

Aquatic Captial of America SCM Pentathlon
 25 Short Course Meters
 Belmont Temporary Pool, Long Beach
 Saturday, 10/22/2016
 Meet Referee: Cami Stein
 Results: Roberta Quon (714) 271-3815
 Sanction: 336-021 Page: 1

*** WOMEN 55-59 ***

50 METER FREESTYLE			
1	Thayer, Marieke	55	SDSM 37.63
2	Hirsch, Helene I	59	TSTT 41.03
50 METER BACKSTROKE			
1	Thayer, Marieke	55	SDSM 46.38
2	Hirsch, Helene I	59	TSTT 47.97
50 METER BREASTSTROKE			
1	Hirsch, Helene I	59	TSTT 46.69
2	Thayer, Marieke	55	SDSM 52.86
50 METER BUTTERFLY			
1	Thayer, Marieke	55	SDSM 45.67
2	Hirsch, Helene I	59	TSTT 46.24
100 METER INDIVIDUAL MEDLEY			
1	Thayer, Marieke	55	SDSM 1:36.09
	45.58		
2	Hirsch, Helene I	59	TSTT 1:39.31
	48.34		

*** WOMEN 60-64 ***

50 METER FREESTYLE			
1	Hibben, Veronica	60	UCLA 30.24
50 METER BACKSTROKE			
1	Hibben, Veronica	60	UCLA 37.99
50 METER BREASTSTROKE			
1	Hibben, Veronica	60	UCLA 45.26
50 METER BUTTERFLY			
1	Hibben, Veronica	60	UCLA 33.47
100 METER INDIVIDUAL MEDLEY			
1	Hibben, Veronica	60	UCLA 1:21.68
	0.00		

*** WOMEN 65-69 ***

50 METER FREESTYLE			
1	Scherwat Ducourneau, We	66	TSTT 42.55
2	Cole, Anita E	69	LBG 1:15.05
50 METER BACKSTROKE			
1	Scherwat Ducourneau, We	66	TSTT 49.06
2	Cole, Anita E	69	LBG 1:43.53
50 METER BREASTSTROKE			
1	Scherwat Ducourneau, We	66	TSTT 54.70
2	Cole, Anita E	69	LBG 1:44.29
50 METER BUTTERFLY			
1	Scherwat Ducourneau, We	66	TSTT 56.58
2	Cole, Anita E	69	LBG 1:57.98
100 METER INDIVIDUAL MEDLEY			
1	Scherwat Ducourneau, We	66	TSTT 1:48.16
	51.23		
2	Cole, Anita E	69	LBG 3:24.60
	1:49.08		

*** MEN 18-24 ***

50 METER FREESTYLE			
1	Adajar, Jordan L	24	GRA 26.62
50 METER BACKSTROKE			
1	Adajar, Jordan L	24	GRA 32.80
50 METER BREASTSTROKE			
1	Adajar, Jordan L	24	GRA 36.32
50 METER BUTTERFLY			
1	Adajar, Jordan L	24	GRA 28.55
100 METER INDIVIDUAL MEDLEY			
1	Adajar, Jordan L	24	GRA 1:08.09
	31.04		

*** MEN 25-29 ***

50 METER FREESTYLE			
1	Smith, David M	28	UC33 26.02
50 METER BACKSTROKE			
1	Smith, David M	28	UC33 30.85
50 METER BREASTSTROKE			
1	Smith, David M	28	UC33 36.44
50 METER BUTTERFLY			
1	Smith, David M	28	UC33 28.76
100 METER INDIVIDUAL MEDLEY			
1	Smith, David M	28	UC33 1:08.28
	31.89		

*** MEN 30-34 ***

50 METER FREESTYLE			
1	Armour, Justin	31	ROSE 28.21
2	Mathews, Waseem W	30	GWSC 30.24
50 METER BACKSTROKE			
1	Armour, Justin	31	ROSE 33.84
2	Mathews, Waseem W	30	GWSC 38.77
50 METER BREASTSTROKE			
1	Armour, Justin	31	ROSE 35.54
2	Mathews, Waseem W	30	GWSC 38.34
50 METER BUTTERFLY			
1	Armour, Justin	31	ROSE 29.38
2	Mathews, Waseem W	30	GWSC 33.25

