56.02)	6:05.11 (56.56)	7:02.33 (57.22)
	7:57.75 (55.42)	8:51.18 (53.43)		

Men 60-64 50 Yard Backstroke

1	Joe Russell	64	UC44-44	37.81
2	Lei Gao	64	Rose Bowl Masters-33	41.83
3	Bart Parnes	62	Long Beach Grunions-33	46.50

Men 60-64 100 Yard Backstroke

---	Joe Yang	63	Rose Bowl Masters-33	DQ
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Men 60-64 25 Yard Breaststroke

1	David Johannsen	64	Santa Barbara Masters-33	17.32
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Men 60-64 50 Yard Breaststroke

1	Xin Guang Song	63	Rose Bowl Masters-33	38.69
2	Lei Gao	64	Rose Bowl Masters-33	43.18
3	Bart Parnes	62	Long Beach Grunions-33	47.20

Men 60-64 100 Yard Breaststroke

1	Xin Guang Song	63	Rose Bowl Masters-33	1:29.26
	41.14	1:29.26 (48.12)		

Men 60-64 25 Yard Butterfly

1	Joe Russell	64	UC44-44	14.68
---	David Johannsen	64	Santa Barbara Masters-33	DQ

Men 60-64 50 Yard Butterfly

1	Joe Russell	64	UC44-44	31.64
2	Bart Parnes	62	Long Beach Grunions-33	47.94
3	Donald Derbyshire	60	Long Beach Grunions-33	48.14

Men 60-64 100 Yard IM

1	Lei Gao	64	Rose Bowl Masters-33	1:29.28
	42.83	1:29.28 (46.45)		
2	Joe Yang	63	Rose Bowl Masters-33	1:52.16
	50.33	1:52.16 (1:01.83)		

Men 60-64 200 Yard IM

1	Joe Russell	64	UC44-44	3:01.08
	33.40	1:23.13 (49.73)	2:17.52 (54.39)	3:01.08 (43.56)

Men 60-64 400 Yard IM

1	Bart Parnes	62	Long Beach Grunions-33	8:17.29
	51.18	1:53.34 (1:02.16)	2:59.48 (1:06.14)	4:07.59 (1:08.11)
	5:15.81 (1:08.22)	6:21.25 (1:05.44)	7:19.54 (58.29)	8:17.29 (57.75)

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Men 65-69 25 Yard Freestyle**

1 Philip Beguhl	66 Santa Barbara Masters-33	16.44
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Men 65-69 50 Yard Freestyle

1 Glenn Gruber	69 Ventura County Masters-33	25.66
2 Mark Longworth	67 Mission Viejo Masters-33	29.33
3 Ken Umholtz	66 Ojai Masters-33	33.05
4 Philip Beguhl	66 Santa Barbara Masters-33	36.65

Men 65-69 100 Yard Freestyle

1 Glenn Gruber	69 Ventura County Masters-33	57.24
27.68	57.24 (29.56)	
2 Mark Longworth	67 Mission Viejo Masters-33	1:07.75
32.59	1:07.75 (35.16)	
3 Ken Umholtz	66 Ojai Masters-33	1:17.25
36.88	1:17.25 (40.37)	
4 Philip Beguhl	66 Santa Barbara Masters-33	1:22.63
39.60	1:22.63 (43.03)	

Men 65-69 200 Yard Freestyle

1 Glenn Gruber	69 Ventura County Masters-33	2:10.00
30.41	1:03.52 (33.11)	1:36.90 (33.38)
		2:10.00 (33.10)

Men 65-69 1000 Yard Freestyle

1 Bill Durell	68 San Diego Swim Masters-44	15:49.65
42.94	1:32.78 (49.84)	2:21.38 (48.60)
		3:11.03 (49.65)
3:59.92 (48.89)	4:46.81 (46.89)	5:36.25 (49.44)
		6:24.45 (48.20)
7:11.88 (47.43)	7:58.93 (47.05)	8:46.65 (47.72)
		9:34.36 (47.71)
10:21.50 (47.14)	11:08.63 (47.13)	11:55.98 (47.35)
		12:44.03 (48.05)
13:31.36 (47.33)	14:18.70 (47.34)	15:06.16 (47.46)
		15:49.65 (43.49)

