

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Women 18-24 50 LC Meter Freestyle**

1	Melissa Cienega	20	Rose Bowl Master-33	29.63
2	Saskia Wong-Smith	18	Golden Road Aqua-33	30.49
3	Alex Bae	23	Mission Viejo Ma-33	31.36
4	Abigail Bergman	22	UC33-33	32.22
5	Emily Christiansen	21	Mission Viejo Ma-33	32.55

**Women 18-24 100 LC Meter Freestyle**

1	Melissa Cienega	20	Rose Bowl Master-33	1:04.04
	31.35	32.69		
2	Samantha Campbell	22	Rose Bowl Master-33	1:06.75
	31.15	35.60		
3	Emily Christiansen	21	Mission Viejo Ma-33	1:08.95
	34.64	34.31		
4	Alex Bae	23	Mission Viejo Ma-33	1:09.26
	33.53	35.73		
5	Lauren Nyberg	18	Mission Viejo Ma-33	1:15.27
	36.76	38.51		

**Women 18-24 200 LC Meter Freestyle**

1	Melissa Cienega	20	Rose Bowl Master-33	2:19.41
	32.75	36.83	35.73	34.10
2	Emily Christiansen	21	Mission Viejo Ma-33	2:34.56
	36.60	40.97	40.63	36.36
3	Alex Bae	23	Mission Viejo Ma-33	2:47.69
	36.73	41.31	44.39	45.26

**Women 18-24 400 LC Meter Freestyle**

1	Melissa Cienega	20	Rose Bowl Master-33	4:51.95
	32.92	36.37	38.07	38.08
	37.82	37.53	36.65	34.51
2	Abigail Bergman	22	UC33-33	5:10.21
	35.07	38.56	39.77	40.34
	40.01	39.69	38.73	38.04
3	Emily Christiansen	21	Mission Viejo Ma-33	5:23.50
	35.97	40.58	41.90	41.96
	42.02	41.58	40.54	38.95

**Women 18-24 1500 LC Meter Freestyle**

1	Emily Christiansen	21	Mission Viejo Ma-33	21:44.69
	38.90	43.03	43.05	43.89
	43.91	43.48	43.72	43.93
	43.93	44.21	44.11	44.47
	44.19	44.10	44.15	43.96
	44.23	44.65	43.82	44.75
	44.23	44.38	43.00	44.37
	43.96	44.23	42.54	42.43
	38.53	42.54		

**Women 18-24 50 LC Meter Backstroke**

1	Samantha Campbell	22	Rose Bowl Master-33	34.19
2	MaryJane Martinez	19	Rose Bowl Master-33	38.02
3	Alex Bae	23	Mission Viejo Ma-33	39.06

**Women 18-24 100 LC Meter Backstroke**

1	Saskia Wong-Smith	18	Golden Road Aqua-33	1:14.67
	36.14	38.53		
2	Melissa Cienega	20	Rose Bowl Master-33	1:19.63
	37.97	41.66		

3	MaryJane Martinez	19	Rose Bowl Master-33	1:22.77
	40.34	42.43		

**Women 18-24 200 LC Meter Backstroke**

---	MaryJane Martinez	19	Rose Bowl Master-33	DQ
-----	-------------------	----	---------------------	----

**Women 18-24 50 LC Meter Breaststroke**

1	Saskia Wong-Smith	18	Golden Road Aqua-33	41.47
2	Alex Bae	23	Mission Viejo Ma-33	46.09
3	MaryJane Martinez	19	Rose Bowl Master-33	49.89

**Women 18-24 100 LC Meter Breaststroke**

1	Lauren Nyberg	18	Mission Viejo Ma-33	1:42.92
	49.08	53.84		

**Women 18-24 200 LC Meter Breaststroke**

1	Abigail Bergman	22	UC33-33	3:14.89
	44.93	51.16	49.13	49.67

**Women 18-24 50 LC Meter Butterfly**

1	Saskia Wong-Smith	18	Golden Road Aqua-33	32.28
2	Lauren Nyberg	18	Mission Viejo Ma-33	35.04
3	MaryJane Martinez	19	Rose Bowl Master-33	35.16

**Women 18-24 100 LC Meter Butterfly**

1	Samantha Campbell	22	Rose Bowl Master-33	1:22.96
	37.42	45.54		

**Women 18-24 200 LC Meter Butterfly**

1	Abigail Bergman	22	UC33-33	2:39.42
	35.93	40.74	41.26	41.49

**Women 18-24 200 LC Meter IM**

1	Melissa Cienega	20	Rose Bowl Master-33	2:39.39
	33.37	43.40	48.01	34.61
2	Lauren Nyberg	18	Mission Viejo Ma-33	3:00.21
	36.45	50.07	52.78	40.91

**Women 25-29 50 LC Meter Freestyle**

1	Lauren Frendreis	29	Rose Bowl Master-33	28.30
2	Olga Piskunova	27	Golden Road Aqua-33	30.88
3	Paula Vega	26	Southern Califor-33	32.96

**Women 25-29 100 LC Meter Freestyle**

1	Lauren Frendreis	29	Rose Bowl Master-33	1:03.89
	30.13	33.76		
2	Emma Carson	27	Mission Viejo Ma-33	1:36.83
	44.58	52.25		

**Women 25-29 200 LC Meter Freestyle**

1	Lauren Frendreis	29	Rose Bowl Master-33	2:24.33
	32.25	37.87	37.23	36.98
2	Amy Burrola	25	Mission Viejo Ma-33	2:34.78
	37.16	39.86	39.91	37.85

**Women 25-29 400 LC Meter Freestyle**

1	Paula Vega	26	Southern Califor-33	5:41.14
	36.55	40.56	42.58	43.15
	43.90	44.65	45.02	44.73
2	Amy Burrola	25	Mission Viejo Ma-33	5:42.20
	38.27	41.04	42.52	43.09
	43.86	44.49	45.28	43.65

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Women 25-29 400 LC Meter Freestyle)**

3	Heather Berryhill	29	Long Beach Gruni-33	6:23.46
	40.84	45.58	48.33	49.12
	49.80	50.25	50.71	48.83

**Women 25-29 50 LC Meter Backstroke**

1	Emma Carson	27	Mission Viejo Ma-33	46.35
---	-------------	----	---------------------	-------

**Women 25-29 100 LC Meter Backstroke**

1	Lauren Turner	26	Rose Bowl Master-33	1:19.16
	38.29	40.87		
2	Paula Vega	26	Southern Califor-33	1:25.39
	40.04	45.35		
3	Heather Berryhill	29	Long Beach Gruni-33	1:46.36
	51.37	54.99		

**Women 25-29 200 LC Meter Backstroke**

1	Lauren Turner	26	Rose Bowl Master-33	3:08.77
	47.67	49.61	46.75	44.74
2	Heather Berryhill	29	Long Beach Gruni-33	3:46.38
	55.28	56.40	57.49	57.21

**Women 25-29 50 LC Meter Breaststroke**

1	Olga Piskunova	27	Golden Road Aqua-33	40.65
2	Paula Vega	26	Southern Califor-33	46.60

**Women 25-29 200 LC Meter Breaststroke**

1	Lauren Frendreis	29	Rose Bowl Master-33	3:01.68
	40.43	46.07	47.85	47.33

**Women 25-29 50 LC Meter Butterfly**

1	Lauren Frendreis	29	Rose Bowl Master-33	30.43
2	Lauren Turner	26	Rose Bowl Master-33	33.30
3	Amy Burrola	25	Mission Viejo Ma-33	35.88
4	Paula Vega	26	Southern Califor-33	37.65
5	Heather Berryhill	29	Long Beach Gruni-33	40.39

**Women 25-29 100 LC Meter Butterfly**

1	Lauren Frendreis	29	Rose Bowl Master-33	1:11.19
	32.38	38.81		
2	Lauren Turner	26	Rose Bowl Master-33	1:16.55
	36.09	40.46		
3	Heather Berryhill	29	Long Beach Gruni-33	1:36.38
	45.24	51.14		

**Women 25-29 200 LC Meter IM**

1	Lauren Turner	26	Rose Bowl Master-33	2:53.65
	37.23	45.83	50.82	39.77

**Women 25-29 400 LC Meter IM**

1	Lauren Turner	26	Rose Bowl Master-33	6:18.64
	44.06	47.51	48.92	49.59
	51.89	53.70	44.27	38.70
2	Heather Berryhill	29	Long Beach Gruni-33	7:22.01
	47.08	55.24	59.44	59.99
	1:01.46	1:01.53	49.55	47.72

**Women 30-34 50 LC Meter Freestyle**

1	Michele Supance	34	Mission Viejo Ma-33	33.39
2	Julia Fearn	33	Golden Road Aqua-33	33.66
3	Lindsay Fuller	34	Golden Road Aqua-33	35.32

4	Nikkie Mansfield	31	Rose Bowl Master-33	36.47
---	------------------	----	---------------------	-------

**Women 30-34 100 LC Meter Freestyle**

1	Michele Supance	34	Mission Viejo Ma-33	1:14.11
	34.93	39.18		
2	Lindsay Fuller	34	Golden Road Aqua-33	1:20.84
	37.27	43.57		
3	Adrine Bimanand	32	Golden Road Aqua-33	1:37.92
	44.81	53.11		

**Women 30-34 200 LC Meter Freestyle**

1	Mary Holman	32	Colorado Masters-32	2:28.35
	34.41	37.69	38.85	37.40
2	Cailyn Bugbee	30	Mission Viejo Ma-33	2:41.42
	36.95	40.97	41.99	41.51
3	Adrine Bimanand	32	Golden Road Aqua-33	3:47.43
	49.08	57.44	1:00.79	1:00.12

**Women 30-34 400 LC Meter Freestyle**

1	Mary Holman	32	Colorado Masters-32	5:04.78
	34.91	38.09	38.34	38.81
	39.21	38.70	39.06	37.66
2	Cailyn Bugbee	30	Mission Viejo Ma-33	5:42.95
	38.76	42.10	43.49	44.15
	43.98	44.24	43.55	42.68

**Women 30-34 800 LC Meter Freestyle Split Request**

1	Mary Holman	32	Colorado Masters-32	10:24.98
---	-------------	----	---------------------	----------

**Women 30-34 800 LC Meter Freestyle**

1	Julia Stengel	33	Rose Bowl Master-33	12:05.86
	40.19	43.83	45.98	45.70
	46.52	46.59	46.16	46.13
	45.96	45.61	45.75	45.93
	45.74	46.14	45.36	44.27
2	Lindsay Fuller	34	Golden Road Aqua-33	12:30.99
	38.53	42.97	46.52	47.19
	47.97	47.65	49.47	48.75
	47.74	48.65	49.63	47.69
	49.87	46.43	48.18	43.75

**Women 30-34 1500 LC Meter Freestyle**

1	Mary Holman	32	Colorado Masters-32	19:44.43
	34.99	38.39	39.19	39.12
	39.35	38.66	39.25	39.40
	39.07	39.23	40.11	39.25
	39.52	39.56	39.93	39.96
	39.81	39.84	40.41	39.79
	39.98	39.92	40.07	40.25
	40.14	40.04	40.42	39.98
	40.16	38.64		

**Women 30-34 50 LC Meter Backstroke**

1	Michele Supance	34	Mission Viejo Ma-33	37.36
2	Cailyn Bugbee	30	Mission Viejo Ma-33	37.86
3	Nikkie Mansfield	31	Rose Bowl Master-33	44.78

**Women 30-34 100 LC Meter Backstroke**

1	Cailyn Bugbee	30	Mission Viejo Ma-33	1:21.93
	39.84	42.09		

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Women 30-34 100 LC Meter Backstroke)**

2	Michele Supance	34	Mission Viejo Ma-33	1:23.04
	40.49	42.55		
3	Mary Holman	32	Colorado Masters-32	1:24.43
	41.46	42.97		

**Women 30-34 200 LC Meter Backstroke**

1	Mary Holman	32	Colorado Masters-32	2:57.07
	41.90	44.85	45.11	45.21
2	Julia Stengel	33	Rose Bowl Master-33	3:08.60
	43.89	47.28	48.46	48.97

**Women 30-34 50 LC Meter Breaststroke**

1	Stefanie Capizzi	31	Rose Bowl Master-33	38.94
2	Nikkie Mansfield	31	Rose Bowl Master-33	42.72
3	Julia Fearn	33	Golden Road Aqua-33	50.49

**Women 30-34 100 LC Meter Breaststroke**

1	Stefanie Capizzi	31	Rose Bowl Master-33	1:22.93
	39.61	43.32		
2	Nikkie Mansfield	31	Rose Bowl Master-33	1:34.12
	44.27	49.85		
3	Cristina Altman-Kurosaki	31	Mission Viejo Ma-33	1:46.65
	50.92	55.73		
4	Adrine Bimanand	32	Golden Road Aqua-33	1:54.08
	56.44	57.64		

**Women 30-34 200 LC Meter Breaststroke**

1	Stefanie Capizzi	31	Rose Bowl Master-33	3:01.39
	42.02	46.61	46.70	46.06

**Women 30-34 50 LC Meter Butterfly**

1	Cailyn Bugbee	30	Mission Viejo Ma-33	34.59
2	Julia Fearn	33	Golden Road Aqua-33	41.07
3	Nikkie Mansfield	31	Rose Bowl Master-33	41.78
4	Lindsay Fuller	34	Golden Road Aqua-33	43.49

**Women 30-34 100 LC Meter Butterfly**

1	Cailyn Bugbee	30	Mission Viejo Ma-33	1:17.80
	36.34	41.46		
2	Julia Stengel	33	Rose Bowl Master-33	1:22.94
	37.35	45.59		
3	Lindsay Fuller	34	Golden Road Aqua-33	1:45.30
	47.06	58.24		

**Women 30-34 200 LC Meter Butterfly**

1	Stefanie Capizzi	31	Rose Bowl Master-33	2:52.32
	37.05	43.81	45.04	46.42
2	Lindsay Fuller	34	Golden Road Aqua-33	3:44.18
	46.13	56.53	1:02.79	58.73

**Women 30-34 200 LC Meter IM**

1	Stefanie Capizzi	31	Rose Bowl Master-33	2:42.86
	34.50	43.68	45.79	38.89
2	Julia Stengel	33	Rose Bowl Master-33	3:07.57
	39.14	47.93	56.25	44.25
3	Nikkie Mansfield	31	Rose Bowl Master-33	3:19.47
	43.52	51.38	56.06	48.51

**Women 30-34 400 LC Meter IM**

1	Stefanie Capizzi	31	Rose Bowl Master-33	5:43.92
	35.85	42.24	45.70	44.63
	47.73	47.59	40.58	39.60
2	Mary Holman	32	Colorado Masters-32	5:58.55
	38.61	46.35	47.40	46.53
	51.95	52.19	38.05	37.47

**Women 35-39 50 LC Meter Freestyle**

1	Alexis Higlett	35	Oregon Masters-37	29.67
2	Kendra Wilson	37	San Diego Swim M-44	30.69
3	Brooke Green	39	Santa Barbara Ma-33	31.93
4	Ash Marshall	35	Rose Bowl Master-33	33.25
5	Hillary Thomas	36	Golden Road Aqua-33	33.49
6	Stacy Beadle	39	Arizona Masters-48	35.34

**Women 35-39 100 LC Meter Freestyle**

1	Alexis Higlett	35	Oregon Masters-37	1:04.46
	30.70	33.76		
2	Hillary Thomas	36	Golden Road Aqua-33	1:17.39
	35.53	41.86		
3	Meghan ODonnell	35	Rose Bowl Master-33	1:17.76
	35.74	42.02		

**Women 35-39 200 LC Meter Freestyle**

1	Alexis Higlett	35	Oregon Masters-37	2:19.49
	32.49	36.11	36.41	34.48
2	Meghan ODonnell	35	Rose Bowl Master-33	3:01.54
	40.29	46.18	48.35	46.72
3	Stacy Beadle	39	Arizona Masters-48	3:06.85
	44.42	48.17	49.19	45.07

**Women 35-39 400 LC Meter Freestyle**

1	Alexis Higlett	35	Oregon Masters-37	4:59.95
	33.85	37.04	38.37	39.21
	38.35	38.39	37.90	36.84
2	Stacy Beadle	39	Arizona Masters-48	6:32.16
	43.64	48.37	49.49	48.95
	50.27	51.60	51.26	48.58

**Women 35-39 800 LC Meter Freestyle**

1	Meghan ODonnell	35	Rose Bowl Master-33	13:27.67
	40.65	46.30	49.62	49.14
	51.33	51.40	50.99	51.79
	52.44	52.74	53.79	52.13
	52.93	52.83	50.88	48.71
2	Stacy Beadle	39	Arizona Masters-48	13:56.49
	46.03	50.28	51.87	52.42
	52.76	52.95	53.82	54.21
	53.93	53.34	53.86	53.29
	52.79	53.46	52.26	49.22
---	Alexis Higlett	35	Oregon Masters-37	DQ

**Women 35-39 50 LC Meter Backstroke**

1	Brooke Green	39	Santa Barbara Ma-33	34.88
---	--------------	----	---------------------	-------

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Women 35-39 50 LC Meter Backstroke)**

2	Kendra Wilson	37	San Diego Swim M-44	35.80
3	Stacy Beadle	39	Arizona Masters-48	43.64

**Women 35-39 100 LC Meter Backstroke**

1	Brooke Green	39	Santa Barbara Ma-33	1:18.03
				36.47 41.56

**Women 35-39 200 LC Meter Backstroke**

1	Brooke Green	39	Santa Barbara Ma-33	2:53.75
				38.89 43.94 45.90 45.02

**Women 35-39 50 LC Meter Breaststroke**

1	Kendra Wilson	37	San Diego Swim M-44	37.95
2	Erin McCabe	39	Rose Bowl Master-33	44.31
3	Hillary Thomas	36	Golden Road Aqua-33	45.85
4	Stacy Beadle	39	Arizona Masters-48	50.44

**Women 35-39 100 LC Meter Breaststroke**

1	Kendra Wilson	37	San Diego Swim M-44	1:23.81
				38.84 44.97

**Women 35-39 200 LC Meter Breaststroke**

1	Kendra Wilson	37	San Diego Swim M-44	3:05.01
				41.22 46.39 48.12 49.28

**Women 35-39 50 LC Meter Butterfly**

1	Hillary Thomas	36	Golden Road Aqua-33	40.44
2	Erin McCabe	39	Rose Bowl Master-33	40.63

**Women 35-39 100 LC Meter Butterfly**

1	Hillary Thomas	36	Golden Road Aqua-33	1:45.71
				47.52 58.19

**Women 35-39 200 LC Meter IM**

1	Kendra Wilson	37	San Diego Swim M-44	2:45.15
				35.08 44.00 46.36 39.71
2	Hillary Thomas	36	Golden Road Aqua-33	3:21.76
				43.37 56.65 57.85 43.89

**Women 40-44 50 LC Meter Freestyle**

1	Susie Casero	40	Southern Califor-33	31.77
2	Jennifer Mundl	42	Mission Viejo Ma-33	34.81

**Women 40-44 100 LC Meter Freestyle**

1	Susie Casero	40	Southern Califor-33	1:09.95
				33.00 36.95
2	Rachel Pinto	41	Southern Califor-33	1:11.81
				34.71 37.10

**Women 40-44 200 LC Meter Freestyle**

1	Leslie Monroe	44	Conejo Valley Ma-33	3:03.69
---	---------------	----	---------------------	---------

**Women 40-44 1500 LC Meter Freestyle**

1	Heidi George	42	UC38-38	17:35.88
				33.07 35.06 34.84 35.00
				35.04 35.14 35.22 35.70
				35.54 35.28 35.41 35.41
				35.53 35.37 35.83 35.76
				35.72 35.63 35.26 35.44
				35.46 35.37 35.73 35.41
				35.49 35.13 34.94 34.87
				34.63 33.60
2	Jennifer Rines	41	Mission Viejo Ma-33	24:54.95
				42.08 46.17 48.35 48.33
				48.67 49.13 49.29 49.01
				49.74 49.23 50.49 50.05
				50.93 50.51 51.01 50.87
				51.34 51.30 50.75 51.04
				51.17 53.40 50.26 50.02
				50.01 50.25 50.58 49.88
				51.04 50.05

**Women 40-44 50 LC Meter Backstroke**

1	Stephanie Kramer	44	Novaquatics Mast-33	37.58
2	Rachel Pinto	41	Southern Califor-33	40.59

**Women 40-44 100 LC Meter Backstroke**

1	Stephanie Kramer	44	Novaquatics Mast-33	1:21.85
				39.83 42.02

**Women 40-44 200 LC Meter Backstroke**

1	Leslie Monroe	44	Conejo Valley Ma-33	2:57.57
				40.85 45.30 46.64 44.78

**Women 40-44 50 LC Meter Breaststroke**

1	Susie Casero	40	Southern Califor-33	40.07
2	Jennifer Mundl	42	Mission Viejo Ma-33	47.75

**Women 40-44 100 LC Meter Breaststroke**

1	Susie Casero	40	Southern Califor-33	1:28.08
				40.85 47.23
2	Stephanie Kramer	44	Novaquatics Mast-33	1:33.55
				44.63 48.92
3	Rachel Pinto	41	Southern Califor-33	1:36.99
				46.97 50.02
4	Jennifer Mundl	42	Mission Viejo Ma-33	1:40.86
				48.15 52.71

**Women 40-44 200 LC Meter Breaststroke**

1	Stephanie Kramer	44	Novaquatics Mast-33	3:20.94
				46.75 52.09 52.16 49.94
2	Kimberly Belvedere	44	Claremont Club-33	4:10.98
				55.15 1:04.88 1:06.47 1:04.48

**Women 40-44 200 LC Meter Butterfly**

1	Kimberly Belvedere	44	Claremont Club-33	4:27.51
				55.63 1:08.71 1:12.97 1:10.20

**Women 40-44 200 LC Meter IM**

1	Stephanie Kramer	44	Novaquatics Mast-33	2:56.56
				39.79 45.48 52.28 39.01

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Women 40-44 200 LC Meter IM)**

2 Rachel Pinto	41 Southern Califor-33	3:04.96
38.75	49.33 54.35 42.53	

**Women 40-44 400 LC Meter IM**

1 Stephanie Kramer	44 Novaquatics Mast-33	6:23.56
41.15	56.49 50.02 48.50	
53.09	53.04 41.32 39.95	

**Women 45-49 50 LC Meter Freestyle**

1 Sarah Condor-Fisher	46 Masters of Cerri-33	30.72
2 Nancy Leichter	47 Rose Bowl Master-33	31.00
3 Stacey Bennett	48 Novaquatics Mast-33	31.56
4 Ana Fradkin	45 Southern Califor-33	32.06
5 Patty Furukawa	47 Mission Viejo Ma-33	33.03
6 Laura Machado	49 Arizona Masters-48	33.83
7 Traci Kodet	49 Arizona Masters-48	39.15
8 Dawn Woeslaw	49 Arizona Masters-48	40.24
9 Catherine Cook	46 Arizona Masters-48	41.78

**Women 45-49 100 LC Meter Freestyle**

1 Nancy Leichter	47 Rose Bowl Master-33	1:08.01
33.38	34.63	
2 Sarah Condor-Fisher	46 Masters of Cerri-33	1:09.11
32.03	37.08	
3 Ana Fradkin	45 Southern Califor-33	1:09.68
33.38	36.30	
4 Deanna Koehler	49 Conejo Valley Ma-33	1:11.92
34.60	37.32	
5 Laura Machado	49 Arizona Masters-48	1:13.89
34.84	39.05	
6 Traci Kodet	49 Arizona Masters-48	1:30.39
43.72	46.67	
7 Catherine Cook	46 Arizona Masters-48	1:35.73
46.64	49.09	
8 Dawn Woeslaw	49 Arizona Masters-48	1:38.72
44.03	54.69	

**Women 45-49 100 LC Meter Freestyle**

1 Julie Dusliere	46 JD Aquatic Maste-32	1:15.26
------------------	------------------------	---------

**Women 45-49 200 LC Meter Freestyle**

1 Sarah Condor-Fisher	46 Masters of Cerri-33	2:34.05
34.42	39.76 39.77 40.10	
2 Julie Dusliere	46 JD Aquatic Maste-32	2:35.37
35.67	39.59 39.97 40.14	
3 Nancy Leichter	47 Rose Bowl Master-33	2:37.23
36.99	40.59 41.09 38.56	
4 Deanna Koehler	49 Conejo Valley Ma-33	2:39.22
37.18	40.76 41.86 39.42	
5 Laura Machado	49 Arizona Masters-48	2:48.24
37.83	41.88 44.38 44.15	
6 Dawn Woeslaw	49 Arizona Masters-48	3:50.89
48.41	59.78 1:01.67 1:01.03	

**Women 45-49 400 LC Meter Freestyle Split Request**

1 Julie Dusliere	46 JD Aquatic Maste-32	5:37.55
------------------	------------------------	---------

**Women 45-49 400 LC Meter Freestyle**

1 Rossella Pescatori	47 Southern Califor-33	5:13.18
35.98	39.16 39.01 41.56	
39.98	40.31 40.40 36.78	
2 Julie Dusliere	46 JD Aquatic Maste-32	5:27.18
36.20	39.85 41.14 41.88	
41.74	42.91 42.22 41.24	
3 Kristin Blankenship	49 Arizona Masters-48	5:51.69
39.17	42.43 46.50 45.26	
44.43	45.65 45.18 43.07	
4 Heidi Sheaks	49 Golden Road Aqua-33	6:20.79
41.43	46.20 48.26 48.89	
49.65	49.36 49.90 47.10	
5 Traci Kodet	49 Arizona Masters-48	6:55.44
44.47	49.81 51.93 53.81	
53.81	54.08 54.55 52.98	
6 Chi-Ying Huang	46 Rose Bowl Master-33	7:03.93
45.77	51.45 54.67 55.87	
54.71	55.39 53.62 52.45	
7 Catherine Cook	46 Arizona Masters-48	7:26.36
51.10	55.44 57.57 57.80	
57.40	57.44 56.06 53.55	
8 Dawn Woeslaw	49 Arizona Masters-48	8:11.32
45.99	59.57 1:07.64 1:06.59	
1:03.36	1:06.16 1:02.97 59.04	