100 METER INDIVIDUAL MEDLEY

1	Armour, Justin	31	ROSE 1:10.69
	32.19		
2	Mathews, Waseem W	30	GWSC 1:16.94
	37.62		

*** MEN 35-39 ***

50 METER FREESTYLE			
1	Miskovic, Radenko	36	SWHM 25.77
2	Bennett, Andrew	36	GWSC 29.60
50 METER BACKSTROKE			
1	Miskovic, Radenko	36	SWHM 33.92
2	Bennett, Andrew	36	GWSC 37.64
50 METER BREASTSTROKE			
1	Miskovic, Radenko	36	SWHM 34.52
2	Bennett, Andrew	36	GWSC 40.72
50 METER BUTTERFLY			
1	Miskovic, Radenko	36	SWHM 27.83
2	Bennett, Andrew	36	GWSC 30.24
100 METER INDIVIDUAL MEDLEY			
1	Bennett, Andrew	36	GWSC 1:14.70
	34.94		
2	Miskovic, Radenko	36	SWHM 1:14.88
	35.25		

*** MEN 40-44 ***

50 METER FREESTYLE			
1	Jackson, Scott J	41	NOVA 28.13
2	Thompson, Christopher	41	LBSU 29.03
50 METER BACKSTROKE			
1	Jackson, Scott J	41	NOVA 34.22
2	Thompson, Christopher	41	LBSU 35.09
50 METER BREASTSTROKE			
1	Jackson, Scott J	41	NOVA 35.07
NP	Thompson, Christopher	41	LBSU DQ
50 METER BUTTERFLY			
1	Jackson, Scott J	41	NOVA 31.01
2	Thompson, Christopher	41	LBSU 33.61
100 METER INDIVIDUAL MEDLEY			
1	Jackson, Scott J	41	NOVA 1:08.85
	0.00		
2	Thompson, Christopher	41	LBSU 1:14.96
	35.96		

*** MEN 45-49 ***

50 METER FREESTYLE			
1	Moreno, David	47	CTM 27.03
2	Sumner, David M	46	MVN 27.27
3	Jones, Kenton R	49	SDSM 27.69
4	Goldfine, Phillip B	47	SWHM 41.31
50 METER BACKSTROKE			
1	Sumner, David M	46	MVN 30.75
2	Jones, Kenton R	49	SDSM 34.42
3	Moreno, David	47	CTM 35.56
4	Goldfine, Phillip B	47	SWHM 58.32
50 METER BREASTSTROKE			
1	Sumner, David M	46	MVN 33.32
2	Jones, Kenton R	49	SDSM 35.26
3	Moreno, David	47	CTM 40.83
4	Goldfine, Phillip B	47	SWHM 51.52
50 METER BUTTERFLY			
1	Sumner, David M	46	MVN 27.92
2	Moreno, David	47	CTM 30.80
3	Jones, Kenton R	49	SDSM 31.28

100 METER INDIVIDUAL MEDLEY

1	Sumner, David M	46	MVN 1:05.62
	31.05		
2	Jones, Kenton R	49	SDSM 1:10.37
	33.50		
3	Moreno, David	47	CTM 1:12.58
	33.03		

*** WOMEN 25-29 ***

50 METER FREESTYLE			
1	Capizzi, Stefanie	29	ROSE 33.41
50 METER BACKSTROKE			
1	Capizzi, Stefanie	29	ROSE 38.30
50 METER BREASTSTROKE			
1	Capizzi, Stefanie	29	ROSE 39.29
50 METER BUTTERFLY			
1	Capizzi, Stefanie	29	ROSE 35.70
100 METER INDIVIDUAL MEDLEY			
1	Capizzi, Stefanie	29	ROSE 1:19.23
	38.14		

