

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 18-24

50 YARD FREESTYLE

1. Kara Denby	CSAM	22.96	2010
2. Katarzyna Wilk	LVM	23.53	2017
3. Jenny Susser	SCAQ	24.01	1991
4. Peggy Gross	BCH	24.28	1993
5. Keiko Price	WH2O	24.31	2002
6. Thuy Dinh	UNAT	24.54	2012
7. Marie Mittmann	PSP	24.73	1994
8. Kierstin Colesen	UCI	24.75	2014
9. Katherine Tse	ROSE	24.81	2016
10. Lauren Frendreis	ROSE	24.87	2013

National Record

Arianna Vanderpool-Wallace NCMS-NC 22.21 2015

100 YARD FREESTYLE

1. Kara Denby	CSAM	49.85	2010
2. Peggy Gross	BCH	53.58	1993
3. Susie Burt	ELSM	53.87	1993
4. Jewelz Andrews	NOVA	54.04	2014
5. Brenna Dickson	GRA	54.56	2018
6. Marie Mittmann	PSP	54.60	1994
7. Monica Ward	RAA	54.66	1990
8. Kelsey Leckovic	PVM	55.58	2008
9. Kathy Stuppy	LBSC	55.61	1995
10. Talia Brott	OSB	55.66	2000

National Record

Katie Meili NCMS-NC 48.18 2014

200 YARD FREESTYLE

1. Briana Emig	LVM	1:55.64	2014
2. Taylor Lakey	SCAQ	1:57.08	2017
3. Ieva Galinyte	MVN	1:57.73	2017
4. Susie Burt	ELSM	1:57.94	1993
5. Claudine Martinez	SLUG	1:58.28	1997
6. Katharine Winchell	UCLA	2:00.07	2016
7. Jamie Raab	IMS	2:00.12	1995
8. Peggy Gross	BCH	2:00.28	1993
9. Alyson Noble	LVM	2:00.34	2007
10. Kathy Glaser	UCLA	2:01.51	2005

National Record

Dana Vollmer RCP-PC 1:43.28 2009

500 YARD FREESTYLE

1. Briana Emig	LVM	5:08.84	2014
2. Claudine Martinez	SLUG	5:13.93	1997
3. Jodie Ziebell	ROAD	5:14.52	1997
4. Monica Ward	RAA	5:16.09	1990
5. Lorian Mark	UNAT	5:16.34	2009
6. Sian Pearson	MVN	5:17.96	2014
7. Laurel Hooper	NOVA	5:20.03	1998
8. Ieva Galinyte	MVN	5:21.68	2017
9. Elizabeth Hawes	OSB	5:22.37	2000
10. Christina Venturacci	NOVA	5:24.72	2008

National Record

Jessica Foschi METR-MR 4:49.97 2003

1000 YARD FREESTYLE

1. Laurel Hooper	NOVA	10:44.09	1995
2. Elizabeth Hawes	OSB	11:03.26	2000
3. Brianna Blanchard	CVMM	11:08.50	2011
4. Christina Venturacci	NOVA	11:14.06	2008
5. Katie Moore	MVN	11:25.53	2010
6. Jeanie Chicke	SCAQ	11:28.14	1993
7. Gwendolyn Mathias	GRA	11:30.75	2017
8. Susan Willis	NOVA	11:40.59	1993
9. Shauna Traub	DUST	11:49.00	1992
10. Jamie Lynn Smith	RAA	11:49.19	1988

National Record

Luane Rowe TVM-PC 10:12.42 2012

1650 YARD FREESTYLE

1. Laurel Hooper	NOVA	18:30.36	1998
2. Katie Moore	MVN	19:02.54	2011
3. Gwendolyn Mathias	GRA	19:05.28	2017
4. Heather Anderson	SWM	19:25.97	1995
5. Megan Lucas	NOVA	19:36.48	2003
6. Talia Brott	OSB	19:50.98	2000
7. Michal Ross	UCLA	20:04.32	2012
8. Kelsey Helgesen	ROSE	20:29.70	2013
9. Brandy Bounds	NOVA	20:34.77	2005
10. Jennifer Schumacher	NOVA	20:37.93	2008

National Record

Genevieve Miller DAS-OH 16:53.46 2017

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 18-24

50 YARD BACKSTROKE

1. Meghan Hawthorne	TSTT	27.32	2015
2. Margo Stanfa	GRA	28.03	2016
3. Courtney Martz	NOVA	28.14	2013
4. Kathy Stuppy	LBSC	28.20	1995
5. Kara Denby	CSAM	28.24	2010
6. Taylor Lakey	SCAQ	28.45	2017
7. Susie Burt	ELSM	28.67	1993
8. Lauren Turner	ROSE	28.92	2017
9. Xan Rogers	UNAT	28.98	2005
10. Madison Faulkner	UNAT	29.01	2014

National Record

Julia Mikota WMAC-WI 26.14 2018

100 YARD BACKSTROKE

1. Margo Stanfa	GRA	1:00.06	2016
2. Susie Burt	ELSM	1:00.18	1993
3. Cambridge Guerrero	LVM	1:01.59	2014
4. Xan Rogers	UNAT	1:01.77	2005
5. Sarajane Turek	MVN	1:02.35	1991
6. Kathy Stuppy	LBSC	1:02.40	1995
7. Kim Davis	SCAQ	1:02.59	2001
8. Jewelz Andrews	NOVA	1:02.63	2014
9. Elizabeth Hawes	OSB	1:03.14	2000
10. Courtney Martz	NOVA	1:03.27	2013

National Record

Emile Ewing AMS-SE 55.90 2010

200 YARD BACKSTROKE

1. Susie Burt	ELSM	2:06.90	1993
2. Elizabeth Hawes	OSB	2:12.18	2000
3. Kim Davis	SCAQ	2:12.76	2001
4. Xan Rogers	UNAT	2:14.50	2005
5. Cambridge Guerrero	LVM	2:14.64	2014
6. Adelynn Peterson	SLOM	2:14.91	2018
7. Heather Perry	UCSB	2:18.36	2001
8. Gwendolyn Mathias	GRA	2:18.82	2017
9. Dannica Brennan	LVM	2:19.94	2016
10. Carmen Brun	SCAQ	2:20.98	1992

National Record

Sara Schweitzer USAB-PC 1:59.22 2000

50 YARD BREASTSTROKE

1. Kara Denby	CSAM	29.01	2010
2. Laura Adams	ROSE	31.30	2015
3. Rachel Weinstein	NOVA	31.57	2017
4. Kyoko Iwaski	MVN	31.77	2003
5. Keiko Price	WH2O	31.84	2002
6. Jordan Danny	SCMC	31.85	2013
7. Emily Gibson	GRA	31.97	2018
8. Lindsey Leeming	CLVM	32.07	2005
9. Aubrie Smallwood	YCAM	32.14	2009
10. Briana Emig	LVM	32.29	2014

National Record

Katie Meili NCMS-NC 27.76 2014

100 YARD BREASTSTROKE

1. Jennifer Noddle	UCLA	1:07.23	2002
2. Jordan Danny	SCMC	1:08.13	2013
3. Lindsey Leeming	CLVM	1:08.37	2005
4. Aubrie Smallwood	YCAM	1:08.52	2009
5. Sara Showalter	UNAT	1:09.18	2002
6. Laura Adams	ROSE	1:09.29	2015
7. Briana Emig	LVM	1:09.34	2014
8. Rachel Weinstein	NOVA	1:09.38	2017
9. Sarah Webb	SBM	1:10.44	2015
10. Janet Hauer	SLUG	1:10.63	1993

National Record

Katie Meili NCMS-NC 58.71 2014

200 YARD BREASTSTROKE

1. Sara Showalter	UNAT	2:27.49	2002
2. Lindsey Leeming	CLVM	2:28.07	2005
3. Rachel Weinstein	NOVA	2:28.36	2017
4. Janet Hauer	SLUG	2:32.51	1993
5. Katie Moore	MVN	2:33.82	2009
6. Lisa Chang	SCAQ	2:35.73	1991
7. Grace Moon	CPM	2:36.38	1994
8. Lauren Dakin	CVMM	2:37.75	2012
9. Dena Florczyk	MVN	2:38.65	2003
10. Lexie Kelly	OCC	2:38.91	2010

National Record

Micah Lawrence NCMS-NC 2:06.59 2014

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 18-24

50 YARD BUTTERFLY

1. Katarzyna Wilk	LVM	25.19	2017
2. Jamie Raab	IMS	26.20	1995
3. Terri O'Loughlin	IHAC	26.40	1992
4. Meghan Hawthorne	TSTT	26.73	2015
5. Taryn Albright	GRA	26.81	2016
6. Shekinah Hoffman	LVM	26.85	2017
7. Keiko Price	WH2O	26.87	2002
8. Mariah Reading	SBM	26.90	2017
8. Monica Ward	RAA	26.90	1990
8. Rebecca Aguilar	UNAT	26.90	2016

National Record

Dana Vollmer RCP-PC 24.54 2009

100 YARD BUTTERFLY

1. Jamie Raab	IMS	57.89	1995
2. Monica Ward	RAA	58.30	1990
3. Sara Jane Turek	MVN	59.55	1991
4. Shekinah Hoffman	LVM	59.82	2017
5. Mariah Reading	SBM	1:00.31	2017
6. Shirley Kim	SCAQ	1:00.48	1997
7. Adelynn Peterson	SLOM	1:00.71	2018
8. Lauren Turner	ROSE	1:01.28	2017
9. Ashleigh Barreto	UCLA	1:01.44	2002
10. Brenna Dickson	GRA	1:01.45	2018

National Record

Dana Vollmer RCP-PC 52.30 2009

200 YARD BUTTERFLY

1. Adelynn Peterson	SLOM	2:07.62	2018
2. Briana Emig	LVM	2:09.09	2014
3. Sara Jane Turek	MVN	2:11.03	1991
4. Brenna Dickson	GRA	2:12.34	2018
5. Monica Ward	RIVR	2:12.54	1990
6. Christina Venturacci	NOVA	2:14.28	2008
7. Lexie Kelly	OCC	2:15.33	2010
8. Sian Pearson	MVN	2:15.57	2015
9. Lauren Turner	ROSE	2:19.62	2017
10. Jeanie Chicke	SCAQ	2:19.72	1993

National Record

Katherine Mills NCMS-NC 1:54.62 2012

100 YARD INDIVIDUAL MEDLEY

1. Kara Denby	CSAM	55.24	2010
2. Meghan Hawthorne	TSTT	1:01.16	2015
3. Terri O'Loughlin	IHAC	1:02.42	1992
4. Lauren Turner	ROSE	1:02.46	2017
5. Jordan Danny	SCMC	1:02.59	2013
6. Mariah Reading	SBM	1:02.68	2017
7. Sara Jane Turek	MVN	1:02.73	1991
8. Katherine Tse	ROSE	1:02.82	2015
9. Taryn Albright	GRA	1:02.94	2016
10. Aubrie Smallwood	YCAM	1:03.00	2009

National Record

Katie Meili NCMS-NC 53.02 2014

200 YARD INDIVIDUAL MEDLEY

1. Kara Denby	CSAM	2:02.35	2010
2. Jennifer Noddle	UCLA	2:10.60	2002
3. Briana Emig	LVM	2:12.40	2014
4. Claudine Martinez	SLUG	2:13.02	1997
5. Susie Burt	ELSM	2:13.09	1993
6. Mariah Reading	SBM	2:15.55	2017
7. Aubrie Smallwood	YCAM	2:16.41	2009
8. Grace Moon	CPM	2:17.07	1995
9. Lindsey Leeming	CLVM	2:17.13	2005
10. Sara Showalter	UNAT	2:17.58	2002

National Record

Katie Meili NCMS-NC 1:54.20 2-14

400 YARD INDIVIDUAL MEDLEY

1. Claudine Martinez	SLUG	4:38.94	1997
2. Briana Emig	LVM	4:41.09	2014
3. Adelynn Peterson	SLOM	4:42.69	2018
4. Aubrie Smallwood	YCAM	4:45.91	2009
5. Maria Kolmakova	UCLA	4:48.17	2010
6. Laurel Hooper	NOVA	4:48.60	1998
7. Elizabeth Hawes	OSB	4:51.75	2000
8. Lindsey Leeming	CLVM	4:53.37	2005
9. Katie Moore	MVN	4:56.69	2010
10. Gwendolyn Mathias	GRA	4:58.81	2017

National Record

Katherine Mills NCMS-NC 4:21.82 2012

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 25-29

50 YARD FREESTYLE

1. Katarzyna Wilk	LVM	22.45	2018
2. Liliana Ibanez Lopez	GRA	23.30	2017
3. Sandy Neilson	WSM	23.69	1986
4. Mary Edwards	SLUG	23.91	1999
5. Kristine Bush	SCAQ	23.93	1990
6. Lauren Frendreis	ROSE	24.01	2016
7. Aimee Berzins	ELSM	24.02	1994
8. Michelle Duraj	ROSE	24.22	2018
9. Jenny Susser	SCAQ	24.23	1993
10. Hannenian Kissel	SLUG	24.25	1999

National Record

Katarzyna Wilk LVM-SP 22.45 2018

100 YARD FREESTYLE

1. Katarzyna Wilk	LVM	48.58	2018
2. Jenny Susser	SCAQ	51.82	1993
3. Diane Graner	SCAQ	52.07	1991
4. Sandy Neilson	VEN	52.11	1982
5. Heidi Hannenian	SLUG	52.21	1998
6. Mary Edwards	SLUG	52.22	1999
7. Rebekah Olsen	MVN	52.72	2010
8. Judith Katterman	WSM	52.86	1984
9. Kimberly Worthen-Mogalian	TAN	52.91	1982
10. Kristine Bush	SCAQ	53.15	1990

National Record

Katarzyna Wilk LVM-SP 48.58 2018

200 YARD FREESTYLE

1. Katarzyna Wilk	LVM	1:50.18	2018
2. Heidi Hannenian	SLUG	1:52.53	1998
3. Liliana Ibanez Lopez	GRA	1:52.80	2017
4. Diane Graner	SCAQ	1:53.83	1989
5. Rebekah Olsen	MVN	1:54.15	2010
6. Laurel Hill	GWSC	1:55.17	1997
7. Sandy Neilson	WSM	1:55.42	1984
8. Kimberly Worthen	WSM	1:56.40	1984
9. Judith Katterman	WSM	1:57.75	1984
10. Jane Cairns	OSB	1:57.99	1998

National Record

Limin Liu SNM-PC 1:48.80 2001

500 YARD FREESTYLE

1. Dawn Heckman	WH2O	4:57.41	2003
2. Diane Graner	SCAQ	4:59.87	1991
3. Heidi Hannenian	SLUG	5:01.91	1998
4. Bonnie Durdy-Evans	WSM	5:08.26	1988
5. Kimberly Worthen	TAN	5:12.35	1983
6. Laurel Hill	GWSC	5:13.18	1997
7. Barbara Held	MMSC	5:13.65	1983
8. Rebekah Olsen	MVN	5:15.27	2010
9. Jane Cairns	OSB	5:16.29	1999
10. Rendy Opdycke	NOVA	5:18.72	2013

National Record

Sheila Taormina MICH-MI 4:49.88 1996

1000 YARD FREESTYLE

1. Dawn Heckman	WH2O	10:06.51	2003
2. Rendy Opdycke	NOVA	10:46.71	2011
3. Katrina Anderson	ROSE	10:50.80	2017
4. Laurel Hill	GWSC	10:51.26	1997
5. Bonnie Durdy	SCAQ	10:54.86	1986
6. Kimberly Worthen	WSM	11:04.54	1985
7. Fiona Petersen	NOVA	11:13.33	2003
8. Andrea DeVuono	WH2O	11:13.96	1992
9. Carmen Brun	NOVA	11:18.93	1995
10. Cecilia Henriksen	VEN	11:24.91	1997

National Record

Hannah Saiz UNAT-WI 10:10.67 2017

1650 YARD FREESTYLE

1. Dawn Heckman	WH2O	16:56.43	2003
2. Diane Graner	SCAQ	17:26.34	1991
3. Bonnie Durdy-Evans	WSM	17:39.25	1988
4. Kimberly Worthen-Mogalian	TAN	17:59.83	1982
5. Rendy Opdycke	NOVA	18:00.70	2011
6. Barbara Held	MMSC	18:17.11	1983
7. Meredith Rosenthal	LAAC	18:26.91	1986
8. Jane Cairns	OSB	18:27.94	1999
9. Laurel Hooper	NOVA	18:31.22	1999
10. Judith Katterman	WSM	18:31.39	1984

National Record

Karen Burton AFAM-CO 16:50.17 1991

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 25-29

50 YARD BACKSTROKE

1. Mary Edwards	SLUG	25.98	1999
2. Katarzyna Wilk	LVM	26.19	2018
3. Diane Graner	SCAQ	26.76	1989
4. Margo Aceino	GRA	27.82	2017
5. Lauren Hancock	CSAM	28.23	2010
6. Elaine Ferritto	SCAQ	28.46	2014
7. Kathy Utley	GWSC	28.64	1996
8. Danielle Taylor	UCI	28.69	2009
9. Megan Merchant	HSNM	28.82	2005
10. Elizabeth Vucinich	WH2O	28.83	2010

National Record

Tanica Jamison TPIT-AM 25.26 2010

100 YARD BACKSTROKE

1. Mary Edwards	SLUG	56.28	1999
2. Diane Graner	SCAQ	56.70	1991
3. Dannica Brennan	LVM	59.14	2017
4. Margo Aceino	GRA	59.40	2017
5. Rebekah Olsen	MVN	1:00.33	2010
6. Elizabeth Vucinich	WH2O	1:00.67	2010
7. Jamie Akenberger	LVM	1:01.27	2017
8. Melissa Wong	OCC	1:01.87	2010
9. Andrea DeVuono	WH2O	1:02.06	1990
10. Sherry Gaertner	LBSC	1:02.17	1993

National Record

Tanica Jamison TPIT-AM 54.06 2010

200 YARD BACKSTROKE

1. Diane Graner	SCAQ	2:01.29	1991
2. Dannica Brennan	LVM	2:05.84	2017
3. Mary Edwards	SLUG	2:07.95	1999
4. Katrina Anderson	ROSE	2:09.54	2017
5. Andrea DeVuono	WH2O	2:12.72	1990
6. Jane Cairns	OSB	2:13.48	1998
7. Melissa Wong	OCC	2:13.50	2010
8. Sherry Gaertner	LBSC	2:14.13	1993
9. Elizabeth Vucinich	WH2O	2:14.53	2010
10. Lisal Moran	NOVA	2:15.18	2010

National Record

Federica Pellegrini SFTL-FG 1:56.87 2015

50 YARD BREASTSTROKE

1. Spindrift Beck	SCAQ	29.46	2017
2. Wenke Hansen	OSB	30.16	1999
3. Michelle Duraj	ROSE	31.41	2018
4. Karen Melick	SCAQ	31.54	1983
5. Lauren Hancock	CSAM	31.65	2010
6. Lesley Bethel	SBM	31.66	2017
7. Laurel Hill	GWSC	31.80	1997
8. Jeannine Wish-Yeko	BSSC	32.05	1987
9. Katie Moore	MVN	32.07	2013
10. Lauren Frendreis	ROSE	32.39	2017
10. Lisa Chang	SCAQ	32.39	1994
10. Mary Bergen	SLUG	32.39	1999

National Record

Katie Meili NCMS-NC 27.10 2016

100 YARD BREASTSTROKE

1. Spindrift Beck	SCAQ	1:04.70	2017
2. Wenke Hansen	OSB	1:05.53	1999
3. Lesley Bethel	SBM	1:07.03	2017
4. Laurel Hill	GWSC	1:07.26	1997
5. Michelle Duraj	ROSE	1:08.27	2018
6. Jeannine Wish-Yeko	BSSC	1:08.86	1987
7. Katie Moore	MVN	1:09.14	2013
8. Sarah Cefalu	WH2O	1:09.42	2011
9. Lauren Frendreis	ROSE	1:09.57	2017
10. Karen Melick	SCAQ	1:09.58	1983

National Record

Megan Jendrick PNA-PN 59.58 2010

200 YARD BREASTSTROKE

1. Spindrift Beck	SCAQ	2:20.19	2017
2. Wenke Hansen	OSB	2:20.70	1999
3. Lesley Bethel	SBM	2:23.64	2017
4. Michelle Duraj	ROSE	2:27.67	2018
5. Laurel Hill	GWSC	2:28.37	1996
6. Janet Hauer	SLUG	2:29.87	1994
7. Nancy Mitchell	GWSC	2:30.34	1987
8. Karen Melick	SCAQ	2:31.40	1983
9. Sarah Schneider	HSNM	2:32.15	2004
10. Katie Moore	MVN	2:32.38	2013

National Record

Megan Jendrick PNA-PN 2:09.05 2010

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 25-29

50 YARD BUTTERFLY

1. Katarzyna Wilk	LVM	24.82	2018
2. Liliana Ibanez Lopez	GRA	24.93	2017
3. Lyndsay Naish	FMT	25.33	2017
4. Hannenian Kissel	SLUG	25.69	1999
5. Lauren Frendreis	ROSE	26.13	2016
6. Rebekah Olsen	MVN	26.35	2010
7. Wenke Hansen	OSB	26.42	1998
8. Spindrift Beck	SCAQ	26.60	2017
9. Elizabeth Vucinich	WH2O	26.63	2010
10. Diane Graner	SCAQ	26.69	1992

National Record

Danielle Herrmann CLOV-PC 24.19 2017

100 YARD BUTTERFLY

1. Hannenian Kissel	SLUG	56.38	1999
2. Lyndsay Naish	FMT	56.59	2017
3. Diane Graner	SCAQ	57.01	1991
4. Rebekah Olsen	MVN	57.84	2010
5. Lauren Frendreis	ROSE	58.09	2014
6. Dannica Brennan	LVM	58.32	2017
7. Magwyer Herring	ROSE	58.81	2015
8. Julia Voitovitsch	UCLA	59.18	2006
9. Stephanie Vint	LAPS	59.31	2017
10. Shirley Kim	SCAQ	59.42	1998