**Women 45-49 800 LC Meter Freestyle Split Request**

1 Julie Dusliere	46 JD Aquatic Maste-32	11:26.67
------------------	------------------------	----------

**Women 45-49 800 LC Meter Freestyle**

1 Rossella Pescatori	47 Southern Califor-33	10:47.60
36.98	39.07 39.95 40.36	
40.84	40.90 40.84 41.40	
41.12	41.54 40.93 41.72	
41.75	40.94 40.51 38.75	
2 Heidi Sheaks	49 Golden Road Aqua-33	13:39.34
43.90	50.10 50.77 50.86	
52.10	51.49 52.80 52.56	
52.77	52.28 53.20 53.17	
52.29	52.30 50.84 47.91	

**Women 45-49 1500 LC Meter Freestyle**

1 Julie Dusliere	46 JD Aquatic Maste-32	21:38.57
38.66	41.87 41.93 42.92	
42.69	43.16 42.77 43.55	
43.28	43.55 43.59 43.99	
43.73	43.77 43.43 43.78	
43.25	43.84 43.53 43.85	
43.78	44.26 44.53 44.29	
43.92	44.20 44.32 44.13	
43.35	40.65	

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Women 45-49 1500 LC Meter Freestyle)**

2	Chi-Ying Huang	46	Rose Bowl Master-33	28:08.18
	48.40	54.72	55.45	56.20
	56.86	56.06	56.44	56.14
	56.08	56.23	55.93	56.49
	56.58	56.89	56.86	56.58
	57.32	57.42	57.38	57.48
	57.68	57.01	57.87	57.92
	56.00	56.63	55.16	58.48
	55.77	54.15		

**Women 45-49 50 LC Meter Backstroke**

1	Beata Konopka	49	Conejo Valley Ma-33	36.03
2	Julie Dussliere	46	JD Aquatic Maste-32	37.04
3	Kristin Blankenship	49	Arizona Masters-48	41.05
4	Heidi Khalil	47	Rose Bowl Master-33	43.37
5	Deanna Koehler	49	Conejo Valley Ma-33	47.24
6	Catherine Cook	46	Arizona Masters-48	49.48

**Women 45-49 100 LC Meter Backstroke**

1	Ana Fradkin	45	Southern Califor-33	1:23.03
	40.33	42.70		
2	Beata Konopka	49	Conejo Valley Ma-33	1:25.16
	40.15	45.01		
3	Rossella Pescatori	47	Southern Califor-33	1:25.51
	41.58	43.93		

**Women 45-49 100 LC Meter Backstroke Split Request**

1	Beata Konopka	49	Conejo Valley Ma-33	1:21.65
---	---------------	----	---------------------	---------

**Women 45-49 200 LC Meter Backstroke**

1	Erin Framke	45	Colorado Masters-32	3:02.63
	43.85	45.85	45.79	47.14
2	Beata Konopka	49	Conejo Valley Ma-33	3:09.34
	43.72	49.71	50.20	45.71
3	Kristin Blankenship	49	Arizona Masters-48	3:10.01
	46.31	49.52	49.67	44.51
4	Deanna Koehler	49	Conejo Valley Ma-33	3:36.46
	52.00	55.91	56.14	52.41

**Women 45-49 50 LC Meter Breaststroke**

1	Sarah Condor-Fisher	46	Masters of Cerri-33	37.39
2	Rossella Pescatori	47	Southern Califor-33	38.25
3	Melissa Going	49	Mission Viejo Ma-33	40.60
4	Nancy Leichter	47	Rose Bowl Master-33	40.68
5	Heidi Khalil	47	Rose Bowl Master-33	43.45
6	Traci Kodet	49	Arizona Masters-48	47.67
7	Dawn Woeslaw	49	Arizona Masters-48	49.71
8	Laura Machado	49	Arizona Masters-48	50.91
9	Sandy Liu	48	Rose Bowl Master-33	52.20
10	Catherine Cook	46	Arizona Masters-48	56.34

**Women 45-49 100 LC Meter Breaststroke**

1	Rossella Pescatori	47	Southern Califor-33	1:23.67
	39.40	44.27		
2	Sarah Condor-Fisher	46	Masters of Cerri-33	1:26.75
	40.52	46.23		
3	Erin Framke	45	Colorado Masters-32	1:30.67
	43.25	47.42		

4	Nancy Leichter	47	Rose Bowl Master-33	1:31.88
	43.39	48.49		
5	Deanna Koehler	49	Conejo Valley Ma-33	1:34.52
	45.67	48.85		
6	Heidi Khalil	47	Rose Bowl Master-33	1:34.80
	44.38	50.42		
7	Traci Kodet	49	Arizona Masters-48	1:47.52
	50.27	57.25		
8	Chi-Ying Huang	46	Rose Bowl Master-33	1:48.35
	51.28	57.07		
9	Dawn Woeslaw	49	Arizona Masters-48	1:51.31
	50.65	1:00.66		

**Women 45-49 200 LC Meter Breaststroke**

1	Rossella Pescatori	47	Southern Califor-33	3:02.60
	41.37	46.09	48.11	47.03
2	Julie Dussliere	46	JD Aquatic Maste-32	3:13.03
	44.47	49.67	49.44	49.45
3	Erin Framke	45	Colorado Masters-32	3:18.18
	46.54	51.39	50.41	49.84
4	Heidi Khalil	47	Rose Bowl Master-33	3:27.20
	45.83	53.32	54.86	53.19
5	Chi-Ying Huang	46	Rose Bowl Master-33	3:49.73
	52.15	1:00.17	59.98	57.43

**Women 45-49 50 LC Meter Butterfly**

1	Julie Dussliere	46	JD Aquatic Maste-32	37.57
---	-----------------	----	---------------------	-------

**Women 45-49 50 LC Meter Butterfly**

1	Stacey Bennett	48	Novaquatics Mast-33	32.21
2	Ana Fradkin	45	Southern Califor-33	33.92
3	Sarah Condor-Fisher	46	Masters of Cerri-33	34.59
4	Nancy Leichter	47	Rose Bowl Master-33	34.85
5	Patty Furukawa	47	Mission Viejo Ma-33	36.44
6	Heidi Khalil	47	Rose Bowl Master-33	38.75

**Women 45-49 100 LC Meter Butterfly**

1	Ana Fradkin	45	Southern Califor-33	1:19.53
	37.01	42.52		
2	Heidi Sheaks	49	Golden Road Aqua-33	1:52.07
	50.32	1:01.75		

**Women 45-49 200 LC Meter Butterfly**

1	Erin Framke	45	Colorado Masters-32	3:14.62
	44.84	51.14	50.49	48.15
2	Heidi Sheaks	49	Golden Road Aqua-33	4:01.33
	50.64	1:01.45	1:05.66	1:03.58

**Women 45-49 200 LC Meter IM**

1	Julie Dussliere	46	JD Aquatic Maste-32	2:53.03
	37.57	45.54	49.34	40.58
2	Erin Framke	45	Colorado Masters-32	3:00.48
	39.81	45.60	51.72	43.35
3	Traci Kodet	49	Arizona Masters-48	3:42.49
	49.02	1:02.46	59.99	51.02
4	Heidi Sheaks	49	Golden Road Aqua-33	3:45.73
	51.84	1:05.12	1:00.62	48.15

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Women 45-49 400 LC Meter IM**

1	Erin Framke	45	Colorado Masters-32	6:29.01
	40.45	49.48	47.31	48.67
	53.92	55.06	48.58	45.54
2	Heidi Sheaks	49	Golden Road Aqua-33	7:44.07
	51.25	1:02.81	1:06.47	1:03.02
	1:00.17	1:03.35	49.96	47.04

**Women 50-54 50 LC Meter Freestyle**

1	Arlette Godges	54	Conejo Valley Ma-33	30.07
---	----------------	----	---------------------	-------

**Women 50-54 50 LC Meter Freestyle**

1	Arlette Godges	54	Conejo Valley Ma-33	30.21
2	Jennifer Batcheller	50	Mission Viejo Ma-33	31.58
3	Carolyn Zderko	51	Golden Road Aqua-33	33.64
4	Christine Hammond	54	Golden Road Aqua-33	34.41
5	Mika Gomez	51	Novaquatics Mast-33	36.11
6	Margaret Williams-Dalgart	51	Mission Viejo Ma-33	36.79
7	Tammy Mills	50	Mission Viejo Ma-33	43.58

**Women 50-54 100 LC Meter Freestyle**

1	Arlette Godges	54	Conejo Valley Ma-33	1:05.18
---	----------------	----	---------------------	---------

**Women 50-54 100 LC Meter Freestyle**

1	Arlette Godges	54	Conejo Valley Ma-33	1:05.64
	32.28	33.36		
2	Linda Simons	53	Caltech Masters-33	1:11.81
	34.50	37.31		
3	Carolyn Zderko	51	Golden Road Aqua-33	1:13.47
	35.51	37.96		
4	Christine Hammond	54	Golden Road Aqua-33	1:14.99
	35.36	39.63		
5	Dara Goldsmith	52	Las Vegas Master-33	1:31.13
	42.94	48.19		
6	Tammy Mills	50	Mission Viejo Ma-33	1:39.36
	48.41	50.95		

**Women 50-54 200 LC Meter Freestyle**

1	Kirsten Derr	54	Colorado Masters-32	3:11.37
	44.57	48.98	49.66	48.16
2	Tammy Mills	50	Mission Viejo Ma-33	3:59.21
	49.32	1:00.54	1:05.59	1:03.76

**Women 50-54 200 LC Meter Freestyle**

1	Jill Gellatly	51	Conejo Valley Ma-33	2:27.67
2	Linda Simons	53	Caltech Masters-33	2:39.85

**Women 50-54 400 LC Meter Freestyle**

1	Jill Gellatly	51	Conejo Valley Ma-33	4:51.81
	33.70	36.20	36.51	37.01
	36.80	37.21	37.36	37.02
2	Kirsten Derr	54	Colorado Masters-32	6:15.83
	43.57	47.44	48.14	48.15
	48.44	48.64	46.80	44.65
3	Julie Malley	51	Mission Viejo Ma-33	7:26.59
	48.48	57.69	56.20	56.73
	57.74	57.91	56.62	55.22

**Women 50-54 800 LC Meter Freestyle**

1	Jill Gellatly	51	Conejo Valley Ma-33	10:11.35
	34.44	37.19	37.91	38.13
	38.08	38.24	38.57	38.30
	38.78	38.41	38.69	38.94
	39.21	38.92	39.08	38.46
2	Linda Simons	53	Caltech Masters-33	10:52.18
	37.76	40.02	40.80	41.27
	41.06	41.49	41.36	41.23
	41.23	41.13	41.03	41.53
	40.70	41.28	40.69	39.60
3	Christine Hammond	54	Golden Road Aqua-33	12:22.46
	40.96	44.28	45.80	46.52
	46.98	47.41	47.92	47.38
	47.93	47.57	47.41	47.41
	47.54	47.32	47.18	42.85
4	Kirsten Derr	54	Colorado Masters-32	13:03.48
	45.81	48.27	50.06	49.43
	49.61	49.39	49.62	49.88
	49.46	49.21	49.97	48.97
	50.53	48.90	47.74	46.63
5	Dara Goldsmith	52	Las Vegas Master-33	14:21.61
	45.72	51.03	53.25	54.43
	54.32	55.51	54.71	55.00
	54.83	54.84	55.11	55.46
	55.06	55.18	54.99	52.17

**Women 50-54 1500 LC Meter Freestyle**

1	Cheryl Simmons	51	Rose Bowl Master-33	23:38.55
	41.61	45.29	45.77	46.26
	46.66	46.38	47.13	47.06
	46.67	46.93	47.22	47.15
	47.60	47.48	48.42	47.65
	47.78	47.54	48.06	48.34
	47.97	48.03	47.96	48.42
	47.69	48.21	48.42	47.94
	48.72	48.19		
2	Julie Malley	51	Mission Viejo Ma-33	31:16.42
	51.99	59.64	57.71	59.11
	1:07.68			1:00.04
	1:00.25	1:02.64	1:00.44	1:02.45
	1:01.95	1:02.43	1:01.46	1:01.43
	1:00.87	1:02.35	1:02.14	1:01.83
	1:03.40	1:03.29	1:03.96	1:02.56
	1:02.51			1:04.15
	1:02.51	1:02.72		
3	Tammy Mills	50	Mission Viejo Ma-33	32:31.17
	54.56	1:01.79	1:04.33	1:05.63
	1:06.18	1:05.26	1:04.77	1:05.92
	1:03.87	1:04.76	1:05.83	1:06.60
	1:06.72	1:06.69	1:07.51	1:05.69
	1:06.58	1:05.84	1:07.14	1:05.71
	1:03.99	1:06.86	1:05.43	1:07.92
	1:05.90	1:05.44	1:05.72	1:04.96
	1:03.10	1:00.47		

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Women 50-54 50 LC Meter Backstroke**

1	Cheryl Simmons	51	Rose Bowl Master-33	40.83
2	Christine Hammond	54	Golden Road Aqua-33	41.58
3	Dara Goldsmith	52	Las Vegas Master-33	44.60

**Women 50-54 100 LC Meter Backstroke**

1	Christine Hammond	54	Golden Road Aqua-33	1:30.95
				43.24 47.71

**Women 50-54 200 LC Meter Backstroke**

1	Dara Goldsmith	52	Las Vegas Master-33	3:24.29
				47.45 52.02 53.28 51.54

**Women 50-54 50 LC Meter Breaststroke**

1	Jennifer Weideman	52	Conejo Valley Ma-33	39.44
2	Arlette Godges	54	Conejo Valley Ma-33	40.49
3	Cheryl Simmons	51	Rose Bowl Master-33	41.82
4	Tammy Mills	50	Mission Viejo Ma-33	1:11.86

**Women 50-54 100 LC Meter Breaststroke**

1	Cheryl Simmons	51	Rose Bowl Master-33	1:28.11
				41.96 46.15
2	Jennifer Weideman	52	Conejo Valley Ma-33	1:28.19
				40.38 47.81
3	Kirsten Derr	54	Colorado Masters-32	1:52.94
				55.23 57.71

**Women 50-54 200 LC Meter Breaststroke**

1	Jennifer Weideman	52	Conejo Valley Ma-33	3:10.00
				43.11 48.60 49.21 49.08

**Women 50-54 50 LC Meter Butterfly**

1	Carolyn Zderko	51	Golden Road Aqua-33	34.90
2	Cheryl Simmons	51	Rose Bowl Master-33	36.78
3	Christine Hammond	54	Golden Road Aqua-33	38.73
4	Margaret Williams-Dalgart	51	Mission Viejo Ma-33	40.50
5	Mika Gomez	51	Novaquatics Mast-33	42.44
6	Tammy Mills	50	Mission Viejo Ma-33	1:05.23

**Women 50-54 200 LC Meter Butterfly**

1	Jennifer Weideman	52	Conejo Valley Ma-33	3:16.49
				41.11 48.78 52.47 54.13

**Women 50-54 200 LC Meter IM**

1	Jennifer Weideman	52	Conejo Valley Ma-33	2:54.93
				38.38 46.51 48.60 41.44
2	Carolyn Zderko	51	Golden Road Aqua-33	3:18.72
				36.27 53.92 1:01.67 46.86
3	Dara Goldsmith	52	Las Vegas Master-33	3:39.04
				49.33 53.11 1:05.70 50.90
---	Jill Gellatly	51	Conejo Valley Ma-33	DQ

**Women 50-54 400 LC Meter IM**

1	Jennifer Weideman	52	Conejo Valley Ma-33	6:16.01
				41.14 48.27 49.32 49.50
				48.78 51.39 44.61 43.00
2	Cheryl Simmons	51	Rose Bowl Master-33	6:19.86
				42.44 50.69 50.42 49.57
				50.66 51.12 42.90 42.06

**Women 55-59 50 LC Meter Freestyle**

1	Becky Cleavenger	55	Conejo Valley Ma-33	30.43
2	Kim O'Grady	57	Rose Bowl Master-33	32.93
3	Fiona Harwich	56	Rose Bowl Master-33	34.28
4	Jeanne Torres	55	UC33-33	35.50
5	Tori Fraga	55	Arizona Masters-48	37.23
6	Susie Downey	57	Arizona Masters-48	37.65
7	Marieke Thayer	57	San Diego Swim M-44	38.26
8	Sherry M Wendze Brooks	58	Mission Viejo Ma-33	41.08
9	Linda Sindell	57	Rose Bowl Master-33	43.14

**Women 55-59 100 LC Meter Freestyle**

1	Kim O'Grady	57	Rose Bowl Master-33	1:12.03
				33.33 38.70
2	Fiona Harwich	56	Rose Bowl Master-33	1:19.12
				38.00 41.12
3	Pirkko Ziemer	59	Golden Road Aqua-33	1:52.26
				52.98 59.28

**Women 55-59 200 LC Meter Freestyle**

1	Kim O'Grady	57	Rose Bowl Master-33	2:33.64
				37.01 41.11 39.43 36.09
2	Fiona Harwich	56	Rose Bowl Master-33	3:12.89
				43.56 49.01 52.08 48.24
3	Pirkko Ziemer	59	Golden Road Aqua-33	4:04.40
				55.79 1:03.37 1:03.29 1:01.95

**Women 55-59 400 LC Meter Freestyle**

1	Kim O'Grady	57	Rose Bowl Master-33	5:13.66
				36.40 39.60 40.37 40.73
				40.53 40.00 38.58 37.45
2	Fiona Harwich	56	Rose Bowl Master-33	6:39.61
				42.47 48.60 50.51 51.37
				52.11 52.45 52.30 49.80
3	Sherry M Wendze Brooks	58	Mission Viejo Ma-33	7:08.16
				45.67 52.15 54.18 54.71
				55.63 56.02 56.86 52.94

**Women 55-59 800 LC Meter Freestyle Split Request**

1	Marieke Thayer	57	San Diego Swim M-44	13:58.40
---	----------------	----	---------------------	----------

**Women 55-59 800 LC Meter Freestyle**

1	Kim O'Grady	57	Rose Bowl Master-33	10:52.20
				36.51 40.29 41.98 41.27
				41.38 41.53 41.10 41.25
				41.35 40.95 41.08 40.94
				40.91 40.57 41.49 39.60
2	Sherry M Wendze Brooks	58	Mission Viejo Ma-33	15:05.72
				47.25 53.77 55.75 56.84
				57.43 57.99 58.42 59.07
				58.57 59.46 57.58 56.63
				56.11 57.22 57.56 56.07
3	Sally Cook	57	Rose Bowl Master-33	15:50.44
				52.05 57.35 59.67 59.13
				59.74 1:00.01 1:00.45 1:00.72
				1:00.55 1:00.13 1:00.54 1:00.12
				1:00.19 1:00.26 1:01.06 58.47



## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Women 55-59 1500 LC Meter Freestyle**

1	Marieke Thayer	57	San Diego Swim M-44	26:19.45
	44.31	51.24	52.42	53.59
	52.97	52.87	52.73	53.48
	52.98	52.80	53.02	53.62
	45.55	1:00.88	52.90	53.04
	53.70	53.44	53.34	52.78
	52.91	52.92	53.07	53.05
	52.04	52.91	53.46	52.47
	53.03	51.93		
2	Colleen Morrison	57	Golden Road Aqua-33	27:50.98
	46.42	54.56	42.18	1:07.05
	54.97	55.49	43.01	1:10.00
	54.14	55.77	56.81	54.52
	56.55	55.69	57.25	56.49
	56.14	57.65	46.81	1:04.56
	47.79	1:03.51	56.59	57.01
	56.44	57.12	57.02	57.27
	57.07	55.10		
3	Barbara Moore Barnett	58	UC33-33	31:50.84
	53.22	1:01.75	1:02.81	1:03.06
	1:03.97	1:04.97	1:04.02	1:03.80
	1:03.86	1:04.26	1:05.85	1:04.62
	1:04.85	1:05.53	1:04.45	1:04.17
	1:04.44	1:04.70	1:04.67	1:04.05
	1:05.14	1:05.02	1:04.44	1:03.58
	1:04.18	1:05.06	1:04.45	1:04.56
	1:01.86	59.50		

**Women 55-59 50 LC Meter Backstroke**

1	Brigid Bunch	55	Arizona Masters-48	36.61
2	Kim O'Grady	57	Rose Bowl Master-33	39.09
3	Tori Fraga	55	Arizona Masters-48	47.61
4	Fiona Harwich	56	Rose Bowl Master-33	48.23
5	Susie Downey	57	Arizona Masters-48	49.78
6	Sally Cook	57	Rose Bowl Master-33	53.76
7	Pirkko Ziemer	59	Golden Road Aqua-33	58.83

**Women 55-59 100 LC Meter Backstroke**

1	Brigid Bunch	55	Arizona Masters-48	1:18.97
	37.85	41.12		
2	Jeanne Torres	55	UC33-33	1:30.37
	42.89	47.48		
3	Marieke Thayer	57	San Diego Swim M-44	1:42.90
	51.06	51.84		
4	Fiona Harwich	56	Rose Bowl Master-33	1:46.16
	51.25	54.91		
5	Sherry M Wendze Brooks	58	Mission Viejo Ma-33	2:14.00
	1:04.88	1:09.12		

**Women 55-59 100 LC Meter Backstroke Split Request**

2	Sherry M Wendze Brooks	58	Mission Viejo Ma-33	2:04.27
---	------------------------	----	---------------------	---------

**Women 55-59 200 LC Meter Backstroke**

1	Brigid Bunch	55	Arizona Masters-48	2:47.93
	38.84	42.89	43.14	43.06

**Women 55-59 50 LC Meter Breaststroke**

1	Brigid Bunch	55	Arizona Masters-48	43.27
---	--------------	----	--------------------	-------

2	Marieke Thayer	57	San Diego Swim M-44	55.49
3	Linda Sindell	57	Rose Bowl Master-33	1:04.42

**Women 55-59 100 LC Meter Breaststroke**

1	Brigid Bunch	55	Arizona Masters-48	1:35.25
	45.10	50.15		
2	Nancie Rodriguez	57	Caltech Masters-33	1:43.10
	49.34	53.76		
---	Pirkko Ziemer	59	Golden Road Aqua-33	DQ

**Women 55-59 200 LC Meter Breaststroke**

1	Sherry M Wendze Brooks	58	Mission Viejo Ma-33	4:28.08
	59.24	1:08.71	1:10.27	1:09.86

**Women 55-59 200 LC Meter Butterfly**

1	Marieke Thayer	57	San Diego Swim M-44	4:01.31
			2:10.71	

**Women 55-59 200 LC Meter IM**

1	Becky Cleavenger	55	Conejo Valley Ma-33	2:51.94
	35.52	46.21	52.63	37.58
2	Jeanne Torres	55	UC33-33	3:24.93
	47.21	48.98	1:00.52	48.22
3	Nancie Rodriguez	57	Caltech Masters-33	3:46.64
	52.16	1:06.52	59.94	48.02
4	Sally Cook	57	Rose Bowl Master-33	4:19.83
	59.36	1:07.42	1:15.27	57.78

**Women 55-59 400 LC Meter IM**

1	Brigid Bunch	55	Arizona Masters-48	6:37.05
	42.52	52.38	45.25	44.93
	54.76	57.81	49.46	49.94
2	Marieke Thayer	57	San Diego Swim M-44	7:50.74
	53.99	1:06.08	1:01.37	1:00.26
	1:05.03	1:04.79	49.70	49.52

**Women 60-64 50 LC Meter Freestyle**

1	Nancy Kirkpatrick-Reno	63	Conejo Valley Ma-33	33.81
---	------------------------	----	---------------------	-------

**Women 60-64 50 LC Meter Freestyle**

1	Bess Hilpert	63	Longhorn Aquatic-43	32.85
2	Kerri Lumbert Gentry	61	UC33-33	36.09
3	Gwen Uthus	64	Mission Viejo Ma-33	39.46

**Women 60-64 100 LC Meter Freestyle**

1	Bess Hilpert	63	Longhorn Aquatic-43	1:11.93
	33.64	38.29		
2	Gwen Uthus	64	Mission Viejo Ma-33	1:25.96
	40.99	44.97		
3	Jean Hofmann	61	Arizona Masters-48	1:27.95
	43.37	44.58		

**Women 60-64 200 LC Meter Freestyle**

1	Diana Dolan LaMar	61	Las Vegas Master-33	2:45.37
	37.28	41.67	43.25	43.17
2	Gwen Uthus	64	Mission Viejo Ma-33	3:03.83
	43.26	47.51	47.40	45.66
3	Jean Hofmann	61	Arizona Masters-48	3:13.00
	44.93	49.13	50.77	48.17

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Women 60-64 400 LC Meter Freestyle**

1	Bonnie Spivey	60	Los Angeles Peni-33	5:23.44
	37.30	41.00	42.32	41.73
	41.13	40.99	40.73	38.24
2	Diana Dolan LaMar	61	Las Vegas Master-33	5:45.35
	39.14	42.42	43.57	44.86
	44.55	44.82	44.09	41.90
3	Gwen Uthus	64	Mission Viejo Ma-33	6:18.04
	43.44	48.17	48.71	48.13
	48.35	47.76	48.09	45.39
4	Jean Hofmann	61	Arizona Masters-48	6:44.08
	44.59	50.68	52.34	53.19
	52.78	51.76	50.79	47.95

**Women 60-64 800 LC Meter Freestyle Split Request**

1	Diana Dolan LaMar	61	Las Vegas Master-33	11:50.85
---	-------------------	----	---------------------	----------

**Women 60-64 1500 LC Meter Freestyle**

1	Bonnie Spivey	60	Los Angeles Peni-33	21:15.37
	37.56	41.76	42.32	42.21
	41.96	43.18	42.31	42.82
	42.06	43.94	41.67	42.76
	42.67	43.00	42.20	42.96
	41.88	44.14	43.45	43.37
	43.51	43.75	42.29	43.34
	42.41	44.14	42.50	42.50
	41.71	41.00		
2	Diana Dolan LaMar	61	Las Vegas Master-33	22:20.73
	39.56	43.14	43.90	44.89
	44.35	44.54	45.04	44.87
	44.33	45.16	44.59	45.05
	45.62	45.28	45.49	45.04
	45.27	45.43	45.18	45.04
	45.36	45.10	45.49	45.16
	45.36	45.21	45.29	44.85
	45.03	42.11		
3	Niki Stokols	61	Conejo Valley Ma-33	22:47.48
	41.64	45.09	44.16	45.48
	44.97	45.49	45.48	46.14
	45.44	46.61	45.00	45.87
	45.64	46.03	46.32	45.60
	44.94	45.96	45.39	45.50
	45.85	46.14	46.27	46.97
	45.88	47.05	46.34	46.28
	45.92	44.03		
4	Joanne Saul-Zachau	60	Las Vegas Master-33	23:20.97
	39.40	45.95	46.44	46.94
	46.48	46.93	46.12	46.66
	45.63	46.86	46.00	46.82
	46.44	46.63	46.20	47.12
	46.80	47.76	46.86	47.52
	47.15	47.75	47.33	47.89
	47.14	47.70	47.73	48.04
	47.43	47.25		