*** WOMEN 30-34 ***

50 METER FREESTYLE			
1	James, Jessica L	30	TSTT 30.46
2	Messick, Kathryn C	34	UC33 31.27
3	Litwak, Jennifer M	32	SDSM 37.88
50 METER BACKSTROKE			
1	James, Jessica L	30	TSTT 36.28
2	Messick, Kathryn C	34	UC33 39.21
3	Litwak, Jennifer M	32	SDSM 46.64
50 METER BREASTSTROKE			
1	James, Jessica L	30	TSTT 42.63
2	Messick, Kathryn C	34	UC33 43.95
3	Litwak, Jennifer M	32	SDSM 52.10
50 METER BUTTERFLY			
1	Messick, Kathryn C	34	UC33 35.22
2	James, Jessica L	30	TSTT 35.36
3	Litwak, Jennifer M	32	SDSM 41.09
100 METER INDIVIDUAL MEDLEY			
1	James, Jessica L	30	TSTT 1:19.48
	35.63		
2	Messick, Kathryn C	34	UC33 1:21.51
	38.04		
3	Litwak, Jennifer M	32	SDSM 1:40.23
	0.00		

*** WOMEN 35-39 ***

50 METER FREESTYLE			
1	Shore, Kristen B	36	MESA 32.20
2	Pinto, Rachel R	39	SCAQ 34.48
50 METER BACKSTROKE			
1	Shore, Kristen B	36	MESA 40.01
2	Pinto, Rachel R	39	SCAQ 42.31
50 METER BREASTSTROKE			
1	Pinto, Rachel R	39	SCAQ 45.08
2	Shore, Kristen B	36	MESA 47.16
50 METER BUTTERFLY			
1	Shore, Kristen B	36	MESA 34.58
2	Pinto, Rachel R	39	SCAQ 38.86
100 METER INDIVIDUAL MEDLEY			
1	Shore, Kristen B	36	MESA 1:27.66
	40.37		
2	Pinto, Rachel R	39	SCAQ 1:28.45
	43.84		

*** WOMEN 40-44 ***

50 METER FREESTYLE			
1	Flaherty, Michael E	41	SWHM 34.31
50 METER BACKSTROKE			
1	Flaherty, Michael E	41	SWHM 41.77
50 METER BREASTSTROKE			
1	Flaherty, Michael E	41	SWHM 41.10
50 METER BUTTERFLY			
1	Flaherty, Michael E	41	SWHM 37.42
100 METER INDIVIDUAL MEDLEY			
1	Flaherty, Michael E	41	SWHM 1:23.55
	39.79		

*** WOMEN 45-49 ***

50 METER FREESTYLE			
1	Eddinger, Elaine	47	LBG 49.74
50 METER BACKSTROKE			
1	Eddinger, Elaine	47	LBG 1:07.84
50 METER BREASTSTROKE			
1	Eddinger, Elaine	47	LBG 1:07.97
50 METER BUTTERFLY			
1	Eddinger, Elaine	47	LBG 1:18.34
100 METER INDIVIDUAL MEDLEY			
1	Eddinger, Elaine	47	LBG 2:27.72
	1:14.57		

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*** MEN 65-69 ***

50 METER FREESTYLE			
1 Kerns, Hubie	67 VCM		29.84
2 Selna, Mike	68 NOVA		32.80
50 METER BACKSTROKE			
1 Kerns, Hubie	67 VCM		36.02
2 Selna, Mike	68 NOVA		38.04
50 METER BREASTSTROKE			
1 Kerns, Hubie	67 VCM		37.60
2 Selna, Mike	68 NOVA		43.02
50 METER BUTTERFLY			
1 Kerns, Hubie	67 VCM		32.67
2 Selna, Mike	68 NOVA		38.38
100 METER INDIVIDUAL MEDLEY			
1 Kerns, Hubie	67 VCM		1:14.45
34.76			
2 Selna, Mike	68 NOVA		1:22.94
38.66			

*** MEN 50-54 ***

50 METER FREESTYLE			
1 Cemenenkoff, Sergei	52 UC33		28.38
2 Woolard, Woody	53 UC33		29.32
3 Pombo, Diego	54 NOVA		29.91
50 METER BACKSTROKE			
1 Woolard, Woody	53 UC33		35.44
2 Cemenenkoff, Sergei	52 UC33		35.94
3 Pombo, Diego	54 NOVA		37.42
50 METER BREASTSTROKE			
1 Cemenenkoff, Sergei	52 UC33		34.89
2 Woolard, Woody	53 UC33		41.88
3 Pombo, Diego	54 NOVA		44.04
50 METER BUTTERFLY			
1 Cemenenkoff, Sergei	52 UC33		30.49
2 Woolard, Woody	53 UC33		30.52
3 Pombo, Diego	54 NOVA		34.32
100 METER INDIVIDUAL MEDLEY			
1 Cemenenkoff, Sergei	52 UC33		1:12.04
34.69			
2 Pombo, Diego	54 NOVA		1:20.88
36.55			