National Record

Amanda Sims OAM-PC 53.20 2015

200 YARD BUTTERFLY

1. Hannenian Kissel	SLUG	2:05.21	1999
2. Nancy Mitchell	GWSC	2:10.39	1987
3. Jillian Friend	CVMM	2:10.63	2014
4. Barbara Held	MMSC	2:10.75	1983
5. Diane Graner	SCAQ	2:11.35	1992
6. Meredith Rosenthal	LAAC	2:12.26	1986
7. Kimberly Worthen	WSM	2:14.22	1984
8. Laurel Hill	GWSC	2:14.77	1996
9. Mojca Cater	SCAQ	2:15.03	1997
10. Magwyer Herring	ROSE	2:15.14	2015

National Record

Hannah Saiz KENM-OH 1:57.48 2017

100 YARD INDIVIDUAL MEDLEY

1. Mary Edwards	SLUG	58.43	1999
2. Wenke Hansen	OSB	58.74	1999
3. Spindrift Beck	SCAQ	59.26	2017
4. Hannenian Kissel	SLUG	59.30	1999
5. Lyndsay Naish	FMT	59.35	2017
6. Lesley Bethel	SBM	59.62	2017
7. Dannica Brennan	LVM	1:00.07	2017
8. Diane Graner-Gallas	SLUG	1:00.82	1993
9. Lauren Hancock	CSAM	1:00.96	2010
10. Jillian Friend	CVMM	1:01.24	2014

National Record

Danielle Herrmann CLOV-PC 54.40 2017

200 YARD INDIVIDUAL MEDLEY

1. Wenke Hansen	OSB	2:06.96	1999
2. Diane Graner	SCAQ	2:07.60	1990
3. Lyndsay Naish	FMT	2:10.42	2017
4. Katrina Anderson	ROSE	2:11.51	2017
5. Laurel Hill	GWSC	2:12.12	1997
6. Andrea DeVuono	WH2O	2:12.49	1990
7. Spindrift Beck	SCAQ	2:12.90	2017
8. Lesley Bethel	SBM	2:13.32	2017
9. Dannica Brennan	LVM	2:13.78	2017
10. Sandy Neilson	WSM	2:14.70	1984

National Record

Justine Mueller T2NM-FL 1:57.56 2013

400 YARD INDIVIDUAL MEDLEY

1. Wenke Hansen	OSB	4:29.39	1999
2. Diane Graner-Gallas	SLUG	4:34.63	1993
3. Lyndsay Naish	FMT	4:34.89	2017
4. Stephanie Vint	LAPS	4:39.90	2017
5. Laurel Hill	GWSC	4:40.28	1998
6. Bonnie Durdy	SCAQ	4:41.59	1986
7. Jane Cairns	OSB	4:43.04	1998
8. Suzanne Margerum	WSM	4:43.63	1987
9. Nancy Mitchell	GWSC	4:43.79	1987
10. Dannica Brennan	LVM	4:44.25	2017

National Record

Justine Mueller T2NM-FL 4:19.02 2013

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 30-34

50 YARD FREESTYLE

100 YARD FREESTYLE

1. Peggy Gross	SAM	23.11	2000
2. Sandy Neilson	WSM	23.65	1986
3. Marcie Kjoller	OSB	24.83	2002
4. Elizabeth Vucinich	WH2O	24.90	2013
5. Courtney Eads	TCC	25.01	2017
6. Rebecca Newton	SCA	25.17	2011
7. Barb Harris	CPM	25.28	1990
8. Kim Schneider	SBM	25.43	2003
9. Diane Graner-Gallas	SLUG	25.45	1997
9. Jenni Carlson	SCAQ	25.45	2003

National Record

Erika Erndl T2NM-FL 22.48 2012

1. Sandy Neilson	WSM	51.70	1986
2. Diane Graner-Gallas	SLUG	52.72	1997
3. Peggy Gross	SAM	53.11	2001
4. Laurel Hill	GWSC	53.48	1999
5. Rebecca Newton	SCA	53.97	2011
6. Sherry Gaertner	LBSC	54.46	1994
7. Courtney Eads	TCC	54.61	2017
8. Marcie Kjoller	OSB	54.83	2002
9. Kim Schneider	SBM	54.86	2003
10. Elizabeth Vucinich	WH2O	55.12	2011

National Record

Erika Erndl T2NM-FL 48.03 2013

200 YARD FREESTYLE

500 YARD FREESTYLE

1. Dawn Heckman	ROSE	1:50.13	2012
2. Sandy Neilson	WSM	1:54.12	1986
3. Diane Graner-Gallas	SLUG	1:55.81	1999
4. Courtney Eads	TCC	1:57.36	2017
5. Cynthia Lewis	MVN	1:58.34	2009
6. Laurel Hill	GWSC	1:58.58	1999
7. Rebecca Newton	SCA	1:59.73	2011
8. Laurie Dodd	UCLA	1:59.88	2006
9. Barbara Held	MMSC	2:00.72	1984
10. Kimberly Worthen	WSM	2:01.32	1987

National Record

Erika Erndl T2NM-FL 1:43.46 2012

1. Dawn Heckman	ROSE	4:46.92	2012
2. Cynthia Lewis	MVN	5:11.96	2010
3. Joanne Reiersen	SCAQ	5:14.22	2002
4. Sandy Neilson	WSM	5:14.67	1986
5. Kim Schneider	SBM	5:17.55	2003
6. Margaret Mason	CLVM	5:18.47	2003
7. Laurie Dodd	UCLA	5:21.94	2006
8. Kimberly Worthen	WSM	5:23.08	1987
9. Diane Graner-Gallas	SLUG	5:23.37	1997
10. Nancy Rogers	SBSC	5:25.26	1990

National Record

Dawn Heckman ROSE-SP 4:46.92 2012

1000 YARD FREESTYLE

1650 YARD FREESTYLE

1. Dawn Heckman	ROSE	9:51.93	2012
2. Joanne Reiersen	SCAQ	10:36.92	2002
3. Laurie Dodd	UCLA	10:55.17	2006
4. Cori Raffaelli	VCM	11:11.59	2016
5. Jill Johansen	BGWM	11:16.21	2008
6. Lee Ann Ghimenti	VCM	11:23.50	2002
7. Fiona Petersen	NOVA	11:24.79	2004
8. Jane Cairns	OSB	11:24.85	2001
9. Melissa Giovanni	LVM	11:27.21	2014
10. Margaret Reilly	NOVA	11:34.28	2004

National Record

Dawn Heckman ROSE-SP 9:51.93 2012

1. Margaret Mason	CLVM	18:07.81	2003
2. Sandy Neilson	WSM	18:12.87	1986
3. Cynthia Lewis	MVN	18:13.20	2010
4. Laurie Dodd	UCLA	18:14.01	2006
5. Barbara Held	MMSC	18:29.91	1984
6. Jill Johansen	BGWM	18:48.72	2009
7. Lee Anne Ghimenti	VCM	18:54.19	2004
8. Fiona Petersen	NOVA	19:10.96	2005
9. Laurie Alderman	CLVM	19:14.46	2001
10. Cori Raffaelli	VCM	19:14.78	2017

National Record

Karen Burton AFAM-CO 17:07.52 1993

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 30-34

50 YARD BACKSTROKE

1. Diane Graner-Gallas	SLUG	27.14	1997
2. Elizabeth Vucinich	WH2O	28.54	2013
3. Kate Hibbard	LVM	29.31	2015
4. Andrea DeVuono	WH2O	29.37	1996
5. Sandy Neilson-Bell	SST	29.63	1989
6. Tina Jamieson	SWM	29.88	1999
7. Karen Younkins	SPP	30.00	2018
8. Jenni Carlson	SLUG	30.01	2001
9. Rebekah Olsen	MVN	30.09	2011
10. Abica Dubai	GRA	30.21	2017

National Record

Noriko Inada PHX-AZ 24.96 2011

100 YARD BACKSTROKE

1. Diane Graner-Gallas	SLUG	57.75	1997
2. Elizabeth Vucinich	WH2O	1:01.16	2013
3. Sherry Gaertner	LBSC	1:01.66	1994
4. Kate Hibbard	GRA	1:02.32	2018
5. Andrea DeVuono	WH2O	1:02.87	1996
6. Jenni Carlson	SCAQ	1:04.36	2003
7. Karen Younkins	SPP	1:04.56	2018
8. Jane Cairns	OSB	1:04.92	2001
9. Cynthia Lewis	MVN	1:04.97	2010
10. Amy Cantilina	SMSC	1:06.21	2001

National Record

Noriko Inada PHX-AZ 54.60 2011

200 YARD BACKSTROKE

1. Diane Graner-Gallas	SLUG	2:04.82	1997
2. Andrea DeVuono	WH2O	2:12.44	1996
3. Elizabeth Vucinich	WH2O	2:14.92	2013
4. Jill Johansen	BGWM	2:16.49	2008
5. Jane Cairns	OSB	2:17.56	2001
6. Sherry Gaertner	LBSC	2:18.35	1994
7. Laurel Hill	GWSC	2:18.42	1999
8. Michelle Dokter	ELSM	2:18.62	1994
9. Karen Younkins	SPP	2:19.66	2018
10. Nancy Mitchell	GWSC	2:19.84	1992

National Record

Karlyn Piper-Neilsen SDSM-SI 1:59.93 1996

50 YARD BREASTSTROKE

1. Wenke Hansen	OSB	29.83	2000
2. Cynthia Lewis	MVN	30.88	2009
3. Karen Melick	SCAQ	31.55	1990
4. Gennifer Amthor	LBSC	31.98	2008
5. Mary Donlevy	SLUG	32.21	2001
6. Joanne Reiersen	SCAQ	32.43	2002
7. Mariya Petrova	ROSE	32.44	2017
8. Janet Harlow	SLUG	32.45	1999
9. Stefanie Capizzi	ROSE	32.97	2018
10. Mary Ireland	TROJ	33.03	1984

National Record

Katie McClelland SMU-NT 28.48 2008

100 YARD BREASTSTROKE

1. Wenke Hansen	OSB	1:03.69	2000
2. Cynthia Lewis	MVN	1:04.48	2010
3. Gennifer Amthor	LBSC	1:07.58	2008
4. Laurel Hill	GWSC	1:08.54	1999
5. Karen Melick	WSM	1:08.85	1987
6. Joanne Reiersen	SCAQ	1:09.78	2002
7. Rossell Pescatori	UCLA	1:10.22	2003
8. Janet Harlow	SLUG	1:10.26	1999
9. Mary Donlevy	SLUG	1:10.50	2001
10. Ursula Moser	CLVM	1:11.24	2004

National Record

Katie McClelland SMU-NT 1:02.08 2008

200 YARD BREASTSTROKE

1. Wenke Hansen	OSB	2:17.34	2000
2. Cynthia Lewis	MVN	2:22.64	2010
3. Laurel Hill	GWSC	2:25.31	1999
4. Karen Melick	SCAQ	2:29.75	1990
5. Janet Harlow	SLUG	2:30.11	1999
6. Joanne Reiersen	SCAQ	2:31.30	2002
7. Mary Donlevy	SLUG	2:32.62	2001
8. Nancy Mitchell	GWSC	2:32.67	1992
9. Susie McIntyre	SCAQ	2:33.14	1986
10. Stefanie Capizzi	ROSE	2:34.78	2018

National Record

Erika Erndl T2NM-FL 2:15.99 2013

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 30-34

50 YARD BUTTERFLY

1. Courtney Eads	TCC	26.27	2017
2. Diane Graner-Gallas	SLUG	26.31	1997
3. Peggy Gross	SAM	26.52	2000
4. Marcie Kjoller	OSB	26.74	2002
5. Elizabeth Vucinich	WH2O	26.83	2013
6. Sandy Neilson	WSM	26.90	1986
7. Gennifer Amthor	LBSC	26.95	2008
8. Cynthia Lewis	MVN	27.03	2009
9. Barbara Held	MMSC	27.24	1984
10. Kathy Chung	ROSE	27.81	2012

National Record

Angel Martino UNAT-GA 24.18 2000

100 YARD BUTTERFLY

1. Wenke Hansen	OSB	56.87	2002
2. Courtney Eads	TCC	58.03	2017
3. Diane Graner-Gallas	SLUG	58.06	1998
4. Gennifer Amthor	LBSC	59.28	2008
5. Elizabeth Vucinich	WH2O	59.56	2013
6. Barbara Held	MMSC	59.64	1984
7. Cindy Schilling	WSM	1:00.27	1985
8. Peggy Gross	SAM	1:00.62	2000
9. Sherry Gaertner	LBSC	1:00.66	1994
10. Cynthia Lewis	MVN	1:01.07	2009

National Record

Angel Martino UNAT-GA 55.01 1999

200 YARD BUTTERFLY

1. Gennifer Amthor	LBSC	2:12.02	2008
2. Nancy Mitchell	GWSC	2:12.55	1992
3. Cynthia Lewis	MVN	2:13.79	2009
4. Cindy Schilling	WSM	2:13.86	1985
5. Pam Lazzarotto	SCAQ	2:17.56	1993
6. Stacey Gavigan	UCI	2:17.93	2001
7. Barbara Held	MMSC	2:18.20	1984
8. Margaret Mason	CLVM	2:19.95	2003
9. Laurie Dodd	UCLA	2:22.88	2005
10. Vanessa Thill	CLVM	2:25.33	2001

National Record

Karlyn Piper-Neilsen SDSM-SI 2:03.46 1996

100 YARD INDIVIDUAL MEDLEY

1. Wenke Hansen	OSB	58.10	2002
2. Cynthia Lewis	MVN	59.43	2010
3. Courtney Eads	TCC	1:00.66	2017
4. Sandy Neilson	WSM	1:01.52	1986
5. Kate Hibbard	LVM	1:03.22	2015
6. Janet Harlow	SLUG	1:03.26	1999
7. Diane Graner-Gallas	SLUG	1:03.55	1998
8. Mary Donlevy	SLUG	1:03.90	2001
9. Andrea DeVuono	WH2O	1:04.17	1996
9. Freedom Rode	MYST	1:04.17	2015

National Record

Angel Martino UNAT-GA 57.01 2000

200 YARD INDIVIDUAL MEDLEY

1. Wenke Hansen	OSB	2:05.59	2000
2. Laurel Hill	GWSC	2:10.85	1999
3. Cynthia Lewis	MVN	2:13.33	2008
4. Gennifer Amthor	LBSC	2:15.12	2008
5. Kate Hibbard	LVM	2:15.73	2015
6. Andrea DeVuono	WH2O	2:16.29	1996
7. Nancy Mitchell	GWSC	2:17.36	1992
8. Janet Harlow	SLUG	2:17.42	1999
9. Susie McIntyre	SCAQ	2:17.87	1986
10. Rossell Pescatori	UCLA	2:18.92	2003

National Record

Erika Erndl SWIM-FL 1:58.80 2009

400 YARD INDIVIDUAL MEDLEY

1. Dawn Heckman	ROSE	4:30.81	2011
2. Cynthia Lewis	MVN	4:32.37	2010
3. Laurel Hill	GWSC	4:39.77	1999
4. Jill Johansen	BGWM	4:49.39	2008
5. Andrea DeVuono	WH2O	4:51.44	1994
6. Janet Harlow	SLUG	4:51.60	1999
7. Nancy Mitchell	NOVA	4:52.23	1993
8. Margaret Mason	CLVM	4:54.31	2003
9. Laurie Dodd	UCLA	4:56.10	2006
10. Jill Keenan-Boline	ROSE	4:57.46	2001

National Record

Erika Erndl T2NM-FL 4:14.84 2013

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 35-39

50 YARD FREESTYLE

1. Gabrielle Chang	SBM	23.82	2017
2. Sandy Neilson-Bell	SST	24.29	1991
3. Ann Worthington	MVN	24.43	2006
4. Marcie Kjoller	UCSB	24.81	2003
5. Cynthia Lewis	NOVA	24.83	2012
6. Bonnie Adair	SCAQ	25.19	1991
7. Diane Graner-Gallas	SLUG	25.25	2001
8. Elizabeth Vucinich	WH2O	25.30	2017
9. Tomoko Naka	CVMM	25.36	2018
10. Diana Todd	VEN	25.41	1982

National Record

Dara Torres GOLD-FG 22.34 2007

100 YARD FREESTYLE

1. Diane Graner-Gallas	SLUG	53.05	1999
2. Sandy Neilson-Bell	SST	53.34	1991
3. Ann Worthington	MVN	54.23	2006
4. Gabrielle Chang	SBM	54.54	2017
5. Bonnie Adair	SCAQ	54.62	1991
6. Jeni Buys	TYR	55.40	2005
7. Tomoko Naka	CVMM	55.58	2018
8. Melissa Giovanni	LVM	55.69	2016
9. Diana Todd	VEN	56.18	1982
10. Mary Lee	LVM	56.21	2017

National Record

Dara Torres GOLD-FG 49.72 2007

200 YARD FREESTYLE

1. Gabrielle Chang	SBM	1:52.17	2017
2. Diane Graner-Gallas	SLUG	1:54.15	2001
3. Sandy Neilson-Bell	SST	1:57.01	1991
4. Laurie Dodd	UCLA	1:58.84	2007
5. Diana Philippi	CLVM	2:01.14	2005
6. Melissa Giovanni	LVM	2:01.78	2016
7. Cynthia Lewis	NOVA	2:02.27	2011
8. Jeni Buys	TYR	2:02.77	2005
9. Cindy Schilling	WSM	2:04.77	1989
10. Marcie Kjoller	UCSB	2:05.06	2003

National Record

Karlyn Pipes-Neilsen SDSM-SI 1:51.55 1997

500 YARD FREESTYLE

1. Laurie Dodd	UCLA	5:10.49	2007
2. Cynthia Lewis	NOVA	5:10.72	2011
3. Diana Philippi	CLVM	5:21.22	2004
4. Jeni Buys	TYR	5:25.22	2005
5. Lee Anne Ghimenti	VCM	5:29.96	2005
6. Melissa Giovanni	LVM	5:32.96	2016
7. Loren Uscilowski	UCLA	5:36.27	2007
8. Margaret Reilly	NOVA	5:38.15	2005
9. Barbara Held	SCAQ	5:38.76	1991
10. Karen Schultz	SBM	5:39.87	2016

National Record

Karlyn Pipes-Neilsen SDSM-SI 4:56.09 1997

1000 YARD FREESTYLE

1. Diane Graner-Gallas	SLUG	10:25.07	2001
2. Laurie Dodd	SCAQ	10:41.23	2011
3. Diana Philippi	CLVM	10:56.74	2004
4. Lee Anne Ghimenti	VCM	11:19.16	2005
5. Melissa Giovanni	LVM	11:29.11	2015
6. Sarah Turner	UCLA	11:32.69	1997
7. Heidi Christensen	DUST	11:45.94	1994
8. Charlotte Gutierrez	SBSC	11:46.11	1989
9. Brenda Tomtan-Brayman	LVM	11:47.67	2010
10. Karen Schultz	SBM	11:48.21	2017

National Record

Heidi George UNAT-PC 10:11.23 2014

1650 YARD FREESTYLE

1. Laurie Dodd	UCLA	17:59.24	2007
2. Diana Philippi	CLVM	18:25.73	2003
3. Lee Anne Ghimenti	VCM	19:01.76	2005
4. Karen Schultz	SBM	19:34.07	2016
5. Brenda Tomtan-Brayman	LVM	19:49.95	2010
6. Lucy Johnson	TAN	20:26.78	1983
7. Karin Langer	CVMM	20:39.29	2014
8. Kari Adams	CLVM	20:58.62	2005
9. Tanya Maclean	NOVA	21:03.13	2011
10. Michael Flaherty	SWHM	21:08.14	2013

National Record

Heidi George UNAT-PC 16:46.85 2014

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 35-39

50 YARD BACKSTROKE

1. Diane Graner-Gallas	SLUG	27.32	1999
2. Elizabeth Vucinich	WH2O	28.59	2018
3. Andrea DeVuono	WH2O	29.65	1998
4. Bonnie Adair	SCAQ	29.75	1991
5. Brooke Green	SBM	29.79	2018
5. Carole Shigaki	WH2O	29.79	1994
7. Megan Hedges	NOVA	30.26	2011
8. Cynthia Lewis	NOVA	30.31	2012
9. Nancy Kirkpatrick-Reno	DUST	30.48	1994
10. Sian Romoli	CTM	30.62	2008

National Record

Noriko Inada PSCM-AZ 24.71 2017

100 YARD BACKSTROKE

1. Diane Graner-Gallas	SLUG	58.93	1999
2. Elizabeth Vucinich	WH2O	1:00.71	2018
3. Andrea DeVuono	WH2O	1:04.59	1998
4. Carole Shigaki	WH2O	1:05.32	1993
5. Bonnie Adair	SCAQ	1:05.63	1991
6. Nancy Kirkpatrick-Reno	DUST	1:05.85	1995
7. Jenny Kemp	UCLA	1:06.27	1993
8. Brooke Green	SBM	1:06.58	2018
9. Mary Lee	LVM	1:06.64	2017
10. Mary Hamilton	NOVA	1:07.16	1992

National Record

Noriko Inada PSCM-AZ 53.58 2017

200 YARD BACKSTROKE

1. Diane Graner-Gallas	SLUG	2:06.02	1999
2. Elizabeth Vucinich	WH2O	2:12.99	2018
3. Andrea DeVuono	WH2O	2:15.43	1998
4. Nancy Kirkpatrick-Reno	DUST	2:23.99	1994
5. Carole Shigaki	WH2O	2:25.16	1993
6. Jenny Kemp	UCLA	2:25.33	1993
7. Susan Hitch	LVM	2:27.93	2017
8. Laurie Dodd	UCLA	2:28.68	2007
9. Cindy Schilling	WSM	2:28.77	1989
10. Brooke Green	SBM	2:30.27	2018

National Record

Karlyn Pipes-Neilsen SDSM-SI 2:00.54 1998

50 YARD BREASTSTROKE

1. Gabrielle Chang	SBM	29.52	2017
2. Cynthia Lewis	NOVA	29.63	2012
3. Karen Melick	SCAQ	31.65	1992
4. Ann Worthington	MVN	33.10	2006
4. Dawn Schroeder	OSB	33.10	2002
6. Kimberly Leigh	DSSM	33.23	2008
7. Diana Todd	TROJ	33.29	1981
8. LeAnne Farmer	MVN	33.53	2011
9. Margaret Reilly	NOVA	34.19	2005
10. Carole Shigaki	WH2O	34.33	1994