5	Gwen Uthus	64	Mission Viejo Ma-33	24:36.11
	44.69	49.24	49.38	49.63
	49.42	49.58	49.61	49.33
	49.69	49.21	49.25	49.76
	49.46	49.65	49.66	49.48
	49.70	49.44	49.38	49.41
	49.22	49.54	49.41	49.05
	49.23	49.01	49.21	49.34
	49.13	48.00		

6	Jean Hofmann	61	Arizona Masters-48	26:38.73
	45.71	51.56	52.56	54.08
	53.51	53.82	53.71	54.44
	55.10	54.26	53.82	55.10
	54.38	54.51	53.83	54.60
	53.79	54.61	54.53	54.16
	53.44	54.28	54.53	54.19
	53.33	53.55	52.10	51.66
	51.01	48.56		

7	Katy James	63	Arizona Masters-48	27:23.21
	49.09	53.88	53.35	54.29
	53.33	54.03	54.54	54.44
	53.67	55.30	54.46	55.13
	54.62	55.48	54.87	56.03
	54.75	56.25	55.80	55.79
	55.84	55.58	55.29	55.92
	55.29	55.93	55.68	56.43
	56.06	52.09		

8	Delrie Hobbs	64	UC33-33	32:30.75
	54.53	1:03.59	1:04.35	1:05.11
	1:04.55	1:04.96	1:04.16	1:04.85
	1:05.23	1:05.25	1:04.97	1:06.62
	1:04.90	1:06.37	1:04.95	1:07.13
	1:05.36	1:05.99	1:05.64	1:05.95
	1:06.24	1:06.16	1:05.37	1:07.17
	1:05.90	1:07.07	1:06.02	1:07.56
	1:04.77	1:00.03		

**Women 60-64 50 LC Meter Backstroke**

1	Katy James	63	Arizona Masters-48	43.25
2	Kristin Bennett	61	Rose Bowl Master-33	56.60

**Women 60-64 50 LC Meter Backstroke**

1	Nancy Kirkpatrick-Reno	63	Conejo Valley Ma-33	38.63
---	------------------------	----	---------------------	-------

**Women 60-64 100 LC Meter Backstroke Split Request**

1	Joanne Saul-Zachau	60	Las Vegas Master-33	1:34.35
---	--------------------	----	---------------------	---------

**Women 60-64 100 LC Meter Backstroke**

1	Kerri Lumbert Gentry	61	UC33-33	1:31.64
	44.15	47.49		
2	Katy James	63	Arizona Masters-48	1:38.65
	47.41	51.24		

**Women 60-64 200 LC Meter Backstroke**

1	Kerri Lumbert Gentry	61	UC33-33	3:15.09
	45.33	50.11	50.46	49.19
---	Katy James	63	Arizona Masters-48	DQ

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Women 60-64 50 LC Meter Breaststroke**

1	Karen Melick	61	Southern Califor-33	43.97
---	--------------	----	---------------------	-------

**Women 60-64 100 LC Meter Breaststroke**

1	Karen Melick	61	Southern Califor-33	1:35.36
	44.96	50.40		
2	Diana Dolan LaMar	61	Las Vegas Master-33	1:43.30
	49.40	53.90		
3	Kristin Bennett	61	Rose Bowl Master-33	2:00.44
	57.74	1:02.70		

**Women 60-64 200 LC Meter Breaststroke**

1	Karen Melick	61	Southern Califor-33	3:25.59
	47.02	52.82	53.32	52.43
2	Diana Dolan LaMar	61	Las Vegas Master-33	3:45.69
	53.66	57.73	59.25	55.05
3	Kristin Bennett	61	Rose Bowl Master-33	4:09.96
	55.34	1:02.74	1:05.86	1:06.02

**Women 60-64 50 LC Meter Butterfly**

1	Bess Hilpert	63	Longhorn Aquatic-43	36.71
2	Kristin Bennett	61	Rose Bowl Master-33	58.10

**Women 60-64 100 LC Meter Butterfly**

1	Bess Hilpert	63	Longhorn Aquatic-43	1:31.21
	43.55	47.66		
2	Lisa Smith	60	San Diego Swim M-44	1:41.86
	45.81	56.05		
3	Katy James	63	Arizona Masters-48	1:50.05
	51.39	58.66		

**Women 60-64 200 LC Meter Butterfly**

1	Bess Hilpert	63	Longhorn Aquatic-43	3:30.89
	46.92	53.18	55.14	55.65

**Women 60-64 200 LC Meter IM**

1	Diana Dolan LaMar	61	Las Vegas Master-33	3:20.25
	42.95	52.16	1:01.13	44.01
2	Kristin Bennett	61	Rose Bowl Master-33	4:29.41
	1:02.34	1:11.97	1:10.50	1:04.60

**Women 60-64 400 LC Meter IM**

1	Bonnie Spivey	60	Los Angeles Peni-33	6:12.41
	40.80	47.80	48.25	45.76
	53.33	53.66	42.98	39.83
2	Bess Hilpert	63	Longhorn Aquatic-43	6:50.00
	43.49	48.56	54.13	53.63
	1:01.06	1:00.17	44.17	44.79
3	Kristin Bennett	61	Rose Bowl Master-33	9:50.55
	59.63	1:18.00	1:23.75	1:22.04
	1:06.90	1:10.07	1:12.47	1:17.69

**Women 65-69 50 LC Meter Freestyle**

1	Mindy Dougherty	66	Mission Viejo Ma-33	36.24
2	Debbie Bradbury	67	Novaquatics Mast-33	36.85
3	Kathleen Love	68	Mission Viejo Ma-33	56.42

**Women 65-69 100 LC Meter Freestyle**

1	Debbie Bradbury	67	Novaquatics Mast-33	1:25.07
	40.55	44.52		

**Women 65-69 200 LC Meter Freestyle**

1	Christie Ciraulo	65	UCLA Bruin Maste-33	2:44.51
---	------------------	----	---------------------	---------

**Women 65-69 200 LC Meter Freestyle**

1	Debbie Bradbury	67	Novaquatics Mast-33	3:07.67
	44.49	48.34	48.75	46.09
2	Nancy Stanbury	69	Long Beach Gruni-33	3:37.85
	48.66	56.61	57.52	55.06

**Women 65-69 400 LC Meter Freestyle**

1	Christie Ciraulo	65	UCLA Bruin Maste-33	5:42.29
	37.62	40.91	42.42	43.56
	43.46	45.25	45.02	44.05
2	Mindy Dougherty	66	Mission Viejo Ma-33	6:12.96
	44.00	46.51	47.88	48.01
	47.31	46.40	47.37	45.48

**Women 65-69 1500 LC Meter Freestyle**

1	Nancy Stanbury	69	Long Beach Gruni-33	29:33.90
	50.35	56.64	57.25	57.83
	57.87	58.47	57.63	59.20
	58.12	58.69	58.28	1:01.34
	59.67	1:00.23	59.92	1:00.37
	1:00.28	1:00.06	1:00.35	59.18
	1:00.23	1:00.51	59.79	1:00.41
	59.22	59.50	1:00.97	1:01.40
	59.80	1:00.34		

**Women 65-69 50 LC Meter Backstroke**

2	Wendy Scherwat Ducourneau	68	Golden Road Aqua-33	1:00.97
---	---------------------------	----	---------------------	---------

**Women 65-69 50 LC Meter Backstroke**

1	Nancy Stanbury	69	Long Beach Gruni-33	57.43
---	----------------	----	---------------------	-------

**Women 65-69 100 LC Meter Backstroke**

1	Wendy Scherwat Ducourneau	68	Golden Road Aqua-33	2:13.53
---	---------------------------	----	---------------------	---------

**Women 65-69 100 LC Meter Backstroke**

1	Andra Jaunzeme	65	San Diego Swim M-44	1:26.29
	42.05	44.24		
2	Mindy Dougherty	66	Mission Viejo Ma-33	1:29.81
	44.80	45.01		

**Women 65-69 200 LC Meter Backstroke**

1	Wendy Scherwat Ducourneau	68	Golden Road Aqua-33	4:24.05
	1:00.97	1:12.56	1:10.31	1:00.21

**Women 65-69 50 LC Meter Breaststroke**

1	Wendy Scherwat Ducourneau	68	Golden Road Aqua-33	55.10
2	Kathleen Love	68	Mission Viejo Ma-33	1:11.40

**Women 65-69 100 LC Meter Breaststroke**

1	Nancy Stanbury	69	Long Beach Gruni-33	1:57.21
	55.60	1:01.61		
2	Wendy Scherwat Ducourneau	68	Golden Road Aqua-33	2:03.35
	59.12	1:04.23		

**Women 65-69 200 LC Meter Breaststroke**

1	Wendy Scherwat Ducourneau	68	Golden Road Aqua-33	4:22.36
	59.86	1:07.95	1:07.65	1:06.90

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Women 65-69 50 LC Meter Butterfly Split Request**

1 Wendy Scherwat Ducourneau 68 Golden Road Aqua-33 1:10.45

**Women 65-69 50 LC Meter Butterfly**

1 Debbie Bradbury 67 Novaquatics Mast-33 42.85

**Women 65-69 100 LC Meter Butterfly**

1 Andra Jaunzeme 65 San Diego Swim M-44 1:23.73  
 39.03 44.70  
 2 Nancy Stanbury 69 Long Beach Gruni-33 2:05.45  
 57.90 1:07.55

**Women 65-69 100 LC Meter Butterfly Split Request**

1 Wendy Scherwat Ducourneau 68 Golden Road Aqua-33 2:35.75

**Women 65-69 200 LC Meter Butterfly**1 Andra Jaunzeme 65 San Diego Swim M-44 3:09.32  
 41.43 49.10 51.04 47.75**Women 65-69 200 LC Meter IM**

1 Andra Jaunzeme 65 San Diego Swim M-44 3:04.35  
 38.91 47.29 55.91 42.24  
 2 Wendy Scherwat Ducourneau 68 Golden Road Aqua-33 4:19.80  
 1:02.42 1:06.50 1:13.25 57.63

**Women 65-69 400 LC Meter IM**

1 Andra Jaunzeme 65 San Diego Swim M-44 6:36.27  
 41.64 50.06 50.11 50.84  
 56.38 1:00.10 43.43 43.71  
 2 Nancy Stanbury 69 Long Beach Gruni-33 8:58.84  
 58.36 1:08.47 1:24.48 1:15.30  
 1:08.42 1:08.02 59.71 56.08  
 3 Wendy Scherwat Ducourneau 68 Golden Road Aqua-33 9:28.74  
 1:10.45 1:25.30 1:09.70 1:11.76  
 1:13.60 1:12.93 1:01.41 1:03.59

**Women 70-74 50 LC Meter Freestyle**

2 Beverly Montrella 72 Mission Viejo Ma-33 37.66

**Women 70-74 50 LC Meter Freestyle**

1 Beverly Montrella 72 Mission Viejo Ma-33 37.91  
 2 Diane Smith 73 Conejo Valley Ma-33 40.74  
 3 Jan Toohey 74 Mission Viejo Ma-33 55.88

**Women 70-74 50 LC Meter Freestyle**

1 Beverly Montrella 72 Mission Viejo Ma-33 38.13

**Women 70-74 100 LC Meter Freestyle**

1 Beverly Montrella 72 Mission Viejo Ma-33 1:31.46  
 43.25 48.21  
 2 Mary Lee Christensen 73 San Diego Swim M-44 1:33.67  
 45.69 47.98  
 3 Diane Smith 73 Conejo Valley Ma-33 1:37.55  
 45.54 52.01

**Women 70-74 200 LC Meter Freestyle**

3 Mary Lee Christensen 73 San Diego Swim M-44 3:23.77

**Women 70-74 200 LC Meter Freestyle**1 Diane Smith 73 Conejo Valley Ma-33 3:44.35  
 47.49 55.35 1:01.20 1:00.31**Women 70-74 200 LC Meter Freestyle Split Request**

1 Mary Lee Christensen 73 San Diego Swim M-44 3:36.36

**Women 70-74 400 LC Meter Freestyle Split Request**

1 Mary Lee Christensen 73 San Diego Swim M-44 7:19.60  
 2 Beverly Montrella 72 Mission Viejo Ma-33 7:21.83

**Women 70-74 800 LC Meter Freestyle Split Request**

1 Beverly Montrella 72 Mission Viejo Ma-33 14:55.51  
 2 Mary Lee Christensen 73 San Diego Swim M-44 14:55.90

**Women 70-74 1500 LC Meter Freestyle**

1 Beverly Montrella 72 Mission Viejo Ma-33 28:14.05  
 48.52 54.61 55.95 56.00  
 56.50 56.82 57.05 56.38  
 56.35 57.24 56.73 57.48  
 56.91 56.87 55.36 56.74  
 56.57 57.84 57.44 57.78  
 57.38 58.18 56.76 57.92  
 56.99 57.60 56.99 57.04  
 56.27 53.78  
 2 Mary Lee Christensen 73 San Diego Swim M-44 28:20.38  
 49.69 55.18 55.25 56.24  
 55.18 55.88 56.15 56.03  
 56.69 56.35 57.12 56.99  
 57.03 57.75 57.04 57.33  
 57.39 57.34 57.91 57.97  
 57.94 57.37 58.11 58.20  
 57.61 57.62 57.37 57.42  
 57.40 54.83

**Women 70-74 50 LC Meter Backstroke**

1 Beverly Montrella 72 Mission Viejo Ma-33 47.48  
 2 Diane Smith 73 Conejo Valley Ma-33 52.89

**Women 70-74 50 LC Meter Backstroke**

2 Beverly Montrella 72 Mission Viejo Ma-33 46.03

**Women 70-74 100 LC Meter Backstroke**1 Beverly Montrella 72 Mission Viejo Ma-33 1:43.85  
 51.41 52.44**Women 70-74 200 LC Meter Backstroke**1 Beverly Montrella 72 Mission Viejo Ma-33 3:49.11  
 53.80 58.83 59.47 57.01**Women 70-74 50 LC Meter Breaststroke**

1 Diane Smith 73 Conejo Valley Ma-33 1:01.78  
 2 Jan Toohey 74 Mission Viejo Ma-33 1:13.88

**Women 70-74 100 LC Meter Breaststroke**

--- Mary Lee Christensen 73 San Diego Swim M-44 DQ

**Women 80-84 50 LC Meter Freestyle**

1 Jeanne Little 81 San Diego Swim M-44 48.79

**Women 80-84 200 LC Meter Freestyle**1 Anne Williams 80 San Diego Swim M-44 3:37.65  
 53.11 56.76 56.24 51.54

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Women 80-84 400 LC Meter Freestyle**

1	Anne Williams	80	San Diego Swim M-44	7:37.29
	52.54	57.13	58.90	58.26
			57.90	53.86
2	Jeanne Little	81	San Diego Swim M-44	10:12.31
	1:08.27	1:18.05	1:21.41	1:17.75
	1:18.12	1:21.49	2:27.22	

**Women 80-84 50 LC Meter Breaststroke**

1	Anne Williams	80	San Diego Swim M-44	51.37
---	---------------	----	---------------------	-------

**Women 80-84 100 LC Meter Breaststroke**

1	Anne Williams	80	San Diego Swim M-44	1:54.64
	56.75	57.89		

**Women 80-84 200 LC Meter Breaststroke**

1	Anne Williams	80	San Diego Swim M-44	4:06.49
	1:00.85	1:03.60	1:02.94	59.10

**Women 80-84 50 LC Meter Butterfly**

1	Jeanne Little	81	San Diego Swim M-44	1:45.23
---	---------------	----	---------------------	---------

**Women 85-89 50 LC Meter Freestyle**

1	Margrit Graef	87	Mission Viejo Ma-33	1:07.78
---	---------------	----	---------------------	---------

**Women 85-89 50 LC Meter Breaststroke**

1	Margrit Graef	87	Mission Viejo Ma-33	1:37.81
---	---------------	----	---------------------	---------

**Women 95-99 50 LC Meter Freestyle**

1	Maurine Kornfeld	97	Rose Bowl Master-33	1:12.90
---	------------------	----	---------------------	---------

**Women 95-99 100 LC Meter Freestyle**

1	Maurine Kornfeld	97	Rose Bowl Master-33	2:41.93
	1:19.80	1:22.13		

**Women 95-99 400 LC Meter Freestyle**

1	Maurine Kornfeld	97	Rose Bowl Master-33	11:11.84
	1:12.17	1:26.15	1:22.03	1:28.76
	1:27.75	1:31.07	1:24.93	1:18.98

**Women 95-99 50 LC Meter Backstroke**

1	Maurine Kornfeld	97	Rose Bowl Master-33	1:31.74
---	------------------	----	---------------------	---------

**Women 95-99 100 LC Meter Backstroke**

1	Maurine Kornfeld	97	Rose Bowl Master-33	3:02.92
	1:24.90	1:38.02		

**Women 95-99 200 LC Meter Backstroke**

1	Maurine Kornfeld	97	Rose Bowl Master-33	6:59.17
	1:40.37	1:45.68	1:50.35	1:42.77

**Men 18-24 50 LC Meter Freestyle**

1	Brandon Kolarov	19	Mission Viejo Ma-33	25.40
2	Alexander Havton	20	Golden Road Aqua-33	25.84
*3	Erik Biernat	23	UC44-44	25.93
*3	Cory Nguyen	23	Orange County Ri-33	25.93
5	Gregory Havton	20	Golden Road Aqua-33	25.94
6	Eric Shi	24	Rose Bowl Master-33	26.11
7	David Jimenez	21	Rose Bowl Master-33	26.15
8	Daniel Peralta	22	Mission Viejo Ma-33	26.87
9	Matthew Chavez	20	Triton Swimming-33	26.92
10	Ethan Webster	18	Golden Road Aqua-33	27.32

**Men 18-24 100 LC Meter Freestyle**

1	Cory Nguyen	23	Orange County Ri-33	55.70
	26.42	29.28		
2	Logan Redondo	24	Mission Viejo Ma-33	56.77
	27.31	29.46		
3	Eric Shi	24	Rose Bowl Master-33	57.19
	27.62	29.57		
4	David Jimenez	21	Rose Bowl Master-33	57.67
	27.41	30.26		
5	Mathew Bilaver	18	Golden Road Aqua-33	58.77
	28.01	30.76		
6	Erik Biernat	23	UC44-44	58.79
	28.64	30.15		
7	Calum Brockie	24	Golden Road Aqua-33	1:02.36
	28.52	33.84		
8	Matthew Chavez	20	Triton Swimming-33	1:17.79
	26.52	51.27		

**Men 18-24 400 LC Meter Freestyle**

1	Chris McElroy	21	Mission Viejo Ma-33	4:52.74
	31.32	35.43	37.09	37.85
	37.86	38.03	37.16	38.00
2	Brandon Kolarov	19	Mission Viejo Ma-33	5:03.17
	26.47	30.58	33.16	33.56
	53.50	42.49	41.39	42.02

**Men 18-24 800 LC Meter Freestyle**

1	Logan Redondo	24	Mission Viejo Ma-33	9:24.57
	32.34	35.55	35.74	35.99
	35.65	36.05	36.12	36.35
	35.92	35.90	35.98	35.01
	34.99	34.70	34.34	33.94
2	Chris McElroy	21	Mission Viejo Ma-33	10:17.56
	32.99	37.54	38.73	39.09
	39.70	39.58	39.03	39.57
	39.26	39.60	39.20	38.97
	39.13	39.86	37.88	37.43

**Men 18-24 50 LC Meter Backstroke**

1	Cory Nguyen	23	Orange County Ri-33	29.50
2	David Jimenez	21	Rose Bowl Master-33	30.39

**Men 18-24 100 LC Meter Backstroke**

1	Ethan Webster	18	Golden Road Aqua-33	1:01.92
	30.40	31.52		
2	Cory Nguyen	23	Orange County Ri-33	1:03.65
	30.43	33.22		
3	David Jimenez	21	Rose Bowl Master-33	1:05.38
	31.10	34.28		
4	Brandon Kolarov	19	Mission Viejo Ma-33	1:06.00
	32.03	33.97		
5	Alexander Havton	20	Golden Road Aqua-33	1:07.16
	32.51	34.65		

**Men 18-24 50 LC Meter Breaststroke**

1	Daniel Peralta	22	Mission Viejo Ma-33	32.56
2	Alexander Havton	20	Golden Road Aqua-33	33.05
3	Eric Shi	24	Rose Bowl Master-33	33.65
4	Mathew Bilaver	18	Golden Road Aqua-33	35.48

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Men 18-24 100 LC Meter Breaststroke**

1	Daniel Peralta	22	Mission Viejo Ma-33	1:11.52
	33.73	37.79		
2	Eric Shi	24	Rose Bowl Master-33	1:15.30
	34.69	40.61		
3	Chris McElroy	21	Mission Viejo Ma-33	1:16.44
	35.53	40.91		
4	Mathew Bilaver	18	Golden Road Aqua-33	1:21.28
	36.86	44.42		

**Men 18-24 200 LC Meter Breaststroke**

1	Daniel Peralta	22	Mission Viejo Ma-33	2:42.37
	36.91	42.43	41.97	41.06
2	Chris McElroy	21	Mission Viejo Ma-33	2:43.51
	36.30	42.00	41.90	43.31
3	Eric Shi	24	Rose Bowl Master-33	2:47.34
	38.34	42.70	43.13	43.17

**Men 18-24 50 LC Meter Butterfly**

1	Gregory Havton	20	Golden Road Aqua-33	27.26
2	Erik Biernat	23	UC44-44	27.52
3	Cory Nguyen	23	Orange County Ri-33	27.91
4	Brandon Kolarov	19	Mission Viejo Ma-33	28.35
5	Daniel Peralta	22	Mission Viejo Ma-33	28.43
6	David Jimenez	21	Rose Bowl Master-33	29.14
7	Alexander Havton	20	Golden Road Aqua-33	29.30

**Men 18-24 100 LC Meter Butterfly**

1	Daniel Peralta	22	Mission Viejo Ma-33	1:02.84
	28.63	34.21		
2	Sean Fisher	23	Rose Bowl Master-33	1:04.03
	30.39	33.64		
3	Erik Biernat	23	UC44-44	1:04.27
	29.98	34.29		

**Men 18-24 200 LC Meter IM**

1	Cory Nguyen	23	Orange County Ri-33	2:20.78
	28.21	35.47	41.80	35.30
2	Logan Redondo	24	Mission Viejo Ma-33	2:21.79
	29.21	36.31	42.98	33.29
3	Sean Fisher	23	Rose Bowl Master-33	2:25.01
	30.68	39.27	42.26	32.80
4	Eric Shi	24	Rose Bowl Master-33	2:29.40
	29.27	41.68	43.57	34.88
5	Chris McElroy	21	Mission Viejo Ma-33	2:31.89
	30.61	41.27	43.00	37.01

**Men 18-24 400 LC Meter IM**

1	Chris McElroy	21	Mission Viejo Ma-33	5:21.60
	31.46	37.13	42.43	43.16
	43.90	45.09	39.44	38.99

**Men 25-29 50 LC Meter Freestyle**

1	Tony Cox	28	Golden Road Aqua-33	25.51
2	Luke Pechmann	28	Golden Road Aqua-33	25.83
3	Ralph Porrazzo	26	Rose Bowl Master-33	25.88
4	Martin Vanek	27	Mission Viejo Ma-33	26.34
5	Andrew Lum	25	Rose Bowl Master-33	27.14
6	Jonathan Pierce	25	Los Angeles Peni-33	27.64

7	Daniel Castro	27	Rose Bowl Master-33	28.54
8	Michael Basak	28	Southern Califor-33	38.60

**Men 25-29 100 LC Meter Freestyle**

1	Ralph Porrazzo	26	Rose Bowl Master-33	52.69
	25.56	27.13		
2	Tony Cox	28	Golden Road Aqua-33	53.35
	25.97	27.38		
3	Alexander Campbell	27	Golden Road Aqua-33	58.39
	28.64	29.75		
4	Andrew Lum	25	Rose Bowl Master-33	59.27
	28.34	30.93		
5	Daniel Castro	27	Rose Bowl Master-33	1:04.85
	30.20	34.65		
6	Michael Basak	28	Southern Califor-33	1:28.18
	43.03	45.15		

**Men 25-29 200 LC Meter Freestyle**

1	Jonathan Pierce	25	Los Angeles Peni-33	2:11.69
	28.53	32.96	34.85	35.35

**Men 25-29 400 LC Meter Freestyle**

1	Jonathan Pierce	25	Los Angeles Peni-33	4:46.42
	29.54	33.94	35.68	37.10
	38.20	37.64	37.61	36.71
2	Daniel Roa	28	Mission Viejo Ma-33	4:59.23
	33.45	37.36	37.94	38.34
	37.75	38.83	38.41	37.15
3	Daniel Castro	27	Rose Bowl Master-33	5:09.97
	34.26	37.74	38.74	38.91
	39.38	39.98	40.68	40.28
4	Kenny Duarte	29	Golden Road Aqua-33	5:36.30
	35.02	40.60	43.38	44.62
	43.47	44.15	44.20	40.86

**Men 25-29 800 LC Meter Freestyle**

1	Jonathan Pierce	25	Los Angeles Peni-33	9:57.33
	30.43	33.97	36.28	36.93
	37.85	38.32	38.02	38.36
	38.65	38.84	38.73	39.11
	38.60	38.60	38.00	36.64

**Men 25-29 1500 LC Meter Freestyle**

1	Kenny Duarte	29	Golden Road Aqua-33	22:30.50
	38.66	42.46	43.79	43.89
	44.40	44.86	44.95	45.11
	45.83	45.92	45.69	
		45.21	45.27	45.20
	46.12	45.34	45.65	45.93
	45.04	45.58	45.74	46.01
	46.02	45.67	45.99	46.05
	46.34	42.49		

**Men 25-29 50 LC Meter Backstroke**

1	Ralph Porrazzo	26	Rose Bowl Master-33	28.16
2	Alexander Campbell	27	Golden Road Aqua-33	30.69

**Men 25-29 100 LC Meter Backstroke**

1	Ralph Porrazzo	26	Rose Bowl Master-33	58.66
	28.13	30.53		

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Men 25-29 100 LC Meter Backstroke)**