*** MEN 70-74 ***

50 METER FREESTYLE			
1 Carey, George L	74 UC33		37.58
50 METER BACKSTROKE			
1 Carey, George L	74 UC33		46.14
50 METER BREASTSTROKE			
1 Carey, George L	74 UC33		49.65
50 METER BUTTERFLY			
1 Carey, George L	74 UC33		43.40
100 METER INDIVIDUAL MEDLEY			
1 Carey, George L	74 UC33		1:36.98
45.33			

*** MEN 55-59 ***

50 METER FREESTYLE			
1 Smith, Donny W	57 UC33		29.26
2 Melody, Kevin M	57 RIPT		32.71
3 Thiessen, Doug A	55 UC33		32.91
4 Robinson, Keith A	58 UC33		35.11
50 METER BACKSTROKE			
1 Smith, Donny W	57 UC33		37.37
2 Thiessen, Doug A	55 UC33		42.54
3 Robinson, Keith A	58 UC33		43.89
4 Melody, Kevin M	57 RIPT		44.80
50 METER BREASTSTROKE			
1 Smith, Donny W	57 UC33		36.98
2 Thiessen, Doug A	55 UC33		38.45
3 Robinson, Keith A	58 UC33		40.39
4 Melody, Kevin M	57 RIPT		43.43
50 METER BUTTERFLY			
1 Smith, Donny W	57 UC33		33.64
2 Thiessen, Doug A	55 UC33		35.21
3 Robinson, Keith A	58 UC33		38.82
4 Melody, Kevin M	57 RIPT		41.10
100 METER INDIVIDUAL MEDLEY			
1 Smith, Donny W	57 UC33		1:19.04
39.07			
2 Thiessen, Doug A	55 UC33		1:22.23
39.55			
3 Robinson, Keith A	58 UC33		1:30.38
43.79			
NP Melody, Kevin M	57 RIPT	DQ	
1:33.45			

*** MEN 75-79 ***

50 METER FREESTYLE			
1 Freshley, Mike R	75 ROSE		30.39
50 METER BACKSTROKE			
1 Freshley, Mike R	75 ROSE		37.97
50 METER BREASTSTROKE			
1 Freshley, Mike R	75 ROSE		40.30
50 METER BUTTERFLY			
1 Freshley, Mike R	75 ROSE		33.58

*** MEN 80-84 ***

50 METER FREESTYLE			
1 Mitchell, Tom	83 SDSM		41.66
50 METER BACKSTROKE			
1 Mitchell, Tom	83 SDSM		58.03
50 METER BREASTSTROKE			
1 Mitchell, Tom	83 SDSM		59.93
50 METER BUTTERFLY			
1 Mitchell, Tom	83 SDSM		59.35
100 METER INDIVIDUAL MEDLEY			
1 Mitchell, Tom	83 SDSM		1:57.86
0.00			

RELAYS

NO RELAYS

*** MEN 60-64 ***

50 METER FREESTYLE			
1 Heather, Michael R	62 MVN		30.13
2 Losinski, Mark A	60 CVMM		34.08
3 Umholtz, Ken	64 OJAI		34.29
50 METER BACKSTROKE			
1 Heather, Michael R	62 MVN		39.13
2 Umholtz, Ken	64 OJAI		43.88
3 Losinski, Mark A	60 CVMM		49.22
50 METER BREASTSTROKE			
1 Heather, Michael R	62 MVN		41.68
2 Losinski, Mark A	60 CVMM		47.84
3 Umholtz, Ken	64 OJAI		49.60
50 METER BUTTERFLY			
1 Heather, Michael R	62 MVN		33.58
2 Umholtz, Ken	64 OJAI		37.91
3 Losinski, Mark A	60 CVMM		44.65
100 METER INDIVIDUAL MEDLEY			
1 Heather, Michael R	62 MVN		1:23.96
38.25			
2 Losinski, Mark A	60 CVMM		1:34.73
45.02			
3 Umholtz, Ken	64 OJAI		1:35.74
45.58			