National Record

Katie Glenn STAN-PC 28.51 2014

100 YARD BREASTSTROKE

1. Cynthia Lewis	NOVA	1:03.46	2012
2. Karen Melick	SCAQ	1:10.39	1992
3. Kimberly Leigh	VCM	1:11.21	2009
4. Dawn Schroeder	UCSB	1:11.45	2003
5. Rossella Pescatori	SCAQ	1:12.03	2009
6. Ann Worthington	MVN	1:12.86	2006
7. LeAnne Farmer	MVN	1:13.70	2011
8. Sophie Jones	UNAT	1:14.11	2017
9. Carole Shigaki	WH2O	1:14.28	1993
10. Charlotte Gutierrez	SBSC	1:14.57	1989

National Record

Katie Glenn STAN-PC 1:01.88 2015

200 YARD BREASTSTROKE

1. Cynthia Lewis	NOVA	2:17.84	2012
2. Karen Melick	SCAQ	2:30.53	1992
3. Kimberly Leigh	VCM	2:32.34	2009
4. Rossella Pescatori	SCAQ	2:33.99	2009
5. Dawn Schroeder	OSB	2:34.17	2002
6. Ingrid Daland	TROJ	2:41.13	1979
7. Charlotte Gutierrez	SBSC	2:41.90	1989
8. LeAnne Farmer	MVN	2:42.25	2011
9. Dianna Tate	SCAQ	2:42.65	1996
10. Carole Shigaki	WH2O	2:42.96	1993

National Record

Katie Glenn STAN-PC 2:17.51 2015

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 35-39

50 YARD BUTTERFLY

1. Gabrielle Chang	SBM	25.15	2017
2. Diane Graner-Gallas	SLUG	26.29	1999
3. Elizabeth Vucinich	WH2O	26.57	2018
4. Tomoko Naka	CVMM	26.75	2018
5. Cynthia Lewis	NOVA	26.79	2012
6. Kristina Ulveling	UNAT	26.83	2011
7. Marcie Kjoller	UCSB	27.37	2003
8. Megan Hedges	NOVA	27.81	2010
9. Bonnie Adair	SCAQ	27.82	1991
10. Arlette Godges	UCSB	28.06	2003

National Record

Noriko Inada PSCM-AZ 25.04 2017

100 YARD BUTTERFLY

1. Cynthia Lewis	NOVA	58.95	2012
2. Kristina Ulveling	UNAT	59.38	2011
3. Elizabeth Vucinich	WH2O	59.88	2017
4. Diana Philippi	CLVM	1:00.69	2003
5. Cindy Schilling	WSM	1:01.68	1989
6. Sandy Neilson-Bell	SST	1:01.79	1991
7. Cynthia Lichtman	SCAQ	1:02.48	1999
8. Megan Hedges	NOVA	1:02.63	2010
9. Laurie Dodd	UCLA	1:02.76	2007
10. Sarah Turner	UCLA	1:02.93	1997

National Record

Susan Von Der Lippe RMM-CO 55.78 2003

200 YARD BUTTERFLY

1. Diana Philippi	CLVM	2:13.88	2004
2. Laurie Dodd	UCLA	2:16.36	2007
3. Cynthia Lichtman	SCAQ	2:17.24	1999
4. Cindy Schilling	WSM	2:17.68	1989
5. Karen Schultz	SBM	2:25.35	2017
6. Sarah Turner	UCLA	2:25.38	1997
7. Lucy Johnson	TAN	2:25.83	1983
8. Rebecca Richter	TROJ	2:28.81	1981
9. Kari Adams	CLVM	2:35.58	2005
10. Michele Bailey	OJAI	2:40.06	2003

National Record

Susan Von Der Lippe CMS-CO 2:03.48 2005

100 YARD INDIVIDUAL MEDLEY

1. Gabrielle Chang	SBM	57.25	2017
2. Cynthia Lewis	NOVA	59.61	2011
3. Bonnie Adair	SCAQ	1:03.52	1991
4. Ann Worthington	MVN	1:03.66	2006
5. Sophie Jones	UNAT	1:04.44	2017
6. Carole Shigaki	WH2O	1:05.70	1993
7. Andrea DeVuono	WH2O	1:06.15	1998
8. Diana Todd	TROJ	1:06.24	1981
9. Elizabeth Vucinich	WH2O	1:06.27	2018
10. Laurie Dodd	UCLA	1:06.52	2007

National Record

Gabrielle E Chang SBM-SP 57.25 2017

200 YARD INDIVIDUAL MEDLEY

1. Cynthia Lewis	NOVA	2:07.48	2012
2. Sandy Neilson-Bell	SST	2:14.68	1991
3. Laurie Dodd	UCLA	2:18.79	2007
4. Andrea DeVuono	WH2O	2:19.27	1998
5. Sophie Jones	UNAT	2:21.70	2017
6. Rossella Pescatori	SLUG	2:22.20	2009
7. Kimberly Leigh	VCM	2:22.41	2009
8. Cindy Schilling	WSM	2:22.44	1989
9. Bonnie Adair	SCAQ	2:24.97	1991
10. Carole Shigaki	WH2O	2:25.39	1993

National Record

Karlyn Pipes-Neilsen SDSM-SI 2:05.24 1998

400 YARD INDIVIDUAL MEDLEY

1. Cynthia Lewis	NOVA	4:35.29	2011
2. Sandy Neilson-Bell	SST	4:47.13	1991
3. Laurie Dodd	UCLA	4:50.10	2007
4. Andrea DeVuono	WH2O	4:51.49	1998
5. Diana Philippi	CLVM	4:59.77	2003
6. Cynthia Lichtman	SCAQ	5:07.05	1999
7. Jill Keenan-Boline	ROSE	5:10.51	2009
8. Karen Schultz	SBM	5:11.97	2017
9. Lee Anne Ghimenti	VCM	5:12.11	2009
10. Heidi Cough	NOVA	5:17.63	2017

National Record

Karlyn Pipes-Neilsen SDSM-SI 4:24.18 1998

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 40-44

50 YARD FREESTYLE

1. Sarah Condor-Fisher	MACS	25.22	2015
2. Diana Todd	WSM	25.31	1985
3. Bonnie Adair	SCAQ	25.35	1993
4. Traci Granger	LAPS	25.65	2001
5. Heather Shannon	UCLA	25.67	2005
6. Emily Odgers	NOVA	25.77	2008
7. Heidi Walker	MVN	26.02	2017
8. Jennifer Rines	MVN	26.06	2018
9. Nicole Perkins	SBM	26.14	2017
10. Tami Engel	MVN	26.28	2004

National Record

Dara Torres GOLD-FG 21.91 2007

100 YARD FREESTYLE

1. Bonnie Adair	SCAQ	55.28	1993
2. Emily Odgers	NOVA	55.29	2010
3. Diana Todd	WSM	55.97	1985
4. Heidi Walker	MVN	56.40	2017
5. Tami Engel	MVN	57.22	2004
6. Heather Shannon	UCLA	57.33	2005
7. Monica Marcone	OJAI	58.11	2009
8. Tish Carroll	CLVM	58.50	2003
9. Bonnie Rogers	FMT	59.19	2007
10. Jenifer Straley	ROSE	59.26	2014

National Record

Dara Torres GOLD-FG 48.34 2007

200 YARD FREESTYLE

1. Amy Collins	NOVA	2:00.60	2012
2. Amy Dantzler	WH2O	2:02.13	2009
3. Emily Odgers	NOVA	2:03.80	2010
3. Bonnie Adair	SCAQ	2:04.08	1993
5. Heidi Walker	MVN	2:04.37	2017
6. Kari Adams	LVM	2:04.94	2010
7. Becky Lamph	LVM	2:07.03	2011
8. Lee Anne Ghimenti	VCM	2:07.53	2010
9. Julie Wynn	DSSM	2:07.91	1996
10. Tish Carroll	CLVM	2:08.39	2003

National Record

Karlyn Pipes-Neilsen SDSM-SI 1:51.06 2002

500 YARD FREESTYLE

1. Amy Dantzler	WH2O	5:21.31	2007
2. Katy Phifer	LVM	5:28.75	2014
3. Laurie Dodd	UCLA	5:32.63	2015
4. Jill Keenan-Boline	ROSE	5:32.71	2011
5. Lee Anne Ghimenti	VCM	5:34.46	2010
6. Kari Adams	LVM	5:36.47	2010
7. Emily Odgers	NOVA	5:40.11	2010
8. Barbara Goodwin	LAPS	5:42.17	2008
9. Jenny Cook	UCLA	5:42.49	2002
10. Becky Lamph	LVM	5:43.05	2011

National Record

Karlyn Pipes-Neilsen SDSM-SI 4:58.98 2002

1000 YARD FREESTYLE

1. Amy Dantzler	WH2O	10:56.63	2009
2. Laurie Dodd	UCLA	11:11.17	2015
3. Katy Phifer	LVM	11:26.68	2014
3. Lee Anne Ghimenti	VCM	11:31.02	2010
5. Kari Adams	LVM	11:43.52	2010
6. Becky Lamph	LVM	11:48.25	2011
7. Heidi Christensen	DSSM	11:51.86	1999
8. Barbara Goodwin	LAPS	11:55.19	2008
9. Jinxi Caddel	UNAT	12:03.15	2011
10. Heidi Walker	MVN	12:05.65	2017

National Record

Karlyn Pipes-Neilsen SDSM-SI 10:20.45 2003

1650 YARD FREESTYLE

1. Amy Dantzler	WH2O	18:14.27	2008
2. Laurie Dodd	UCLA	18:34.20	2015
3. Katy Phifer	LVM	18:52.25	2014
4. Melanie Valerio	SCAQ	18:58.25	2012
5. Lee Anne Ghimenti	VCM	19:16.37	2010
6. Heidi Christensen	DSSM	19:55.58	1999
7. Heidi Walker	MVN	19:56.12	2017
8. Sharon Blaha	NOVA	19:56.69	2001
9. Leslie Monroe	CVMM	20:09.83	2016
10. Tami Engel	MVN	20:12.48	2005

National Record

Heidi George UNAT-PC 17:06.37 2018

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 40-44

50 YARD BACKSTROKE

1. Gretchen Caterson	SCA	28.36	2011
2. Katy Phifer	LVM	29.42	2014
3. Wenke Seider	OJAI	30.13	2013
4. Carole Shigaki	WH2O	30.20	1996
5. Bonnie Adair	SCAQ	30.59	1995
6. Nancy Reno	DUST	30.63	1996
7. Maryanne Keever	UNAT	31.03	1999
8. Elizabeth Olsheim	MVN	31.22	2017
9. Karen Schmidt	MVN	31.47	2011
10. Jenni Carlson	UCLA	31.60	2014

National Record

Sheri Hart PNA-PN 26.12 2011

100 YARD BACKSTROKE

1. Gretchen Caterson	SCA	1:00.83	2011
2. Katy Phifer	LVM	1:01.82	2014
3. Nancy Reno	DUST	1:05.80	1996
4. Carole Shigaki	WH2O	1:05.83	1996
5. Karen Schmidt	MVN	1:07.23	2011
6. Monica Marcone	OJAI	1:07.53	2009
7. Jenni Carlson	SCAQ	1:08.19	2011
8. Emily Odgers	NOVA	1:08.40	2010
9. Bonnie Adair	SCAQ	1:08.44	1994
10. Elizabeth Olsheim	MVN	1:09.15	2017

National Record

Sheri Hart PNA-PN 56.03 2011

200 YARD BACKSTROKE

1. Gretchen Caterson	SCA	2:11.09	2011
2. Katy Phifer	LVM	2:12.28	2014
3. Karen Schmidt	MVN	2:16.73	2011
4. Nancy Reno	DUST	2:23.17	1996
5. Emily Odgers	NOVA	2:24.36	2010
6. Carole Shigaki	WH2O	2:29.37	1999
7. Stephanie Kramer	NOVA	2:30.25	2016
8. Andra Jaunzeme	LVM	2:31.78	1996
9. Kim Skomra	VCM	2:33.09	2003
10. Lesley Hodges	LVM	2:34.06	2017

National Record

Kristin Gary REDT-MR 2:04.43 2010

50 YARD BREASTSTROKE

1. Wenke Seider	OJAI	30.79	2014
2. Sarah Condor-Fisher	MACS	30.82	2015
3. Nadean Hudson	VCM	33.12	2008
4. Karen Melick	SCAQ	33.29	2002
5. Jenifer Straley	ROSE	33.40	2014
6. Jennifer Rines	MVN	33.69	2018
7. Julie Flores	CVMM	34.02	2010
8. Heather Shannon	UCLA	34.40	2005
9. Shelly Santoro	LVM	34.61	2017
10. Carole Shigaki	WH2O	34.68	1996

National Record

Katie Glenn OPA-CO 28.71 2018

100 YARD BREASTSTROKE

1. Wenke Seider	OJAI	1:05.49	2014
2. Sarah Condor-Fisher	MACS	1:09.34	2015
3. Nadean Hudson	VCM	1:11.73	2008
4. Jenifer Straley	ROSE	1:13.32	2014
5. Julie Flores	CSAM	1:13.60	2009
6. Karen Melick	SCAQ	1:14.02	2002
7. Shelly Santoro	LVM	1:14.70	2017
8. Andra Jaunzeme	LVM	1:14.87	1996
8. Karen Schmidt	MVN	1:14.87	2011
8. Mary Jurey	SCAQ	1:14.87	2009

National Record

Katie Glenn OPA-CO 1:02.70 2018

200 YARD BREASTSTROKE

1. Wenke Seider	OJAI	2:25.57	2014
2. Amy Collins	NOVA	2:28.05	2012
3. Nadean Hudson	VCM	2:35.92	2008
4. Karen Schmidt	MVN	2:37.58	2011
5. Sarah Condor-Fisher	MACS	2:38.93	2015
6. Karen Melick	SCAQ	2:39.58	2002
7. Leslie Monroe	CVMM	2:39.93	2017
8. Shelly Santoro	LVM	2:41.30	2017
9. Andra Jaunzeme	LVM	2:41.46	1996
10. Cheryl Simmons	ROSE	2:42.75	2011

National Record

Susan Von Der Lippe CMS-CO 2:17.06 2006

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 40-44

50 YARD BUTTERFLY

1. Wenke Seider	OJAI	25.96	2014
2. Sarah Condor-Fisher	MACS	27.63	2015
3. Traci Granger	LAPS	27.73	2001
4. Nicole Perkins	SBM	27.84	2017
5. Gretchen Caterson	SCA	27.94	2011
6. Diana Todd	WSM	28.28	1985
7. Bonnie Adair	SCAQ	28.29	1994
7. Jennifer Rines	MVN	28.29	2018
9. Kari Adams	LVM	28.70	2010
10. Maryanne Keever	UNAT	28.96	1999

National Record

Susan Von Der Lippe CMS-CO 25.14 2009

100 YARD BUTTERFLY

1. Wenke Seider	OJAI	57.88	2014
2. Bonnie Adair	SCAQ	1:02.46	1993
3. Karen Schmidt	MVN	1:02.97	2011
4. Traci Granger	LAPS	1:03.54	2001
5. Kari Adams	LVM	1:04.18	2010
6. Tami Engel	MVN	1:04.50	2005
7. Diana Todd	SCAQ	1:04.85	1986
8. Mary Jurey	SCAQ	1:05.97	2009
9. Amy Dantzler	WH2O	1:06.04	2009
10. Tish Carroll	CLVM	1:06.49	2003

National Record

Susan Von Der Lippe CMS-CO 54.83 2009

200 YARD BUTTERFLY

1. Karen Schmidt	MVN	2:25.55	2011
2. Katy Phifer	LVM	2:28.08	2014
3. Amy Dantzler	WH2O	2:28.36	2009
4. Maureen MacDonald	SCAQ	2:29.87	2007
5. Kari Adams	LVM	2:30.18	2010
6. Tami Engel	MVN	2:30.41	2004
7. Tish Carroll	CLVM	2:34.87	2004
8. Leslie Monroe	CVMM	2:34.93	2017
9. Bonnie Adair	SCAQ	2:35.02	1994
10. Lee Anne Ghimenti	VCM	2:35.87	2010

National Record

Susan Von Der Lippe CMS-CO 2:03.13 2008

100 YARD INDIVIDUAL MEDLEY

1. Wenke Seider	OJAI	1:00.20	2013
2. Gretchen Caterson	SCA	1:03.00	2011
3. Amy Collins	NOVA	1:03.65	2012
4. Bonnie Adair	SCAQ	1:03.82	1993
5. Nadean Hudson	VCM	1:05.17	2008
6. Diana Todd	WSM	1:06.12	1985
7. Monica Marccone	OJAI	1:06.25	2009
8. Sarah Condor-Fisher	MACS	1:06.39	2015
9. Jennifer Rines	MVN	1:06.42	2018
10. Katherine Watson	IHAC	1:06.55	1988

National Record

Erika Braun NCMS-NC 57.95 2012

200 YARD INDIVIDUAL MEDLEY

1. Wenke Seider	OJAI	2:09.39	2014
2. Gretchen Caterson	SCA	2:17.00	2011
3. Karen Schmidt	MVN	2:19.38	2011
4. Bonnie Adair	SCAQ	2:20.57	1993
5. Nadean Hudson	VCM	2:23.47	2008
6. Monica Marccone	OJAI	2:23.97	2009
7. Tami Engel	MVN	2:26.98	2004
8. Amy Dantzler	WH2O	2:27.02	2007
9. Andra Jaunzeme	LVM	2:27.61	1996
10. Jane McCall	LAPS	2:28.83	2004

National Record

Susan Von Der Lippe CMS-CO 2:04.85 2008

400 YARD INDIVIDUAL MEDLEY

1. Karen Schmidt	MVN	4:50.31	2011
2. Katy Phifer	LVM	4:56.98	2014
3. Emily Odgers	NOVA	5:04.68	2010
4. Nadean Hudson	VCM	5:06.30	2008
5. Bonnie Adair	SCAQ	5:06.74	1993
6. Jill Keenan-Boline	ROSE	5:13.72	2011
7. Andra Jaunzeme	LVM	5:13.78	1996
8. Traci Granger	LAPS	5:14.17	2001
9. Lee Anne Ghimenti	VCM	5:14.65	2010
10. Cheryl Simmons	ROSE	5:18.57	2011

National Record

Susan Von Der Lippe CMS-CO 4:28.43 2008

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 45-49

50 YARD FREESTYLE

1. Traci Granger	LAPS	25.17	2005
2. Sarah Condor-Fisher	MACS	25.81	2017
3. Becky Cleavenger	CVMM	25.89	2010
4. Katie Osborne	NOVA	26.16	2010
5. Marcie Kjoller	SBM	26.23	2017
6. Arlette Godges	SCAQ	26.30	2009
7. Bonnie Rogers	FMT	26.34	2009
8. Ahelee Sue Osborn	NOVA	26.44	2008
9. Morri KleineSpang	WH2O	26.70	2004
10. Diana Todd	SCAQ	26.75	1990

National Record

Erika Braun NCMS-NC 23.80 2017

100 YARD FREESTYLE

1. Traci Granger	LAPS	56.06	2004
2. Becky Cleavenger	CVMM	57.06	2010
3. Bonnie Rogers	FMT	57.12	2008
4. Arlette Godges	SCAQ	57.16	2010
5. Katie Osborne	NOVA	57.62	2010
6. Sarah Condor-Fisher	MACS	57.70	2017
7. Diana Todd	SCAQ	57.96	1990
8. Jenny Cook	UCLA	58.06	2005
9. Kari Adams	LVM	58.13	2013
10. Lo Knapp	UCSB	58.21	2003

National Record

Erika Braun NCMS-NC 51.99 2017

200 YARD FREESTYLE

1. Susanne Simpson	NOVA	1:59.91	2007
2. Kari Adams	LVM	2:03.94	2011
3. Amy Dantzler	WH2O	2:06.12	2010
4. Jenny Cook	UCLA	2:06.27	2007
5. Ahelee Sue Osborn	NOVA	2:07.04	2008
6. Becky Cleavenger	CVMM	2:07.28	2010
7. Bonnie Rogers	FMT	2:07.97	2008
8. Denise Brown	NOVA	2:09.35	2008
9. Lo Knapp	UCSB	2:09.44	2003
10. Carolyn Battin	CLVM	2:10.52	2003

National Record

Karlyn Pipes-Neilsen SDSM-SI 1:53.28 2007

500 YARD FREESTYLE

1. Susanne Simpson	NOVA	5:26.16	2007
2. Amy Dantzler	WH2O	5:29.47	2010
3. Jenny Cook	UCLA	5:35.06	2005
4. Kari Adams	LVM	5:36.72	2011
5. Denise Brown	NOVA	5:36.73	2008
6. Florence Aitken	LVM	5:44.17	2015
7. Becky Lamph	LVM	5:45.02	2013
8. Joy Leutner	MVN	5:49.61	2004
9. Becky Cleavenger	CVMM	5:50.13	2011
10. Jill Keenan-Boline	ROSE	5:53.06	2017

National Record

Karlyn Pipes-Neilsen SDSM-SI 5:04.13 2009

1000 YARD FREESTYLE

1. Susanne Simpson	NOVA	11:00.68	2009
2. Amy Dantzler	WH2O	11:07.29	2010
3. Kari Adams	LVM	11:33.55	2011
4. Florence Aitken	LVM	11:36.00	2015
5. Joy Leutner	MVN	11:53.22	2004
6. Carolyn Battin	LVM	12:09.85	2001
7. Deanna Koehler	CVMM	12:10.40	2015
8. Becky Cleavenger	CVMM	12:20.94	2013
9. Christie Ciraulo	UCLA	12:24.96	2002
10. Jennifer Weiderman	CVMM	12:25.12	2016