2	Tony Cox	28	Golden Road Aqua-33	59.08
	28.36	30.72		
3	Luke Pechmann	28	Golden Road Aqua-33	1:00.07
	28.74	31.33		
4	Martin Vanek	27	Mission Viejo Ma-33	1:05.42
	31.51	33.91		
5	Daniel Roa	28	Mission Viejo Ma-33	1:11.36
	34.98	36.38		

**Men 25-29 200 LC Meter Backstroke**

1	Ralph Porrazzo	26	Rose Bowl Master-33	2:11.44
	29.97	33.08	34.11	34.28

**Men 25-29 50 LC Meter Breaststroke**

1	Kenny Duarte	29	Golden Road Aqua-33	34.57
2	Andrew Lum	25	Rose Bowl Master-33	34.79
3	Michael Basak	28	Southern Califor-33	49.71

**Men 25-29 100 LC Meter Breaststroke**

1	Kenny Duarte	29	Golden Road Aqua-33	1:17.77
	35.89	41.88		
2	Andrew Lum	25	Rose Bowl Master-33	1:21.12
	38.26	42.86		
3	Michael Basak	28	Southern Califor-33	1:49.07
	52.33	56.74		

**Men 25-29 200 LC Meter Breaststroke**

1	Kenny Duarte	29	Golden Road Aqua-33	2:55.80
	39.71	45.40	46.91	43.78
2	Andrew Lum	25	Rose Bowl Master-33	2:56.63
	41.00	45.72	44.35	45.56

**Men 25-29 50 LC Meter Butterfly**

1	Tony Cox	28	Golden Road Aqua-33	25.07
2	Ralph Porrazzo	26	Rose Bowl Master-33	27.22
3	Andrew Lum	25	Rose Bowl Master-33	29.47
4	Daniel Roa	28	Mission Viejo Ma-33	30.71
5	Jonathan Pierce	25	Los Angeles Peni-33	30.84
6	Daniel Castro	27	Rose Bowl Master-33	32.21
7	Michael Basak	28	Southern Califor-33	44.60

**Men 25-29 100 LC Meter Butterfly**

1	Jonathan Pierce	25	Los Angeles Peni-33	1:08.86
	31.25	37.61		
2	Daniel Castro	27	Rose Bowl Master-33	1:09.82
	32.16	37.66		

**Men 25-29 200 LC Meter Butterfly**

1	Daniel Roa	28	Mission Viejo Ma-33	2:49.22
	36.86	42.80	44.81	44.75

**Men 25-29 200 LC Meter IM**

1	Daniel Roa	28	Mission Viejo Ma-33	2:38.50
	34.56	41.93	45.75	36.26
2	Daniel Castro	27	Rose Bowl Master-33	2:43.12
	32.46	43.95	48.86	37.85

**Men 25-29 400 LC Meter IM**

1	Daniel Roa	28	Mission Viejo Ma-33	5:36.98
	35.40	40.58	44.82	44.42
	47.79	47.56	38.94	37.47
2	Kenny Duarte	29	Golden Road Aqua-33	6:22.59
	36.62	55.74	54.84	51.57
	46.16	49.42	45.52	42.72

**Men 30-34 50 LC Meter Freestyle**

1	Danny Giometti	32	Mission Viejo Ma-33	25.50
2	Jason Cohen	30	Rose Bowl Master-33	29.32
3	Jeffrey Grice	34	Mission Viejo Ma-33	31.69

**Men 30-34 100 LC Meter Freestyle**

1	Danny Giometti	32	Mission Viejo Ma-33	56.55
	27.68	28.87		
2	Jason Cohen	30	Rose Bowl Master-33	1:06.44
	30.78	35.66		
3	Justin Bird	34	Golden Road Aqua-33	1:21.66
	38.60	43.06		

**Men 30-34 200 LC Meter Freestyle**

1	Danny Giometti	32	Mission Viejo Ma-33	2:05.01
	28.37	31.44	32.06	33.14
2	Jonas Altman-Kurosaki	30	Mission Viejo Ma-33	2:24.00
	33.97	36.87	36.49	36.67
3	Justin Bird	34	Golden Road Aqua-33	3:23.22
	46.82	51.13	54.37	50.90

**Men 30-34 400 LC Meter Freestyle**

1	Juan Ortiz	31	UC38-38	4:29.71
	30.40	33.93	34.25	34.21
	34.28	34.45	34.65	33.54
2	Jonas Altman-Kurosaki	30	Mission Viejo Ma-33	4:55.60
	33.06	36.34	37.71	38.08
	37.49	37.79	38.38	36.75
3	Jeffrey Grice	34	Mission Viejo Ma-33	6:28.71
	40.65	46.17	49.02	49.70
	48.10	51.41	52.96	50.70

**Men 30-34 800 LC Meter Freestyle**

1	Jonas Altman-Kurosaki	30	Mission Viejo Ma-33	10:18.82
	34.16	38.02	38.97	38.84
	40.04	39.02	39.01	40.74
	38.86	40.11	38.47	38.88
	38.71	39.08	38.56	37.35

**Men 30-34 800 LC Meter Freestyle Split Request**

1	Juan Ortiz	31	UC38-38	9:22.71
---	------------	----	---------	---------

**Men 30-34 1500 LC Meter Freestyle**

1	Juan Ortiz	31	UC38-38	17:42.78
	31.59	34.20	34.82	34.75
	35.02	35.15	35.25	35.50
	35.81	35.62	35.81	35.78
	35.64	35.95	35.83	35.99
	35.76	35.84	35.63	35.53
	35.82	35.92	35.58	35.98
	36.76	36.34	35.73	35.89
	35.22	34.07		

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Men 30-34 50 LC Meter Backstroke**

1 Justin Bird 34 Golden Road Aqua-33 47.69

**Men 30-34 100 LC Meter Backstroke**1 Brian McAteer 34 Southern Califor-33 1:07.91  
32.23 35.68**Men 30-34 200 LC Meter Backstroke**1 Brian McAteer 34 Southern Califor-33 2:34.18  
34.03 40.01 41.26 38.88**Men 30-34 50 LC Meter Breaststroke**1 Tracy Merrill 33 San Diego Swim M-44 33.72  
2 Jason Cohen 30 Rose Bowl Master-33 38.05**Men 30-34 100 LC Meter Breaststroke**1 Brian McAteer 34 Southern Califor-33 1:12.80  
34.24 38.56  
2 Tracy Merrill 33 San Diego Swim M-44 1:17.14  
35.27 41.87  
3 Jason Cohen 30 Rose Bowl Master-33 1:26.29  
39.51 46.78  
4 Justin Bird 34 Golden Road Aqua-33 1:51.95  
53.10 58.85**Men 30-34 200 LC Meter Breaststroke**1 Brian McAteer 34 Southern Califor-33 2:46.35  
36.39 42.23 44.09 43.64  
2 Jonas Altman-Kurosaki 30 Mission Viejo Ma-33 3:04.84  
45.67 48.79 46.62 43.76  
3 Jeffrey Grice 34 Mission Viejo Ma-33 3:37.71  
49.11 55.89 56.66 56.05**Men 30-34 50 LC Meter Butterfly**1 Danny Giometti 32 Mission Viejo Ma-33 28.28  
2 Tracy Merrill 33 San Diego Swim M-44 30.62**Men 30-34 100 LC Meter Butterfly**1 Danny Giometti 32 Mission Viejo Ma-33 1:02.48  
29.52 32.96**Men 30-34 200 LC Meter Butterfly**1 Jonas Altman-Kurosaki 30 Mission Viejo Ma-33 2:46.76  
35.81 44.17 46.15 40.63**Men 30-34 200 LC Meter IM**1 Juan Ortiz 31 UC38-38 2:24.49  
31.06 38.53 42.09 32.81  
2 Brian McAteer 34 Southern Califor-33 2:26.04  
30.35 39.32 42.26 34.11  
3 Tracy Merrill 33 San Diego Swim M-44 2:35.76  
31.40 41.60 45.46 37.30  
4 Jonas Altman-Kurosaki 30 Mission Viejo Ma-33 2:40.83  
32.61 43.11 48.18 36.93**Men 30-34 400 LC Meter IM**1 Brian McAteer 34 Southern Califor-33 5:23.83  
32.64 38.75 43.28 43.99  
44.28 45.71 38.58 36.60**Men 35-39 50 LC Meter Freestyle**

1 Jon Mendoza 35 Rose Bowl Master-33 27.06

2 Christopher Choi 36 Rose Bowl Master-33 28.90  
3 Marcus Lubba 39 Mission Viejo Ma-33 30.72**Men 35-39 100 LC Meter Freestyle**1 Matthew Mester 39 Mission Viejo Ma-33 1:09.52  
32.26 37.26  
2 Scott Bolcoa 37 Novaquatics Mast-33 1:12.04  
33.82 38.22**Men 35-39 200 LC Meter Freestyle**1 Matthew Mester 39 Mission Viejo Ma-33 2:34.91  
34.50 39.54 40.64 40.23  
2 Scott Bolcoa 37 Novaquatics Mast-33 2:45.25  
37.53 42.18**Men 35-39 400 LC Meter Freestyle**1 Jon Mendoza 35 Rose Bowl Master-33 4:54.09  
32.47 36.42 37.20 37.28  
37.79 37.15 38.50 37.28  
2 Marcus Lubba 39 Mission Viejo Ma-33 5:32.55  
37.58 41.40 41.51 41.74  
41.71 42.33 42.64 43.64  
3 Scott Bolcoa 37 Novaquatics Mast-33 5:33.40  
35.98 40.42 43.33 42.81  
4 Christopher Choi 36 Rose Bowl Master-33 5:55.20  
33.00 39.74 45.04 47.18  
46.96 47.94 48.93 46.41**Men 35-39 1500 LC Meter Freestyle**1 Nicholas Burnett 37 Rose Bowl Master-33 25:41.44  
41.01 45.81 48.62 49.58  
50.73 50.80 51.51 51.38  
51.25 51.96 51.93 51.59  
51.69 52.12 51.83 52.01  
52.73 52.76 53.22 52.58  
51.78 52.86 52.90 52.68  
53.14 52.99 53.32 52.81  
53.19 50.66**Men 35-39 50 LC Meter Backstroke**

1 Chad Durieux 39 Rose Bowl Master-33 41.31

**Men 35-39 100 LC Meter Backstroke**1 Marcus Lubba 39 Mission Viejo Ma-33 1:27.97  
44.17 43.80**Men 35-39 200 LC Meter Backstroke**

1 Scott Bolcoa 37 Novaquatics Mast-33 3:01.87

**Men 35-39 50 LC Meter Breaststroke**1 Chad Durieux 39 Rose Bowl Master-33 33.12  
2 Marcus Lubba 39 Mission Viejo Ma-33 40.35**Men 35-39 100 LC Meter Breaststroke**1 Chad Durieux 39 Rose Bowl Master-33 1:18.41  
35.64 42.77  
2 Matthew Mester 39 Mission Viejo Ma-33 1:24.14  
38.65 45.49



## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Men 35-39 200 LC Meter Breaststroke**

1	Chad Durieux	39	Rose Bowl Master-33	2:54.73
	37.25	44.49	46.48	46.51
2	Joel Rector	36	UCLA Bruin Maste-33	2:57.33
	39.09	44.35	45.88	48.01
3	Scott Bolcoa	37	Novaquatics Mast-33	3:04.95
	42.07	47.50	48.35	47.03
4	Marcus Lubba	39	Mission Viejo Ma-33	3:07.71
	44.13	49.37	47.68	46.53

**Men 35-39 50 LC Meter Butterfly**

1	Joel Rector	36	UCLA Bruin Maste-33	29.41
2	Jon Mendoza	35	Rose Bowl Master-33	29.99
3	Chad Durieux	39	Rose Bowl Master-33	30.32
4	Christopher Choi	36	Rose Bowl Master-33	32.01

**Men 35-39 100 LC Meter Butterfly**

1	Joel Rector	36	UCLA Bruin Maste-33	1:05.76
	29.95	35.81		

**Men 35-39 200 LC Meter IM**

1	Joel Rector	36	UCLA Bruin Maste-33	2:32.71
	30.03	40.93	44.33	37.42
2	Chad Durieux	39	Rose Bowl Master-33	2:38.93
	30.99	44.03	46.44	37.47
3	Matthew Mester	39	Mission Viejo Ma-33	2:45.87
	35.72	43.64	46.47	40.04
4	Scott Bolcoa	37	Novaquatics Mast-33	2:51.85
	34.14	47.37	47.73	42.61

**Men 35-39 400 LC Meter IM**

1	Nicholas Burnett	37	Rose Bowl Master-33	7:22.07
	37.14	50.61	1:10.71	1:06.71
	58.61	59.36	49.30	49.63

**Men 40-44 50 LC Meter Freestyle**

1	Paul Mundl	41	Mission Viejo Ma-33	26.85
2	Drew Giacobe	44	Long Beach Gruni-33	28.53

**Men 40-44 100 LC Meter Freestyle**

1	David Popko	41	Rose Bowl Master-33	58.97
	28.55	30.42		
2	Brendan Herlihy	42	Mission Viejo Ma-33	58.99
	29.35	29.64		
3	Paul Mundl	41	Mission Viejo Ma-33	59.37
	28.92	30.45		
4	Matt Reason	44	Golden Road Aqua-33	1:04.80
	30.38	34.42		

**Men 40-44 200 LC Meter Freestyle**

1	Paul Mundl	41	Mission Viejo Ma-33	2:15.27
	30.33	34.20	35.58	35.16

**Men 40-44 400 LC Meter Freestyle**

1	David Popko	41	Rose Bowl Master-33	4:36.69
	31.65	35.36	36.20	35.82
	35.84	35.17	34.36	32.29
2	David Galluzzi	44	Rose Bowl Master-33	4:37.96
	29.82	32.90	34.80	35.48
	36.28	36.44	36.83	35.41

**Men 40-44 400 LC Meter Freestyle Split Request**

1	Brian Meyer	42	UC38-38	5:08.82
---	-------------	----	---------	---------

**Men 40-44 800 LC Meter Freestyle**

1	Matt Reason	44	Golden Road Aqua-33	10:46.20
	36.35	40.30	41.30	41.35
	41.63	41.18	41.58	40.57
	40.50	41.28	41.27	40.46
	40.77	40.65	39.38	37.63

**Men 40-44 800 LC Meter Freestyle Split Request**

1	Brian Meyer	42	UC38-38	10:22.70
---	-------------	----	---------	----------

**Men 40-44 1500 LC Meter Freestyle**

1	David Galluzzi	44	Rose Bowl Master-33	18:53.97
	31.88	35.26	35.72	36.66
	36.52	36.49	36.78	37.62
	37.75	38.11	38.20	38.43
	38.88	38.19	38.49	38.69
	38.45	38.55	38.34	38.60
	38.00	39.05	38.45	38.91
	38.58	38.88	38.83	38.37
	38.84	38.45		
2	David Popko	41	Rose Bowl Master-33	19:04.14
	31.84	36.65	37.83	38.47
	38.29	38.52	38.93	39.18
	39.02	39.03	39.16	39.02
	38.52	38.95	38.97	39.12
	39.32	38.82	38.51	38.82
	38.74	38.21	38.28	38.44
	38.56	38.34	37.89	37.32
	37.20	34.19		
3	Brian Meyer	42	UC38-38	19:32.35
	36.19	38.81	39.68	39.06
	38.75	38.98	38.75	38.60
	39.20	39.50	39.52	39.62
	39.02	39.18	38.75	39.09
	38.92	39.31	39.02	39.17
	39.42	39.12	39.48	39.06
	38.87	39.49	40.59	39.94
	38.86	38.40		
4	Brendan Herlihy	42	Mission Viejo Ma-33	19:49.96
	34.04	38.58	39.71	39.75
	40.08	40.16	39.93	40.31
	39.49	39.83	39.90	40.10
	40.22	40.40	39.98	39.94
	40.10	40.07	39.57	40.05
	40.25	39.92	39.93	40.05
	39.99	40.27	39.67	40.12
	39.30	38.25		

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Men 40-44 1500 LC Meter Freestyle)**

5	Steve Kim	42	Golden Road Aqua-33	22:06.05
	39.68	42.04	42.69	43.78
	44.90	44.80	45.81	44.80
	44.79	45.12	44.81	45.50
	45.12	45.43	44.45	45.11
	44.63	45.47	44.90	44.60
	44.52	45.00	43.73	44.11
	44.39	44.53	42.62	43.54
	42.70	42.48		

**Men 40-44 50 LC Meter Backstroke**

1	David Galluzzi	44	Rose Bowl Master-33	31.25
2	David Popko	41	Rose Bowl Master-33	32.88
3	Brendan Herlihy	42	Mission Viejo Ma-33	34.59
*4	John Lesko	40	Arizona Masters-48	37.09
*4	Duncan Houldsworth	42	Mission Viejo Ma-33	37.09

**Men 40-44 100 LC Meter Backstroke**

1	David Galluzzi	44	Rose Bowl Master-33	1:06.25
	32.35	33.90		
2	David Popko	41	Rose Bowl Master-33	1:12.21
	33.76	38.45		
3	John Lesko	40	Arizona Masters-48	1:19.56
	38.59	40.97		

**Men 40-44 200 LC Meter Backstroke**

1	David Galluzzi	44	Rose Bowl Master-33	2:25.45
	34.41	36.87	37.25	36.92
2	John Lesko	40	Arizona Masters-48	2:57.93
	41.74	45.03	46.12	45.04

**Men 40-44 50 LC Meter Breaststroke**

1	John Lesko	40	Arizona Masters-48	42.57
---	------------	----	--------------------	-------

**Men 40-44 100 LC Meter Breaststroke**

1	Matt Reason	44	Golden Road Aqua-33	1:30.77
	44.19	46.58		
2	John Lesko	40	Arizona Masters-48	1:33.89
	44.72	49.17		

**Men 40-44 200 LC Meter Breaststroke**

1	John Lesko	40	Arizona Masters-48	3:21.23
	44.81	50.73	52.43	53.26

**Men 40-44 100 LC Meter Butterfly**

1	David Popko	41	Rose Bowl Master-33	1:07.99
	32.05	35.94		
2	Brendan Herlihy	42	Mission Viejo Ma-33	1:09.22
	31.63	37.59		

**Men 40-44 200 LC Meter IM**

1	David Galluzzi	44	Rose Bowl Master-33	2:27.80
	31.07	37.70	45.09	33.94
2	Brendan Herlihy	42	Mission Viejo Ma-33	2:29.19
	30.81	39.30	46.78	32.30
3	Matt Reason	44	Golden Road Aqua-33	2:45.65
	34.73	46.70	48.73	35.49

**Men 40-44 400 LC Meter IM**

1	Brendan Herlihy	42	Mission Viejo Ma-33	5:43.72
	34.54	43.16	44.57	44.67
	51.03	50.81	37.70	37.24
2	Steve Kim	42	Golden Road Aqua-33	6:16.41
	43.17	51.05	45.95	45.71
	56.55	52.25	42.36	39.37

**Men 45-49 50 LC Meter Freestyle**

1	Kelly Karren	45	Conejo Valley Ma-33	26.62
---	--------------	----	---------------------	-------

**Men 45-49 50 LC Meter Freestyle**

1	Kyle Kurr	46	Mission Viejo Ma-33	27.17
2	Damon Tucker	49	UC33-33	27.55
3	Glenn Piner	49	La Mirada Armada-33	29.60
4	Tim Schreiber	47	Arizona Masters-48	32.30
5	Michael Green	48	La Mirada Armada-33	32.31
6	Scott Winslow	46	Golden Road Aqua-33	38.85

**Men 45-49 100 LC Meter Freestyle**

1	Steve Gunnell	48	Mission Viejo Ma-33	59.17
	28.37	30.80		
2	Kyle Kurr	46	Mission Viejo Ma-33	1:00.25
	28.73	31.52		
3	Michael Lucero	48	Golden Road Aqua-33	1:02.27
	30.28	31.99		
4	Damon Tucker	49	UC33-33	1:02.71
	30.18	32.53		
5	Brian Kremers	45	Long Beach Gruni-33	1:04.19
	30.16	34.03		
6	Karl Tokita	47	Mission Viejo Ma-33	1:08.05
	31.75	36.30		
7	Michael Green	48	La Mirada Armada-33	1:12.35
	35.18	37.17		

**Men 45-49 200 LC Meter Freestyle**

1	Ryan Cox	45	Mission Viejo Ma-33	2:09.09
	30.57	33.60	33.11	31.81
2	Damon Tucker	49	UC33-33	2:23.02
	33.84	37.44	37.27	34.47
3	Steve Ripic	45	Mission Viejo Ma-33	2:42.22
	36.35	40.52	41.90	43.45
4	Brian Kremers	45	Long Beach Gruni-33	3:00.30
	41.75	46.20	46.83	45.52

**Men 45-49 400 LC Meter Freestyle**

1	Ryan Cox	45	Mission Viejo Ma-33	4:25.15
	30.78	33.68	33.48	33.50
	33.63	33.77	33.73	32.58
2	Steve Gunnell	48	Mission Viejo Ma-33	4:43.31
	32.72	35.88	36.25	36.59
	35.82	36.70	35.05	34.30
3	Brian Kremers	45	Long Beach Gruni-33	5:03.84
	35.52	38.88	39.19	38.74
	38.44	38.41	37.37	37.29
4	Kyle Kurr	46	Mission Viejo Ma-33	5:16.81
	37.62	41.32	41.09	41.09
	40.96	38.44	38.06	38.23

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Men 45-49 400 LC Meter Freestyle)**

5	Michael Lucero	48	Golden Road Aqua-33	5:24.49
	36.99	40.13	40.26	43.05
	40.63	43.26	41.12	39.05
6	Glenn Piner	49	La Mirada Armada-33	5:33.45
	36.05	42.16	42.86	43.90
	42.69	42.94	41.93	40.92

**Men 45-49 800 LC Meter Freestyle**

1	Michael Lucero	48	Golden Road Aqua-33	10:24.80
	35.04	37.97	38.66	39.40
	39.39	39.85	40.04	39.83
	44.43	40.44	39.74	38.80
	37.78	38.13	38.05	37.25
2	Nathan Ascher	47	San Diego Swim M-44	10:35.19
	35.94	39.25	40.01	40.11
	40.49	40.11	40.48	40.11
	40.71	39.69	40.82	40.22
	40.77	39.80	39.83	36.85
3	Kyle Kurr	46	Mission Viejo Ma-33	10:47.68
	35.34	39.62	40.89	40.52
	41.03	40.87	41.43	41.91
	41.73	42.34	41.79	42.00
	41.15	40.36	38.90	37.80
4	Glenn Piner	49	La Mirada Armada-33	11:34.56
	36.26	40.89	44.22	44.01
	45.29	44.57	46.04	43.93
	44.63	44.22	44.83	44.29
	43.60	43.24	42.85	41.69

**Men 45-49 1500 LC Meter Freestyle**

1	Ryan Cox	45	Mission Viejo Ma-33	17:54.16
	32.54	35.34	35.71	35.90
	35.72	35.75	35.84	35.87
	35.81	35.96	35.91	35.69
	35.84	36.02	35.88	35.96
	35.91	35.70	35.68	35.69
	35.90	35.98	36.12	36.27
	36.20	36.08	36.37	36.31
	36.61	35.60		
2	Steve Ripic	45	Mission Viejo Ma-33	22:02.38
	39.27	42.61	42.92	43.06
	42.87	43.28	43.19	43.59
	43.99	44.17	43.71	43.96
	44.19	44.32	44.49	45.32
	44.27	45.08	44.68	44.79
	44.93	45.58	44.01	45.48
	44.32	44.87	44.58	45.51
	44.50	44.84		

**Men 45-49 50 LC Meter Backstroke**

1	Damon Tucker	49	UC33-33	32.85
2	Glenn Piner	49	La Mirada Armada-33	38.19
3	Karl Tokita	47	Mission Viejo Ma-33	38.33
4	Tim Schreiber	47	Arizona Masters-48	42.06

**Men 45-49 50 LC Meter Backstroke**

1	Kelly Karren	45	Conejo Valley Ma-33	32.46
---	--------------	----	---------------------	-------

**Men 45-49 100 LC Meter Backstroke**

1	Todd Dreitzler	48	Phoenix Swim Clu-48	1:04.54
	31.46	33.08		
2	Steve Gunnell	48	Mission Viejo Ma-33	1:11.26
		39.34		
3	Damon Tucker	49	UC33-33	1:12.28
	35.12	37.16		
4	Glenn Piner	49	La Mirada Armada-33	1:25.34

**Men 45-49 200 LC Meter Backstroke**

1	Damon Tucker	49	UC33-33	2:43.22
	38.43	41.94	41.90	40.95
2	Nathan Ascher	47	San Diego Swim M-44	2:50.34
	40.17	44.20	44.75	41.22
3	Steve Ripic	45	Mission Viejo Ma-33	3:08.06
	44.46	47.93	48.30	47.37

**Men 45-49 50 LC Meter Breaststroke**

1	Todd Dreitzler	48	Phoenix Swim Clu-48	31.96
2	Brendan Hickey	49	Southern Califor-33	38.07
3	Steve Ripic	45	Mission Viejo Ma-33	38.28
4	Michael Green	48	La Mirada Armada-33	41.67
5	Tim Schreiber	47	Arizona Masters-48	43.13
6	Scott Winslow	46	Golden Road Aqua-33	47.40

**Men 45-49 100 LC Meter Breaststroke**

1	Kevin Doherty	45	Colorado Masters-32	1:10.51
	33.14	37.37		
2	Todd Dreitzler	48	Phoenix Swim Clu-48	1:11.77
	32.74	39.03		
3	Brian Kremers	45	Long Beach Gruni-33	1:23.19
	40.25	42.94		
4	Brendan Hickey	49	Southern Califor-33	1:28.06
	39.82	48.24		
5	Steve Ripic	45	Mission Viejo Ma-33	1:28.07
	40.97	47.10		
6	Michael Green	48	La Mirada Armada-33	1:35.80
	46.93	48.87		
7	Scott Winslow	46	Golden Road Aqua-33	1:55.49
	55.40	1:00.09		

**Men 45-49 200 LC Meter Breaststroke**

1	Kevin Doherty	45	Colorado Masters-32	2:33.26
	35.81	39.62	38.91	38.92
2	Todd Dreitzler	48	Phoenix Swim Clu-48	2:39.87
	36.47	40.76	41.51	41.13
3	Ryan Cox	45	Mission Viejo Ma-33	2:51.48
	39.93	44.87	43.84	42.84
4	Nathan Ascher	47	San Diego Swim M-44	2:58.18
	40.95	45.29	46.48	45.46
5	Steve Ripic	45	Mission Viejo Ma-33	3:16.39
	44.66	50.97	50.63	50.13