Men 65-69 25 Yard Backstroke

1 Ken Umholtz	66 Ojai Masters-33	19.94
2 Bruce Case	65 UC33-33	21.36

Men 65-69 50 Yard Backstroke

1 Ken Umholtz	66 Ojai Masters-33	42.75
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Men 65-69 100 Yard Backstroke

1 Bill Durell	68 San Diego Swim Masters-44	1:31.69
44.21	1:31.69 (47.48)	
2 Ken Umholtz	66 Ojai Masters-33	1:33.50
44.74	1:33.50 (48.76)	

Men 65-69 50 Yard Breaststroke

1 Bruce Case	65 UC33-33	45.97
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Men 65-69 100 Yard Breaststroke

1 Bill Durell	68 San Diego Swim Masters-44	1:39.94
48.41	1:39.94 (51.53)	

Men 65-69 25 Yard Butterfly

1 Bill Durell	68 San Diego Swim Masters-44	19.46
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Men 65-69 50 Yard Butterfly

1 Mark Longworth	67 Mission Viejo Masters-33	31.75
2 Bruce Case	65 UC33-33	42.73

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Men 65-69 400 Yard IM**

1	Bill Durell		68	San Diego Swim Masters-44		7:19.40
	55.09	1:56.21 (1:01.12)		2:50.05 (53.84)		3:43.63 (53.58)
	4:46.36 (1:02.73)	5:47.05 (1:00.69)		6:35.05 (48.00)		7:19.40 (44.35)

Men 70-74 25 Yard Freestyle

1	Michael Farmer		71	Rose Bowl Masters-33		14.75
2	Ian Stuart		71	Mission Viejo Masters-33		17.07

Men 70-74 50 Yard Freestyle

1	Michael Connellan		71	Mission Viejo Masters-33		30.83
2	Michael Farmer		71	Rose Bowl Masters-33		32.49
3	Ian Stuart		71	Mission Viejo Masters-33		36.58
4	Stan Smith		71	Long Beach Grunions-33		42.66
5	Jinze Tao		71	Rose Bowl Masters-33		48.61

Men 70-74 100 Yard Freestyle

1	Ian Stuart		71	Mission Viejo Masters-33		1:23.13
	40.88	1:23.13 (42.25)				
2	Stan Smith		71	Long Beach Grunions-33		1:33.35
	45.37	1:33.35 (47.98)				

Men 70-74 200 Yard Freestyle

1	Ian Stuart		71	Mission Viejo Masters-33		2:56.72
	40.57	1:26.54 (45.97)		2:12.97 (46.43)		2:56.72 (43.75)
2	Stan Smith		71	Long Beach Grunions-33		3:27.57
	46.96	1:40.77 (53.81)		2:34.88 (54.11)		3:27.57 (52.69)

Men 70-74 50 Yard Backstroke

1	Michael Connellan		71	Mission Viejo Masters-33		36.52
2	Michael Farmer		71	Rose Bowl Masters-33		42.28

Men 70-74 100 Yard Backstroke

1	Michael Farmer		71	Rose Bowl Masters-33		1:39.19
	47.32	1:39.19 (51.87)				

Men 70-74 50 Yard Breaststroke

1	Jinze Tao		71	Rose Bowl Masters-33		50.38
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Men 70-74 50 Yard Butterfly

---	Jinze Tao		71	Rose Bowl Masters-33		DQ
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Men 75-79 50 Yard Freestyle

1	Tony Ralphs		75	San Diego Swim Masters-44		30.64
2	Peter Andersen		75	San Diego Swim Masters-44		30.72

Men 75-79 100 Yard Freestyle

1	Tony Ralphs		75	San Diego Swim Masters-44		1:08.02
	33.61	1:08.02 (34.41)				
2	Peter Andersen		75	San Diego Swim Masters-44		1:10.27
	33.46	1:10.27 (36.81)				
3	Mike Freshley		77	San Diego Swim Masters-44		1:12.84
	34.09	1:12.84 (38.75)				