National Record

Karlyn Pipes-Neilsen SDSM-SI 10:32.91 2009

1650 YARD FREESTYLE

1. Susanne Simpson	NOVA	18:37.71	2009
2. Amy Dantzler	WH2O	18:41.97	2010
3. Florence Aitken	LVM	19:20.25	2015
4. Joy Leutner	MVN	20:09.60	2004
5. Deanna Koehler	CVMM	20:17.78	2015
6. Heidi Christensen	DSSM	20:20.42	2004
7. Jennifer Weiderman	CVMM	20:33.70	2016
8. Susan Shore	WH2O	21:03.39	2009
9. Janet Royer	IHAC	21:07.24	1987
10. Cheryl Simmons	ROSE	21:07.79	2013

National Record

Alison Zamanian WCM-PC 17:39.79 2016

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 45-49

50 YARD BACKSTROKE

1. Gretchen Caterson	SCA	28.44	2013
2. Nicole Perkins	SBM	31.15	2018
3. Jane McCall	LAPS	31.32	2005
4. Marcie Kjoller	SBM	31.37	2017
5. Ahelee Sue Osborn	NOVA	31.40	2008
6. Beata Konopka	CVMM	31.98	2017
7. Mimi Frank	SLUG	32.40	1995
8. Susan Kingston	LAPS	32.74	2010
9. Suzi Fitzpatrick	MVN	32.78	2018
10. Nina Paddock	ROSE	33.00	2017

National Record

Karlyn Pipes-Neilsen SDSM-SI 27.35 2008

100 YARD BACKSTROKE

1. Gretchen Caterson	SCA	1:02.05	2013
2. Jane McCall	LAPS	1:07.20	2009
3. Ahelee Sue Osborn	NOVA	1:08.15	2008
4. Mimi Frank	SLUG	1:10.28	1994
5. Paula James	CLVM	1:10.73	2005
6. Susan Kingston	LAPS	1:11.48	2010
7. Debbie Sutherland	NOVA	1:11.81	2005
8. Beata Konopka	CVMM	1:12.09	2017
9. Laurie Ayoob	LAPS	1:12.11	2006
10. Suzi Fitzpatrick	MVN	1:12.33	2018

National Record

Ellen Reynolds SAWS-SR 57.83 2010

200 YARD BACKSTROKE

1. Gretchen Caterson	SCA	2:20.84	2013
2. Ahelee Sue Osborn	NOVA	2:25.11	2008
3. Jane McCall	LAPS	2:27.20	2005
4. Susanne Simpson	NOVA	2:27.60	2009
5. Laurie Dodd	UCLA	2:31.08	2018
6. Suzi Fitzpatrick	MVN	2:32.48	2018
7. Paula James	CLVM	2:33.46	2005
8. Susan Kingston	LAPS	2:33.52	2010
9. Cheryl Simmons	ROSE	2:33.75	2013
10. Mimi Frank	SLUG	2:35.76	1995

National Record

Karlyn Pipes-Neilsen SDSM-SI 2:04.65 2009

50 YARD BREASTSTROKE

1. Sarah Condor-Fisher	MACS	31.81	2017
2. Karen Melick	SCAQ	32.73	2002
3. Gretchen Caterson	SCA	33.74	2013
4. Becky DiSorbo	UNAT	33.87	2018
5. Jennifer Weideman	CVMM	34.28	2015
6. Dawn Schroeder	SBM	34.43	2014
7. Diana Todd	WSM	34.46	1989
8. Heather Shannon	UCLA	34.51	2007
9. Melissa Going	MVN	34.69	2017
10. Deena Esparza	SCA	35.02	2015
10. Lo Knapp	UCSB	35.02	2003

National Record

Caroline Krattli SDSM-SI 30.17 2007

100 YARD BREASTSTROKE

1. Karen Melick	SCAQ	1:11.35	2002
2. Sarah Condor-Fisher	MACS	1:12.91	2017
3. Dawn Schroeder	SBM	1:13.80	2014
4. Rossella Pescatori	SCAQ	1:14.18	2018
5. Becky DiSorbo	HNAQ	1:14.56	2018
6. Jennifer Weideman	CVMM	1:14.94	2015
7. Cheryl Simmons	ROSE	1:15.05	2016
8. Lo Knapp	UCSB	1:15.57	2003
9. Deena Esparza	SCA	1:16.49	2014
10. Nancy Leichter	ROSE	1:16.95	2017
10. Shirley Fladoos	SCAQ	1:16.95	2018

National Record

Susan Von Der Lippe CMS-CO 1:05.85 2011

200 YARD BREASTSTROKE

1. Karen Melick	SCAQ	2:35.27	2004
2. Rossella Pescatori	SCAQ	2:38.42	2017
3. Cheryl Simmons	ROSE	2:41.83	2015
4. Lo Knapp	UCSB	2:41.86	2003
5. Jennifer Weideman	CVMM	2:44.95	2015
6. Jane McCall	LAPS	2:46.80	2005
7. Deena Esparza	SCA	2:48.14	2014
8. Deanna Koehler	CVMM	2:50.99	2015
9. Nancy Leichter	ROSE	2:52.21	2017
10. Nancy Stanbury	OSB	2:55.50	1995

National Record

Susan Von Der Lippe CMS-CO 2:22.76 2011

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 45-49

50 YARD BUTTERFLY

1. Traci Granger	LAPS	26.78	2007
2. Gretchen Caterson	SCA	27.12	2013
3. Nicole Perkins	SBM	27.97	2018
4. Katie Osborne	NOVA	28.09	2010
5. Marcie Kjoller	SBM	28.26	2017
6. Bonnie Rogers	FMT	28.36	2008
7. Jane McCall	LAPS	28.37	2005
8. Arlette Godges	SCAQ	28.48	2011
9. Stacey Bennett	NOVA	28.52	2018
10. Sarah Condor-Fisher	MACS	28.62	2018

National Record

Erika Braun NCMS-NC 25.64 2017

100 YARD BUTTERFLY

1. Traci Granger	LAPS	1:00.84	2005
2. Arlette Godges	SCAQ	1:02.24	2009
3. Susanne Simpson	NOVA	1:02.49	2007
4. Bonnie Rogers	FMT	1:03.48	2008
5. Jane McCall	LAPS	1:03.78	2005
6. Kari Adams	LVM	1:03.84	2011
7. Stacey Bennett	NOVA	1:04.19	2018
8. Jenny Cook	UCLA	1:04.39	2005
9. Katie Osborne	NOVA	1:04.75	2010
10. Nicole Perkins	SBM	1:04.79	2018

National Record

Susan Von Der Lippe CMS-CO 56.97 2011

200 YARD BUTTERFLY

1. Susanne Simpson	NOVA	2:18.31	2007
2. Laurie Dodd	UCLA	2:24.79	2018
3. Traci Granger	LAPS	2:25.27	2005
4. Kari Adams	LVM	2:27.19	2011
5. Denise Brown	NOVA	2:30.24	2008
6. Jenny Cook	UCLA	2:30.66	2006
7. Joy Leutner	MVN	2:35.04	2004
8. Katie Osborne	NOVA	2:35.16	2010
9. Maureen MacDonald	SCAQ	2:35.54	2008
10. Paula James	CLVM	2:40.85	2005

National Record

Karlyn Pipes-Neilsen SDSM-SI 2:07.39 2008

100 YARD INDIVIDUAL MEDLEY

1. Gretchen Caterson	SCA	1:02.38	2013
2. Traci Granger	LAPS	1:04.69	2006
3. Jane McCall	LAPS	1:05.44	2005
4. Diana Todd	SCAQ	1:07.38	1990
5. Heather Shannon	UCLA	1:07.56	2007
6. Sarah Condor-Fisher	MACS	1:07.83	2018
7. Stacey Bennett	NOVA	1:08.03	2018
8. Jenny Cook	UCLA	1:08.14	2006
9. Melissa Going	MVN	1:08.64	2017
10. Becky Cleavenger	CVMM	1:08.69	2011

National Record

Fall Willeboordse BCTM-MR 59.39 2012

200 YARD INDIVIDUAL MEDLEY

1. Gretchen Caterson	SCA	2:15.49	2013
2. Jane McCall	LAPS	2:24.29	2005
3. Jenny Cook	UCLA	2:25.18	2003
4. Ahelee Sue Osborn	NOVA	2:26.19	2008
5. Traci Granger	LAPS	2:26.72	2004
6. Lo Knapp	UCSB	2:27.02	2003
7. Cheryl Simmons	ROSE	2:29.38	2014
8. Rossella Pescatori	SCAQ	2:31.26	2017
9. Laurie Ayob	LAPS	2:31.44	2005
10. Deena Esparza	SCA	2:31.81	2014

National Record

Karlyn Pipes-Neilsen SDSM-SI 2:07.26 2007

400 YARD INDIVIDUAL MEDLEY

1. Jenny Cook	UCLA	5:11.59	2006
2. Traci Granger	LAPS	5:12.29	2004
3. Jane McCall	LAPS	5:13.11	2005
4. Denise Brown	NOVA	5:16.79	2008
5. Cheryl Simmons	ROSE	5:18.20	2016
6. Paula James	CLVM	5:26.37	2005
7. Joy Leutner	MVN	5:26.69	2004
8. Deanna Koehler	CVMM	5:30.49	2015
9. Stacey Bennett	NOVA	5:37.90	2018
10. Florence Aitken	LVM	5:39.54	2015

National Record

Karlyn Pipes-Neilsen SDSM-SI 4:32.87 2009

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 50-54

50 YARD FREESTYLE

1. Traci Granger	LAPS	24.92	2008
2. Katie Osborne	NOVA	26.19	2015
3. Becky Cleavenger	CVMM	26.21	2018
4. Lisa Schoenneman	CVMM	26.40	2014
5. Arlette Godges	CVMM	26.48	2018
6. Ahelee Sue Osborn	CVMM	26.60	2010
7. Diana Todd	SCAQ	26.65	1997
8. Laurie Ayob	LAPS	27.07	2008
9. Kris Edwards	BGWM	27.13	2013
10. Morri KleineSpang	WH2O	27.40	2007

National Record

Fall Willeboordse BCTM-MR 24.53 2016

100 YARD FREESTYLE

1. Traci Granger	LAPS	56.35	2009
2. Arlette Godges	CVMM	57.46	2017
3. Becky Cleavenger	CVMM	57.80	2018
4. Lisa Schoenneman	CVMM	57.99	2014
5. Ahelee Sue Osborn	NOVA	58.21	2009
6. Jenny Cook	UCLA	58.49	2011
7. Ann Finley	LAPS	58.62	2014
8. Katie Osborne	NOVA	58.75	2015
9. Diana Todd	SCAQ	59.28	1994
10. Bonnie Rogers	GWSC	59.39	2017

National Record

Fall Willeboordse UNAT-MR 53.60 2016

200 YARD FREESTYLE

1. Ahelee Sue Osborn	MVN	2:01.69	2009
2. Jenny Cook	SCAQ	2:05.71	2010
3. Becky Cleavenger	CVMM	2:07.26	2016
4. Kari Adams	LVM	2:07.97	2017
5. Florence Aitken	LVM	2:09.26	2018
6. Katie Osborne	NOVA	2:09.95	2015
7. Stacey Warmuth	VCM	2:10.00	2009
8. Jeanne Carlsen	LAPS	2:10.50	2011
9. Carolyn Battin	CLVM	2:11.47	2004
10. Ann Finley	LAPS	2:12.31	2014

National Record

Ellen Reynolds SAWS-SR 1:58.34 2016

500 YARD FREESTYLE

1. Jenny Cook	SCAQ	5:36.90	2010
2. Jeanne Carlsen	LAPS	5:40.30	2011
3. Ahelee Sue Osborn	NOVA	5:40.76	2008
4. Florence Aitken	LVM	5:42.37	2018
5. Stacey Warmuth	VCM	5:44.64	2009
6. Becky Cleavenger	CVMM	5:45.37	2016
7. Christie Ciraulo	UCLA	5:46.97	2006
8. Kari Adams	LVM	5:47.21	2017
9. Carolyn Battin	CLVM	5:49.76	2004
10. Bonnie Spivey	MVN	5:59.33	2013

National Record

Jill Hernandez CHIC-PC 5:14.56 2013

1000 YARD FREESTYLE

1. Jeanne Carlsen	LAPS	11:27.83	2011
2. Stacey Warmuth	VCM	11:44.24	2011
3. Jenny Cook	SCAQ	11:45.18	2010
4. Ahelee Sue Osborn	NOVA	11:52.84	2009
5. Kari Adams	LVM	12:00.91	2017
6. Christie Ciraulo	UCLA	12:02.15	2006
7. Carolyn Battin	CLVM	12:05.78	2004
8. Bonnie Spivey	UNAT	12:07.54	2009
9. Chris Linkletter	LAPS	12:24.43	2017
10. Jennifer Weiderman	CVMM	12:31.38	2017

National Record

Jill Hernandez CHIC-PC 10:58.56 2015

1650 YARD FREESTYLE

1. Jeanne Carlsen	LAPS	19:12.70	2011
2. Stacey Warmuth	VCM	19:27.89	2011
3. Ahelee Sue Osborn	NOVA	19:43.96	2009
4. Jenny Cook	SCAQ	19:57.93	2010
5. Christie Ciraulo	UCLA	20:04.36	2006
6. Carolyn Battin	CLVM	20:09.67	2005
7. Bonnie Spivey	MVN	20:12.52	2013
8. Chris Linkletter	LAPS	20:22.12	2018
9. Denise Hearst	CVMM	20:40.43	2012
10. Jennifer Weiderman	CVMM	20:47.08	2017

National Record

Ellen Reynolds SAWS-SR 18:16.11 2018

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 50-54

50 YARD BACKSTROKE

1. Ahelee Sue Osborn	MVN	30.43	2009
2. Stacey Warmuth	VCM	31.16	2010
3. Jelena Kunovac	LVM	31.17	2018
4. Lisa Hilger	ROSE	32.12	2010
5. Jennifer Davidson	SCTM	32.19	2018
6. Kirsten Bartholomew	LAPS	32.45	2009
7. Nancy Kirkpatrick-Reno	CVMM	32.50	2010
8. Paula James	LVM	32.60	2011
9. Mimi Frank	SLUG	32.87	1997
10. Leslie Hardt	BGWM	33.20	2002

National Record

Leslie Livingston GMUP-PV 27.04 2013

100 YARD BACKSTROKE

1. Ahelee Sue Osborn	MVN	1:03.34	2009
2. Stacey Warmuth	VCM	1:06.72	2008
3. Jane McCall	LAPS	1:08.26	2010
4. Jenny Cook	UCLA	1:09.74	2011
5. Lisa Hilger	ROSE	1:10.33	2010
6. Paula James	LVM	1:10.82	2009
7. Becky Cleavenger	CVMM	1:10.83	2015
8. Karen Sing	NOVA	1:11.20	2008
9. Kari Jauch	LVM	1:11.21	2018
10. Jennifer Davidson	SCTM	1:11.54	2018

National Record

Fall Willeboordse BCTM-MR 59.19 2016

200 YARD BACKSTROKE

1. Ahelee Sue Osborn	MVN	2:17.70	2009
2. Stacey Warmuth	VCM	2:24.82	2010
3. Bonnie Spivey	MVN	2:29.06	2013
4. Kari Adams	LVM	2:29.95	2017
5. Becky Cleavenger	CVMM	2:32.44	2018
6. Paula James	LVM	2:33.34	2011
7. Jenny Cook	SCAQ	2:33.61	2009
8. Cheryl Simmons	ROSE	2:34.59	2017
9. Jennifer Davidson	SCTM	2:34.83	2017
10. Christie Ciraulo	UCLA	2:34.94	2005

National Record

Ellen Reynolds SAWS-SR 2:07.51 2014

50 YARD BREASTSTROKE

1. Jenny Cook	SCAQ	33.98	2010
2. Karen Melick	TYR	34.19	2007
3. Ahelee Sue Osborn	CVMM	34.38	2010
4. Jennifer Weiderman	CVMM	34.56	2018
5. Cheryl Simmons	ROSE	34.80	2017
6. Dianna Todd	SCAQ	34.89	1994
7. Deena Esparza	SCA	35.18	2015
8. Nadean Hudson	VCM	35.67	2017
9. Arlette Godges	CVMM	35.88	2017
10. Lisa Schoenneman	CVMM	36.39	2014

National Record

Susan Von Der Lippe CMS-CO 31.61 2018

100 YARD BREASTSTROKE

1. Jenny Cook	SCAQ	1:12.25	2010
2. Cheryl Simmons	ROSE	1:13.49	2017
3. Karen Melick	TYR	1:13.93	2007
4. Jennifer Weiderman	CVMM	1:14.04	2018
5. Ahelee Sue Osborn	CVMM	1:14.87	2010
6. Deena Esparza	SCA	1:15.18	2015
7. Nadean Hudson	VCM	1:17.16	2017
8. Lisa Schoenneman	CVMM	1:19.45	2014
9. Cheri Ellington	SCMC	1:20.63	2009
10. Kathleen Inglis	UNAT	1:21.86	2002

National Record

Caroline Krattli SDSM-SI 1:09.21 2012

200 YARD BREASTSTROKE

1. Jenny Cook	SCAQ	2:39.92	2009
2. Karen Melick	TYR	2:40.34	2007
3. Cheryl Simmons	ROSE	2:41.93	2017
4. Deena Esparza	SCA	2:43.27	2015
5. Jennifer Weiderman	CVMM	2:44.10	2018
6. Ahelee Sue Osborn	NOVA	2:45.33	2009
7. Jeanne Carlsen	LAPS	2:46.63	2011
8. Nadean Hudson	VCM	2:51.54	2017
9. Paula James	LVM	2:55.38	2011
10. Cheri Ellington	SCMC	2:56.83	2008

National Record

Caroline Krattli SDSM-SI 2:29.92 2012

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 50-54

50 YARD BUTTERFLY

1. Traci Granger	LAPS	26.77	2009
2. Arlette Godges	CVMM	28.45	2017
3. Dianna Todd	SCAQ	28.64	1994
4. Lisa Schoenneman	CVMM	29.07	2014
5. Christie Ciraulo	UCLA	29.15	2006
6. Jane McCall	LAPS	29.36	2010
7. Ahelee Sue Osborn	CVMM	29.48	2010
8. Bonnie Rogers	GWSC	29.66	2017
9. Kari Adams	LVM	29.71	2017
10. Jenny Cook	UCLA	29.78	2011

National Record

Leslie Livingston GMUP-PV 25.70 2013

100 YARD BUTTERFLY

1. Traci Granger	LAPS	1:00.28	2009
2. Jenny Cook	SCAQ	1:04.77	2009
3. Christie Ciraulo	UCLA	1:05.56	2005
4. Arlette Godges	CVMM	1:06.20	2015
5. Jane McCall	LAPS	1:06.53	2010
6. Kari Adams	LVM	1:06.88	2017
7. Deena Esparza	SCA	1:07.36	2015
8. Dianna Todd	SCAQ	1:07.41	1994
9. Ahelee Sue Osborn	MVN	1:07.53	2009
10. Becky Cleavenger	CVMM	1:08.75	2016

National Record

Jill Hernandez CHIC-PC 1:00.17 2013

200 YARD BUTTERFLY

1. Traci Granger	LAPS	2:24.34	2008
2. Jenny Cook	SCAQ	2:24.79	2009
3. Christie Ciraulo	UCLA	2:37.09	2005
4. Jennifer Weideman	CVMM	2:46.02	2017
5. Kayley Vernallis	ROSE	2:49.20	2014
6. Colleen Yanco	NOVA	2:49.24	2009
7. Gail Roper	WSM	2:51.68	1984
8. Sherry Kittrell	PCA	2:54.93	2002
9. Olivia Karlin	WH2O	2:58.03	2014
10. Vicki Serianni	UCLA	2:58.39	2003

National Record

Laura Val TAM-PC 2:15.18 2002

100 YARD INDIVIDUAL MEDLEY

1. Ahelee Sue Osborn	MVN	1:03.72	2009
2. Traci Granger	LAPS	1:05.38	2009
3. Jenny Cook	SCAQ	1:05.99	2010
4. Stacey Warmuth	VCM	1:07.50	2008
5. Becky Cleavenger	CVMM	1:07.65	2015
6. Jane McCall	LAPS	1:08.33	2010
7. Diana Todd	SCAQ	1:08.59	1994
8. Deena Esparza	SCA	1:09.83	2015
9. Lisa Schoenneman	CVMM	1:10.43	2014
10. Jelena Kunovac	LVM	1:10.65	2018

National Record

Fall Willeboordse UNAT-MR 1:01.28 2016

200 YARD INDIVIDUAL MEDLEY

1. Ahelee Sue Osborn	MVN	2:19.56	2009
2. Jenny Cook	SCAQ	2:21.88	2009
3. Stacey Warmuth	VCM	2:26.64	2010
4. Traci Granger	LAPS	2:27.03	2008
5. Bonnie Spivey	MVN	2:31.03	2013
6. Cheryl Simmons	ROSE	2:31.48	2017
7. Deena Esparza	SCA	2:33.38	2015
8. Jennifer Weideman	CVMM	2:34.54	2018
9. Becky Cleavenger	CVMM	2:35.16	2016
10. Sarah Hoisington	MVN	2:35.84	2018

National Record

Ellen Reynolds SAWS-SR 2:12.57 2018

400 YARD INDIVIDUAL MEDLEY

1. Ahelee Sue Osborn	MVN	4:56.39	2009
2. Jenny Cook	SCAQ	5:07.01	2009
3. Cheryl Simmons	ROSE	5:17.09	2017
4. Jeanne Carlsen	LAPS	5:17.55	2011
5. Stacey Warmuth	VCM	5:17.87	2010
6. Bonnie Spivey	UNAT	5:23.89	2009
7. Jennifer Weideman	CVMM	5:28.93	2018
8. Becky Cleavenger	CVMM	5:30.03	2016
9. Christie Ciraulo	UCLA	5:38.11	2005
10. Paula James	LVM	5:39.34	2009