**Men 45-49 50 LC Meter Butterfly**

1	Kelly Karren	45	Conejo Valley Ma-33	28.17
2	Tim Schreiber	47	Arizona Masters-48	35.27
3	Michael Green	48	La Mirada Armada-33	38.38

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Men 45-49 100 LC Meter Butterfly**

1	Nathan Ascher	47	San Diego Swim M-44	1:10.84
	33.13	37.71		
2	Brian Kremers	45	Long Beach Gruni-33	1:23.44
	37.68	45.76		

**Men 45-49 200 LC Meter Butterfly**

1	Kevin Doherty	45	Colorado Masters-32	2:22.43
	32.39	36.14	37.28	36.62
2	Brian Kremers	45	Long Beach Gruni-33	3:09.30
	38.26	49.63	52.71	48.70

**Men 45-49 200 LC Meter IM**

1	Kevin Doherty	45	Colorado Masters-32	2:18.63
	29.56	35.70	39.34	34.03
2	Todd Dreitzler	48	Phoenix Swim Clu-48	2:22.46
	29.68	38.22	41.54	33.02
3	Steve Gunnell	48	Mission Viejo Ma-33	2:29.71
	30.62	39.12	45.21	34.76
4	Michael Green	48	La Mirada Armada-33	3:11.63
	40.53	50.26	55.85	44.99
---	Ryan Cox	45	Mission Viejo Ma-33	DQ

**Men 45-49 400 LC Meter IM**

1	Kevin Doherty	45	Colorado Masters-32	4:57.70
	31.26	35.47	40.47	39.19
	40.87	40.00	36.16	34.28
2	Ryan Cox	45	Mission Viejo Ma-33	5:11.76
	33.35	38.70	43.75	41.02
	44.73	44.12	34.41	31.68
3	Nathan Ascher	47	San Diego Swim M-44	5:35.64
	34.77	39.98	45.69	45.27
	46.72	47.20	39.12	36.89

**Men 50-54 50 LC Meter Freestyle**

1	Harbor Williams	54	Masters of San C-33	26.73
2	Matthew Berkman	51	Mission Viejo Ma-33	27.29
3	Ross Breitenbach	50	Rose Bowl Master-33	27.33
4	Nick Boshoff	50	Golden Road Aqua-33	27.34
5	Eric Hilger	51	Rose Bowl Master-33	29.88
6	Drew Skelly	52	Golden Road Aqua-33	30.02
7	Julio Cienega	52	Rose Bowl Master-33	30.03
8	Dan Borton	50	Rose Bowl Master-33	30.15
9	Mark Fleming	54	Rose Bowl Master-33	30.53
10	Stephen Freitas	53	Mission Viejo Ma-33	33.35
11	Mike Chang	51	Southern Califor-33	33.69
12	Jeffrey Kreger	53	Golden Road Aqua-33	34.36
13	Thomas Roddy	50	Rose Bowl Master-33	41.47

**Men 50-54 50 LC Meter Freestyle**

1	Nick Boshoff	50	Golden Road Aqua-33	27.30
---	--------------	----	---------------------	-------

**Men 50-54 100 LC Meter Freestyle**

1	Nick Boshoff	50	Golden Road Aqua-33	59.42
	28.23	31.19		
2	Matthew Berkman	51	Mission Viejo Ma-33	1:00.23
	28.34	31.89		

3	Ross Breitenbach	50	Rose Bowl Master-33	1:02.18
	29.10	33.08		
4	Eric Marnoch	52	Conejo Valley Ma-33	1:03.30
	29.99	33.31		
5	Julio Cienega	52	Rose Bowl Master-33	1:04.47
	31.09	33.38		
6	Eric Hilger	51	Rose Bowl Master-33	1:10.42
	31.34	39.08		
7	Stephen Freitas	53	Mission Viejo Ma-33	1:14.55
	34.93	39.62		
8	Jeffrey Kreger	53	Golden Road Aqua-33	1:14.84
	35.97	38.87		
9	Michael Nitsch	50	San Diego Swim M-44	1:20.33
	35.31	45.02		
10	Michael Whitehead	53	West Hollywood A-33	1:25.20
	41.60	43.60		
11	Thomas Roddy	50	Rose Bowl Master-33	1:40.28
	45.23	55.05		

**Men 50-54 200 LC Meter Freestyle**

1	Eric Marnoch	52	Conejo Valley Ma-33	2:19.86
---	--------------	----	---------------------	---------

**Men 50-54 200 LC Meter Freestyle**

1	Kurt Dickson	51	Golden Road Aqua-33	2:09.61
	30.50	33.52	33.67	31.92
2	Mark Magee	50	Golden Road Aqua-33	2:13.42
	31.32	34.45	34.52	33.13
3	Matthew Berkman	51	Mission Viejo Ma-33	2:16.09
	31.96	34.57	35.31	34.25
4	Nick Boshoff	50	Golden Road Aqua-33	2:18.85
	30.07	33.82	36.85	38.11
5	Julio Cienega	52	Rose Bowl Master-33	2:23.65
	34.03	37.65	37.93	34.04
6	Ross Breitenbach	50	Rose Bowl Master-33	2:23.88
	31.65	35.69	37.39	39.15
7	Eric Hilger	51	Rose Bowl Master-33	2:44.62
	38.41	41.86	42.74	41.61
8	Michael Whitehead	53	West Hollywood A-33	3:05.19
	44.80	46.64	46.71	47.04

**Men 50-54 400 LC Meter Freestyle**

1	Kurt Dickson	51	Golden Road Aqua-33	4:31.48
	31.29	33.89	34.15	34.48
	34.54	35.13	34.53	33.47
2	Julio Cienega	52	Rose Bowl Master-33	5:02.16
	32.90	36.89	38.72	39.32
	39.30	39.29	39.05	36.69
3	Dan Borton	50	Rose Bowl Master-33	5:05.68
	34.13	37.61	38.58	39.44
	39.12	39.52	39.25	38.03
4	Drew Skelly	52	Golden Road Aqua-33	5:08.00
	34.46	37.26	38.32	38.98
	39.07	39.65	40.90	39.36
5	Mark Fleming	54	Rose Bowl Master-33	6:04.75
	40.00	44.54	45.27	47.44
	47.35	48.51	47.52	44.12

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Men 50-54 400 LC Meter Freestyle)**

6	Eric Hilger	51	Rose Bowl Master-33	6:11.91
	38.30		46.34	
	49.80	49.54	52.11	49.12
7	Douglas Everett	54	Arizona Masters-48	6:14.26
	42.03	47.66	47.53	48.15
	47.34	48.04	47.26	46.25

**Men 50-54 800 LC Meter Freestyle Split Request**

1	Kurt Dickson	51	Golden Road Aqua-33	9:36.50
---	--------------	----	---------------------	---------

**Men 50-54 800 LC Meter Freestyle**

1	Mike Shaffer	53	Ventura County M-33	9:46.11
	33.44	36.49	37.05	37.71
	37.24	37.89	37.33	37.63
	36.83	37.14	36.54	37.07
	36.48	36.83	35.65	34.79
2	Douglas Everett	54	Arizona Masters-48	12:58.73
	44.35	48.72	49.65	49.77
	48.76	49.27	49.27	49.41
	50.25	49.17	49.14	48.63
	48.79	48.68	48.36	46.51
3	Eric Hilger	51	Rose Bowl Master-33	13:10.34
	40.93	45.86	47.70	48.59
	49.68	50.22	51.42	51.50
	49.91	50.64	50.15	52.24
	50.85	50.77	52.17	47.71

**Men 50-54 1500 LC Meter Freestyle**

1	Barton Wells	51	UC38-38	18:07.93
	33.27	35.81	36.40	35.96
	36.52	36.15	36.20	35.85
	36.27	35.89	36.10	36.35
	36.45	36.39	36.26	36.23
	36.13	36.13	36.81	36.09
	36.70	36.70	37.09	36.71
	37.18	37.27	37.05	36.79
	36.38	34.80		
2	Kurt Dickson	51	Golden Road Aqua-33	18:11.08
	32.53	35.13	35.51	36.19
	35.97	36.31	36.04	36.45
	36.04	36.56	36.34	36.61
	36.63	37.02	36.37	36.80
	36.83	37.35	37.06	36.99
	36.71	36.74	36.78	37.27
	36.66	36.70	36.32	36.67
	35.96	36.54		
3	Dan Borton	50	Rose Bowl Master-33	20:40.06
	35.60	40.19	41.01	42.30
	41.62	42.65	41.90	42.65
	41.95	41.11	40.97	41.63
	41.50	41.35	41.59	42.00
	41.74	41.98	41.80	41.98
	41.32	41.99	41.37	41.49
	41.00	41.81	41.55	41.62
	41.09	39.30		

**Men 50-54 50 LC Meter Backstroke**

1	Mike Shaffer	53	Ventura County M-33	32.16
2	Kurt Dickson	51	Golden Road Aqua-33	32.20
3	Michael Nitsch	50	San Diego Swim M-44	43.13
4	Michael Whitehead	53	West Hollywood A-33	55.04

**Men 50-54 100 LC Meter Backstroke**

1	Kurt Dickson	51	Golden Road Aqua-33	1:07.90
	32.99	34.91		
2	Mike Shaffer	53	Ventura County M-33	1:08.18
	32.92	35.26		
3	Dan Borton	50	Rose Bowl Master-33	1:15.89
	37.10	38.79		
4	Michael Nitsch	50	San Diego Swim M-44	1:39.16
	46.38	52.78		
5	Douglas Everett	54	Arizona Masters-48	1:51.13
	53.69	57.44		

**Men 50-54 200 LC Meter Backstroke**

1	Kurt Dickson	51	Golden Road Aqua-33	2:24.97
	34.16	37.29	37.28	36.24
2	Douglas Everett	54	Arizona Masters-48	3:49.87
	56.11	59.06	1:00.09	54.61
3	Michael Whitehead	53	West Hollywood A-33	4:24.48
	1:02.66	1:07.83	1:07.29	1:06.70

**Men 50-54 50 LC Meter Breaststroke**

1	Chris Duplanty	53	Novaquatics Mast-33	32.45
2	Nick Boshoff	50	Golden Road Aqua-33	34.10
3	Doug Koehler	52	Conejo Valley Ma-33	35.35
4	Mark Fleming	54	Rose Bowl Master-33	38.65
5	Dan Borton	50	Rose Bowl Master-33	40.16
6	Mike Chang	51	Southern Califor-33	41.76
7	Jeffrey Kreger	53	Golden Road Aqua-33	42.39
8	Stephen Freitas	53	Mission Viejo Ma-33	43.17
9	Thomas Roddy	50	Rose Bowl Master-33	49.37

**Men 50-54 100 LC Meter Breaststroke**

1	Chris Duplanty	53	Novaquatics Mast-33	1:10.91
	33.42	37.49		
2	Nick Boshoff	50	Golden Road Aqua-33	1:17.57
	36.27	41.30		
3	Doug Koehler	52	Conejo Valley Ma-33	1:20.65
	37.71	42.94		
4	Jeffrey Kreger	53	Golden Road Aqua-33	1:35.04
	43.83	51.21		
5	Stephen Freitas	53	Mission Viejo Ma-33	1:37.33
	46.32	51.01		
6	Thomas Roddy	50	Rose Bowl Master-33	1:57.43
	52.02	1:05.41		

**Men 50-54 200 LC Meter Breaststroke**

1	Chris Duplanty	53	Novaquatics Mast-33	2:36.58
	36.14	40.82	39.28	40.34
2	Mark Magee	50	Golden Road Aqua-33	2:49.53
	38.91	43.35	43.74	43.53
3	Nick Boshoff	50	Golden Road Aqua-33	2:51.15
	38.01	43.73	45.22	44.19

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Men 50-54 200 LC Meter Breaststroke)**

4	Doug Koehler	52	Conejo Valley Ma-33	2:55.44
	38.71	44.81	45.06	46.86
5	Jeffrey Kreger	53	Golden Road Aqua-33	3:33.95
	48.50	56.70	54.88	53.87

**Men 50-54 50 LC Meter Butterfly**

1	Ross Breitenbach	50	Rose Bowl Master-33	30.87
2	Dan Borton	50	Rose Bowl Master-33	31.86
3	Drew Skelly	52	Golden Road Aqua-33	32.42
4	Eric Hilger	51	Rose Bowl Master-33	33.97
5	Julio Cienega	52	Rose Bowl Master-33	35.01

**Men 50-54 100 LC Meter Butterfly**

1	Mike Shaffer	53	Ventura County M-33	1:03.58
	30.07	33.51		
2	Mark Magee	50	Golden Road Aqua-33	1:04.52
	30.41	34.11		

**Men 50-54 200 LC Meter Butterfly**

1	Mike Shaffer	53	Ventura County M-33	2:22.41
	31.96	36.48	37.30	36.67
2	Mark Magee	50	Golden Road Aqua-33	2:26.96
	32.08	36.29	37.79	40.80

**Men 50-54 200 LC Meter IM**

1	Mark Magee	50	Golden Road Aqua-33	2:25.89
	30.70	38.81	43.55	32.83
2	Mike Shaffer	53	Ventura County M-33	2:31.37
	30.00	40.13	47.76	33.48
3	Doug Koehler	52	Conejo Valley Ma-33	2:36.41
	32.66	43.99	44.52	35.24
4	Julio Cienega	52	Rose Bowl Master-33	2:48.31
	37.75	46.10	48.53	35.93
5	Jeffrey Kreger	53	Golden Road Aqua-33	3:25.63
			58.99	44.81
6	Douglas Everett	54	Arizona Masters-48	3:51.73
	49.93	1:03.74	1:11.59	46.47

**Men 50-54 400 LC Meter IM**

1	Mark Magee	50	Golden Road Aqua-33	5:12.20
	31.91	36.86	41.26	41.20
	45.09	46.66	35.23	33.99

**Men 55-59 50 LC Meter Freestyle**

1	Greg Scott	59	Colorado Masters-32	27.67
2	Thomas Taylor	59	Rose Bowl Master-33	27.90
3	Chris Wall	56	Conejo Valley Ma-33	27.93
4	Craig Petersen	58	Colorado Masters-32	28.66
5	Dean Hagen	56	Arizona Masters-48	28.97
6	Bruce Menefee	59	Golden Road Aqua-33	29.28
7	Tom Burke	59	Golden Road Aqua-33	29.58
8	Frank Wasko	58	Mission Viejo Ma-33	29.95
9	Bill Ireland	59	Southern Califor-33	32.51
10	Jim Nelson	56	Long Beach Gruni-33	33.05
11	Samer Koujah	55	UC33-33	33.56
12	Roger Gonzalez Hibner	56	Golden Road Aqua-33	33.62
13	David Hayward	58	Mission Viejo Ma-33	37.11

**Men 55-59 50 LC Meter Freestyle**

1	Bradley Stolshek	57	Conejo Valley Ma-33	30.36
---	------------------	----	---------------------	-------

**Men 55-59 100 LC Meter Freestyle**

1	Kirk Anderson	59	Colorado Masters-32	1:01.97
	29.69	32.28		
2	Chris Wall	56	Conejo Valley Ma-33	1:03.11
	30.67	32.44		
3	Craig Petersen	58	Colorado Masters-32	1:05.47
	32.07	33.40		
4	Bruce Menefee	59	Golden Road Aqua-33	1:05.95
	32.34	33.61		
5	Diego Pombo	56	Orange County Ri-33	1:06.38
	31.61	34.77		
6	Tom Burke	59	Golden Road Aqua-33	1:07.06
	32.10	34.96		
7	Mike Gibson	57	Mission Viejo Ma-33	1:11.75
	32.86	38.89		
8	Samer Koujah	55	UC33-33	1:14.84
	36.80	38.04		
9	Jim Nelson	56	Long Beach Gruni-33	1:16.87
10	Roger Gonzalez Hibner	56	Golden Road Aqua-33	1:17.26
	36.82	40.44		

**Men 55-59 200 LC Meter Freestyle**

1	Kirk Anderson	59	Colorado Masters-32	2:10.09
	30.50	33.57	33.64	32.38
2	Bradley Stolshek	57	Conejo Valley Ma-33	2:32.17
	34.14	38.31	40.00	39.72

**Men 55-59 400 LC Meter Freestyle Split Request**

1	Jeffrey Crosson	57	Novaquatics Mast-33	5:17.56
---	-----------------	----	---------------------	---------

**Men 55-59 400 LC Meter Freestyle**

1	Kirk Anderson	59	Colorado Masters-32	4:39.02
	32.43	35.76	35.88	35.38
	35.60	35.48	35.21	33.28
2	Lyle Nalli	58	Puget Sound Mast-36	5:08.29
	35.26	38.01	38.35	38.75
	39.45	39.54	40.00	38.93
3	George Serbia	58	Novaquatics Mast-33	5:27.79
	36.69	41.02	42.19	42.14
	42.50	41.85	42.06	39.34
4	Richard Howell	59	Oregon Masters-37	5:42.29
	37.72	41.83	43.33	43.77
	43.98	44.14	45.19	42.33
5	Samer Koujah	55	UC33-33	6:09.52
	42.43	45.05	46.49	47.37
	47.90	47.41	46.62	46.25

**Men 55-59 800 LC Meter Freestyle Split Request**

1	Jeffrey Crosson	57	Novaquatics Mast-33	10:35.14
---	-----------------	----	---------------------	----------

**Men 55-59 800 LC Meter Freestyle**

1	Richard Howell	59	Oregon Masters-37	12:31.03
	40.07	44.57	46.62	47.23
	47.92	47.80	48.25	47.63
	47.44	47.68	47.83	47.67
	47.63	48.02	47.78	46.89

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Men 55-59 800 LC Meter Freestyle)**

2	John Werner	55	Long Beach Gruni-33	15:04.35
	46.39	52.37	46.64	1:03.63
	56.87	1:01.20	56.98	57.60
	59.02	57.96	58.01	57.80
	57.93	57.74	57.25	56.96

**Men 55-59 1500 LC Meter Freestyle**

1	Jeffrey Crosson	57	Novaquatics Mast-33	19:52.95
	37.97	40.32	40.18	39.92
	39.79	39.72	39.94	39.72
	39.94	39.53	39.87	39.80
	39.67	39.46	39.50	39.81
	39.84	39.49	39.82	39.71
	39.79	39.72	40.24	39.96
	40.15	40.18	40.43	39.98
	39.97	38.53		
2	Patrick Mc Ginley	55	Rose Bowl Master-33	21:38.62
	38.15	42.71	44.11	44.30
	43.50	43.42	43.35	43.67
	43.62	43.43	43.60	43.23
	43.70	43.32	43.43	43.67
	43.30	43.88	44.04	44.01
	44.02	43.67	43.68	44.25
	43.80	44.57	43.57	43.50
	41.87	39.25		

**Men 55-59 50 LC Meter Backstroke**

1	Lyle Nalli	58	Puget Sound Mast-36	35.08
2	Bradley Stolshek	57	Conejo Valley Ma-33	35.33
3	Bruce Menefee	59	Golden Road Aqua-33	35.47
4	Roger Gonzalez Hibner	56	Golden Road Aqua-33	41.99

**Men 55-59 50 LC Meter Backstroke**

1	Bradley Stolshek	57	Conejo Valley Ma-33	35.11
---	------------------	----	---------------------	-------

**Men 55-59 100 LC Meter Backstroke**

1	Bruce Menefee	59	Golden Road Aqua-33	1:17.41
	37.88	39.53		
2	Diego Pombo	56	Orange County Ri-33	1:22.20
	39.24	42.96		
3	Bill Ireland	59	Southern Califor-33	1:25.51
	41.11	44.40		
4	Roger Gonzalez Hibner	56	Golden Road Aqua-33	1:28.47
	43.79	44.68		
5	George Serbia	58	Novaquatics Mast-33	1:30.26
	44.41	45.85		

**Men 55-59 200 LC Meter Backstroke**

1	Lyle Nalli	58	Puget Sound Mast-36	2:41.36
	37.98	40.93	41.38	41.07
2	Diego Pombo	56	Orange County Ri-33	2:57.29
	42.10	45.15	45.82	44.22
---	Bruce Menefee	59	Golden Road Aqua-33	DQ

**Men 55-59 50 LC Meter Breaststroke**

1	Richard Howell	59	Oregon Masters-37	35.61
2	Mike Gibson	57	Mission Viejo Ma-33	39.74

3	Jim Nelson	56	Long Beach Gruni-33	44.92
4	David Hayward	58	Mission Viejo Ma-33	47.53

**Men 55-59 100 LC Meter Breaststroke**

1	Robert McAdam	56	Greenville Splas-55	1:16.09
	36.26	39.83		
2	Richard Howell	59	Oregon Masters-37	1:21.19
	37.24	43.95		
3	Tom Burke	59	Golden Road Aqua-33	1:27.51
	41.14	46.37		
4	Patrick Mc Ginley	55	Rose Bowl Master-33	1:27.61
	40.85	46.76		
5	Mike Gibson	57	Mission Viejo Ma-33	1:28.40
	42.36	46.04		
6	Jim Nelson	56	Long Beach Gruni-33	1:39.84
	45.34	54.50		

**Men 55-59 200 LC Meter Breaststroke**

1	Robert McAdam	56	Greenville Splas-55	2:47.36
	37.19	41.74	43.12	45.31
2	Thomas Taylor	59	Rose Bowl Master-33	2:55.68
	40.27	44.44	45.15	45.82
3	Richard Howell	59	Oregon Masters-37	3:06.35
	40.73	48.41	48.44	48.77
4	Patrick Mc Ginley	55	Rose Bowl Master-33	3:09.85
	42.95	49.08	50.44	47.38
5	Mike Gibson	57	Mission Viejo Ma-33	3:15.09
	42.78	49.06	51.74	51.51
6	Tom Burke	59	Golden Road Aqua-33	3:15.10
	43.76	50.01	51.41	49.92
7	John Werner	55	Long Beach Gruni-33	3:55.94
	52.89	59.84	1:00.77	1:02.44

**Men 55-59 50 LC Meter Butterfly**

1	Thomas Taylor	59	Rose Bowl Master-33	29.74
2	Bruce Menefee	59	Golden Road Aqua-33	30.62
3	Lyle Nalli	58	Puget Sound Mast-36	30.94
4	Mike Gibson	57	Mission Viejo Ma-33	32.93
5	Bill Ireland	59	Southern Califor-33	33.54
6	David Hayward	58	Mission Viejo Ma-33	37.87
7	Samer Koujah	55	UC33-33	40.02
8	Roger Gonzalez Hibner	56	Golden Road Aqua-33	40.47
---	Frank Wasko	58	Mission Viejo Ma-33	DQ

**Men 55-59 100 LC Meter Butterfly**

1	Mike Gibson	57	Mission Viejo Ma-33	1:23.91
	34.62	49.29		
2	John Werner	55	Long Beach Gruni-33	2:01.48
	54.03	1:07.45		

**Men 55-59 200 LC Meter Butterfly**

1	Patrick Mc Ginley	55	Rose Bowl Master-33	3:29.52
	43.03	53.91	56.70	55.88

**Men 55-59 200 LC Meter IM**

1	Greg Scott	59	Colorado Masters-32	2:30.59
	31.69	42.78	42.04	34.08
2	Robert McAdam	56	Greenville Splas-55	2:39.82
	34.41	44.52	44.03	36.86

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Men 55-59 200 LC Meter IM)**

3	Lyle Nalli	58	Puget Sound Mast-36	2:41.34
	33.98	42.36	47.87	37.13
4	Patrick Mc Ginley	55	Rose Bowl Master-33	2:53.40
	34.02	46.52	53.82	39.04
5	Tom Burke	59	Golden Road Aqua-33	2:55.15
	35.33	47.50	52.70	39.62
6	Roger Gonzalez Hibner	56	Golden Road Aqua-33	3:18.67
	40.29	53.58	1:00.60	44.20

**Men 55-59 400 LC Meter IM**

1	Robert McAdam	56	Greenville Splas-55	5:56.15
	38.34	43.31	49.64	48.84
	47.25	46.27	41.63	40.87
2	Patrick Mc Ginley	55	Rose Bowl Master-33	6:19.36
	39.57	51.33	49.38	49.40
	54.49	53.05	41.93	40.21
3	Tom Burke	59	Golden Road Aqua-33	6:19.97
	37.78	43.88	53.73	52.01
	55.02	55.26	42.42	39.87

**Men 60-64 50 LC Meter Freestyle**

1	Richard Ruderman	60	Illinois Masters-21	28.49
2	Donald Graham	64	Puget Sound Mast-36	28.61
3	Brad Gandee	64	Patriot Masters-10	29.65
4	Scott Jarvis	60	Las Vegas Master-33	31.85
5	David Johannsen	64	Santa Barbara Ma-33	32.13
6	William Kennedy	63	Riverside Aquati-33	36.05
7	Michael Tulin	64	Rose Bowl Master-33	42.19

**Men 60-64 100 LC Meter Freestyle**

1	Dan Stephenson	61	Rose Bowl Master-33	59.22
	28.27	30.95		
2	Brad Gandee	64	Patriot Masters-10	1:05.42
	31.81	33.61		
3	Dan Jensen	60	Golden Road Aqua-33	1:06.50
	32.47	34.03		
4	Scott Jarvis	60	Las Vegas Master-33	1:08.54
	32.82	35.72		
5	John Holbeck	60	Masters of Yucai-33	1:11.73
	35.17	36.56		
6	Michael Tulin	64	Rose Bowl Master-33	1:42.38
	46.01	56.37		

**Men 60-64 200 LC Meter Freestyle**

1	Brad Gandee	64	Patriot Masters-10	2:28.23
	34.48	38.24	38.63	36.88
2	Dan Jensen	60	Golden Road Aqua-33	2:28.76
	36.51	38.88	38.48	34.89
3	Scott Jarvis	60	Las Vegas Master-33	2:32.40
	34.83	39.07	40.18	38.32
4	Richard Ruderman	60	Illinois Masters-21	2:34.68
	35.86	39.96	39.59	39.27
5	Robert Mitchell	60	Las Vegas Master-33	2:36.16
	35.87	40.18	40.43	39.68
6	John Ramos	60	Masters of Yucai-33	2:40.83
	37.26	42.03	41.65	39.89