Men 75-79 200 Yard Freestyle

1	Tony Ralphs		75	San Diego Swim Masters-44		2:32.87
	34.81	1:12.82 (38.01)		1:53.20 (40.38)		2:32.87 (39.67)

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Men 75-79 50 Yard Backstroke**

1	Tony Ralphs	75	San Diego Swim Masters-44	37.35
2	Zhong Quan Wang	75	Rose Bowl Masters-33	47.43

Men 75-79 100 Yard Backstroke

1	Tony Ralphs	75	San Diego Swim Masters-44	1:28.18
	42.13		1:28.18 (46.05)	
2	Zhong Quan Wang	75	Rose Bowl Masters-33	1:44.43
	49.35		1:44.43 (55.08)	

Men 75-79 50 Yard Breaststroke

1	Peter Andersen	75	San Diego Swim Masters-44	37.42
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Men 75-79 100 Yard Breaststroke

1	Peter Andersen	75	San Diego Swim Masters-44	1:24.01
	39.36		1:24.01 (44.65)	

Men 75-79 50 Yard Butterfly

1	Mike Freshley	77	San Diego Swim Masters-44	34.53
2	Zhong Quan Wang	75	Rose Bowl Masters-33	48.32

Men 75-79 100 Yard IM

1	Peter Andersen	75	San Diego Swim Masters-44	1:24.34
	42.42		1:24.34 (41.92)	
2	Zhong Quan Wang	75	Rose Bowl Masters-33	1:45.30
	48.34		1:45.30 (56.96)	

Men 80-84 100 Yard Freestyle

1	Everett Smethurst	83	Novaquatics Masters-33	1:34.59
	43.54		1:34.59 (51.05)	

Men 80-84 100 Yard Backstroke

1	Everett Smethurst	83	Novaquatics Masters-33	1:47.62
	51.64		1:47.62 (55.98)	

Men 80-84 50 Yard Butterfly

1	Everett Smethurst	83	Novaquatics Masters-33	50.68
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Men 85-89 25 Yard Freestyle

1	Richard Reuben	88	Rose Bowl Masters-33	28.45
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Men 85-89 50 Yard Freestyle

1	Tom Mitchell	85	San Diego Swim Masters-44	42.01
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Men 85-89 100 Yard Freestyle

1	Tom Mitchell	85	San Diego Swim Masters-44	1:34.27
	44.27		1:34.27 (50.00)	

Men 85-89 25 Yard Backstroke

1	Richard Reuben	88	Rose Bowl Masters-33	46.14
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Men 85-89 50 Yard Backstroke

1	Tom Mitchell	85	San Diego Swim Masters-44	57.50
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Men 85-89 100 Yard Backstroke

1	Tom Mitchell	85	San Diego Swim Masters-44	2:08.23
	59.86		2:08.23 (1:08.37)	

Men 85-89 25 Yard Breaststroke

1	Richard Reuben	88	Rose Bowl Masters-33	38.55
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2019 SP/USMS January MVN SCY Meet - 1/13/2019

Results

Men 85-89 50 Yard Breaststroke

---	Richard Reuben	88	Rose Bowl Masters-33	DQ
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Men 85-89 100 Yard Breaststroke

1	Richard Reuben	88	Rose Bowl Masters-33	4:06.30
	1:51.80	4:06.30	(2:14.50)	

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Women 25+ 200 Yard Freestyle Relay**

1 Long Beach Grunions-33	A		2:05.21
1) Hayley Berryhill W27	2) Heather Berryhill W29	3) Gioella Chaparro W29	4) Lauren Nico W25
29.36	1:02.16 (32.80)	1:36.91 (34.75)	2:05.21 (28.30)

Women 35+ 200 Yard Freestyle Relay

1 Golden Road Aquatics-33	A		2:11.21
1) Hillary Thomas W36	2) Heidi Sheaks W49	3) Wendy Scherwat Ducourneau W64	4) Carolyn Zderko W51
30.40	1:40.72 (1:10.32)	2:11.21 (30.49)	