National Record

Ellen Reynolds SAWS-SR 4:43.11 2016

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 55-59

50 YARD FREESTYLE

1. Traci Granger	LAPS	25.62	2013
2. Veronica Hibben	UCLA	26.54	2014
3. Jenny Cook	UCLA	27.47	2013
4. Stacey Warmuth	VCM	27.53	2016
5. Kim O'Grady	ROSE	27.58	2017
6. Carolyn Battin	LVM	27.72	2009
7. Dede Moore	LAPS	28.09	2015
8. Debbie Richardson	LAPS	28.13	2018
9. Christie Ciraulo	UCLA	28.29	2010
10. Diana Todd	SCAQ	28.34	2001

National Record

Sue Walsh NCMS-NC 25.16 2017

100 YARD FREESTYLE

1. Veronica Hibben	UCLA	57.67	2014
2. Jenny Cook	UCLA	1:00.13	2013
3. Stacey Warmuth	VCM	1:00.36	2013
4. Traci Granger	LAPS	1:00.50	2017
5. Ann Finley	LAPS	1:00.53	2018
6. Diana Todd	SCAQ	1:01.35	2001
7. Debbie Richardson	LAPS	1:02.24	2018
8. Kim O'Grady	ROSE	1:02.40	2017
9. Mindy Dougherty	MVN	1:02.95	2009
10. Dede Moore	LAPS	1:03.51	2016

National Record

Laura Val TAM-PC 54.72 2008

200 YARD FREESTYLE

1. Stacey Warmuth	VCM	2:08.38	2015
2. Veronica Hibben	UCLA	2:08.44	2014
3. Jenny Cook	UCLA	2:10.78	2013
4. Kim O'Grady	ROSE	2:11.04	2017
5. Carolyn Battin	LVM	2:11.47	2009
6. Ann Finley	LAPS	2:15.99	2018
7. Christie Ciraulo	UCLA	2:17.31	2009
8. Debbie Richardson	LAPS	2:17.53	2018
9. Cheri Ellington	SCMC	2:18.72	2014
10. Colleen Yanco	NOVA	2:18.81	2015

National Record

Karlyn Pipes PBM-FG 1:57.90 2017

500 YARD FREESTYLE

1. Stacey Warmuth	VCM	5:43.99	2015
2. Kim O'Grady	ROSE	5:47.53	2017
3. Carolyn Battin	LVM	5:49.53	2009
4. Christie Ciraulo	UCLA	5:51.67	2009
5. Jenny Cook	UCLA	5:52.78	2013
6. Bonnie Spivey	LAPS	5:57.49	2018
7. Veronica Hibben	UCLA	6:02.13	2013
8. Debbie Richardson	LAPS	6:09.08	2018
9. Cheri Ellington	SCMC	6:15.85	2014
10. Susan Gold	ROSE	6:26.81	2016

National Record

Jill Hernandez NSM-PC 5:20.68 2017

1000 YARD FREESTYLE

1. Christie Ciraulo	UCLA	11:52.63	2009
2. Carolyn Battin	LVM	11:54.04	2009
3. Stacey Warmuth	VCM	11:57.45	2013
4. Bonnie Spivey	LAPS	12:13.24	2018
5. Jenny Cook	UCLA	12:23.12	2015
6. Debbie Richardson	LAPS	12:34.19	2018
7. Kim O'Grady	ROSE	12:38.62	2017
8. Veronica Hibben	UCLA	12:42.91	2014
9. Cheri Ellington	SCMC	12:56.29	2013
10. Joanne Saul-Zachau	LVM	13:09.17	2014

National Record

Kelly Parker Palace SYSM-FL 11:19.85 2017

1650 YARD FREESTYLE

1. Carolyn Battin	LVM	19:46.12	2009
2. Christie Ciraulo	UCLA	19:46.84	2009
3. Stacey Warmuth	VCM	20:00.27	2015
4. Bonnie Spivey	LAPS	20:15.72	2018
5. Jenny Cook	UCLA	20:40.40	2015
6. Kim O'Grady	ROSE	20:51.53	2017
7. Debbie Richardson	LAPS	20:54.46	2018
8. Veronica Hibben	UCLA	21:26.48	2016
9. Cheri Ellington	SCMC	21:33.72	2013
10. Joanne Saul-Zachau	LVM	21:52.72	2014

National Record

Laura Val TAM-PC 18:56.04 2010

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 55-59

50 YARD BACKSTROKE

1. Stacey Warmuth	VCM	31.44	2015
2. Mindy Dougherty	MVN	31.51	2009
3. Sara Geld	CVMM	33.09	2016
4. Veronica Hibben	UCLA	33.28	2016
5. Leslie Hardt	VCM	33.42	2008
6. Bonnie Spivey	LAPS	33.43	2018
7. Mimi Frank	SLUG	34.02	2002
8. Nancy Kirkpatrick-Reno	CVMM	34.07	2012
9. Jenny Cook	UNAT	34.23	2014
10. Vicki Serianni	UCLA	34.48	2006

National Record

Leslie Livingston RAM-NT 28.14 2016

100 YARD BACKSTROKE

1. Stacey Warmuth	VCM	1:06.59	2015
2. Mindy Dougherty	MVN	1:08.25	2009
3. Bonnie Spivey	LAPS	1:09.78	2018
4. Veronica Hibben	UCLA	1:11.58	2016
5. Leslie Hardt	VCM	1:13.40	2007
6. Jenny Cook	UCLA	1:13.62	2014
7. Sara Geld	UNAT	1:13.88	2016
8. Mimi Frank	SLUG	1:14.69	2002
9. Dede Moore	LAPS	1:16.47	2015
10. Vicki Serianni	UCLA	1:16.76	2006

National Record

Karlyn Pipes PBM-FG 1:00.80 2017

200 YARD BACKSTROKE

1. Stacey Warmuth	VCM	2:24.63	2015
2. Bonnie Spivey	LAPS	2:27.93	2018
3. Mindy Dougherty	MVN	2:28.23	2009
4. Jenny Cook	UCLA	2:41.19	2014
5. Vicki Serianni	UCLA	2:44.31	2006
6. Leslie Hardt	VCM	2:45.09	2007
7. Debbie Richardson	LAPS	2:46.60	2018
8. Cheri Ellington	SCMC	2:48.04	2016
9. Kerri Lumbert Gentry	UNAT	2:50.55	2012
10. Susan Gold	ROSE	2:50.63	2016

National Record

Karlyn Pipes PBM-FG 2:11.29 2017

50 YARD BREASTSTROKE

1. Jenny Cook	UCLA	34.45	2013
2. Andra Jaunzeme	WH2O	35.59	2009
3. Karen Melick	SCAQ	36.41	2014
4. Stacey Warmuth	VCM	36.47	2016
5. Kim O'Grady	ROSE	36.74	2017
6. Colleen Yanco	NOVA	37.94	2015
7. Robin Smith	MVN	38.14	2010
8. Cheri Ellington	SCMC	38.65	2013
9. Veronica Hibben	UCLA	38.89	2014
10. Helene Hirsch	TSTT	39.19	2017

National Record

Caroline Krattli WIND-SI 32.13 2017

100 YARD BREASTSTROKE

1. Jenny Cook	UCLA	1:14.29	2013
2. Andra Jaunzeme	WH2O	1:16.52	2009
3. Cheri Ellington	SCMC	1:21.49	2014
3. Laurie Ayoob	LAPS	1:21.49	2014
5. Karen Melick	SCAQ	1:21.65	2017
6. Gail Roper	WSM	1:25.13	1985
7. Traci Granger	LAPS	1:26.20	2015
8. Maureen Kikut	SLUG	1:26.39	2001
9. Helene Hirsch	TSTT	1:26.43	2016
10. Kim Thornton	NOVA	1:26.77	2010

National Record

Caroline Krattli WIND-SI 1:10.55 2017

200 YARD BREASTSTROKE

1. Jenny Cook	UCLA	2:44.35	2013
2. Andra Jaunzeme	WH2O	2:48.21	2009
3. Karen Melick	SCAQ	2:52.46	2017
4. Cheri Ellington	GRA	3:00.14	2017
5. Gail Roper	SCAQ	3:05.29	1986
6. Carol Wilson	MVN	3:08.50	2017
7. Patty Smith	OCC	3:10.64	2010
8. Maureen Kikut	SLUG	3:10.83	2001
9. Jessica Seaton	WH2O	3:11.20	2009
10. Robin Smith	MVN	3:12.76	2010

National Record

Catherine Kohn SLAM-OZ 2:40.19 2009

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 55-59

50 YARD BUTTERFLY

1. Traci Granger	LAPS	27.45	2013
2. Veronica Hibben	UCLA	29.31	2014
3. Christie Ciraulo	UCLA	29.82	2009
4. Stacey Warmuth	VCM	29.84	2012
5. Diana Todd	SCAQ	30.04	2001
6. Jenny Cook	UCLA	30.43	2013
7. Gail Roper	WSM	31.76	1985
8. Dede Moore	LAPS	31.98	2015
9. Carol Jewell	UNAT	32.82	1999
10. Kim O'Grady	ROSE	32.91	2017

National Record

Leslie Livingston RAM-NT 27.04 2016

100 YARD BUTTERFLY

1. Traci Granger	LAPS	1:02.90	2013
2. Jenny Cook	UNAT	1:08.10	2014
3. Christie Ciraulo	UCLA	1:08.22	2010
4. Veronica Hibben	UCLA	1:08.87	2014
5. Diana Todd	SCAQ	1:09.08	2001
6. Andra Jaunzeme	WH2O	1:14.03	2009
7. Colleen Yanco	NOVA	1:14.68	2015
8. Gail Roper	SCAQ	1:15.77	1986
9. Carol Jewell	UNAT	1:15.88	1999
10. Heather Lambert	LBG	1:20.11	2009

National Record

Karlyn Pipes PBM-FG 1:00.41 2017

200 YARD BUTTERFLY

1. Traci Granger	LAPS	2:23.87	2013
2. Jenny Cook	UNAT	2:33.42	2014
3. Christie Ciraulo	UCLA	2:40.74	2009
4. Andra Jaunzeme	WH2O	2:43.82	2009
5. Gail Roper	SCAQ	2:51.18	1986
6. Carol Jewell	UNAT	3:03.13	1999
7. Heather Lambert	LBG	3:07.36	2009
8. Anne Adams	SCAQ	3:12.97	1986
9. Kim Thornton	NOVA	3:13.24	2009
10. Alison Mitchell	MVN	3:19.59	2014

National Record

Laura Val TAM-PC 2:16.28 2009

100 YARD INDIVIDUAL MEDLEY

1. Traci Granger	LAPS	1:07.02	2013
2. Jenny Cook	UCLA	1:07.35	2013
3. Stacey Warmuth	VCM	1:07.72	2012
4. Veronica Hibben	UCLA	1:09.38	2014
5. Andra Jaunzeme	WH2O	1:09.94	2009
6. Kim O'Grady	ROSE	1:11.71	2017
7. Diana Todd	SCAQ	1:12.67	2001
8. Mimi Frank	SLUG	1:14.25	2002
9. Christie Ciraulo	UCLA	1:14.52	2010
10. Mindy Dougherty	MVN	1:14.62	2010

National Record

Karlyn Pipes PBM-FG 1:02.34 2017

200 YARD INDIVIDUAL MEDLEY

1. Jenny Cook	UCLA	2:27.17	2013
2. Stacey Warmuth	VCM	2:27.73	2015
3. Traci Granger	LAPS	2:31.39	2015
4. Bonnie Spivey	LAPS	2:33.71	2018
5. Andra Jaunzeme	WH2O	2:34.75	2009
6. Mindy Dougherty	MVN	2:39.68	2009
7. Gail Roper	SCAQ	2:45.47	1986
8. Cheri Ellington	SCMC	2:46.87	2014
9. Dede Moore	LAPS	2:53.83	2016
10. Robin Smith	MVN	2:55.05	2010

National Record

Jill Hernandez NSM-PC 2:15.70 2017

400 YARD INDIVIDUAL MEDLEY

1. Jenny Cook	UNAT	5:17.06	2014
2. Bonnie Spivey	LAPS	5:21.03	2018
3. Veronica Hibben	UCLA	5:39.01	2016
4. Gail Roper	SCAQ	5:56.00	1986
5. Kandi Hovsepian	PSP	6:12.14	2017
6. Alison Mitchell	MVN	6:17.42	2012
7. Kim Thornton	NOVA	6:20.93	2009
8. Anne Adams	TROJ	6:22.36	1984
9. Robin Smith	MVN	6:23.29	2010
10. Jessica Seaton	WH2O	6:35.66	2009

National Record

Jill Hernandez NSM-PC 4:49.56 2017

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 60-64

50 YARD FREESTYLE

1. Traci Granger	LAPS	26.52	2018
2. Veronica Hibben	UCLA	26.85	2017
3. Jacki Hirsty	UNAT	27.49	2017
4. Stacey Warmuth	VCM	27.75	2017
5. Beverly Meteyer	LVM	28.64	2015
6. Carolyn Battin	LVM	28.67	2014
7. Christie Ciraulo	UCLA	29.04	2016
8. Lynn Rutherford	SBM	29.32	2014
9. Heather Lambert	LBG	30.39	2017
10. Beverly Montrella	MVN	30.51	2008

National Record

Penny Noyes SKY-KY 26.20 2018

100 YARD FREESTYLE

1. Veronica Hibben	UCLA	58.31	2017
2. Traci Granger	LAPS	1:00.43	2018
3. Jacki Hirsty	UC33	1:01.29	2017
4. Christie Ciraulo	UCLA	1:02.67	2016
5. Stacey Warmuth	VCM	1:03.00	2017
6. Carolyn Battin	LVM	1:03.51	2014
7. Beverly Meteyer	LVM	1:06.51	2015
8. Andra Jaunzeme	WH2O	1:07.25	2014
9. Diana Dolan LaMar	LVM	1:07.42	2018
10. Charlotte Gutierrez	SBM	1:08.17	2017

National Record

Laura Val TAM-PC 56.45 2012

200 YARD FREESTYLE

1. Stacey Warmuth	VCM	2:09.07	2017
2. Veronica Hibben	UCLA	2:10.35	2017
3. Carolyn Battin	LVM	2:16.41	2014
4. Jacki Hirsty	SCAQ	2:18.21	2017
5. Christie Ciraulo	UCLA	2:18.27	2018
6. Diana Dolan LaMar	LVM	2:29.55	2018
7. Kerri Lumbert Gentry	UNAT	2:31.07	2017
8. Monica Little	SBM	2:32.20	2014
9. Cathy Cornell	BGWM	2:36.87	2017
10. Jeannette Bauer	SCA	2:38.42	2011

National Record

Laura Val TAM-PC 2:05.75 2016

500 YARD FREESTYLE

1. Stacey Warmuth	VCM	5:50.98	2017
2. Christie Ciraulo	UCLA	5:58.12	2014
3. Carolyn Battin	LVM	6:08.39	2014
4. Jacki Hirsty	UNAT	6:19.97	2017
5. Cheri Ellington	GRA	6:28.67	2018
6. Niki Stokols	CVMM	6:29.44	2018
7. Charlotte Gutierrez	SBM	6:36.50	2017
8. Diana Dolan LaMar	LVM	6:50.75	2018
9. Jeannette Bauer	SCA	6:57.02	2011
10. Beverly Montrella	MVN	6:57.22	2009

National Record

Laura Val TAM-PC 5:39.00 2014

1000 YARD FREESTYLE

1. Stacey Warmuth	VCM	11:53.18	2017
2. Christie Ciraulo	UCLA	12:05.86	2014
3. Carolyn Battin	LVM	12:35.34	2014
4. Diana Dolan LaMar	LVM	13:53.99	2018
5. Jeannette Bauer	SCA	13:55.51	2011
6. Beverly Montrella	MVN	14:07.01	2009
7. Anne Adams	SCAQ	14:33.14	1988
8. Gwen Uthus	MVN	14:49.82	2018
9. Jessica Seaton	WH2O	14:54.68	2017
10. Brenda Jarmakani	UCLA	15:14.21	2008

National Record

Laura Val TAM-PC 11:41.77 2012

1650 YARD FREESTYLE

1. Christie Ciraulo	UCLA	20:56.14	2014
2. Niki Stokols	CVMM	22:08.18	2018
3. Jeannette Bauer	SCA	23:16.04	2011
4. Beverly Montrella	MVN	23:32.47	2009
5. Brenda Jarmakani	UCLA	25:12.43	2008
6. Shirley Erickson	SBSC	25:48.71	1986
7. Malchia Olshan	OSB	26:10.79	1994
8. Lin Huang	ROSE	26:34.15	2017
9. Grace Altus	SBSC	26:40.72	1986
10. Dorothy LaChasse	SBSC	27:14.09	1985

National Record

Laura Val TAM-PC 19:43.99 2012

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 60-64

50 YARD BACKSTROKE

1. Stacey Warmuth	VCM	31.75	2017
2. Veronica Hibben	UCLA	33.21	2017
3. Nancy Kirkpatrick-Reno	CVMM	33.96	2018
4. Mindy Dougherty	MVN	34.10	2014
5. Carolyn Battin	LVM	35.83	2014
6. Marion Schoneberger	SBM	36.53	2017
7. Christie Ciraulo	UCLA	36.97	2014
8. Robin Smith	NOVA	37.39	2015
9. Jacki Hirsty	UNAT	37.46	2017
10. Beverly Montrella	MVN	38.31	2010

National Record

Laura Val TAM-PC 29.58 2015

100 YARD BACKSTROKE

1. Stacey Warmuth	VCM	1:07.89	2017
2. Mindy Dougherty	MVN	1:12.92	2016
3. Nancy Kirkpatrick-Reno	CVMM	1:15.51	2018
4. Andra Jaunzeme	WH2O	1:16.29	2014
5. Gloria Marienthal	NEWP	1:18.24	1990
6. Christie Ciraulo	UCLA	1:18.52	2015
7. Kerri Lumbert Gentry	UNAT	1:21.40	2017
8. Robin Smith	NOVA	1:21.53	2015
9. Beverly Montrella	MVN	1:24.89	2008
10. Diana Dolan LaMar	LVM	1:25.68	2018

National Record

Laura Val TAM-PC 1:03.72 2013

200 YARD BACKSTROKE

1. Christie Ciraulo	UCLA	2:37.98	2014
2. Mindy Dougherty	MVN	2:38.76	2014
3. Andra Jaunzeme	WH2O	2:39.79	2014
4. Kerri Lumbert Gentry	UNAT	2:51.03	2017
5. Cheri Ellington	GRA	2:53.47	2018
6. Beverly Montrella	MVN	2:59.11	2010
7. Diana Dolan LaMar	LVM	3:05.27	2018
8. Ruth Baar	SBSC	3:06.22	1985
9. Dorothy LaChasse	SBSC	3:12.91	1987
10. Shirley Erickson	SBSC	3:18.71	1984

National Record

Bonnie Bilich WCM-PC 2:19.36 2018

50 YARD BREASTSTROKE

1. Stacey Warmuth	VCM	36.87	2017
2. Karen Melick	SCAQ	37.10	2018
3. Andra Jaunzeme	WH2O	37.73	2013
4. Lynn Rutherford	SBM	38.26	2014
5. Robin Smith	NOVA	39.73	2015
6. Veronica Hibben	UCLA	39.98	2017
7. Rebecca Kay	LVM	40.35	2008
8. Patty Smith	SCAC	40.56	2014
9. Jeannette Bauer	SCA	40.95	2011
10. Jacki Hirsty	UNAT	41.17	2017

National Record

Melinda Mann WMAC-WI 33.79 2017

100 YARD BREASTSTROKE

1. Andra Jaunzeme	WH2O	1:22.48	2014
2. Karen Melick	SCAQ	1:24.55	2018
3. Charlotte Gutierrez	SBM	1:24.66	2017
4. Lynn Rutherford	SBM	1:24.99	2017
5. Cheri Ellington	GRA	1:26.67	2018
6. Patty Smith	SCAC	1:28.19	2014
7. Jeannette Bauer	SCA	1:29.91	2011
8. Beverly Montrella	MVN	1:30.14	2008
9. Robin Smith	NOVA	1:31.91	2015
10. Rebecca Kay	LVM	1:32.36	2009

National Record

Melinda Mann WMAC-WI 1:16.55 2017

200 YARD BREASTSTROKE

1. Karen Melick	SCAQ	2:56.55	2018
2. Andra Jaunzeme	WH2O	3:01.50	2014
3. Jessica Seaton	WH2O	3:18.20	2013
4. Patty Smith	SCAC	3:21.08	2014
5. Diana Dolan LaMar	LVM	3:22.65	2018
6. Beverly Montrella	MVN	3:25.01	2009
7. Kristin Bennett	ROSE	3:25.81	2018
8. Rebecca Kay	LVM	3:29.93	2009
9. Peggy McDowell-Cramer	SCAQ	3:33.07	2002
10. Robin Smith	NOVA	3:36.42	2016

National Record

Lo Knapp UTAH-UT 2:44.73 2015

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 60-64

50 YARD BUTTERFLY

1. Traci Granger	LAPS	27.93	2018
2. Veronica Hibben	UCLA	29.36	2017
3. Stacey Warmuth	VCM	30.45	2017
4. Christie Ciraulo	UCLA	30.50	2014
5. Lynn Rutherford	SBM	31.58	2014
6. Andra Jaunzeme	WH2O	32.68	2013
7. Jacki Hirsty	UNAT	32.82	2017
8. Carolyn Battin	LVM	32.93	2014
9. Patty Smith	SCAC	33.90	2014
10. Nancy Kirkpatrick-Reno	CVMM	34.22	2018

National Record

Traci Granger LAPS-SP 27.93 2018

100 YARD BUTTERFLY

1. Traci Granger	LAPS	1:04.33	2018
2. Veronica Hibben	UCLA	1:08.61	2017
3. Christie Ciraulo	UCLA	1:08.76	2014
4. Andra Jaunzeme	WH2O	1:15.48	2013
5. Anne Adams	SCAQ	1:23.82	1988
6. Monica Little	SBM	1:28.10	2014
7. Heather Lambert	LBG	1:28.14	2017
8. Patty Smith	SCAC	1:29.59	2017
9. Beverly Montrella	MVN	1:31.82	2010
10. Shirley Erickson	SBSC	1:38.40	1985