**Men 60-64 400 LC Meter Freestyle Split Request**

1	Bill Brackett	60	Colorado Masters-32	5:03.40
---	---------------	----	---------------------	---------

**Men 60-64 400 LC Meter Freestyle**

1	Andrew Bray	60	UC33-33	4:36.89
	33.05	34.60	35.11	35.45
	34.99	35.25	34.74	33.70
2	Michael Mann	64	Colorado Masters-32	4:52.82
	35.53	36.88	37.13	37.41
	36.69	37.10	36.75	35.33
3	Scott Shake	60	Arizona Masters-48	4:55.68
	34.54	37.30	37.35	37.93
	37.74	37.59	37.12	36.11
4	John Holbeck	60	Masters of Yucai-33	5:18.89
	37.00	39.64	40.68	40.54
	40.82	40.63	39.88	39.70
5	Scott Jarvis	60	Las Vegas Master-33	5:25.65
	36.11	40.25	42.08	42.19
	42.09	42.27	41.91	38.75
6	Robert Mitchell	60	Las Vegas Master-33	5:34.54
	38.57	43.41	43.77	42.89
	42.37	41.63	41.37	40.53
7	William Kennedy	63	Riverside Aquati-33	6:19.88
	41.29	48.07	49.29	49.06
	48.89	50.40	48.04	44.84
8	Darrell Jett	60	San Diego Swim M-44	6:31.89
	44.29	48.73	49.66	49.32
	49.39	50.84	50.06	49.60

**Men 60-64 800 LC Meter Freestyle Split Request**

1	Bill Brackett	60	Colorado Masters-32	10:11.35
2	Scott Shake	60	Arizona Masters-48	10:14.23
3	Robert Mitchell	60	Las Vegas Master-33	11:51.80

**Men 60-64 800 LC Meter Freestyle**

1	Andrew Bray	60	UC33-33	9:29.70
	33.99	35.72	35.77	36.09
	35.92	35.57	35.90	35.78
	36.01	35.74	35.95	35.69
	35.69	36.02	35.47	34.39
2	Doug Kajiwarra	61	Southern Califor-33	10:09.22
	35.33	38.63	39.08	39.02
	38.77	38.94	38.70	38.59
	38.29	38.17	37.87	38.05
	38.08	37.93	37.72	36.05
3	Dan Jensen	60	Golden Road Aqua-33	10:58.88
	38.12	41.00	41.54	41.77
	42.06	42.40	41.83	42.06
	41.43	41.76	41.07	41.04
	41.36	40.81	40.90	39.73
4	William Kennedy	63	Riverside Aquati-33	13:17.14
	43.32	49.72	50.75	51.03
	51.83	52.17	46.34	57.58
	50.53	51.20	50.51	50.54
	48.54	49.02	48.88	45.18



## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Men 60-64 1500 LC Meter Freestyle**

1	Bill Brackett	60	Colorado Masters-32	19:12.82
	34.48	38.03	38.42	38.70
	38.30	38.43	38.40	38.64
	38.54	38.59	38.36	38.53
	38.45	38.35	38.45	38.68
	38.66	39.02	38.66	38.72
	38.44	38.47	39.05	39.05
	38.69	39.22	34.02	43.41
	32.41	43.65		
2	Scott Shake	60	Arizona Masters-48	20:38.90
	36.04	38.25	39.30	39.00
	39.23	39.00	38.78	38.86
	38.99	38.84	38.78	38.73
	38.59	37.98	37.85	36.01
	1:00.70	49.03	48.48	48.48
	41.10	41.91	47.40	41.57
	47.94	40.71	40.38	40.77
	39.94	36.26		
3	John Holbeck	60	Masters of Yucai-33	20:52.82
	39.37	41.27	42.32	42.16
	42.51	42.22	42.34	42.91
	42.39	42.36	42.25	42.00
	42.77	41.90	41.45	41.71
	41.56	41.67	42.18	41.82
	41.42	41.59	41.54	41.84
	41.54	41.54	41.72	41.42
	41.03	40.02		
4	Scott Jarvis	60	Las Vegas Master-33	21:55.51
	37.83	41.99	43.35	43.89
	44.69	43.95	44.66	44.02
	44.08	44.74	44.73	44.38
	44.50	44.50	44.30	44.38
		44.21	44.19	44.18
	43.89	41.26		
5	Robert Mitchell	60	Las Vegas Master-33	22:12.56
	39.73	44.42	45.94	45.82
	45.12	45.33	44.93	44.94
	44.93	44.40	44.39	44.37
	44.25	44.46	44.21	44.56
	44.67	44.40	44.32	44.30
	45.09	44.36	44.56	44.48
	44.60	44.36	44.32	44.28
	44.07	42.95		
6	Richard Scoggins	63	UC33-33	25:33.39
	40.20	45.55	48.16	50.46
	50.82	52.30	51.21	51.44
	51.74	52.42	51.87	52.63
	51.29	51.78	52.38	51.73
	51.19	52.50	51.36	52.47
	52.14	52.35	51.96	51.76
	51.58	51.96	52.25	52.37
	51.35	52.17		

**Men 60-64 50 LC Meter Backstroke**

1	Scott Shake	60	Arizona Masters-48	32.96
2	Bill Brackett	60	Colorado Masters-32	32.98
3	Dan Stephenson	61	Rose Bowl Master-33	33.17
4	Doug Kajiwara	61	Southern Califor-33	33.52
5	Richard Ruderman	60	Illinois Masters-21	35.27
6	David Johannsen	64	Santa Barbara Ma-33	38.82
7	Robert Mitchell	60	Las Vegas Master-33	39.10
8	Joe Russell	64	UC44-44	43.29
9	Darrell Jett	60	San Diego Swim M-44	43.62

**Men 60-64 100 LC Meter Backstroke**

1	Bill Brackett	60	Colorado Masters-32	1:11.52
	35.01	36.51		
2	Scott Shake	60	Arizona Masters-48	1:12.27
	35.53	36.74		
3	Darrell Jett	60	San Diego Swim M-44	1:32.45
	44.80	47.65		
4	David Johannsen	64	Santa Barbara Ma-33	1:32.55
	45.47	47.08		
5	William Kennedy	63	Riverside Aquati-33	1:33.54
	45.82	47.72		
6	Joe Russell	64	UC44-44	1:38.01
	47.57	50.44		

**Men 60-64 200 LC Meter Backstroke**

1	Scott Shake	60	Arizona Masters-48	2:34.51
	36.79	39.59	40.03	38.10
2	Bill Brackett	60	Colorado Masters-32	2:36.71
	36.79	40.00	40.16	39.76
3	Darrell Jett	60	San Diego Swim M-44	3:24.64
	48.43	52.35	52.72	51.14
4	Bill Walsh	61	San Diego Swim M-44	3:28.26
	48.40	54.85	52.74	52.27
5	David Johannsen	64	Santa Barbara Ma-33	3:30.71
	50.92	53.04	54.98	51.77

**Men 60-64 50 LC Meter Breaststroke**

1	Tom Holmberg	60	Illinois Masters-21	36.83
2	Keith Robinson	60	Conejo Valley Ma-33	38.19
3	Richard Scoggins	63	UC33-33	39.69
4	David Johannsen	64	Santa Barbara Ma-33	41.22
5	Robert Mitchell	60	Las Vegas Master-33	41.50
6	Michael Tulin	64	Rose Bowl Master-33	1:07.13

**Men 60-64 100 LC Meter Breaststroke**

1	Tom Holmberg	60	Illinois Masters-21	1:24.74
	39.85	44.89		
2	John Ramos	60	Masters of Yucai-33	1:28.77
	42.72	46.05		
3	Richard Scoggins	63	UC33-33	1:29.42
	41.79	47.63		
4	Keith Robinson	60	Conejo Valley Ma-33	1:30.46
	45.34	45.12		
5	David Johannsen	64	Santa Barbara Ma-33	1:34.69
	44.48	50.21		
6	Bill Walsh	61	San Diego Swim M-44	1:41.83
	48.95	52.88		

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Men 60-64 200 LC Meter Breaststroke**

1	Tom Holmberg	60	Illinois Masters-21	3:07.78
	43.16	47.35	49.30	47.97
2	Keith Robinson	60	Conejo Valley Ma-33	3:26.37
	48.18	53.52	54.21	50.46
3	Bill Walsh	61	San Diego Swim M-44	3:39.77
	51.02	56.52	56.58	55.65

**Men 60-64 50 LC Meter Butterfly**

1	Donald Graham	64	Puget Sound Mast-36	29.52
2	Richard Ruderman	60	Illinois Masters-21	30.58
3	Robert Mitchell	60	Las Vegas Master-33	32.44
4	Joe Russell	64	UC44-44	35.21
5	Richard Scoggins	63	UC33-33	35.96
6	Scott Jarvis	60	Las Vegas Master-33	46.82

**Men 60-64 100 LC Meter Butterfly**

1	Dan Stephenson	61	Rose Bowl Master-33	1:08.04
	32.30	35.74		
2	Donald Graham	64	Puget Sound Mast-36	1:10.54
	32.45	38.09		
3	Dan Jensen	60	Golden Road Aqua-33	1:26.90
	40.70	46.20		
4	William Kennedy	63	Riverside Aquati-33	1:30.86
	39.21	51.65		

**Men 60-64 200 LC Meter Butterfly**

1	John Holbeck	60	Masters of Yucai-33	3:01.71
	41.66	45.88	46.66	47.51
2	Bill Walsh	61	San Diego Swim M-44	4:21.69
	1:01.13	1:07.70	1:06.92	1:05.94

**Men 60-64 200 LC Meter IM**

1	Doug Kajiwara	61	Southern Califor-33	2:34.77
	33.33	40.47	46.34	34.63
2	Scott Shake	60	Arizona Masters-48	2:39.22
	34.99	42.26	46.33	35.64
3	John Holbeck	60	Masters of Yucai-33	2:52.23
	38.20	46.10	49.13	38.80
4	Tom Holmberg	60	Illinois Masters-21	2:57.31
	40.52	49.55	47.73	39.51
5	Dan Jensen	60	Golden Road Aqua-33	2:58.76
	36.61	48.18	54.87	39.10
6	Richard Scoggins	63	UC33-33	3:11.99
	38.41	51.58	54.81	47.19
7	John Ramos	60	Masters of Yucai-33	3:14.75
	43.21	1:00.80	49.33	41.41
8	Darrell Jett	60	San Diego Swim M-44	3:29.26
	41.71	53.93	1:02.97	50.65
9	Bill Walsh	61	San Diego Swim M-44	3:32.66
	49.99	56.11	56.53	50.03
10	Joe Russell	64	UC44-44	3:37.23
	37.57	1:04.45	1:05.99	49.22
11	Michael Tulin	64	Rose Bowl Master-33	4:51.90
	1:02.97	1:19.89	1:32.73	56.31

**Men 60-64 400 LC Meter IM**

1	John Holbeck	60	Masters of Yucai-33	6:06.12
	41.05	46.20		
	48.66	50.02	42.01	39.35
2	Dan Jensen	60	Golden Road Aqua-33	6:31.50
	40.80	46.69	53.53	51.84
	57.23	57.57	42.75	41.09
3	Richard Scoggins	63	UC33-33	7:33.53
	42.27	1:10.67	1:04.13	1:01.28
	57.14	59.52	47.52	51.00
4	Bill Walsh	61	San Diego Swim M-44	7:39.59
	58.97	1:08.44	59.29	56.08
	58.02	58.39	51.36	49.04

**Men 65-69 50 LC Meter Freestyle**

1	Robert Wilson	67	New Mexico Maste-42	29.22
2	Glenn Gruber	69	Ventura County M-33	29.40
3	Mark Buckley	65	Conejo Valley Ma-33	29.71
4	Robert Hayes	67	SWIM Long Beach-33	31.16
5	Steven Wigely	69	Mission Viejo Ma-33	32.01
6	Jonathan Scheff	66	Wind-n-Sea Maste-44	32.28
7	Philip Beguhl	66	Santa Barbara Ma-33	39.01

**Men 65-69 100 LC Meter Freestyle**

1	Glenn Gruber	69	Ventura County M-33	1:05.23
	31.83	33.40		
2	Mark Buckley	65	Conejo Valley Ma-33	1:07.35
	33.13	34.22		
3	Jonathan Scheff	66	Wind-n-Sea Maste-44	1:13.81
	35.89	37.92		
4	Philip Beguhl	66	Santa Barbara Ma-33	1:34.40
	42.47	51.93		

**Men 65-69 200 LC Meter Freestyle**

1	Glenn Gruber	69	Ventura County M-33	2:29.57
	34.81	38.21	38.81	37.74
2	Mark Modjeska	65	Arizona Masters-48	2:32.12
	35.32	38.40	39.71	38.69

**Men 65-69 400 LC Meter Freestyle Split Request**

1	Mark Modjeska	65	Arizona Masters-48	5:25.09
---	---------------	----	--------------------	---------

**Men 65-69 400 LC Meter Freestyle**

1	Glenn Gruber	69	Ventura County M-33	5:24.09
	36.72	41.09	41.38	41.71
	41.71	42.06	40.55	38.87
2	Walter Hitch	66	Rose Bowl Master-33	5:37.37
	38.17	41.69	43.30	42.88
	43.22	43.28	42.69	42.14
3	Jonathan Scheff	66	Wind-n-Sea Maste-44	6:00.38
	42.74	45.25	46.13	46.36
	46.12	46.27	45.23	42.28
4	Mike Sherrill	69	Tamalpais Aquati-38	6:01.74
	41.68	45.09	45.59	46.12
	46.04	46.47	46.47	44.28
5	Howard Burns	67	Mission Viejo Ma-33	6:13.18
	40.09	46.23	46.57	48.63
	47.06	49.41	48.07	47.12

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Men 65-69 400 LC Meter Freestyle)**

6	Mark Modjeska	65	Arizona Masters-48	6:25.13
	41.19	47.29	47.14	50.04
	50.12	46.57	52.74	50.04

**Men 65-69 800 LC Meter Freestyle**

1	Jonathan Scheff	66	Wind-n-Sea Maste-44	12:28.90
	44.72	46.61	47.16	48.15
	47.54	48.07	46.89	47.80
	47.00	47.58	46.88	47.30
	46.85	46.65	45.91	43.79

**Men 65-69 800 LC Meter Freestyle Split Request**

1	Mark Modjeska	65	Arizona Masters-48	10:09.17
2	David Foote	68	Ventura County M-33	12:59.32

**Men 65-69 1500 LC Meter Freestyle**

1	Mark Modjeska	65	Arizona Masters-48	22:14.75
	35.46	38.55	40.30	41.41
	41.80	42.33	42.60	42.64
	42.62	42.91	42.87	43.12
	43.79	43.18	43.68	41.91
	59.96	47.75	46.96	47.21
	47.61	46.90	47.24	46.44
	46.66	46.11	46.01	46.37
	46.75	43.61		
2	Walter Hitch	66	Rose Bowl Master-33	22:15.94
	38.33	42.49	42.78	43.68
	44.42	44.19	44.51	44.64
	44.73	45.27	44.98	45.16
	44.84	44.57	44.44	44.93
	44.68	45.55	44.42	45.00
	45.77	45.91	43.39	44.78
	46.33	46.88	45.65	46.13
	43.89	43.60		
3	Howard Burns	67	Mission Viejo Ma-33	24:18.53
	40.61	47.06	48.26	48.92
	49.40	48.80	48.81	48.26
	48.52	49.05	48.85	49.22
	48.35	49.35	47.34	48.57
	49.00	49.17	48.60	49.36
	49.06	48.59	49.42	50.25
	49.47	49.57	48.09	49.82
	48.86	49.90		
4	David Foote	68	Ventura County M-33	24:27.26
	42.41	46.43	48.50	48.93
	48.37	48.92	48.09	49.30
	48.98	49.94	48.96	50.59
	48.93	50.64	49.42	50.91
	49.54	51.14	50.00	50.24
	50.10	50.66	49.17	50.54
	50.56	48.32	48.42	47.46
	47.63	44.16		

**Men 65-69 50 LC Meter Backstroke**

1	Robert Wilson	67	New Mexico Maste-42	35.80
2	James Lucas	68	Ventura County M-33	37.36
3	Steven Wigely	69	Mission Viejo Ma-33	39.43

4	Walter Hitch	66	Rose Bowl Master-33	43.13
---	--------------	----	---------------------	-------

**Men 65-69 100 LC Meter Backstroke**

1	Robert Wilson	67	New Mexico Maste-42	1:18.99
	37.58	41.41		
2	Walter Hitch	66	Rose Bowl Master-33	1:30.18
	43.11	47.07		
3	Howard Burns	67	Mission Viejo Ma-33	1:38.52
	48.15	50.37		

**Men 65-69 200 LC Meter Backstroke**

1	Robert Wilson	67	New Mexico Maste-42	2:54.96
	39.51	43.45	46.37	45.63
2	Walter Hitch	66	Rose Bowl Master-33	3:20.35
	48.12	51.14	51.19	49.90
---	James Lucas	68	Ventura County M-33	DQ

**Men 65-69 50 LC Meter Breaststroke**

1	Clive Edwards	65	Conejo Valley Ma-33	37.53
2	Robert Wilson	67	New Mexico Maste-42	37.98
3	Hubie Kerns	69	Ventura County M-33	38.50
4	Howard Burns	67	Mission Viejo Ma-33	41.67
5	J Steven Mott	69	UC33-33	52.08

**Men 65-69 100 LC Meter Breaststroke**

1	Hubie Kerns	69	Ventura County M-33	1:25.65
	40.17	45.48		
2	Clive Edwards	65	Conejo Valley Ma-33	1:29.79
	41.63	48.16		
3	J Steven Mott	69	UC33-33	1:58.97
	55.41	1:03.56		

**Men 65-69 200 LC Meter Breaststroke**

1	Hubie Kerns	69	Ventura County M-33	3:10.87
	44.99	48.33	49.64	47.91
2	Clive Edwards	65	Conejo Valley Ma-33	3:26.07
	44.71	53.45	55.16	52.75
3	Howard Burns	67	Mission Viejo Ma-33	3:48.45
	52.38	59.03	1:00.10	56.94

**Men 65-69 50 LC Meter Butterfly**

1	Glenn Gruber	69	Ventura County M-33	31.63
2	Mark Buckley	65	Conejo Valley Ma-33	32.46
3	Robert Hayes	67	SWIM Long Beach-33	35.00
4	Mark Modjeska	65	Arizona Masters-48	38.26

**Men 65-69 100 LC Meter Butterfly**

1	Hubie Kerns	69	Ventura County M-33	1:17.28
	35.72	41.56		
2	Mark Modjeska	65	Arizona Masters-48	1:19.34
	35.97	43.37		

**Men 65-69 200 LC Meter Butterfly**

1	Mark Modjeska	65	Arizona Masters-48	3:05.60
	39.68	44.46	47.79	53.67

**Men 65-69 200 LC Meter IM**

1	Hubie Kerns	69	Ventura County M-33	2:45.99
	34.71	44.67	47.66	38.95

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Men 65-69 200 LC Meter IM)**

2	Robert Wilson	67	New Mexico Maste-42	2:46.46
	35.24	42.22	50.86	38.14
3	Glenn Gruber	69	Ventura County M-33	2:57.85
	33.18	46.41	57.99	40.27
4	Clive Edwards	65	Conejo Valley Ma-33	3:18.67
	42.54	58.58	52.08	45.47
5	Walter Hitch	66	Rose Bowl Master-33	3:33.08
	49.00	52.81	1:08.43	42.84

**Men 65-69 400 LC Meter IM**

1	Hubie Kerns	69	Ventura County M-33	6:06.30
	37.17	45.59	48.66	48.89
	51.09	52.97	41.42	40.51

**Men 70-74 50 LC Meter Freestyle**

1	Jim Malley	73	San Diego Swim M-44	32.91
---	------------	----	---------------------	-------

**Men 70-74 50 LC Meter Freestyle**

1	Andrew McPherson	71	Davis Aquatic Ma-38	29.35
2	Michael Connellan	71	Mission Viejo Ma-33	34.57
*3	Michael Farmer	71	Rose Bowl Master-33	34.99
*3	Gary Ladinsky	71	Conejo Valley Ma-33	38.56
4	Frank Freeman	73	Conejo Valley Ma-33	39.18
5	Ian Stuart	71	Mission Viejo Ma-33	40.75

**Men 70-74 100 LC Meter Freestyle**

1	Andrew McPherson	71	Davis Aquatic Ma-38	1:06.45
	32.03	34.42		
2	Michael Farmer	71	Rose Bowl Master-33	1:22.73
	38.00	44.73		
3	Frank Freeman	73	Conejo Valley Ma-33	1:22.93
	40.82	42.11		
4	Ian Stuart	71	Mission Viejo Ma-33	1:29.92
	44.52	45.40		

**Men 70-74 200 LC Meter Freestyle**

1	Frank Freeman	73	Conejo Valley Ma-33	3:22.49
	45.15	51.68	55.81	49.85

**Men 70-74 400 LC Meter Freestyle**

1	Frank Freeman	73	Conejo Valley Ma-33	6:56.61
	45.95	52.71	53.04	54.19
	53.09	53.74	52.62	51.27
2	Ian Stuart	71	Mission Viejo Ma-33	6:56.66
	46.87	52.04	52.95	53.01
	54.36	53.66	54.90	48.87

**Men 70-74 1500 LC Meter Freestyle**

1	Mark Ebel	70	Panama City Swim-15	25:26.86
	48.98	51.44	50.03	54.91
	51.79	51.67	51.62	51.80
	51.46	51.21	51.15	51.99
	51.39	50.62	51.47	51.51
	51.54	51.02	50.36	50.18
	51.23	51.05	51.04	50.44
	50.76	49.83	50.25	49.34
	49.42	47.36		

2	Ian Stuart	71	Mission Viejo Ma-33	27:34.32
	48.02	54.15	54.96	55.39
	55.57	56.29	55.84	55.78
	55.33	55.99	56.39	55.59
	55.86	56.66	56.23	56.16
	55.76	56.00	55.62	55.50
	55.52	55.74	55.22	55.83
	55.16	55.21	55.79	55.30
	55.39	48.07		

**Men 70-74 50 LC Meter Backstroke**

1	Michael Connellan	71	Mission Viejo Ma-33	43.79
2	Michael Farmer	71	Rose Bowl Master-33	46.57
3	Ian Stuart	71	Mission Viejo Ma-33	51.14
4	Frank Freeman	73	Conejo Valley Ma-33	53.31

**Men 70-74 50 LC Meter Backstroke**

1	Jim Malley	73	San Diego Swim M-44	37.06
---	------------	----	---------------------	-------

**Men 70-74 100 LC Meter Backstroke**

1	Michael Farmer	71	Rose Bowl Master-33	1:45.52
	51.65	53.87		

**Men 70-74 200 LC Meter Backstroke**

1	Michael Farmer	71	Rose Bowl Master-33	4:00.25
	53.70	1:02.01	1:06.30	58.24

**Men 70-74 50 LC Meter Breaststroke**

1	Rodney Cargill	72	SWIM Long Beach-33	39.73
2	Gary Ladinsky	71	Conejo Valley Ma-33	47.55
3	Monte Gast	71	UC33-33	50.52
4	Frank Freeman	73	Conejo Valley Ma-33	52.67

**Men 70-74 100 LC Meter Breaststroke**

1	Monte Gast	71	UC33-33	1:57.80
	53.46	1:04.34		

**Men 70-74 200 LC Meter Breaststroke**

1	Michael Farmer	71	Rose Bowl Master-33	4:34.42
	59.67	1:10.70	1:12.79	1:11.26

**Men 70-74 50 LC Meter Butterfly**

1	Andrew McPherson	71	Davis Aquatic Ma-38	31.38
---	------------------	----	---------------------	-------

**Men 70-74 100 LC Meter Butterfly**

1	Andrew McPherson	71	Davis Aquatic Ma-38	1:15.10
	35.47	39.63		

**Men 70-74 400 LC Meter IM**

1	Mark Ebel	70	Panama City Swim-15	7:45.68
	53.86	59.68	1:02.49	59.27
	1:08.37	1:09.24	47.68	45.09

**Men 75-79 50 LC Meter Freestyle**

1	Tony Ralphs	75	San Diego Swim M-44	31.55
2	Peter Andersen	75	San Diego Swim M-44	32.49
3	Mike Freshley	77	San Diego Swim M-44	32.67
4	George Carey	76	San Diego Swim M-44	37.13
5	John House	77	Rose Bowl Master-33	40.21
6	Douglas Goode	79	Rose Bowl Master-33	50.02

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Men 75-79 100 LC Meter Freestyle**

1	Tony Ralphps	75	San Diego Swim M-44	1:11.91
	34.85	37.06		
2	Peter Andersen	75	San Diego Swim M-44	1:15.37
	35.49	39.88		
3	Jim Brown	75	Mission Viejo Ma-33	1:23.83
	39.95	43.88		
4	George Carey	76	San Diego Swim M-44	1:25.88
	41.29	44.59		
5	Douglas Goode	79	Rose Bowl Master-33	2:08.26
	58.81	1:09.45		

**Men 75-79 200 LC Meter Freestyle**

1	Tony Ralphps	75	San Diego Swim M-44	2:44.96
	37.26	42.13	43.38	42.19
2	Peter Ronay	76	Rose Bowl Master-33	3:25.63
	47.17	50.73	54.88	52.85

**Men 75-79 400 LC Meter Freestyle**

1	Tony Ralphps	75	San Diego Swim M-44	5:41.24
	37.72	41.34	42.32	42.99
	43.39	44.19	44.43	44.86
2	George Carey	76	San Diego Swim M-44	6:59.30
	45.48	50.99	53.86	53.39
	54.91	54.80	53.79	52.08
3	John House	77	Rose Bowl Master-33	7:31.66
	47.88	54.22	57.35	57.52
	58.10	58.68	1:00.26	57.65

**Men 75-79 800 LC Meter Freestyle**

1	George Carey	76	San Diego Swim M-44	14:48.31
	47.40	54.67	57.01	57.44
	57.19	56.69	57.20	55.29
	57.14	56.67	56.81	55.32
	56.82	55.76	54.76	52.14

**Men 75-79 800 LC Meter Freestyle Split Request**

1	Tony Ralphps	75	San Diego Swim M-44	11:50.86
---	--------------	----	---------------------	----------

**Men 75-79 1500 LC Meter Freestyle**

1	Tony Ralphps	75	San Diego Swim M-44	22:38.01
	38.99	42.47	44.00	44.27
	44.15	44.53	44.51	45.26
	44.32	45.96	45.22	45.41
	44.99	45.37	45.30	46.11
	45.23	45.45	45.31	45.73
	45.87	46.30	46.17	47.11
	46.63	47.13	47.00	46.89
	46.26	46.07		