Women 35+ 200 Yard Medley Relay

1 Golden Road Aquatics-33	A		2:29.99
1) Wendy Scherwat Ducourneau W62	2) Heidi Sheaks W49	3) Carolyn Zderko W51	4) Hillary Thomas W36
	1:26.11 ()	1:59.03 (32.92)	2:29.99 (30.96)
2 Mission Viejo Masters-33	A		3:08.18
1) Mary Ann Alwan W56	2) Margaret Stuart W60	3) Summer Serpas W41	4) Kelli Cavaliero W56
45.68	1:38.07 (52.39)	2:16.18 (38.11)	3:08.18 (52.00)

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Men 25+ 200 Yard Freestyle Relay**

1	Long Beach Grunions-33	A				2:31.91
	1) Bart Parnes M62		2) Sean Vosberg M52		3) Stan Smith M71	4) Edward Chang M32
	40.19	1:17.64 (37.45)	1:58.63 (40.99)	2:31.91 (33.28)		

Men 35+ 200 Yard Medley Relay

1	Mission Viejo Masters-33	A				2:02.69
	1) Ray Borzone M59		2) Stephen Freitas M53		3) Brian Airth M50	4) George Polizos M43
	33.05	1:10.23 (37.18)	1:37.60 (27.37)	2:02.69 (25.09)		

Men 55+ 200 Yard Freestyle Relay

1	Mission Viejo Masters-33	A				2:07.55
	1) James Santy M56		2) Ian Stuart M71		3) Mark Longworth M67	4) Mike Gibson M57
	30.13	59.18 (29.05)	1:29.94 (30.76)	2:07.55 (37.61)		

2019 SP/USMS January MVN SCY Meet - 1/13/2019**Results****Mixed 18+ 200 Yard Freestyle Relay**

1	Mission Viejo Masters-33	A			1:51.45
	1) Ryan TerBush M28	2) Alex Bae W23	3) Allison TerBush W28	4) Daniel Peralta M22	
	24.06	52.53 (28.47)	1:22.22 (29.69)	1:51.45 (29.23)	

Mixed 18+ 200 Yard Medley Relay

1	Mission Viejo Masters-33	A			1:59.25
	1) Allison TerBush W28	2) Ryan TerBush M28	3) Daniel Peralta M22	4) Alex Bae W23	
	32.70	1:03.38 (30.68)	1:31.32 (27.94)	1:59.25 (27.93)	
2	Silver Peak Performance-33	A			2:16.82
	1) Esprit Smith W36	2) Charles McPeak M48	3) Anthony Galvez M21	4) Ariel Baugh W29	
	41.23	1:19.03 (37.80)	1:49.84 (30.81)	2:16.82 (26.98)	

Mixed 25+ 200 Yard Medley Relay

1	Long Beach Grunions-33	A			2:36.16
	1) Lauren Nico W25	2) Heather Berryhill W29	3) Chris Fowler M52	4) Rachel Jiang W55	
	32.75	1:13.53 (40.78)	1:47.10 (33.57)	2:36.16 (49.06)	
2	Long Beach Grunions-33	B			2:38.71
	1) Hayley Berryhill W27	2) Kjell Stava M41	3) Gioella Chaparro W29	4) Bart Parnes M62	
	33.05	1:22.36 (49.31)	1:59.18 (36.82)	2:38.71 (39.53)	

Mixed 35+ 200 Yard Freestyle Relay

1	Mission Viejo Masters-33	A			2:03.96
	1) Irving Ambrosio M42	2) Katherine Horvath W44	3) Summer Serpas W41	4) Steve Gunnell M48	
	27.96	1:00.77 (32.81)	1:32.91 (32.14)	2:03.96 (31.05)	

Mixed 35+ 200 Yard Fun Fin Relay Relay

1	Equinox Masters-33	A			2:07.16
	1) Jane Lofton W67	2) Niecia Staggs W56	3) Ami Tsao W61	4) Cyrus Rose M38	
	47.50	1:23.19 (35.69)	1:42.45 (19.26)	2:07.16 (24.71)	