National Record

Laura Val TAM-PC 1:04.27 2012

200 YARD BUTTERFLY

1. Traci Granger	LAPS	2:32.76	2018
2. Christie Ciraulo	UCLA	2:46.61	2016
3. Anne Adams	SCAQ	3:15.72	1988
4. Heather Lambert	LBG	3:20.28	2017
5. Beverly Montrella	MVN	3:22.71	2009
6. Cindy Cook	TSTT	3:35.20	2017
7. Shirley Erickson	SBSC	3:35.86	1986
8. Sandy Stinson	CENT	3:41.17	1985
9. Malchia Olshan	OSB	3:46.24	1994
10. Rita Simonton	LBSC	3:51.18	1979

National Record

Laura Val TAM-PC 2:24.30 2013

100 YARD INDIVIDUAL MEDLEY

1. Stacey Warmuth	VCM	1:09.55	2017
2. Veronica Hibben	UCLA	1:10.48	2017
3. Traci Granger	LAPS	1:10.95	2018
4. Jacki Hirsty	UNAT	1:13.65	2017
5. Andra Jaunzeme	WH2O	1:14.42	2014
6. Lynn Rutherford	SBM	1:15.60	2014
7. Charlotte Gutierrez	SBM	1:16.72	2017
8. Marion Schoneberger	SBM	1:17.06	2017
9. Cheri Ellington	GRA	1:17.16	2018
10. Carolyn Battin	LVM	1:19.17	2015

National Record

Penny Noyes SKY-KY 1:06.74 2018

200 YARD INDIVIDUAL MEDLEY

1. Traci Granger	LAPS	2:35.32	2018
2. Andra Jaunzeme	WH2O	2:43.67	2013
3. Patty Smith	SCAC	2:57.25	2014
4. Beverly Montrella	MVN	2:58.57	2010
5. Diana Dolan LaMar	LVM	3:01.30	2018
6. Monica Little	SBM	3:02.42	2014
7. Anne Adams	SCAQ	3:03.92	1988
8. Robin Smith	NOVA	3:12.22	2015
9. Jessica Seaton	WH2O	3:12.65	2017
10. Heather Lambert	LBG	3:13.00	2015

National Record

Laura Val TAM-PC 2:25.40 2012

400 YARD INDIVIDUAL MEDLEY

1. Christie Ciraulo	UCLA	5:57.98	2016
2. Beverly Montrella	MVN	6:25.45	2010
3. Diana Dolan LaMar	LVM	6:26.06	2018
4. Anne Adams	SCAQ	6:35.25	1988
5. Jessica Seaton	WH2O	6:53.13	2017
6. Shirley Erickson	SBSC	7:09.38	1986
7. Malchia Olshan	OSB	7:18.79	1993
8. Peggy McDowell-Cramer	SCAQ	7:19.46	2002
9. Sandy Stinson	CENT	7:28.88	1986
10. Rita Simonton	LBSC	7:29.76	1979

National Record

Laura Val TAM-PC 5:16.18 2014

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 65-69

50 YARD FREESTYLE

1. Beverly Montrella	MVN	32.01	2013
2. Debbie Bradbury	UNAT	32.30	2018
3. Carol Jewell	NOVA	32.33	2008
4. Jan Levinrad	WH2O	32.49	2013
5. Dorothy LaChasse	SBSC	33.41	1990
6. Pat Fruin	MMM	34.90	2009
7. Ruth Baar	SBSC	35.24	1989
8. Diane Smith	CVMM	35.29	2010
9. Kathleen Komar	UCLA	36.04	2015
10. Nancy Stanbury	LBG	36.50	2018

National Record

Laura Val TAM-PC 26.55 2018

100 YARD FREESTYLE

1. Jacki Hirsty	UNAT	1:03.49	2018
2. Mindy Dougherty	MVN	1:09.67	2018
3. Jan Levinrad	WH2O	1:14.03	2013
4. Beverly Montrella	MVN	1:14.22	2015
5. Debbie Bradbury	UNAT	1:14.23	2018
6. Bonnie Kotzbach	MVN	1:17.16	2010
7. Dorothy LaChasse	SBSC	1:17.57	1991
8. Diane Smith	CVMM	1:21.14	2010
9. Ruth Baar	SBSC	1:21.20	1990
10. Pat Fruin	MMM	1:21.86	2009

National Record

Laura Val TAM-PC 57.88 2018

200 YARD FREESTYLE

1. Jacki Hirsty	UNAT	2:22.21	2018
2. Mindy Dougherty	MVN	2:30.51	2018
3. Debbie Bradbury	UNAT	2:44.80	2018
4. Beverly Montrella	MVN	2:46.55	2013
5. Jessica Seaton	WH2O	2:47.71	2018
6. Carol Jewell	NOVA	2:53.97	2008
7. Malchia Olshan	OSB	2:58.89	1996
8. Nancy Stanbury	LBG	3:00.86	2018
9. Dorothy LaChasse	SBSC	3:02.41	1990
10. Pat Fruin	MMM	3:03.90	2009

National Record

Laura Val TAM-PC 2:07.23 2018

500 YARD FREESTYLE

1. Mindy Dougherty	MVN	6:45.42	2018
2. Carol Jewell	NOVA	7:25.97	2008
3. Beverly Montrella	MVN	7:26.35	2012
4. Pat Fruin	MMM	7:40.53	2009
5. Malchia Olshan	OSB	7:50.26	1996
6. Bonnie Kotzbach	MVN	8:01.80	2010
7. Nancy Stanbury	LBG	8:02.84	2018
8. Grace Altus	SBSC	8:06.29	1990
9. Ellen Shockro	NOVA	8:08.31	2009
10. Rita Simonton	GWSC	8:12.81	1988

National Record

Laura Val TAM-PC 5:52.39 2017

1000 YARD FREESTYLE

1. Mindy Dougherty	MVN	13:53.75	2018
2. Beverly Montrella	MVN	15:04.23	2013
3. Carol Jewell	NOVA	15:21.27	2008
4. Mal Olshan	OSB	16:14.45	1997
5. Grace Altus	SBSC	16:19.63	1991
6. Pat Fruin	MMM	16:23.30	2009
7. Nancy Stanbury	LBG	16:39.87	2018
8. Rita Simonton	GWSC	16:55.56	1988
9. Ellen Shockro	NOVA	17:01.13	2009
10. Ruth Baar	SBSC	17:18.72	1989

National Record

Laura Val TAM-PC 11:59.50 2017

1650 YARD FREESTYLE

1. Mindy Dougherty	MVN	23:01.75	2018
2. Beverly Montrella	MVN	25:03.35	2012
3. Carol Jewell	NOVA	25:27.15	2008
4. Malchia Olshan	OSB	26:25.85	1996
5. Pat Fruin	MMM	26:53.78	2009
6. Grace Altus	SBSC	26:54.54	1992
7. Bonnie Kotzbach	MVN	27:32.22	2009
8. Rita Simonton	GWSC	27:39.67	1988
9. Nancy Stanbury	LBG	28:05.57	2018
10. Ellen Shockro	NOVA	28:29.09	2009

National Record

Shirley Loftus-Charley VMST-VA 20:43.29 2016

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 65-69

50 YARD BACKSTROKE

1. Mindy Dougherty	MVN	34.17	2018
2. Beverly Montrella	MVN	38.65	2013
3. Ellen Rockholm	KMAN	39.56	2014
4. Dorothy LaChasse	SBSC	40.32	1990
5. Jan Levinrad	WH2O	41.05	2013
6. Diane Smith	CVMM	42.57	2010
7. Wendy Scherwat Ducourneau	TSTT	43.72	2017
8. Maxine Merlino	LBSC	43.95	1978
9. Kathleen Komar	UCLA	44.57	2015
10. Gay Collins	OSB	44.78	1997

National Record

Laura Val TAM-PC 29.65 2018

100 YARD BACKSTROKE

1. Mindy Dougherty	MVN	1:16.59	2018
2. Ellen Rockholm	KMAN	1:23.11	2014
3. Beverly Montrella	MVN	1:25.07	2013
4. Jan Levinrad	WH2O	1:28.84	2013
5. Dorothy LaChasse	SBSC	1:31.52	1990
6. Wendy Scherwat Ducourneau	GRA	1:37.99	2018
7. Maxine Merlino	LBSC	1:38.70	1979
8. Carole Borland	OJAI	1:39.77	2009
9. Gay Collins	OSB	1:41.44	1999
10. Diane Smith	CVMM	1:41.93	2014

National Record

Laura Val TAM-PC 1:03.96 2018

200 YARD BACKSTROKE

1. Mindy Dougherty	MVN	2:40.28	2018
2. Ellen Rockholm	KMAN	3:02.38	2014
3. Beverly Montrella	MVN	3:05.65	2013
4. Dorothy LaChasse	SBSC	3:18.99	1991
5. Sandy Stinson	CENT	3:20.24	1988
6. Peggy Sanborn	OSB	3:35.88	1993
7. Maxine Merlino	LBSC	3:36.96	1980
8. Rita Simonton	GWSC	3:39.31	1986
9. Carole Borland	OJAI	3:40.83	2009
10. Gay Collins	OSB	3:40.97	1999

National Record

Laura Val TAM-PC 2:23.88 2018

50 YARD BREASTSTROKE

1. Jacki Hirsty	UNAT	41.44	2018
2. Jessica Seaton	WH2O	41.49	2018
3. Beverly Montrella	MVN	44.56	2012
4. Sandy Stinson	CENT	44.66	1988
5. Mickey Shockley	SLUG	45.69	1994
5. Wendy Scherwat Ducourneau	TSTT	45.69	2017
7. Peggy McDowell-Cramer	UNAT	45.74	2009
8. Kathleen Komar	UCLA	46.32	2015
9. Diane Smith	CVMM	47.04	2014
10. Nancy Stanbury	LBG	47.47	2018

National Record

Melinda Wolff 1776-DV 36.58 2018

100 YARD BREASTSTROKE

1. Jessica Seaton	WH2O	1:34.64	2018
2. Beverly Montrella	MVN	1:38.23	2013
3. Sandy Stinson	CENT	1:39.58	1988
4. Peggy McDowell-Cramer	UNAT	1:39.65	2009
5. Mickey Shockley	SLUG	1:39.74	1994
6. Nancy Stanbury	LBG	1:39.77	2018
7. Wendy Scherwat Ducourneau	TSTT	1:41.97	2017
8. Bong Yi Lee	KSS	1:46.10	1993
9. Maggie Mors	OSB	1:47.59	1993
10. Rita Simonton	LBM	1:48.19	1984

National Record

Charlotte Davis PSM-PN 1:20.27 2017

200 YARD BREASTSTROKE

1. Jessica Seaton	WH2O	3:28.80	2018
2. Sandy Stinson	CENT	3:35.42	1988
3. Beverly Montrella	MVN	3:35.57	2012
4. Peggy McDowell-Cramer	UNAT	3:39.07	2009
5. Wendy Scherwat Ducourneau	TSTT	3:39.10	2017
6. Mickey Shockley	SLUG	3:40.52	1994
7. Nancy Stanbury	LBG	3:43.27	2018
8. Rita Simonton	LBM	3:48.19	1984
9. Maxine Merlino	LBSC	3:50.57	1980
10. Helen Geoffriion	UCLA	3:54.38	2004

National Record

Joann Leilich VMST-VA 3:01.50 2004

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 65-69

50 YARD BUTTERFLY

1. Jacki Hirsty	UNAT	33.92	2018
2. Ellen Rockholm	KMAN	35.49	2014
3. Carol Jewell	NOVA	37.48	2008
4. Debbie Bradbury	UNAT	39.39	2018
5. Beverly Montrella	MVN	39.51	2012
6. Kathleen Komar	UCLA	40.86	2015
7. Sandy Stinson	CENT	42.31	1988
8. Bonnie Kotzbach	MVN	42.83	2010
9. Dorothy LaChasse	SBSC	43.11	1990
10. Pat Fruin	MMM	43.94	2010

National Record

Laura Val TAM-PC 29.58 2017

100 YARD BUTTERFLY

1. Beverly Montrella	MVN	1:35.02	2012
2. Sandy Stinson	CENT	1:37.21	1988
3. Viola Thompson	PAC	1:46.62	1984
4. Maxine Merlino	LBSC	1:47.45	1981
5. Malchia Olshan	OSB	1:48.41	1997
6. Nancy Stanbury	LBG	1:49.17	2018
7. Rita Simonton	LBM	1:52.26	1984
8. Wendy Scherwat Ducourneau	TSTT	1:55.69	2017
9. Peggy McDowell-Cramer	UNAT	1:55.85	2009
10. Grace Altus	SBSC	1:57.11	1990

National Record

Laura Val TAM-PC 1:06.70 2017

200 YARD BUTTERFLY

1. Beverly Montrella	MVN	3:40.90	2012
2. Malchia Olshan	OSB	3:48.33	1996
3. Sandy Stinson	CENT	3:50.48	1988
4. Maxine Merlino	LBSC	3:54.85	1979
5. Rita Simonton	LBM	4:04.40	1984
6. Nancy Stanbury	LBG	4:09.69	2018
7. Viola Thompson	PAC	4:10.55	1984
8. Helen Geoffrion	UCLA	4:16.03	2007
9. Ruth Ridenour	SBSC	5:10.62	1982
10. Renate Winkler	UCLA	5:22.26	2005

National Record

Laura Val TAM-PC 2:29.12 2017

100 YARD INDIVIDUAL MEDLEY

1. Mindy Dougherty	MVN	1:20.70	2017
2. Ellen Rockholm	KMAN	1:21.37	2014
3. Beverly Montrella	MVN	1:24.27	2013
4. Jessica Seaton	WH2O	1:28.97	2018
5. Dorothy LaChasse	SBSC	1:30.71	1991
6. Kathleen Komar	UCLA	1:32.50	2015
7. Bonnie Kotzbach	MVN	1:35.15	2010
8. Wendy Scherwat Ducourneau	TSTT	1:36.24	2016
9. Maxine Merlino	LBSC	1:36.60	1979
10. Carole Borland	OJAI	1:36.87	2009

National Record

Laura Val TAM-PC 1:09.44 2017

200 YARD INDIVIDUAL MEDLEY

1. Beverly Montrella	MVN	3:10.15	2012
2. Dorothy LaChasse	SBSC	3:21.05	1990
3. Sandy Stinson	CENT	3:27.10	1988
4. Grace Altus	OSB	3:32.15	1993
5. Maxine Merlino	LBSC	3:33.70	1980
6. Peggy McDowell-Cramer	UNAT	3:34.33	2009
7. Rita Simonton	LBM	3:34.99	1984
8. Carole Borland	OJAI	3:38.40	2009
9. Nancy Stanbury	LBG	3:38.89	2018
10. Viola Thompson	PAC	3:39.57	1984

National Record

Laura Val TAM-PC 2:30.60 2017

400 YARD INDIVIDUAL MEDLEY

1. Beverly Montrella	MVN	6:51.08	2012
2. Malchia Olshan	OSB	7:33.05	1996
3. Maxine Merlino	LBSC	7:33.78	1979
4. Jessica Seaton	WH2O	7:34.27	2018
5. Rita Simonton	LBM	7:36.52	1984
6. Sandy Stinson	CENT	7:36.88	1988
7. Helen Geoffrion	UCLA	7:40.01	2004
8. Wendy Scherwat Ducourneau	TSTT	7:50.03	2017
9. Peggy McDowell-Cramer	UNAT	7:56.50	2009
10. Viola Thompson	PAC	8:05.79	1984

National Record

Laura Val TAM-PC 5:21.70 2017

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 70-74

50 YARD FREESTYLE

1. Beverly Montrella	MVN	31.79	2018
2. Jeanne Little	MVN	33.61	2010
3. Jan Levinrad	WH2O	35.17	2018
4. Diane Smith	CVMM	35.35	2018
5. Ruth Baar	OSB	36.41	1994
6. Maxine Merlino	LBM	37.59	1984
7. Gay Collins	OSB	39.10	2001
8. Pat Fruin	MMM	39.28	2014
9. Helen Geoffrion	UCLA	39.36	2009
10. Reiko Duba	UNAT	39.59	2017

National Record

Margaret Toppel OREG-OR 28.72 2018

100 YARD FREESTYLE

1. Jeanne Little	MVN	1:15.85	2010
2. Beverly Montrella	MVN	1:15.96	2018
3. Diane Smith	CVMM	1:22.73	2015
4. Ruth Baar	OSB	1:23.29	1994
5. Grace Altus	OSB	1:26.88	1994
6. Maxine Merlino	MMSC	1:27.28	1985
7. Dorothy LaChasse	OSB	1:27.84	1995
8. Pat Fruin	MMM	1:28.12	2014
9. Ellen Shockro	UCLA	1:28.80	2014
10. Rita Simonton	GWSC	1:30.33	1990

National Record

Diann Uustal NEM-NE 1:06.41 2017

200 YARD FREESTYLE

1. Beverly Montrella	MVN	2:48.17	2018
2. Jeanne Little	MVN	2:55.61	2010
3. Ruth Baar	OSB	3:08.43	1996
4. Grace Altus	OSB	3:09.26	1994
5. Rita Simonton	GWSC	3:09.43	1992
6. Diane Smith	CVMM	3:13.99	2018
7. Ellen Shockro	UCLA	3:14.45	2014
8. Maxine Merlino	MMSC	3:17.17	1985
9. Dionne Caldwell	NOVA	3:18.80	2005
10. Reiko Duba	UNAT	3:26.00	2017

National Record

Christie Hayes NEM-NE 2:27.55 2018

500 YARD FREESTYLE

1. Beverly Montrella	MVN	7:26.94	2018
2. Rita Simonton	GWSC	8:09.64	1992
3. Grace Altus	OSB	8:12.28	1994
4. Pat Fruin	MMM	8:24.18	2014
5. Jeanne Little	MVN	8:24.67	2010
6. Maxine Merlino	LBM	8:33.46	1983
7. Dionne Caldwell	NOVA	8:36.32	2005
8. Helen Geoffrion	UCLA	8:36.33	2009
9. Ellen Shockro	UCLA	8:39.07	2014
10. Maurine Kornfeld	CM	9:08.35	1994

National Record

Christie Hayes NEM-NE 6:42.57 2018

1000 YARD FREESTYLE

1. Beverly Montrella	MVN	15:13.25	2018
2. Grace Altus	OSB	16:26.33	1994
3. Jeanne Little	MVN	16:59.93	2010
4. Rita Simonton	GWSC	17:01.69	1992
5. Pat Fruin	MMM	17:08.72	2014
6. Helen Geoffrion	UCLA	17:28.92	2009
7. Ellen Shockro	UCLA	18:00.09	2014
8. Maxine Merlino	MMSC	18:12.99	1985
9. Maurine Kornfeld	CM	18:38.66	1994
10. Dionne Caldwell	NOVA	18:45.03	2006

National Record

Christie Hayes NEM-NE 13:57.42 2018

1650 YARD FREESTYLE

1. Beverly Montrella	MVN	25:26.15	2017
2. Grace Altus	OSB	27:19.29	1994
3. Rita Simonton	GWSC	28:05.85	1991
4. Helen Geoffrion	UCLA	28:59.28	2009
5. Dionne Caldwell	NOVA	29:23.24	2005
6. Ellen Shockro	UCLA	29:58.52	2014
7. Maxine Merlino	MMSC	30:15.38	1985
8. Peggy Sanborn	OSB	32:43.52	1999
9. Sophia Rehman	UNAT	34:39.78	1986
10. Lois Goodman	UNAT	34:51.57	2017

National Record

Christie Hayes NEM-NE 23:07.52 2018

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 70-74

50 YARD BACKSTROKE

1. Beverly Montrella	MVN	39.48	2018
2. Dorothy LaChasse	OSB	44.16	1995
3. Jan Levinrad	WH2O	44.37	2018
4. Diane Smith	CVMM	44.47	2015
5. Maxine Merlino	LBM	47.23	1984
6. Eugenia Gregoire	CVYM	47.49	2006
7. Gay Collins	OSB	48.80	2001
8. Peggy Sanborn	OSB	50.25	1999
9. Margaret Samson	CPM	51.14	1987
10. Dionne Caldwell	NOVA	51.26	2006

National Record

Margaret Toppel OREG-OR 34.60 2018

100 YARD BACKSTROKE

1. Beverly Montrella	MVN	1:25.35	2018
2. Maxine Merlino	LBM	1:42.04	1984
3. Diane Smith	CVMM	1:42.70	2015
4. Peggy Sanborn	OSB	1:44.92	1999
5. Gay Collins	OSB	1:48.26	2001
6. Eugenia Gregoire	FMST	1:51.86	2009
7. Ruth Farnham	OSB	1:52.08	2000
8. Mona Scharf	UNAT	1:54.52	1983
9. Lois Goodman	UNAT	1:56.52	2017
10. Sylvia Glenn	OJAI	2:01.16	2008

National Record

Margaret Toppel OREG-OF 1:14.57 2018

200 YARD BACKSTROKE

1. Beverly Montrella	MVN	3:11.66	2018
2. Dorothy LaChasse	OSB	3:30.83	1995
3. Maxine Merlino	LBM	3:42.60	1983
4. Peggy Sanborn	OSB	3:44.30	1999
5. Gay Collins	OSB	3:50.94	2001
6. Mona Scharf	UNAT	3:54.57	1983
7. Ruth Farnham	OSB	3:56.55	2000
8. Margaret Samson	CPM	4:02.82	1987
9. Lois Goodman	UNAT	4:06.71	2017
10. Sylvia Glenn	OJAI	4:13.19	2008

National Record

Diann Uustal NEM-NE 2:47.52 2017

50 YARD BREASTSTROKE

1. Beverly Montrella	MVN	44.78	2017
2. Helen Geoffrion	UCLA	47.69	2009
3. Diane Smith	CVMM	48.08	2015
4. Mickey Shockley	SLUG	48.14	1999
5. Maggie Mors	OSB	49.77	1997
6. Maxine Merlino	MMSC	51.14	1985
7. Margaret Samson	CPM	55.84	1987
8. Irene Van Vorst	LBM	55.94	1984
9. Ellen Shockro	UCLA	56.15	2014
10. Mona Scharf	UNAT	58.10	1983