**Men 75-79 50 LC Meter Backstroke**

1	Jim Brown	75	Mission Viejo Ma-33	46.52
---	-----------	----	---------------------	-------

**Men 75-79 100 LC Meter Backstroke**

1	George Carey	76	San Diego Swim M-44	1:48.68
	52.16	56.52		
2	Douglas Goode	79	Rose Bowl Master-33	2:33.64
	1:16.53	1:17.11		

**Men 75-79 200 LC Meter Backstroke**

1	Tony Ralphps	75	San Diego Swim M-44	3:23.10
	47.30	52.31	52.54	50.95
2	George Carey	76	San Diego Swim M-44	3:57.96
	53.46	1:00.14	1:04.46	59.90
3	Peter Ronay	76	Rose Bowl Master-33	4:28.47
	1:01.75	1:08.32	1:09.52	1:08.88
4	Douglas Goode	79	Rose Bowl Master-33	5:48.54
	1:26.39	1:28.65	1:29.93	1:23.57

**Men 75-79 50 LC Meter Breaststroke**

1	Peter Andersen	75	San Diego Swim M-44	40.83
2	Douglas Goode	79	Rose Bowl Master-33	1:13.54

**Men 75-79 100 LC Meter Breaststroke**

1	Peter Andersen	75	San Diego Swim M-44	1:33.76
	43.38	50.38		
2	Douglas Goode	79	Rose Bowl Master-33	2:50.24
	1:19.09	1:31.15		

**Men 75-79 200 LC Meter Breaststroke**

1	Mike Freshley	77	San Diego Swim M-44	3:30.84
	46.21	53.77	55.50	55.36

**Men 75-79 100 LC Meter Butterfly**

1	Peter Ronay	76	Rose Bowl Master-33	2:22.73
	1:03.80	1:18.93		

**Men 75-79 200 LC Meter IM**

1	Peter Ronay	76	Rose Bowl Master-33	4:16.71
	59.95	1:07.09	1:19.68	49.99

**Men 75-79 400 LC Meter IM**

1	Mike Freshley	77	San Diego Swim M-44	7:18.44
	47.23	1:00.58	1:01.66	1:01.55
	56.02	56.57	47.53	47.30
2	Peter Ronay	76	Rose Bowl Master-33	9:22.91
	1:02.65	1:15.70	1:12.00	1:10.86
	1:23.33	1:22.45	56.23	59.69

**Men 80-84 400 LC Meter Freestyle**

1	William Fleming	83	Rose Bowl Master-33	8:19.51
	49.43	58.55	1:05.38	1:05.98
	1:06.55	1:05.91	1:05.38	1:02.33

**Men 80-84 100 LC Meter Backstroke**

1	William Fleming	83	Rose Bowl Master-33	1:57.60
	54.46	1:03.14		

**Men 85-89 50 LC Meter Breaststroke**

1	Richard Reuben	88	Rose Bowl Master-33	1:51.79
---	----------------	----	---------------------	---------

**Men 85-89 200 LC Meter Breaststroke**

1	Richard Reuben	88	Rose Bowl Master-33	10:39.61
	2:21.24	2:47.74	2:45.55	2:45.08

**Men 90-94 100 LC Meter Freestyle**

1	Donald Hubbard	91	San Diego Swim M-44	2:08.96
	59.87	1:09.09		

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Men 90-94 200 LC Meter Freestyle**

1	Donald Hubbard	91	San Diego Swim M-44	5:03.31
	1:07.70	1:17.27	1:22.83	1:15.51

**Men 90-94 50 LC Meter Breaststroke**

1	Donald Hubbard	91	San Diego Swim M-44	1:38.55
---	----------------	----	---------------------	---------

**Men 90-94 100 LC Meter Breaststroke**

1	Donald Hubbard	91	San Diego Swim M-44	3:35.61
	1:44.45	1:51.16		

**Men 90-94 200 LC Meter Breaststroke**

1	Donald Hubbard	91	San Diego Swim M-44	7:52.63
	1:50.86	2:04.38	1:59.24	1:58.15

**Women 72-99 200 LC Meter Freestyle Relay**

1	Rose Bowl Master-33	A		1:57.99
	1) Melissa Cienega W20	2) Samantha Campbell W22		
	3) Lauren Turner W26	4) Lauren Fren dreis W29		
	29.86	28.39	30.83	28.91
2	Mission Viejo Ma-33	A		2:07.40
	1) Alex Bae W23	2) Emily Christiansen W21		
	3) Lauren Nyberg W18	4) Amy Burrola W25		
	31.37	31.19	33.58	31.26

**Women 72-99 400 LC Meter Freestyle Relay**

1	Rose Bowl Master-33	A		4:38.58
	1) Melissa Cienega W20	2) Lauren Fren dreis W29		
	3) Stefanie Capizzi W31	4) MaryJane Martinez W19		
	31.28	1:04.22	31.26	1:05.16
	35.01	1:13.08	37.41	1:16.12
2	Mission Viejo Ma-33	A		4:53.73
	1) Emily Christiansen W21	2) Alex Bae W23		
	3) Lauren Nyberg W18	4) Cailyn Bugbee W30		
	34.54	1:09.59	34.99	1:14.85
	37.21	1:16.48	34.95	1:12.81

**Women 72-99 800 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	A		12:02.22
	1) Alex Bae W23	2) Lauren Nyberg W18		
	3) Amy Burrola W25	4) Emma Carson W27		
	36.78	1:18.53	2:02.77	2:48.50
	40.40	1:26.22	2:13.25	2:55.98
	39.15	1:21.52	2:04.03	2:45.65
	45.13	1:39.53	2:37.67	3:32.09

**Women 72-99 200 LC Meter Medley Relay**

1	Rose Bowl Master-33	A		2:18.73
	1) MaryJane Martinez W19	2) Melissa Cienega W20		
	3) Lauren Turner W26	4) Lauren Fren dreis W29		
	37.97	40.03	32.13	28.60
2	Mission Viejo Ma-33	A		2:28.48
	1) Alex Bae W23	2) Lauren Nyberg W18		
	3) Amy Burrola W25	4) Emily Christiansen W21		
	37.80	43.69	35.50	31.49

**Women 100-119 400 LC Meter Medley Relay**

1	Mission Viejo Ma-33	A		5:21.90
	1) Jennifer Rines W41	2) Emma Carson W27		
	3) Alex Bae W23	4) Emily Christiansen W21		
	45.53	1:38.64	44.70	1:37.20
		36.21		56.91

**Women 120-159 200 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	A		2:19.80
	1) Cristina Altman-Kurosaki W31	2) Cailyn Bugbee W30		
	3) Emma Carson W27	4) Michele Supance W34		
	33.01	33.69	40.61	32.49

**Women 120-159 800 LC Meter Freestyle Relay**

1	Rose Bowl Master-33	A		10:55.28
	1) Lauren Fren dreis W29	2) Stefanie Capizzi W31		
	3) Meghan ODonnell W35	4) Cheryl Simmons W51		
	32.73	1:09.71	1:47.56	2:23.80
	37.05	1:17.40	1:56.80	2:36.16
	39.66	1:27.09	2:17.41	3:07.51
	38.77	1:21.56	2:05.62	2:47.81
2	Golden Road Aqua-33	A		12:47.00
	1) Lindsay Fuller W34	2) Adrine Bimanand W32		
	3) Heidi Sheaks W49	4) Hillary Thomas W36		
	38.26	1:23.22	2:10.28	2:53.92
	48.12	1:45.01	2:43.52	
	38.84	1:25.19	2:13.13	2:58.68

**Women 120-159 200 LC Meter Medley Relay**

1	Rose Bowl Master-33	A		2:58.61
	1) Linda Sindell W57	2) Nikkie Mansfield W31		
	3) Stefanie Capizzi W31	4) Erin McCabe W39		
	1:09.28	37.86	34.59	36.88

**Women 160-199 200 LC Meter Freestyle Relay**

1	Southern Califor-33	A		2:11.26
	1) Susie Casero W40	2) Anne Maroon W52		
	3) Rachel Pinto W41	4) Ana Fradkin W45		
	31.82	35.71	32.22	31.51
2	Golden Road Aqua-33	A		2:27.18
	1) Hillary Thomas W36	2) Heidi Sheaks W49		
	3) Wendy Scherwat Ducourneau W47	4) Lindsay Fuller W34		
	33.75	35.88	42.54	35.01
3	Arizona Masters-48	A		2:34.34
	1) Catherine Cook W46	2) Laura Machado W49		
	3) Dawn Woeslaw W49	4) Traci Kodet W49		
	42.81	32.93	40.57	38.03

**Women 160-199 400 LC Meter Freestyle Relay**

1	Southern Califor-33	A		4:52.21
	1) Ana Fradkin W45	2) Amy Kupic W51		
	3) Rossella Pescatori W47	4) Angela Grillo W40		
	33.27	1:10.58	39.05	1:21.10
	35.02	1:12.14	33.37	1:08.39

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Women 160-199 400 LC Meter Freestyle Relay)**

2	Mission Viejo Ma-33	A		4:53.39
	1) Melissa Going W49		2) Jennifer Mundl W42	
	3) Patty Furukawa W47		4) Jennifer Batcheller W50	
	32.34	1:08.27	37.42	1:20.32
	34.89	1:13.97	34.56	1:10.83
3	Golden Road Aqua-33	A		5:15.91
	1) Olga Piskunova W27		2) Julia Fearn W33	
	3) Heidi Sheaks W49		4) Hillary Thomas W36	
	33.08	1:09.71	39.44	1:21.44
	41.60	1:26.42	36.63	1:18.34

**Women 160-199 800 LC Meter Freestyle Relay**

1	Conejo Valley Ma-33	A		10:15.47
	1) Leslie Monroe W44		2) Arlette Godges W54	
	3) Jennifer Weiderman W52		4) Deanna Koehler W49	
	34.01	1:11.09	1:49.58	2:29.19
	34.50	1:11.85	1:50.20	2:27.55
	35.66	1:15.94	1:58.42	

**Women 160-199 200 LC Meter Medley Relay**

1	Southern Califor-33	A		2:23.20
	1) Amy Kupic W51		2) Rossella Pescatori W47	
	3) Ana Fradkin W45		4) Angela Grillo W40	
	39.99	38.27	33.85	31.09
2	Mission Viejo Ma-33	A		2:24.22
	1) Michele Supance W34		2) Melissa Going W49	
	3) Patty Furukawa W47		4) Jennifer Batcheller W50	
	37.16	39.31	36.36	31.39
3	Arizona Masters-48	A		2:48.69
	1) Kristin Blankenship W49		2) Stacy Beadle W39	
	3) Laura Machado W49		4) Susie Downey W57	
	41.28	51.56	36.09	39.76

**Women 160-199 400 LC Meter Medley Relay**

1	Rose Bowl Master-33	A		5:47.65
	1) Lauren Turner W26		2) Kristin Bennett W61	
	3) Stefanie Capizzi W31		4) Cheryl Simmons W51	
	48.70	1:38.67	58.48	2:04.02
	39.97	1:23.80		18.01

**Women 200-239 200 LC Meter Freestyle Relay**

1	Conejo Valley Ma-33	A		2:02.20
	1) Arlette Godges W54		2) Beata Konopka W49	
	3) Jill Gellatly W51		4) Becky Cleavenger W55	
	30.07	32.16	29.79	30.18
2	Arizona Masters-48	A		2:30.47
	1) Tori Fraga W55		2) Jean Hofmann W61	
	3) Kristin Blankenship W49		4) Susie Downey W57	
	36.12	39.97	34.49	39.89
3	Mission Viejo Ma-33	A		2:37.96
	1) Patty Furukawa W47		2) Julie Malley W51	
	3) Mills Tammy W50		4) Sherry M Wendze Brooks W58	
	32.85	42.48	42.69	39.94

4	Rose Bowl Master-33	A		2:45.46
	1) Stefanie Capizzi W31		2) Cheryl Simmons W51	
	3) Sally Cook W57		4) Kristin Bennett W61	
	32.63	35.12	47.36	50.35

**Women 200-239 400 LC Meter Freestyle Relay**

1	Conejo Valley Ma-33	A		4:31.37
	1) Arlette Godges W54		2) Becky Cleavenger W55	
	3) Beata Konopka W49		4) Jill Gellatly W51	
	31.59	1:05.18	31.48	1:06.13
	35.17	1:14.46	31.32	1:05.60
2	Mission Viejo Ma-33	A		6:19.17
	1) Gwen Uthus W64		2) Dawn Nicole Hamby W34	
	3) Sherry M Wendze Brooks W58		4) Beverly Montrella W72	
	41.90	1:27.28	44.99	1:39.66
	45.83	1:37.15	44.64	1:35.08

**Women 200-239 800 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	A		11:09.13
	1) Gwen Uthus W64		2) Julie Malley W51	
	3) Karen Vorwerk W48		4) Patty Furukawa W47	
	42.25	1:29.56	2:17.43	3:03.73
		28.93	50.45	1:47.02
	56.30	1:50.39	2:31.90	3:20.80
	50.90	1:37.67	2:15.11	2:57.58

**Women 200-239 200 LC Meter Medley Relay**

1	Arizona Masters-48	A		2:49.93
	1) Katy James W63		2) Tori Fraga W55	
	3) Brigid Bunch W55		4) Jean Hofmann W61	
	43.72	50.27	36.92	39.02
2	Golden Road Aqua-33	A		2:50.00
	1) Wendy Scherwat Ducourneau W61		2) Heidi Sheaks W49	
	3) Carolyn Zderko W51		4) Hillary Thomas W36	
	50.41	50.65	34.87	34.07
3	Mission Viejo Ma-33	A		3:03.72
	1) Beverly Montrella W72		2) Sherry M Wendze Brooks W58	
	3) Margaret Williams-Dalgart W51		4) Mills Tammy W50	
	46.03	54.72	40.92	42.05

**Women 200-239 400 LC Meter Medley Relay**

1	Conejo Valley Ma-33	A		5:12.17
	1) Beata Konopka W49		2) Jennifer Weiderman W52	
	3) Arlette Godges W54		4) Becky Cleavenger W55	
	38.68	1:21.65	40.44	1:27.87
	34.31	1:15.64	31.52	1:07.01
2	Mission Viejo Ma-33	A		7:44.12
	1) Sherry M Wendze Brooks W58		2) Melissa Going W49	
	3) Julie Malley W51		4) Mills Tammy W50	
	59.79	2:04.27	42.61	1:33.02
	1:04.15			

**Women 240-279 200 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	A		3:15.39
	1) Beverly Montrella W72		2) Gwen Uthus W64	
	3) Kathleen Love W68		4) Jan Toohey W74	
	38.13	41.01	58.59	57.66

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Women 240-279 400 LC Meter Freestyle Relay**

1	Rose Bowl Master-33	A		7:53.55
	1) Maurine Kornfeld W97	2) Fiona Harwich W56		
	3) Kristin Bennett W61	4) Linda Sindell W57		
	1:14.97	2:39.51	39.69	
			48.55	1:45.15

**Women 240-279 800 LC Meter Freestyle Relay**

1	Rose Bowl Master-33	A		15:51.78
	1) Maurine Kornfeld W97	2) Kim O'Grady W57		
	3) Kristin Bennett W61	4) Fiona Harwich W56		
	1:18.74	2:44.63	4:09.46	
	59.21	2:12.51	3:28.66	4:37.47
	41.65	1:29.25	2:19.67	3:09.84

**Women 240-279 200 LC Meter Medley Relay**

1	Rose Bowl Master-33	A		3:34.64
	1) Maurine Kornfeld W97	2) Sandy Liu W48		
	3) Cheryl Simmons W51	4) Chi-Ying Huang W46		
	1:31.90		42.21	

**Men 72-99 200 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	A		1:51.99
	1) Daniel Roa M28	2) Chris McElroy M21		
	3) Daniel Peralta M22	4) Logan Redondo M24		
	29.82	27.91	28.91	25.35

**Men 72-99 400 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	A		4:01.36
	1) Brandon Kolarov M19	2) Chris McElroy M21		
	3) Daniel Roa M28	4) Martin Vanek M27		
	26.63	56.34	30.85	1:03.74
	28.41	1:03.49	27.54	57.79

**Men 72-99 200 LC Meter Medley Relay**

1	Golden Road Aqua-33	A		1:52.16
	1) Ethan Webster M18	2) Alexander Havton M20		
	3) Tony Cox M28	4) Gregory Havton M20		
	29.18	32.74	25.33	24.91

2	Mission Viejo Ma-33	A		1:57.46
	1) Martin Vanek M27	2) Daniel Peralta M22		
	3) Chris McElroy M21	4) Brandon Kolarov M19		
	29.96	32.67	29.61	25.22

**Men 100-119 200 LC Meter Freestyle Relay**

1	Rose Bowl Master-33	A		1:46.94
	1) Sean Fisher M23	2) Eric Shi M24		
	3) David Popko M41	4) Ralph Porrazzo M26		
	27.02	27.36	26.83	25.73

**Men 100-119 400 LC Meter Freestyle Relay**

1	Rose Bowl Master-33	A		4:11.01
	1) Eric Shi M24	2) Andrew Lum M25		
	3) Ralph Porrazzo M26	4) Jon Mendoza M35		
	28.40	59.29	34.87	1:13.82
	26.33	54.13	29.43	1:03.77

**Men 100-119 800 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	A		9:20.30
	1) Daniel Roa M28	2) Chris McElroy M21		
	3) Jonas Altman-Kurosaki M30	4) Daniel Peralta M22		
	32.21	1:07.40	1:43.46	2:19.01
	30.74	1:07.47	1:45.97	2:24.65
	31.11	1:06.11	1:44.48	2:22.93
	31.47	1:05.27	1:39.64	2:13.71

**Men 100-119 200 LC Meter Medley Relay**

1	Rose Bowl Master-33	A		2:08.43
	1) Ralph Porrazzo M26	2) Andrew Lum M25		
	3) Daniel Castro M27	4) Eric Shi M24		
	29.09	42.32	30.99	26.03

**Men 120-159 200 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	A		1:46.35
	1) Danny Giometti M32	2) Brendan Herlihy M42		
	3) Jonas Altman-Kurosaki M30	4) Paul Mundl M41		
	25.22	26.66	28.31	26.16

**Men 120-159 400 LC Meter Freestyle Relay**

1	Rose Bowl Master-33	A		4:20.78
	1) Daniel Castro M27	2) Christopher Choi M36		
	3) Chad Durieux M39	4) David Galluzzi M44		
	30.34	1:05.80	30.01	1:06.98
	31.29	1:06.48	29.63	1:01.52

**Men 120-159 200 LC Meter Medley Relay**

1	Rose Bowl Master-33	A		2:04.08
	1) David Galluzzi M44	2) Chad Durieux M39		
	3) Jon Mendoza M35	4) Christopher Choi M36		
	31.28	34.49	30.05	28.26
2	Mission Viejo Ma-33	A		2:08.28
	1) Jonas Altman-Kurosaki M30	2) Danny Giometti M32		
	3) Daniel Roa M28	4) Jeffrey Grice M34		
	33.22	38.76	31.44	24.86

**Men 120-159 400 LC Meter Medley Relay**

1	Mission Viejo Ma-33	A		4:36.38
	1) Daniel Roa M28	2) Chris McElroy M21		
	3) Brendan Herlihy M42	4) Ryan Cox M45		
	34.64	1:11.30		25.23
	10.25	1:59.09	29.45	1:00.76

**Men 160-199 200 LC Meter Freestyle Relay**

1	Golden Road Aqua-33	A		1:51.38
	1) Nick Boshoff M50	2) Michael Lucero M48		
	3) Matt Reason M44	4) Mathew Bilaver M18		
	27.30	28.89	29.55	25.64
2	Mission Viejo Ma-33	A		1:51.94
	1) Steve Gunnell M48	2) Matthew Mester M39		
	3) Kyle Kurr M46	4) Ryan Cox M45		
	28.60	29.02	26.92	27.40
3	Rose Bowl Master-33	A		2:05.24
	1) Andrew Lum M25	2) Eric Hilger M51		
	3) Chad Durieux M39	4) Walter Hitch M66		
	29.72	29.94	30.26	35.32



## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Men 160-199 200 LC Meter Freestyle Relay)**

4	Mission Viejo Ma-33	B	2:10.63
	1) Thomas Gruenbeck M51	2) Irving Ambrosio M42	
	3) Duncan Houldsworth M42	4) Philip Albright M58	
	36.12	31.01	33.21 30.29

**Men 160-199 400 LC Meter Freestyle Relay**

1	Golden Road Aqua-33	A	4:08.82
	1) Kurt Dickson M51	2) Michael Lucero M48	
	3) Drew Skelly M52	4) Nick Boshoff M50	
	29.12	59.82	29.81 1:02.93
	31.15	1:05.59	30.04 1:00.48
2	Mission Viejo Ma-33	A	4:12.59
	1) Matthew Berkman M51	2) Michael Kolarov M46	
	3) Ryan Cox M45	4) Jonas Altman-Kurosaki M30	
	28.96	59.73	31.27 1:07.73
	29.79	1:01.48	29.89 1:03.65
3	Mission Viejo Ma-33	B	4:42.48
	1) Stephen Freitas M53	2) Steve Ripic M45	
	3) Kyle Kurr M46	4) Paul Mundl M41	
	35.23	1:15.40	34.34 1:12.93
	30.45	1:03.03	34.27 1:11.12
4	Southern Califor-33	A	4:45.82
	1) Brian McAteer M34	2) Mike Chang M51	
	3) Brendan Hickey M49	4) Bill Ireland M59	
	28.01	58.90	37.86 1:17.09
	35.82	1:14.10	36.02 1:15.73

**Men 160-199 800 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	A	9:37.14
	1) Ryan Cox M45	2) Danny Giometti M32	
	3) Steve Ripic M45	4) Matthew Mester M39	
	30.80	1:04.48	1:37.55 2:10.40
	29.86	1:03.95	1:38.30 2:11.23
	34.62	1:14.66	1:56.13 2:37.89
	33.58	1:12.66	1:55.16 2:37.62

**Men 160-199 200 LC Meter Medley Relay**

1	Mission Viejo Ma-33	A	2:07.10
	1) Steve Gunnell M48	2) Michael Kolarov M46	
	3) Ryan Cox M45	4) Matthew Berkman M51	
	32.72	36.73	30.81 26.84
2	Golden Road Aqua-33	A	2:10.16
	1) Bruce Menefee M59	2) Nick Boshoff M50	
	3) Drew Skelly M52	4) Tom Burke M59	
	35.01	34.11	32.10 28.94
3	Mission Viejo Ma-33	B	2:13.82
	1) Kyle Kurr M46	2) Marcus Lubba M39	
	3) Steve Ripic M45	4) Paul Mundl M41	
	35.34	38.22	33.35 26.91
4	Southern Califor-33	A	2:23.33
	1) Brian McAteer M34	2) Brendan Hickey M49	
	3) Bill Ireland M59	4) Mike Chang M51	
	29.54	37.92	42.67 33.20

**Men 160-199 400 LC Meter Medley Relay**

1	Golden Road Aqua-33	A	5:05.78
	1) Tom Burke M59	2) Kenny Duarte M29	
	3) Steve Kim M42	4) Dan Jensen M60	
	39.28	1:19.28	38.10 1:21.46
	36.12	1:17.58	33.25 1:07.46

**Men 200-239 200 LC Meter Freestyle Relay**

1	Conejo Valley Ma-33	A	1:49.23
	1) Kelly Karren M45	2) Doug Koehler M52	
	3) Eric Marnoch M52	4) Chris Wall M56	
	26.62	27.54	28.15 26.92
2	Golden Road Aqua-33	A	2:09.73
	1) Tom Burke M59	2) Jeffrey Kreger M53	
	3) Roger Gonzalez Hibner M56	4) Dan Jensen M60	
	29.37	35.18	35.39 29.79

**Men 200-239 400 LC Meter Freestyle Relay**

1	Conejo Valley Ma-33	A	4:15.73
	1) Kelly Karren M45	2) Doug Koehler M52	
	3) Chris Wall M56	4) Mark Buckley M65	
	29.10	1:01.36	30.51 1:02.94
	30.53	1:03.87	32.95 1:07.56
2	Rose Bowl Master-33	A	4:31.90
	1) Julio Cienega M52	2) Eric Hilger M51	
	3) Thomas Taylor M59	4) Walter Hitch M66	
	31.81	1:05.52	32.33 1:10.07
	28.94	1:01.09	35.10 1:15.22

**Men 200-239 800 LC Meter Freestyle Relay**

1	Rose Bowl Master-33	A	10:16.15
	1) Patrick Mc Ginley M55	2) Ross Breitenbach M50	
	3) Eric Hilger M51	4) Julio Cienega M52	
	37.30	1:17.74	1:57.97 2:35.84
	33.17	1:10.04	1:47.69 2:26.18
	36.95	1:21.05	2:06.65 2:50.77
	32.96	1:09.92	1:47.08 2:23.36
2	Golden Road Aqua-33	A	11:00.07
	1) Dan Jensen M60	2) Jeffrey Kreger M53	
	3) Tom Burke M59	4) Roger Gonzalez Hibner M56	
	34.36	1:11.59	1:49.98 2:28.46
	40.45	1:25.50	2:12.54 2:56.32
	36.14	1:16.04	1:57.11 2:34.89
	41.38	1:27.99	2:15.01 3:00.40
3	Mission Viejo Ma-33	A	12:22.52
	1) Philip Albright M58	2) Duncan Houldsworth M42	
	3) Thomas Gruenbeck M51	4) Ian Stuart M71	
	34.62	1:13.39	1:56.38 2:39.09
	37.94	1:22.60	2:11.41 2:59.28
	41.62	1:32.02	2:27.93 3:21.70
	48.06	1:40.42	2:33.59 3:22.45

**Men 200-239 200 LC Meter Medley Relay**

1	Conejo Valley Ma-33	A	2:07.48
	1) Kelly Karren M45	2) Clive Edwards M65	
	3) Doug Koehler M52	4) Chris Wall M56	
	32.46	36.96	30.93 27.13

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Men 200-239 200 LC Meter Medley Relay)**