National Record

Dale Barnhard DCAC-PV 39.44 2017

100 YARD BREASTSTROKE

1. Beverly Montrella	MVN	1:40.23	2017
2. Mickey Shockley	SLUG	1:45.48	1999
3. Diane Smith	CVMM	1:50.40	2017
4. Maxine Merlino	LBM	1:51.00	1984
5. Maggie Mors	OSB	1:52.66	1997
6. Helen Geoffrion	UCLA	1:54.77	2009
7. Rita Simonton	GWSC	1:56.60	1990
8. Carol Caldwell	LVM	2:02.83	2017
9. Eleanor Brown	OSB	2:08.85	1998
10. Mitnee Duque	OJAI	2:16.32	2008

National Record

Dana Brown PALM-SC 1:25.63 2018

200 YARD BREASTSTROKE

1. Beverly Montrella	MVN	3:39.30	2018
2. Mickey Shockley	SLUG	3:52.10	1999
3. Maxine Merlino	LBM	3:55.78	1984
4. Rita Simonton	GWSC	3:57.79	1990
5. Helen Geoffrion	UCLA	4:15.64	2009
6. Carol Caldwell	LVM	4:29.12	2017
7. Margaret Samson	CPM	4:29.55	1987
8. Eleanor Brown	OSB	4:36.79	1998
9. Renate Winkler	UCLA	4:38.36	2008
10. Sylvia Glenn	OJAI	4:50.08	2008

National Record

Joann Leilich WMST-GU 3:07.28 2009

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 70-74

50 YARD BUTTERFLY

1. Jeanne Little	MVN	39.51	2010
2. Beverly Montrella	MVN	43.05	2017
3. Mickey Shockley	SLUG	47.91	1999
4. Dionne Caldwell	NOVA	49.54	2006
5. Gay Collins	OSB	49.63	2001
6. Ellen Shockro	UCLA	49.86	2014
7. Maxine Merlino	LBM	50.05	1983
8. Helen Geoffrion	UCLA	50.31	2009
9. Grace Altus	OSB	50.34	1994
10. Kathy Dixon	CM	52.59	1998

National Record

Diann Uustal NEM-NE 32.41 2017

100 YARD BUTTERFLY

1. Beverly Montrella	MVN	1:46.66	2018
2. Maxine Merlino	LBM	1:50.43	1983
3. Helen Geoffrion	UCLA	2:02.42	2009
4. Grace Altus	OSB	2:09.62	1994
5. Katherine Pelton	IHAC	2:31.86	1978
6. Gail Fieno	LVM	2:35.48	2014
7. Gretchen Docter	SBSC	2:36.47	1980
8. Ruth Ridenour	SBSC	2:43.36	1986
9. Anita Cole	LBG	4:35.32	2018

National Record

Margot Pettijohn ANCM-PV 1:23.83 2016

200 YARD BUTTERFLY

1. Rita Simonton	GWSC	3:54.08	1991
2. Beverly Montrella	MVN	3:58.19	2018
3. Maxine Merlino	LBM	4:06.22	1983
4. Helen Geoffrion	UCLA	4:34.46	2009
5. Gloria Marienthal	CM	4:56.63	1995
6. Katherine Pelton	IHAC	5:37.90	1979
7. Renate Winkler	UCLA	5:44.67	2008
8. Anita Cole	LBG	12:06.08	2018

National Record

Margot Pettijohn ANCM-PV 3:07.31 2016

100 YARD INDIVIDUAL MEDLEY

1. Beverly Montrella	MVN	1:24.21	2018
2. Maxine Merlino	LBM	1:40.26	1984
3. Diane Smith	CVMM	1:40.95	2015
4. Rita Simonton	GWSC	1:44.16	1990
5. Mickey Shockley	SLUG	1:46.35	1999
6. Gay Collins	OSB	1:49.62	2001
7. Helen Geoffrion	UCLA	1:50.32	2009
8. Jeanne Little	MVN	1:52.00	2012
9. Ellen Shockro	UCLA	1:53.43	2014
10. Dionne Caldwell	NOVA	1:56.60	2004

National Record

Margaret Toppel OREG-OF 1:14.73 2018

200 YARD INDIVIDUAL MEDLEY

1. Beverly Montrella	MVN	3:13.17	2018
2. Rita Simonton	GWSC	3:36.46	1990
3. Maxine Merlino	LBM	3:39.02	1983
4. Helen Geoffrion	UCLA	3:50.26	2009
5. Gay Collins	OSB	4:05.53	2002
6. Grace Altus	OSB	4:07.95	1995
7. Renate Winkler	UCLA	4:24.11	2008
8. Eleanor Brown	OSB	4:46.88	1998
9. Gail Fieno	LVM	4:53.97	2014
10. Ruth Ridenour	SBSC	5:03.08	1985

National Record

Diann Uustal NEM-NE 2:51.31 2017

400 YARD INDIVIDUAL MEDLEY

1. Beverly Montrella	MVN	7:15.12	2018
2. Maxine Merlino	LBM	7:36.45	1983
3. Rita Simonton	GWSC	7:48.57	1991
4. Helen Geoffrion	UCLA	7:59.23	2009
5. Grace Altus	OSB	8:47.68	1994
6. Gloria Marienthal	CM	9:11.31	1995
7. Ruth Ridenour	SBSC	10:28.64	1986
8. Gretchen Docter	SBSC	10:35.56	1980
9. Katherine Pelton	IHAC	12:10.05	1979
10. Anita E Cole	LBG	15:25.02	2018

National Record

Kathy Slifer NEM-NE 6:15.30 2016

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 75-79

50 YARD FREESTYLE

1. Jeanne Little	MVN	34.27	2012
2. Ruth Baar	OSB	37.98	1999
3. Maxine Merlino	UNAT	40.22	1988
4. Dionne Caldwell	NOVA	40.28	2009
5. Rita Simonton	GWSC	42.30	1997
6. Margrit Graef	MVN	44.00	2010
7. Maurine Kornfeld	CM	44.23	1998
8. Ellen Shockro	ROSE	44.75	2018
9. Grace Altus	OSB	44.85	1999
10. Marion Patterson	MESA	48.34	2006

National Record

Gail Roper ARIZ-AZ 33.87 2005

100 YARD FREESTYLE

1. Jeanne Little	MVN	1:21.12	2013
2. Ruth Baar	OSB	1:27.79	1999
3. Rita Simonton	GWSC	1:27.91	1994
4. Dionne Caldwell	NOVA	1:31.52	2012
5. Grace Altus	OSB	1:35.86	2000
6. Ellen Shockro	ROSE	1:38.15	2018
7. Maxine Merlino	LBM	1:39.50	1990
8. Maurine Kornfeld	CM	1:42.63	1997
9. Margrit Graef	MVN	1:44.44	2007
10. Sylvia Glenn	OJAI	1:58.27	2014

National Record

Gail Roper ARIZ-AZ 1:16.23 2005

200 YARD FREESTYLE

1. Jeanne Little	MVN	3:02.72	2012
2. Rita Simonton	GWSC	3:14.47	1994
3. Ruth Baar	OSB	3:15.10	1999
4. Dionne Caldwell	NOVA	3:19.59	2009
5. Grace Altus	OSB	3:24.74	1999
6. Ellen Shockro	ROSE	3:29.32	2018
7. Maurine Kornfeld	CM	3:39.37	1998
8. Peggy Sanborn	SBM	3:53.47	2003
9. Margrit Graef	MVN	3:53.50	2008
10. Sylvia Glenn	OJAI	4:12.53	2014

National Record

Ronnie Kamphausen MESC-NE 2:53.05 2009

500 YARD FREESTYLE

1. Rita Simonton	GWSC	8:22.65	1994
2. Grace Altus	OSB	8:46.94	1999
3. Dionne Caldwell	NOVA	8:50.14	2009
4. Maxine Merlino	UNAT	9:24.48	1988
5. Ellen Shockro	ROSE	9:25.52	2018
6. Maurine Kornfeld	CM	9:36.75	1997
7. Peggy Sanborn	SBM	9:54.80	2003
8. Sylvia Glenn	OJAI	10:41.46	2014
9. Elizabeth Mauric	SDMS	11:33.21	1980
10. Becky Whitehead	BGWM	11:53.51	2014

National Record

Ronnie Kamphausen MESC-NE 7:32.58 2009

1000 YARD FREESTYLE

1. Rita Simonton	GWSC	17:30.22	1994
2. Grace Altus	OSB	18:08.70	2000
3. Dionne Caldwell	NOVA	19:00.97	2009
4. Maxine Merlino	UNAT	19:04.58	1988
5. Ellen Shockro	ROSE	19:23.13	2018
6. Maurine Kornfeld	CM	20:39.32	1999
7. Peggy Sanborn	SBM	22:02.42	2007
8. Sylvia Glenn	OJAI	22:48.05	2014
9. Ruth Ridenour	SBSC	25:32.67	1991
10. Jennie Taylor	OSB	34:37.42	1995

National Record

Ronnie Kamphausen MESC-NE 15:47.72 2009

1650 YARD FREESTYLE

1. Grace Altus	OSB	29:36.22	1999
2. Rita Simonton	GWSC	29:40.16	1995
3. Dionne Caldwell	NOVA	30:43.99	2008
4. Ellen Shockro	ROSE	32:38.51	2018
5. Maxine Merlino	LBM	32:54.84	1989
6. Peggy Sanborn	SBM	35:47.38	2006
7. Sylvia Glenn	OJAI	36:48.59	2014
8. Elizabeth Mauric	SDMS	39:19.98	1979
9. Katherine Pelton	MMSC	42:47.72	1985

National Record

Sarah Kopsky TULS-OK 26:47.55 2017

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 75-79

50 YARD BACKSTROKE

1. Jeanne Little	MVN	48.95	2014
2. Maxine Merlino	UNAT	50.53	1988
3. Ruth Baar	OSB	50.73	1999
4. Peggy Sanborn	SBM	53.74	2003
5. Maurine Kornfeld	CM	56.31	1999
6. Janice Shane	WSM	57.05	1987
7. Dee Schwartz	DOT	59.83	2015
8. Ellen Shockro	ROSE	1:00.23	2018
9. Johnnie Belshe	HBSC	1:03.42	1984
10. Dorothea Cole	LBM	1:04.88	1985

National Record

Doris Steadman GSM-NJ 40.25 2000

100 YARD BACKSTROKE

1. Marion Patterson	MESA	1:49.88	2006
2. Peggy Sanborn	SBM	1:52.63	2003
3. Maxine Merlino	UNAT	1:54.12	1988
4. Maurine Kornfeld	CM	2:04.32	1998
5. Sylvia Glenn	OJAI	2:14.43	2015
6. Dorothea Cole	LBM	2:17.32	1985
7. Dee Schwartz	DOT	2:20.02	2016
8. Johnnie Belshe	HBSC	2:20.03	1984
9. Mitnee Duque	OJAI	2:22.79	2012
10. Katherine Pelton	IHAC	2:23.29	1984

National Record

Nancy Brown MARY-MD 1:27.70 2011

200 YARD BACKSTROKE

1. Peggy Sanborn	SBM	3:56.28	2003
2. Maxine Merlino	LBM	4:04.95	1990
3. Marion Patterson	MESA	4:10.28	2006
4. Maurine Kornfeld	CM	4:21.29	1997
5. Grace Altus	OSB	4:27.19	1999
6. Madeleine Miller	UNAT	4:37.41	1989
7. Dorothea Cole	LBM	4:47.15	1985
8. Sylvia Glenn	OJAI	4:48.11	2014
9. Margaret Carr	CENT	5:09.01	1987
10. Johnnie Belshe	HBSC	5:15.18	1984

National Record

Nancy Brown MARY-MD 3:15.04 2011

50 YARD BREASTSTROKE

1. Margrit Graef	MVN	51.08	2007
2. Maxine Merlino	LBM	54.35	1990
3. Rita Simonton	GWSC	55.79	1997
4. Madeleine Miller	UNAT	59.83	1988
5. Ellen Shockro	ROSE	1:02.93	2018
6. Mitnee Duque	OJAI	1:03.91	2012
7. Katherine Pelton	IHAC	1:04.11	1981
8. Jeanne Little	MVN	1:04.98	2013
9. Tilly Weil	LBM	1:07.81	1984
10. Sylvia Glenn	OJAI	1:12.49	2014

National Record

Joann Leilich WMST-GU 41.53 2014

100 YARD BREASTSTROKE

1. Rita Simonton	GWSC	1:57.63	1994
2. Margrit Graef	MVN	1:57.72	2007
3. Maxine Merlino	LBM	1:59.24	1989
4. Madeleine Miller	UNAT	2:15.03	1988
5. Katherine Pelton	IHAC	2:26.98	1982
6. Tilly Weil	LBM	2:29.47	1984
7. Mitnee Duque	OJAI	2:34.31	2012
8. Sylvia Glenn	OJAI	2:45.42	2014
9. Elizabeth Mauric	SDMS	2:45.74	1981

National Record

Joann Leilich WMST-GU 1:29.24 2014

200 YARD BREASTSTROKE

1. Rita Simonton	GWSC	4:04.18	1994
2. Maxine Merlino	UNAT	4:09.09	1988
3. Margrit Graef	MVN	4:34.39	2008
4. Madeleine Miller	UNAT	5:00.86	1989
5. Katherine Pelton	IHAC	5:07.28	1982
6. Tilly Weil	LBM	5:39.59	1984
7. Sylvia Glenn	OJAI	5:41.10	2014
8. Elizabeth Mauric	SDMS	5:50.71	1980
9. Ruth Ridenour	SBSC	6:16.71	1991

National Record

Joann Leilich WMST-GU 3:16.31 2014

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 75-79

50 YARD BUTTERFLY

1. Jeanne Little	MVN	41.48	2012
2. Dionne Caldwell	NOVA	49.39	2011
3. Ellen Shockro	ROSE	52.57	2018
4. Grace Altus	OSB	53.65	1999
5. Maxine Merlino	UNAT	54.20	1988
6. Katherine Pelton	IHAC	1:02.53	1982
7. Maurine Kornfeld	CM	1:10.47	1999
8. Sylvia Glenn	OJAI	1:14.97	2014
9. Marcia Cohen	SCAQ	1:30.45	2011

National Record

Mary Ann Case ARIZ-AZ 38.05 2015

100 YARD BUTTERFLY

1. Maxine Merlino	LBM	2:01.82	1989
2. Katherine Pelton	IHAC	2:24.40	1984

National Record

Mary Ann Case ARIZ-AZ 1:35.55 2015

200 YARD BUTTERFLY

1. Maxine Merlino	LBM	4:19.43	1989
2. Katherine Pelton	IHAC	5:14.92	1981

National Record

Lois Kivi Nochman MICH-MI 3:41.89 2000

100 YARD INDIVIDUAL MEDLEY

1. Jeanne Little	MVN	1:45.39	2012
2. Maxine Merlino	LBM	1:51.11	1990
3. Dionne Caldwell	NOVA	1:52.01	2009
4. Margrit Graef	MVN	2:02.23	2009
5. Grace Altus	OSB	2:03.85	1999
6. Ellen Shockro	ROSE	2:09.01	2018
7. Katherine Pelton	IHAC	2:22.27	1982
8. Sylvia Glenn	OJAI	2:23.95	2014
9. Mitnee Duque	OJAI	2:30.80	2012
10. Dee Schwartz	DOT	2:33.15	2017

National Record

Gail Roper ARIZ-AZ 1:27.31 2005

200 YARD INDIVIDUAL MEDLEY

1. Maxine Merlino	UNAT	3:56.09	1988
2. Grace Altus	OSB	4:29.13	1999
3. Katherine Pelton	IHAC	5:01.20	1982
4. Maurine Kornfeld	CM	5:12.47	1998
5. Ruth Ridenour	SBSC	5:50.85	1990

National Record

Gail Roper ARIZ-AZ 3:18.40 2005

400 YARD INDIVIDUAL MEDLEY

1. Maxine Merlino	UNAT	8:10.40	1988
2. Katherine Pelton	IHAC	10:56.42	1982

National Record

Gail Roper ARIZ-AZ 7:03.61 2005

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 80-84

50 YARD FREESTYLE

1. Rita Simonton	GWSC	41.63	1999
2. Ruth Baar	SBM	44.18	2004
3. Dionne Caldwell	NOVA	44.48	2013
4. Maxine Merlino	CM	44.96	1994
5. Maurine Kornfeld	CM	46.91	2002
6. Grace Altus	SBM	49.71	2004
7. Eugenia Gregoire	UNAT	50.69	2017
8. Margrit Graef	MVN	52.22	2015
9. Jeanne D'Ambly	UNAT	52.27	2001
10. Sallie Soiberg	LVM	54.98	2012

National Record

Johnnie Detrick VMST-VA 34.20 2015

100 YARD FREESTYLE

1. Rita Simonton	GWSC	1:30.49	1999
2. Dionne Caldwell	NOVA	1:38.95	2014
3. Ruth Baar	SBM	1:42.94	2004
4. Maxine Merlino	CM	1:44.17	1994
5. Grace Altus	SBM	1:47.39	2004
6. Maurine Kornfeld	CM	1:48.45	2005
7. Louise Bowersock	CM	1:56.64	2004
8. Eugenia Gregoire	UNAT	2:06.92	2017
9. Madeleine Miller	CM	2:11.57	1994
10. Katherine Pelton	SCAQ	2:13.23	1986

National Record

Johnnie Detrick VMST-VA 1:22.34 2015

200 YARD FREESTYLE

1. Rita Simonton	GWSC	3:14.68	1999
2. Dionne Caldwell	NOVA	3:33.03	2014
3. Maurine Kornfeld	CM	3:49.51	2003
4. Grace Altus	SBM	3:51.84	2004
5. Ruth Baar	SBM	3:52.04	2004
6. Maxine Merlino	CM	3:58.25	1994
7. Louise Bowersock	CM	4:10.15	2004
8. Peggy Sanborn	SBM	4:23.34	2008
9. Katherine Pelton	SCAQ	4:46.72	1986
10. Madeleine Miller	CM	4:48.06	1994

National Record

Anne Williams SDSM-SI 3:08.41 2018

500 YARD FREESTYLE

1. Rita Simonton	GWSC	8:40.31	1999
2. Dionne Caldwell	NOVA	9:24.31	2013
3. Maurine Kornfeld	CM	9:56.98	2003
4. Maxine Merlino	CM	10:22.72	1994
5. Louise Bowersock	CM	10:47.07	2004
6. Peggy Sanborn	SBM	11:15.38	2008
7. Katherine Pelton	SCAQ	12:21.35	1986
8. Elizabeth Mauric	IHAC	13:13.51	1986
9. Madeleine Miller	CM	14:00.93	1995
10. Ruth Ridenour	OSB	14:29.26	1996

National Record

Anne Williams SDSM-SI 8:19.98 2018

1000 YARD FREESTYLE

1. Rita Simonton	GWSC	17:51.67	1999
2. Maxine Merlino	CM	21:22.63	1994
3. Louise Bowersock	CM	22:26.47	2004
4. Peggy Sanborn	SBM	22:37.05	2008
5. Katherine Pelton	SCAQ	25:43.10	1986
6. Madeleine Miller	CM	29:04.54	1995
7. Geraldine Turner	LVM	36:11.07	1994

National Record

Jean Troy FMM-FL 17:20.18 2008

1650 YARD FREESTYLE

1. Rita Simonton	GWSC	30:00.58	1999
2. Maxine Merlino	CM	35:41.64	1994
3. Peggy Sanborn	SBM	37:22.26	2008
4. Elizabeth Mauric	IHAC	42:42.48	1984
5. Katherine Pelton	SCAQ	44:26.24	1986

National Record

Betty Lorenzi FACT-FL 28:35.79 2009

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 80-84

50 YARD BACKSTROKE

1. Ruth Baar	SBM	54.71	2004
2. Maxine Merlino	CM	56.15	1994
3. Dionne Caldwell	NOVA	57.75	2013
4. Peggy Sanborn	SBM	59.29	2008
5. Maurine Kornfeld	CM	59.70	2004
6. Madeleine Miller	UNAT	1:01.81	1991
7. Katherine Pelton	SCAQ	1:11.07	1986
8. Sallie Soiberg	LVM	1:13.12	2012
9. Eleanor Brown	OJAI	1:16.14	2007
10. Nancy Voyer	OJAI	1:30.79	2014

National Record

Betty Lorenzi FACT-FL 43.57 2009

100 YARD BACKSTROKE

1. Maxine Merlino	CM	2:02.29	1994
2. Peggy Sanborn	SBM	2:04.26	2010
3. Maurine Kornfeld	CM	2:07.00	2004
4. Madeleine Miller	CM	2:25.44	1995
5. Geraldine Turner	LVM	2:32.13	1992
6. Sallie Soiberg	LVM	2:35.91	2012
7. Katherine Pelton	IHAC	2:41.44	1987
8. Pearl Miller	MVN	2:50.48	1980
9. Jennie Taylor	OSB	3:12.43	1998
10. Nancy Voyer	OJAI	3:18.91	2014

National Record

Betty Lorenzi FACT-FL 1:32.37 2009

200 YARD BACKSTROKE

1. Peggy Sanborn	SBM	4:18.80	2010
2. Maxine Merlino	CM	4:26.59	1994
3. Maurine Kornfeld	CM	4:32.13	2005
4. Grace Altus	SBM	4:56.58	2004
5. Madeleine Miller	CM	5:06.59	1994
6. Pearl Miller	MVN	5:57.89	1980
7. Nancy Voyer	OJAI	6:54.36	2013
8. Elizabeth Mauric	IHAC	6:57.84	1986
9. Jennie Taylor	OSB	7:05.26	1999

National Record

Betty Lorenzi FACT-FL 3:26.72 2009

50 YARD BREASTSTROKE

1. Rita Simonton	GWSC	55.19	1999
2. Maxine Merlino	CM	59.90	1994
3. Madeleine Miller	CM	1:03.71	1994
4. Margrit Graef	MVN	1:05.97	2015
5. Katherine Pelton	SCAQ	1:06.58	1986
6. Jeanne D'Ambly	UNAT	1:10.38	2001
7. Dionne Caldwell	NOVA	1:13.16	2013
8. Sallie Soiberg	LVM	1:16.17	2012
9. Eleanor Brown	OJAI	1:20.26	2007
10. Maurine Kornfeld	CM	1:20.83	2002