2	Rose Bowl Master-33	A	2:14.65
	1) Patrick Mc Ginley M55	2) Thomas Taylor M59	
	3) Dan Borton M50	4) Ross Breitenbach M50	
	37.42	36.29	32.80 28.14
3	Mission Viejo Ma-33	B	2:28.24
	1) Karl Tokita M47	2) Mike Gibson M57	
	3) Stephen Freitas M53	4) David Hayward M58	
	37.93	39.70	38.00 32.61
4	Rose Bowl Master-33	B	2:51.52
	1) Walter Hitch M66	2) Thomas Roddy M50	
	3) Mark Fleming M54	4) Michael Tulin M64	
	41.66	48.23	40.19 41.44
---	Mission Viejo Ma-33	A	DQ
	1) Howard Burns M67	2) Ian Stuart M71	
	3) Frank Wasko M58	4) Thomas Gruenbeck M51	

**Men 200-239 400 LC Meter Medley Relay**

1	Rose Bowl Master-33	A	6:15.42
	1) Walter Hitch M66	2) Patrick Mc Ginley M55	
	3) Nicholas Burnett M37	4) Peter Ronay M76	
	43.70	1:31.69	44.74 1:35.42
	45.52	1:39.68	42.27 1:28.63
2	Mission Viejo Ma-33	B	6:21.27
	1) Stephen Freitas M53	2) Steve Ripic M45	
	3) Howard Burns M67	4) Ian Stuart M71	
	46.58	2:03.33	15.05 1:04.00
	41.95	1:41.79	44.15 1:32.15

**Men 240-279 200 LC Meter Freestyle Relay**

1	Conejo Valley Ma-33	A	2:13.04
	1) Bradley Stolshek M57	2) Keith Robinson M60	
	3) Frank Freeman M73	4) Clive Edwards M65	
	30.36	33.34	36.99 32.35
---	SWIM Long Beach-33	A	DQ
	1) Rodney Cargill M72	2) Robert Hayes M67	
	3) Sven Soedel M56	4) Greg Hevener M47	

**Men 240-279 400 LC Meter Freestyle Relay**

1	Colorado Masters-32	A	3:59.86
	1) Michael Mann M64	2) Craig Petersen M58	
	3) Greg Scott M59	4) Kirk Anderson M59	
	29.29	1:01.17	28.40 1:00.84
	27.71	59.24	28.49 58.61
2	Mission Viejo Ma-33	A	5:27.54
	1) David Hayward M58	2) Mike Gibson M57	
	3) Ian Stuart M71	4) Frank Wasko M58	
	40.66	1:28.19	29.85
		42.33	45.45 2:47.17

**Men 240-279 800 LC Meter Freestyle Relay**

1	Colorado Masters-32	A	8:56.62
	1) Michael Mann M64	2) Craig Petersen M58	
	3) Greg Scott M59	4) Kirk Anderson M59	
	32.29	1:06.90	1:41.38 2:15.61
	31.28	1:06.17	1:41.76 2:17.24
	29.62	1:02.71	1:37.18 2:11.95
	30.84	1:04.33	1:38.30 2:11.82
2	Conejo Valley Ma-33	A	10:51.22
	1) Eric Marnoch M52	2) Bradley Stolshek M57	
	3) Frank Freeman M73	4) Mark Buckley M65	
	31.69	1:06.42	1:43.31 2:19.86
	34.94	1:14.47	1:56.39 2:37.53
		29.94	2:28.94 3:18.08
	36.69	1:16.18	1:57.65 2:35.75
3	Rose Bowl Master-33	A	14:39.88
	1) Dan Stephenson M61	2) Michael Tulin M64	
	3) Michael Farmer M71	4) Douglas Goode M79	
	32.80	1:08.85	1:44.60 2:18.42
	53.09	1:56.59	3:00.75 3:56.77
	45.12		2:40.54 3:35.92
	1:03.14	2:20.55	3:37.17 4:48.77

**Men 240-279 200 LC Meter Medley Relay**

1	SWIM Long Beach-33	A	2:14.18
	1) Greg Hevener M47	2) Rodney Cargill M72	
	3) Robert Hayes M67	4) Sven Soedel M56	
	32.90	38.99	33.09 29.20

**Men 240-279 400 LC Meter Medley Relay**

1	Colorado Masters-32	A	4:32.15
	1) Craig Petersen M58	2) Greg Scott M59	
	3) Michael Mann M64	4) Kirk Anderson M59	
	33.55	1:09.56	34.27 1:13.50
	32.00	1:10.13	28.68 58.96

**Men 280-319 200 LC Meter Freestyle Relay**

1	San Diego Swim M-44	A	2:12.45
	1) Jim Malley M73	2) Peter Andersen M75	
	3) George Carey M76	4) Tony Ralphs M75	
	32.91	32.17	35.68 31.69
2	Mission Viejo Ma-33	A	2:22.74
	1) Howard Burns M67	2) Jim Brown M75	
	3) Ian Stuart M71	4) Steven Wigely M69	
	33.92	36.72	40.72 31.38
3	Rose Bowl Master-33	A	2:49.64
	1) Michael Tulin M64	2) Michael Farmer M71	
	3) Peter Ronay M76	4) Douglas Goode M79	
	43.44	35.42	42.14 48.64

**Men 280-319 400 LC Meter Freestyle Relay**

1	San Diego Swim M-44	A	5:11.86
	1) Mike Freshley M77	2) Jim Malley M73	
	3) Peter Andersen M75	4) Tony Ralphs M75	
	38.86	1:22.86	36.11 1:15.45
	34.90	1:16.17	37.06 1:17.38

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Men 280-319 400 LC Meter Freestyle Relay)**

2	Rose Bowl Master-33	A	6:55.82
	1) Michael Farmer M71	2) Douglas Goode M79	
	3) William Fleming M83	4) Michael Tulin M64	
	40.96	1:27.56	56.44
		29.29	2:01.00
			2:05.73
			2:53.24

**Men 280-319 200 LC Meter Medley Relay**

1	San Diego Swim M-44	A	2:28.90
	1) Jim Malley M73	2) Peter Andersen M75	
	3) Mike Freshley M77	4) Tony Ralphs M75	
	37.06	40.71	38.97
			32.16
2	Rose Bowl Master-33	A	3:42.37
	1) John House M77	2) Michael Farmer M71	
	3) Douglas Goode M79	4) William Fleming M83	
	51.07	52.03	1:09.24
			50.03

**Mixed 72-99 200 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	A	1:59.66
	1) Emily Christiansen W21	2) Lauren Nyberg W18	
	3) Chris McElroy M21	4) Martin Vanek M27	
	31.98	33.14	28.38
			26.16
2	Rose Bowl Master-33	A	2:00.24
	1) MaryJane Martinez W19	2) Eric Shi M24	
	3) Daniel Castro M27	4) Lauren Turner W26	
	33.01	27.01	28.20
			32.02

**Mixed 72-99 400 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	A	4:28.42
	1) Brandon Kolarov M19	2) Lauren Nyberg W18	
	3) Emily Christiansen W21	4) Chris McElroy M21	
	27.03	56.05	35.76
			1:13.90
	34.78	1:12.16	30.88
			1:06.31

**Mixed 72-99 800 LC Meter Freestyle Relay**

1	Rose Bowl Master-33	A	9:44.11
	1) Melissa Cienega W20	2) Samantha Campbell W22	
	3) Sean Fisher M23	4) Andrew Lum M25	
	32.58	1:09.00	1:45.47
			2:21.75
	31.94	1:08.89	1:50.21
			2:31.94
	32.43	1:08.06	1:44.51
			2:19.20
	36.08	1:16.34	1:55.50
			2:31.22

**Mixed 72-99 200 LC Meter Medley Relay**

1	Rose Bowl Master-33	A	2:09.90
	1) MaryJane Martinez W19	2) Eric Shi M24	
	3) Sean Fisher M23	4) Samantha Campbell W22	
	37.98	33.63	29.13
			29.16
2	Mission Viejo Ma-33	A	2:13.89
	1) Daniel Roa M28	2) Chris McElroy M21	
	3) Lauren Nyberg W18	4) Alex Bae W23	
	32.97	34.95	34.97
			31.00

**Mixed 100-119 200 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	A	2:01.34
	1) Alex Bae W23	2) Amy Burrola W25	
	3) Daniel Roa M28	4) Jonas Altman-Kurosaki M30	
	31.69	32.59	27.45
			29.61

**Mixed 100-119 400 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	A	4:46.85
	1) Amy Burrola W25	2) Daniel Roa M28	
	3) Alex Bae W23	4) Martin Vanek M27	
	35.95	1:15.07	32.45
			1:09.28
		33.50	1:13.10
			1:49.00

**Mixed 100-119 800 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	A	10:04.01
	1) Danny Giometti M32	2) Lauren Nyberg W18	
	3) Alex Bae W23	4) Logan Redondo M24	
	30.54	1:04.44	1:38.91
			2:11.29
	39.55	1:23.98	2:09.99
			2:51.70
	36.29	1:18.03	2:03.57
			2:46.39
	30.12	1:04.39	1:39.38
			2:14.63

**Mixed 100-119 200 LC Meter Medley Relay**

1	Rose Bowl Master-33	A	2:08.78
	1) Ralph Porrazzo M26	2) Lauren Frenreis W29	
	3) Daniel Castro M27	4) Melissa Cienega W20	
	28.16	39.22	30.51
			30.89
2	Mission Viejo Ma-33	A	2:16.00
	1) Danny Giometti M32	2) Jonas Altman-Kurosaki M30	
	3) Cailyn Bugbee W30	4) Amy Burrola W25	
	33.96	36.50	34.17
			31.37

**Mixed 120-159 200 LC Meter Freestyle Relay**

1	Golden Road Aqua-33	A	1:50.03
	1) Saskia Wong-Smith W18	2) Luke Pechmann M28	
	3) Megan Jex W27	4) Ethan Webster M18	
	30.25	23.66	29.27
			26.85
2	Mission Viejo Ma-33	A	1:55.28
	1) Paul Mundl M41	2) Cristina Altman-Kurosaki W31	
	3) Cailyn Bugbee W30	4) Danny Giometti M32	
	26.45	31.50	32.26
			25.07
3	Southern Califor-33	A	2:02.19
	1) Paula Vega W26	2) Bill Ireland M59	
	3) Brian McAteer M34	4) Susie Casero W40	
	32.68	30.84	26.89
			31.78
4	Rose Bowl Master-33	B	2:06.47
	1) Andrew Lum M25	2) Nikkie Mansfield W31	
	3) Stefanie Capizzi W31	4) Christopher Choi M36	
	30.12	35.23	32.73
			28.39
5	Rose Bowl Master-33	A	2:06.55
	1) Jon Mendoza M35	2) Erin McCabe W39	
	3) Chad Durieux M39	4) Ash Marshall W35	
	26.80	35.49	31.07
			33.19
6	Mission Viejo Ma-33	B	2:10.31
	1) Marcus Lubba M39	2) Logan Redondo M24	
	3) Michele Supance W34	4) Dawn Nicole Hamby W34	
	31.16	25.55	32.99
			40.61

**Mixed 120-159 400 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	A	4:35.43
	1) Danny Giometti M32	2) Michele Supance W34	
	3) Cailyn Bugbee W30	4) Jonas Altman-Kurosaki M30	
	27.36	56.18	35.22
			1:14.85
	35.23	1:14.30	33.79
			1:10.10

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**(Mixed 120-159 400 LC Meter Freestyle Relay)**

2	Golden Road Aqua-33	A	4:40.64
	1) Mathew Bilaver M18	2) Lindsay Fuller W34	
	3) Carolyn Zderko W51	4) Kenny Duarte M29	
	27.64 59.46	37.66 1:20.37	
	35.00 1:14.03	31.02 1:06.78	
3	Southern Califor-33	A	4:49.33
	1) Paula Vega W26	2) Michael Basak M28	
	3) Ana Fradkin W45	4) Brian McAteer M34	
	34.86 1:11.98	43.76 1:28.81	
	32.88 1:09.60	27.70 58.94	

**Mixed 120-159 800 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	B	10:33.56
	1) Emily Christiansen W21	2) Cailyn Bugbee W30	
	3) Jonas Altman-Kurosaki M30	4) Ryan Cox M45	
	36.40 1:16.91	1:57.95 2:36.57	
	39.02 1:23.19	2:09.02 2:53.66	
	36.69 1:16.98	2:00.72 2:42.85	
	32.52 1:08.60	1:44.80 2:20.48	

**Mixed 120-159 200 LC Meter Medley Relay**

1	Rose Bowl Master-33	A	2:18.25
	1) David Popko M41	2) Nikkie Mansfield W31	
	3) David Galluzzi M44	4) Julia Stengel W33	
	32.19 42.70	30.07 33.29	
2	Mission Viejo Ma-33	A	2:20.45
	1) Michele Supance W34	2) Matthew Mester M39	
	3) Paul Mundl M41	4) Jennifer Mundl W42	
	37.88 37.71	30.82 34.04	
3	Rose Bowl Master-33	B	2:25.99
	1) Lauren Turner W26	2) Andrew Lum M25	
	3) Chad Durieux M39	4) Meghan ODonnell W35	
	37.31 41.12	31.67 35.89	
4	Mission Viejo Ma-33	B	2:26.18
	1) Emma Carson W27	2) Ryan Cox M45	
	3) Brendan Herlihy M42	4) Emily Christiansen W21	
	45.38 38.86	30.03 31.91	
5	Southern Califor-33	A	2:34.26
	1) Rachel Pinto W41	2) Anne Maroon W52	
	3) Brian McAteer M34	4) Michael Basak M28	
	40.98 46.74	27.59 38.95	
6	Golden Road Aqua-33	A	2:35.60
	1) Christine Hammond W54	2) Adrine Bimanand W32	
	3) Kenny Duarte M29	4) Calum Brockie M24	
	42.37	28.38	

**Mixed 120-159 400 LC Meter Medley Relay**

1	Rose Bowl Master-33	A	5:37.34
	1) Lauren Turner W26	2) Stefanie Capizzi W31	
	3) Nicholas Burnett M37	4) Chad Durieux M39	
	47.48 1:36.90	43.50 1:30.96	
	37.66 1:23.46	31.44 1:06.02	

**Mixed 160-199 200 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	B	1:56.23
	1) Patty Furukawa W47	2) Melissa Going W49	
	3) Steve Gunnell M48	4) Ryan Cox M45	
	32.35 30.13	26.28 27.47	

2	Rose Bowl Master-33	A	2:04.29
	1) Cheryl Simmons W51	2) Nancy Leichter W47	
	3) Dan Borton M50	4) Ross Breitenbach M50	
	34.10 32.68	29.86 27.65	
3	Golden Road Aqua-33	A	2:08.86
	1) Kenny Duarte M29	2) Heidi Sheaks W49	
	3) Hillary Thomas W36	4) Drew Skelly M52	
	29.32 35.72	34.22 29.60	
4	Mission Viejo Ma-33	A	2:09.43
	1) Jennifer Batcheller W50	2) Steve Ripic M45	
	3) Michael Kolarov M46	4) Jennifer Mundl W42	
	31.78 31.89	30.10 35.66	
5	Southern Califor-33	B	2:12.62
	1) Mike Chang M51	2) Rossella Pescatori W47	
	3) Ana Fradkin W45	4) Brendan Hickey M49	
	33.57 34.54	31.38 33.13	
6	Golden Road Aqua-33	B	2:12.63
	1) Lindsay Fuller W34	2) Julia Fearn W33	
	3) Jeffrey Kreger M53	4) Tom Burke M59	
	35.21 32.54	35.30 29.58	
7	Mission Viejo Ma-33	C	2:28.34
	1) Karl Tokita M47	2) Mills Tammy W50	
	3) Margaret Williams-Dalgart W51	4) Thomas Gruenbeck M51	
	30.41	36.43	

**Mixed 160-199 400 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	A	4:27.16
	1) Paul Mundl M41	2) Patty Furukawa W47	
	3) Ryan Cox M45	4) Melissa Going W49	
	28.36 59.60	35.33 1:13.55	
	30.33 1:04.28	33.73 1:09.73	
2	Mission Viejo Ma-33	B	5:05.62
	1) Kyle Kurr M46	2) Karl Tokita M47	
	3) Mills Tammy W50	4) Jennifer Batcheller W50	
	29.86 1:01.84	31.60 1:06.94	
	49.23 1:43.84	34.19 1:13.00	
3	Mission Viejo Ma-33	C	5:57.18
	1) Marcus Lubba M39	2) David Hayward M58	
	3) Sherry M Wendze Brooks W58	4) Dawn Nicole Hamby W34	
	32.20 1:08.85	1:29.08	
	44.93 1:36.44	48.63 1:42.81	

**Mixed 160-199 800 LC Meter Freestyle Relay**

1	Southern Califor-33	A	9:49.59
	1) Brian McAteer M34	2) Ana Fradkin W45	
	3) Rossella Pescatori W47	4) Doug Kajiwara M61	
	30.75 1:06.17	1:42.64 2:17.74	
	34.79 1:14.45	1:57.02 2:39.16	
	34.72 1:14.56	1:55.68 2:35.01	
	31.97 1:06.81	1:42.42 2:17.68	
2	Mission Viejo Ma-33	C	11:23.42
	1) Michele Supance W34	2) Jennifer Mundl W42	
	3) Steve Ripic M45	4) Philip Albright M58	
	36.80 1:18.89	2:04.13 2:46.85	
	41.17 1:28.31	2:16.00 3:02.84	
	38.94 1:22.11	2:06.03 2:49.60	
	38.53 1:20.87	2:03.06 2:44.13	

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Mixed 160-199 200 LC Meter Medley Relay**

1	Mission Viejo Ma-33	A	2:25.98
	1) Karen Vorwerk W48	2) Patty Furukawa W47	
	3) Steve Gunnell M48	4) Matthew Berkman M51	
	43.30	45.51	29.38 27.79
---	Golden Road Aqua-33	A	DQ
	1) Lindsay Fuller W34	2) Nick Boshoff M50	
	3) Michael Lucero M48	4) Hillary Thomas W36	
---	Arizona Masters-48	A	DQ
	1) Kristin Blankenship W49	2) Dawn Woeslaw W49	
	3) Tim Schreiber M47	4) Douglas Everett M54	

**Mixed 160-199 400 LC Meter Medley Relay**

1	Mission Viejo Ma-33	A	5:40.37
	1) Brendan Herlihy M42	2) Melissa Going W49	
	3) Daniel Roa M28	4) Julie Malley W51	
	36.25	1:15.12	42.24 1:31.02
	33.29	1:14.52	48.14 1:39.71
---	Golden Road Aqua-33	A	DQ
	1) Heidi Sheaks W49	2) Scott Winslow M46	
	3) Carolyn Zderko W51	4) Michael Lucero M48	

**Mixed 200-239 200 LC Meter Freestyle Relay**

1	Rose Bowl Master-33	A	2:07.54
	1) Mark Fleming M54	2) Fiona Harwich W56	
	3) Julio Cienega M52	4) Kim O'Grady W57	
	30.71	31.82	
2	San Diego Swim M-44	A	2:20.20
	1) Michael Nitsch M50	2) Mary Corbett W41	
	3) Darrell Jett M60	4) Marieke Thayer W57	
	33.31	34.20	34.71 37.98
3	Arizona Masters-48	A	2:23.32
	1) Tori Fraga W55	2) Douglas Everett M54	
	3) Kristin Blankenship W49	4) Tim Schreiber M47	
	36.97	38.32	35.42 32.61
4	Mission Viejo Ma-33	A	2:31.87
	1) Sherry M Wendze Brooks W58	2) David Hayward M58	
	3) Frank Wasko M58	4) Gwen Uthus W64	
	41.57	36.36	34.21 39.73

**Mixed 200-239 400 LC Meter Freestyle Relay**

1	Rose Bowl Master-33	A	4:37.68
	1) Dan Borton M50	2) Cheryl Simmons W51	
	3) Ross Breitenbach M50	4) Kim O'Grady W57	
	31.65	1:05.89	36.86 1:18.21
	30.52	1:03.21	32.55 1:10.37

2	San Diego Swim M-44	A	5:02.79
	1) Mary Corbett W41	2) Andra Jaunzeme W65	
	3) Nathan Ascher M47	4) Michael Nitsch M50	
	37.00	1:18.48	34.85 1:14.40
	32.45	1:07.51	35.58 1:22.40
3	Mission Viejo Ma-33	A	5:49.90
	1) Margaret Williams-Dalgart W51	2) Stephen Freitas M53	
	3) Julie Malley W51	4) Thomas Gruenbeck M51	
	38.57	1:24.26	37.45 1:18.62
	47.75	1:40.35	39.70 1:26.67

**Mixed 200-239 800 LC Meter Freestyle Relay**

1	Conejo Valley Ma-33	A	9:15.06
	1) Becky Cleavenger W55	2) Jill Gellatly W51	
	3) Kelly Karren M45	4) Doug Koehler M52	
	32.79	1:10.06	1:48.60 2:26.60
	32.20	1:07.32	1:43.17 2:18.93
	28.28	1:02.84	1:39.06 2:12.84
	31.01	1:05.54	1:41.29 2:16.69
2	Golden Road Aqua-33	A	11:19.47
	1) Nick Boshoff M50	2) Michael Lucero M48	
	3) Christine Hammond W54	4) Adrine Bimanand W32	
	33.22	1:08.37	1:44.83 2:21.45
	31.97	1:07.64	1:44.49 2:19.75
	38.76	1:23.15	2:09.73 2:54.38
	48.49	1:44.85	2:46.02 3:43.89

**Mixed 200-239 200 LC Meter Medley Relay**

1	Conejo Valley Ma-33	A	2:16.62
	1) Bradley Stolshek M57	2) Jennifer Weiderman W52	
	3) Leslie Monroe W44	4) Eric Marnoch M52	
	35.11	39.65	33.24 28.62
2	Rose Bowl Master-33	A	2:28.02
	1) Ross Breitenbach M50	2) Cheryl Simmons W51	
	3) Julio Cienega M52	4) Kim O'Grady W57	
	38.33	42.58	34.74 32.37
3	Rose Bowl Master-33	B	2:48.53
	1) Walter Hitch M66	2) Sandy Liu W48	
	3) Patrick Mc Ginley M55	4) Chi-Ying Huang W46	
	43.35	51.64	33.07 40.47
4	Mission Viejo Ma-33	A	3:17.36
	1) Tammy Mills W50	2) Philip Albright M58	
	3) Julie Malley W51	4) Thomas Gruenbeck M51	
	1:00.55	41.76	1:01.78 33.27

**Mixed 200-239 400 LC Meter Medley Relay**

1	San Diego Swim M-44	A	5:35.36
	1) Bill Walsh M61	2) Mary Corbett W41	
	3) Nathan Ascher M47	4) Andra Jaunzeme W65	
	48.89	1:39.78	42.28 1:30.22
	33.68	1:11.30	34.67 1:14.06
2	Rose Bowl Master-33	A	5:58.89
	1) Patrick Mc Ginley M55	2) Kristin Bennett W61	
	3) Cheryl Simmons W51	4) David Popko M41	
	42.28	1:27.47	57.82 1:59.04
	42.75	1:32.48	28.15 59.90

## 2018 SP/USMS SW Zone LCM Championships at MVN - 8/10/2018 to 8/12/2018

Sanction #: 338-S015/#O18-255

## Results

**Mixed 240-279 200 LC Meter Freestyle Relay**

1	Arizona Masters-48	A	2:25.84
	1) Mark Modjeska M65	2) Jean Hofmann W61	
	3) Katy James W63	4) Dean Hagen M56	
	32.10	40.43	43.01 30.30

**Mixed 240-279 400 LC Meter Freestyle Relay**

1	Mission Viejo Ma-33	A	5:53.33
	1) Howard Burns M67	2) Gwen Uthus W64	
	3) Beverly Montrella W72	4) Ian Stuart M71	
	36.96	1:18.41	42.60 1:27.20
		26.43	1:54.62 2:41.29

**Mixed 240-279 800 LC Meter Freestyle Relay**

1	San Diego Swim M-44	A	11:49.12
	1) Mary Lee Christensen W73	2) Darrell Jett M60	
	3) Andra Jaunzeme W65	4) Nathan Ascher M47	
	48.04	1:40.31	2:33.00 3:23.77
	41.18	1:27.89	2:15.75 3:03.72
	38.01	1:20.39	2:04.08 2:47.41
	35.04	1:14.40	1:54.81 2:34.22

**Mixed 240-279 200 LC Meter Medley Relay**

1	Conejo Valley Ma-33	A	2:20.54
	1) Nancy Kirkpatrick-Reno W63	2) Clive Edwards M65	
	3) Mark Buckley M65	4) Deanna Koehler W49	
	38.63	37.31	31.92 32.68
2	Arizona Masters-48	A	2:26.62
	1) Brigid Bunch W55	2) Scott Shake M60	
	3) Mark Modjeska M65	4) Katy James W63	
	36.33	38.71	33.79 37.79

**Mixed 240-279 400 LC Meter Medley Relay**

1	Las Vegas Master-33	A	5:53.38
	1) Joanne Saul-Zachau W60	2) Diana Dolan LaMar W61	
	3) Robert Mitchell M60	4) Scott Jarvis M60	
	46.27	1:34.35	50.20 1:46.38
	36.65	1:23.97	32.29 1:08.68

**Mixed 280-319 200 LC Meter Freestyle Relay**

1	Conejo Valley Ma-33	A	2:30.82
	1) Nancy Kirkpatrick-Reno W63	2) Gary Ladinsky M71	
	3) Diane Smith W73	4) Frank Freeman M73	
	33.81	36.85	40.73 39.43
---	Mission Viejo Ma-33	A	DQ
	1) Beverly Montrella W72	2) Jan Toohey W74	
	3) Howard Burns M67	4) Ian Stuart M71	

**Mixed 280-319 200 LC Meter Medley Relay**

1	San Diego Swim M-44	A	3:01.79
	1) Darrell Jett M60	2) Mary Lee Christensen W73	
	3) Andra Jaunzeme W65	4) Donald Hubbard M91	
	42.87	51.22	35.78 51.92
2	Mission Viejo Ma-33	A	3:42.38
	1) Beverly Montrella W72	2) Jan Toohey W74	
	3) Ian Stuart M71	4) Jim Brown M75	
	51.24	1:20.56	52.33 38.25

3	Rose Bowl Master-33	A	4:10.89
	1) Maurine Kornfeld W97	2) Douglas Goode M79	
	3) Sally Cook W57	4) Michael Farmer M71	
	1:28.57	53.65	58.17 50.50

**Mixed 320-359 200 LC Meter Freestyle Relay**

1	Rose Bowl Master-33	A	3:39.20
	1) Maurine Kornfeld W97	2) Kristin Bennett W61	
	3) Douglas Goode M79	4) William Fleming M83	
	1:16.24	43.88	49.71 49.37