National Record

Anne Williams SDSM-SI 47.35 2018

100 YARD BREASTSTROKE

1. Rita Simonton	GWSC	2:07.78	1999
2. Maxine Merlino	CM	2:15.75	1994
3. Madeleine Miller	UNAT	2:23.64	1991
4. Katherine Pelton	SCAQ	2:24.67	1986
5. Elizabeth Mauric	IHAC	3:09.91	1984

National Record

Anne Williams SDSM-SI 1:41.18 2018

200 YARD BREASTSTROKE

1. Rita Simonton	GWSC	4:26.58	1999
2. Maxine Merlino	CM	4:44.08	1994
3. Madeleine Miller	UNAT	5:39.50	1991
4. Katherine Pelton	IHAC	5:41.35	1987
5. Elizabeth Mauric	IHAC	6:30.56	1985

National Record

Anne Williams SDSM-SI 3:37.95 2018

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 80-84

50 YARD BUTTERFLY

1. Dionne Caldwell	NOVA	56.23	2013
2. Maxine Merlino	CM	1:01.62	1994
3. Katherine Pelton	SCAQ	1:06.25	1986
4. Grace Altus	SBM	1:07.81	2004
5. Maurine Kornfeld	CM	1:15.15	2003
6. Madeleine Miller	UNAT	1:16.48	1991

National Record

Lois Kivi Nochman MICH-MI 50.10 2007

100 YARD BUTTERFLY

1. Maxine Merlino	CM	2:16.09	1994
2. Katherine Pelton	SCAQ	2:36.36	1986

National Record

Lois Kivi Nochman MICH-MI 1:54.16 2007

200 YARD BUTTERFLY

1. Maxine Merlino	CM	4:49.35	1994
2. Katherine Pelton	SCAQ	5:43.94	1986

National Record

Lois Kivi Nochman MICH-MI 4:05.12 2005

100 YARD INDIVIDUAL MEDLEY

1. Maxine Merlino	CM	1:59.73	1994
2. Rita Simonton	GWSC	2:04.43	2003
3. Dionne Caldwell	NOVA	2:04.62	2013
4. Grace Altus	SBM	2:23.53	2004
5. Katherine Pelton	SCAQ	2:24.88	1986
6. Maurine Kornfeld	CM	2:28.15	2004
7. Madeleine Miller	UNAT	2:31.33	1991
8. Eugenia Gregoire	UNAT	2:46.19	2017
9. Ruth Ridenour	OSB	3:20.37	1996
10. Nancy Voyer	OJAI	4:01.46	2013

National Record

Johnnie Detrick VMST-VA 1:42.51 2016

200 YARD INDIVIDUAL MEDLEY

1. Maxine Merlino	CM	4:22.55	1994
2. Maurine Kornfeld	CM	5:03.53	2003
3. Katherine Pelton	SCAQ	5:13.80	1986
4. Geraldine Turner	LVM	9:01.71	1994

National Record

Johnnie Detrick VMST-VA 3:48.28 2016

400 YARD INDIVIDUAL MEDLEY

1. Maxine Merlino	CM	9:08.06	1994
2. Katherine Pelton	SCAQ	11:16.00	1986
3. Geraldine Turner	LVM	21:17.88	1994

National Record

Jean Troy FMM-FL 8:16.02 2008

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 85-89

50 YARD FREESTYLE

100 YARD FREESTYLE

1. Rita Simonton	GWSC	45.84	2004
2. Maurine Kornfeld	MVN	49.22	2007
3. Margrit Graef	MVN	56.53	2018
4. Sallie Soiberg	LVM	59.16	2017
5. Madeleine Miller	CM	1:04.03	1997
6. Luella Tyra	IHAC	1:20.77	1982
7. Elizabeth Knabe	????	1:28.92	1985
8. Jennie Taylor	OJAI	1:44.26	2007
9. Geraldine Turner	LVM	2:20.48	1997

1. Rita Simonton	GWSC	1:41.38	2004
2. Maurine Kornfeld	MVN	1:50.03	2007
3. Sallie Soiberg	LVM	2:18.62	2017
4. Katherine Pelton	IHAC	2:20.94	1991
5. Madeleine Miller	CM	2:37.05	1997
6. Luella Tyra	IHAC	3:10.35	1981
7. Geraldine Turner	LVM	4:53.91	1997

National Record

Betty Russ O*H*-LE 41.21 2013

National Record

Nan Bohl MOVY-MV 1:31.20 2014

200 YARD FREESTYLE

500 YARD FREESTYLE

1. Rita Simonton	GWSC	3:39.73	2004
2. Maurine Kornfeld	MVN	3:50.21	2009
3. Katherine Pelton	IHAC	5:14.53	1991
4. Madeleine Miller	CM	5:33.08	1997
5. Luella Tyra	IHAC	7:02.31	1981

1. Rita Simonton	GWSC	9:37.91	2004
2. Maurine Kornfeld	MVN	9:54.15	2009
3. Madeleine Miller	CM	15:02.20	1998

National Record

Jean Troy FMM-FL 3:26.89 2013

National Record

Betty Lorenzi FACT-FL 9:07.55 2013

1000 YARD FREESTYLE

1650 YARD FREESTYLE

1. Rita Simonton	GWSC	19:34.16	2004
2. Maurine Kornfeld	MVN	20:13.51	2009

1. Rita Simonton	GWSC	32:25.66	2004
-------------------------	-------------	-----------------	-------------

National Record

Betty Lorenzi FACT-FL 18:40.21 2013

National Record

Betty Lorenzi FACT-FL 30:52.20 2013

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 85-89

50 YARD BACKSTROKE

100 YARD BACKSTROKE

1. Maurine Kornfeld	MVN	59.43	2009
2. Rita Simonton	GWSC	1:00.11	2004
3. Madeleine Miller	CM	1:12.19	1997
4. Sallie Soiberg	LVM	1:18.66	2017
5. Jennie Taylor	OJAI	1:45.30	2007
6. Gilda Di Pierre	OSB	1:47.97	1997
7. Geraldine Turner	LVM	2:08.76	1997

1. Maurine Kornfeld	MVN	2:06.25	2009
2. Madeleine Miller	CM	2:39.85	1997
3. Sallie Soiberg	LVM	3:06.72	2017
4. Elizabeth Knabe	????	4:22.34	1985
5. Jennie Taylor	OJAI	4:34.85	2007

National Record

Betty Lorenzi FACT-FL 46.77 2013

National Record

Betty Lorenzi FACT-FL 1:40.00 2013

200 YARD BACKSTROKE

50 YARD BREASTSTROKE

1. Maurine Kornfeld	MVN	4:28.61	2009
2. Madeleine Miller	CM	5:51.80	1997

1. Marti Gogniat	CM	1:04.34	1997
2. Rita Simonton	GWSC	1:09.99	2005
3. Margrit Graef	MVN	1:11.28	2018
4. Madeleine Miller	CM	1:17.50	1997
5. Sallie Soiberg	LVM	1:23.45	2017
6. Maurine Kornfeld	MVN	1:31.98	2008
7. Katherine Pelton	IHAC	1:38.38	1992
8. Luella Tyra	IHAC	2:08.74	1981

National Record

Betty Lorenzi FACT-FL 3:34.09 2013

National Record

Ann Hirsch WCM-PC 55.14 2016

100 YARD BREASTSTROKE

200 YARD BREASTSTROKE

1. Marti Gogniat	CM	2:23.57	1997
2. Rita Simonton	GWSC	2:33.91	2004
3. Katherine Pelton	IHAC	2:47.87	1991
4. Sallie Soiberg	LVM	2:55.02	2017
5. Madeleine Miller	CM	3:10.41	1999
6. Luella Tyra	IHAC	4:38.70	1981

1. Rita Simonton	GWSC	5:19.61	2004
2. Marti Gogniat	CM	5:52.31	1998
3. Katherine Pelton	IHAC	6:12.44	1991
4. Madeleine Miller	CM	7:03.94	1997
5. Luella Tyra	IHAC	9:22.87	1982

National Record

Ann Hirsch WCM-PC 2:01.37 2016

National Record

Ann Hirsch WCM-PC 4:20.23 2016

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 85-89

50 YARD BUTTERFLY

1. Maurine Kornfeld	MVN	1:14.21	2007
2. Rita Simonton	UNAT	1:19.66	2007
3. Madeleine Miller	CM	1:42.44	1998
4. Geraldine Turner	LVM	3:56.65	1997

National Record

Lois Kivi Nochman MICH-MI 57.02 2010

100 YARD BUTTERFLY

1. Katherine Pelton	IHAC	3:05.62	1991
---------------------	------	---------	------

National Record

Betty Russ O*H*-LE 2:12.10 2012

200 YARD BUTTERFLY

1. Katherine Pelton	IHAC	6:39.85	1991
---------------------	------	---------	------

National Record

Lois Kivi Nochman MICH-MI 4:42.19 2010

100 YARD INDIVIDUAL MEDLEY

1. Rita Simonton	GWSC	2:11.23	2004
2. Maurine Kornfeld	MVN	2:37.65	2007
3. Madeleine Miller	CM	3:15.92	1998
4. Geraldine Turner	LVM	6:53.45	1997

National Record

Jean Troy FMM-FL 1:52.95 2014

200 YARD INDIVIDUAL MEDLEY

1. Rita Simonton	GWSC	4:46.35	2004
2. Katherine Pelton	IHAC	6:00.97	1991
3. Maurine Kornfeld	MVN	6:01.36	2009

National Record

Jean Troy FMM-FL 4:17.15 2013

400 YARD INDIVIDUAL MEDLEY

1. Katherine Pelton	IHAC	12:35.60	1991
---------------------	------	----------	------

National Record

Jean Troy FMM-FL 9:04.46 2013

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 90-94

50 YARD FREESTYLE

100 YARD FREESTYLE

1. Rita Simonton	LOST	52.19	2009
2. Maurine Kornfeld	MVN	54.13	2012
3. Maxine Merlino	CM	1:08.53	2003
4. Madeleine Miller	CM	1:23.20	2001
5. Luella Tyra	IHAC	1:27.65	1983

1. Rita Simonton	LOST	1:50.37	2009
2. Maurine Kornfeld	MVN	1:56.78	2012
3. Maxine Merlino	CM	2:25.10	2003
4. Madeleine Miller	CM	3:04.80	2001
5. Luella Tyra	IHAC	3:31.33	1984

National Record

Aileen Soule HUMU-HA 49.68 1996

National Record

Jean Troy SYSM-FL 1:48.77 2018

200 YARD FREESTYLE

500 YARD FREESTYLE

1. Rita Simonton	LOST	3:59.22	2009
2. Maurine Kornfeld	UNAT	4:05.25	2015
3. Maxine Merlino	CM	5:01.68	2003
4. Luella Tyra	IHAC	8:28.07	1983

1. Rita Simonton	LOST	10:22.61	2009
2. Maurine Kornfeld	MVN	10:34.49	2012
3. Maxine Merlino	CM	12:48.67	2003
4. Madeleine Miller	CM	19:54.17	2003

National Record

Rita Simonton LOST-SP 3:59.22 2009

National Record

Rita Simonton LOST-SP 10:22.61 2009

1000 YARD FREESTYLE

1650 YARD FREESTYLE

1. Rita Simonton	LOST	21:20.93	2009
2. Maurine Kornfeld	MVN	21:40.23	2012
3. Maxine Merlino	CM	26:03.69	2003

1. Rita Simonton	LOST	35:22.28	2009
2. Maxine Merlino	CM	43:23.50	2003

National Record

Rita Simonton LOST-SP 21:20.93 2009

National Record

Rita Simonton LOST-SP 35:22.28 2009

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 90-94

50 YARD BACKSTROKE

100 YARD BACKSTROKE

1. Maurine Kornfeld	MVN	1:01.20	2013
2. Rita Simonton	GWSC	1:04.29	2011
3. Madeleine Miller	CM	1:28.45	2001

1. Maurine Kornfeld	MVN	2:16.24	2012
2. Rita Simonton	GWSC	2:18.07	2011
3. Madeleine Miller	CM	3:27.28	2001

National Record

Betty Lorenzi FACT-FL 52.84 2017

National Record

Betty Lorenzi FACT-FL 1:54.60 2017

200 YARD BACKSTROKE

50 YARD BREASTSTROKE

1. Maurine Kornfeld	MVN	4:43.13	2013
----------------------------	------------	----------------	-------------

1. Madeleine Miller	CM	1:39.67	2001
2. Maurine Kornfeld	MVN	1:43.41	2012
3. Luella Tyra	IHAC	2:26.52	1984

National Record

Betty Lorenzi FACT-FL 4:15.38 2017

National Record

Marjorie Stone GCPS-SE 1:05.50 2014

100 YARD BREASTSTROKE

200 YARD BREASTSTROKE

1. Rita Simonton	LOST	3:25.96	2009
2. Madeleine Miller	CM	4:09.69	2001
3. Luella Tyra	IHAC	5:30.32	1983

1. Luella Tyra	IHAC	11:48.36	1983
-----------------------	-------------	-----------------	-------------

National Record

Joan Wayne NCMS-NC 2:23.11 2015

National Record

Marjorie Stone GCPS-SE 5:45.96 2015

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 95-99

50 YARD FREESTYLE

100 YARD FREESTYLE

1. Maurine Kornfeld	ROSE	1:00.09	2017
2. Rita Simonton	MVN	1:02.80	2013

1. Maurine Kornfeld	ROSE	2:04.52	2017
2. Rita Simonton	MVN	2:14.55	2013

National Record

Maurine Kornfeld ROSE-SP 1:00.09 2017

National Record

Maurine Kornfeld ROSE-SP 2:04.52 2017

200 YARD FREESTYLE

500 YARD FREESTYLE

1. Maurine Kornfeld	ROSE	4:28.70	2018
2. Rita Simonton	MVN	4:45.26	2014

1. Maurine Kornfeld	ROSE	11:45.41	2017
2. Rita Simonton	MVN	12:28.16	2013

National Record

Maurine Kornfeld ROSE-SP 4:28.70 2018

National Record

Maurine Kornfeld ROSE-SP 11:45.41 2017

1000 YARD FREESTYLE

1650 YARD FREESTYLE

1. Maurine Kornfeld	ROSE	23:57.82	2017
---------------------	------	----------	------

NO RECORD

National Record

Maurine Kornfeld ROSE-SP 23:57.82 2017

National Record

No Record

50 YARD BACKSTROKE

100 YARD BACKSTROKE

1. Rita Simonton	MVN	1:08.87	2014
2. Maurine Kornfeld	ROSE	1:10.42	2017

1. Maurine Kornfeld	ROSE	2:35.07	2018
2. Rita Simonton	MVN	2:37.92	2013

National Record

Rita Simonton MVN-SP 1:08.87 2014

National Record

Maurine Kornfeld ROSE-SP 2:35.07 2018

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

WOMEN 95-99

200 YARD BACKSTROKE

1. Maurine Kornfeld	ROSE	5:12.63	2017
2. Rita Simonton	MVN	5:24.59	2013

National Record

Maurine Kornfeld ROSE-SP 5:12.63 2017

50 YARD BREASTSTROKE

1. Maurine Kornfeld	ROSE	1:59.49	2017
---------------------	------	---------	------

National Record

Marie Kelleher VMST-VA 1:55.41 2009

100 YARD BREASTSTROKE

NO RECORD

National Record

Charlotte Sanddal BSMT-MT 4:19.67 2018

200 YARD BREASTSTROKE

NO RECORD

National Record

No Record

50 YARD BUTTERFLY

1. Maurine Kornfeld	ROSE	1:49.45	2017
---------------------	------	---------	------

National Record

Maurine Kornfeld ROSE-SP 1:49.45 2017

100 YARD BUTTERFLY

NO RECORD

National Record

No Record

200 YARD BUTTERFLY

NO RECORD

National Record

No Record

100 YARD INDIVIDUAL MEDLEY

1. Maurine Kornfeld	ROSE	3:10.86	2017
---------------------	------	---------	------

National Record

Maurine Kornfeld ROSE-SP 3:10.86 2017

200 YARD INDIVIDUAL MEDLEY

NO RECORD

National Record

No Record

400 YARD INDIVIDUAL MEDLEY

NO RECORD

National Record

No Record

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 18-24

50 YARD FREESTYLE

1. Jeffrey Barrett	OJAI	20.64	2008
2. Nathaniel Biondi	UNAT	20.70	2017
3. Kasey Foley	LTVN	20.72	2018
4. Brian Kurza	SCAQ	20.73	1993
5. Nicholas Korth	GRA	20.84	2016
6. Jeff Hart	SOBA	20.89	2010
7. Jon Norman	NOVA	21.01	2017
7. Louis Vayo	CSAM	21.01	2010
9. Mat Prasser	MVN	21.10	2017
10. Christopher Smith	WH2O	21.12	2008

National Record

Josh Schneider NCMS-NC 19.36 2012

100 YARD FREESTYLE

1. Brian Kurza	SCAQ	45.63	1993
2. Jon Norman	NOVA	46.03	2017
3. Jeff Hart	SOBA	46.12	2010
4. Louis Vayo	CSAM	46.32	2010
5. Nathaniel Biondi	UNAT	46.42	2017
6. Jonathan Russell	WH2O	46.48	2007
7. Kasey Foley	LTVN	46.52	2018
8. Christopher Smith	WH2O	46.88	2008
9. Ralph Porrazzo	ROSE	46.92	2017
10. Bert Bergen	UNAT	47.10	1991

National Record

Eugene Godsoe NCMS-NC 42.59 2012

200 YARD FREESTYLE

1. Jeffrey Barrett	OJAI	1:41.57	2008
2. Ralph Porrazzo	ROSE	1:41.70	2017
3. Jonathan Russell	WH2O	1:42.07	2007
4. Richard Drewelow	SCAQ	1:42.30	1992
5. Louis Vayo	UNAT	1:42.34	2010
5. Brett MacLennan	WH2O	1:43.34	2009
7. Ryan Wynn	CLVM	1:43.41	2003
8. Alan Peterson	SLOM	1:43.54	2017
9. Mark Cleavenger	SCAQ	1:44.02	1987
10. Jeff Hart	SOBA	1:44.91	2010

National Record

Andy Grant UNAT-PC 1:35.02 2009

500 YARD FREESTYLE

1. Jonathan Russell	WH2O	4:36.95	2007
2. Richard Drewelow	SCAQ	4:38.46	1992
3. Ryan Wynn	CLVM	4:43.00	2002
4. Alan Peterson	SLOM	4:43.01	2018
5. Mark Cleavenger	SCAQ	4:43.54	1987
6. Jacob Jezek	LVM	4:45.26	2014
7. Logan Redondo	MVN	4:49.58	2018
8. Keith Ryan	UCI	4:50.35	2009
9. Tyler Fidler	MVN	4:53.22	2017
10. Alec Alders	ROSE	4:54.15	2012

National Record

Andy Grant UNAT-PC 4:24.81 2010

1000 YARD FREESTYLE

1. Ryan Wynn	CLVM	9:49.79	2002
2. Mark Cleavenger	SCAQ	9:49.98	1987
3. Alan Peterson	SLOM	9:55.67	2018
4. Alec Alders	ROSE	9:56.45	2012
5. Richard Drewelow	SCAQ	10:00.81	1993
6. Jacob Jezek	LVM	10:05.90	2014
7. Patrick Dideum	NOVA	10:07.58	2005
8. Jeff Hart	SOBA	10:17.61	2010
9. Robert Hudek	SBW	10:29.21	1987
10. Ryan Raffaelli	VCM	10:30.09	2000

National Record

JP Arnold NCMS-NC 9:01.26 2010

1650 YARD FREESTYLE

1. Alan Peterson	SLOM	16:18.46	2018
2. Jacob Jezek	LVM	16:37.38	2014
3. Alec Alders	ROSE	17:03.83	2012
4. Alexander Aceino	GRA	17:12.06	2015
5. Robert Hudek	SBW	17:28.08	1987
6. Attila Szilagyi	UCI	17:43.94	2003
7. Pierre Delisle	NOVA	17:53.13	1988
8. Trevor Hoyt	GRA	18:06.82	2016
9. Robert Frappia	CENT	18:08.24	1988
10. Jonathan Pierce	LAPS	18:13.26	2018

National Record

Andrew Mueller DOC-IN 15:48.70 2010

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 18-24

50 YARD BACKSTROKE

1. Nelson Silva	ROSE	23.15	2011
2. Ralph Porrazzo	ROSE	23.64	2017
3. Louis Vayo	CSAM	23.78	2010
4. Jonathan Havton	GRA	24.12	2018
5. Louis Glavinios	MBAC	24.31	2012
6. Jonathan Russell	WH2O	24.32	2007
7. Mickey Mowry	ROSE	24.45	2017
8. Robert Frantz	ROSE	24.57	2012
9. Alexander Campbell	GRA	25.13	2016
10. Peter Buhler	CTM	25.18	2012

National Record

Andrew Elliott BUM-OH 22.33 2013

100 YARD BACKSTROKE

1. Nelson Silva	ROSE	49.81	2011
2. Louis Vayo	UNAT	50.86	2010
3. Jonathan Russell	WH2O	52.43	2007
4. Osiris Briseno	SCAQ	52.50	1999
5. Robert Frantz	ROSE	52.63	2012
6. Louis Glavinios	MBAC	52.76	2012
7. Jonathan Havton	GRA	52.99	2018
8. Ryan Wynn	CLVM	53.03	2003
9. Jason Alentado	LVM	53.79	2018
10. Jeffrey Barrett	OJAI	54.11	2008

National Record

Eugene Godsoe NCMS-NC 45.36 2012

200 YARD BACKSTROKE

1. Nelson Silva	ROSE	1:48.10	2011
2. Jonathan Russell	WH2O	1:52.75	2007
3. Ralph Porrazzo	ROSE	1:52.92	2017
4. Osiris Briseno	SCAQ	1:55.37	1999
5. Ryan Wynn	CLVM	1:55.44	2003
6. Robert Frantz	ROSE	1:55.96	2012
7. Richard Drewelow	SCAQ	1:56.26	1993
8. Kyle Huebner	UNAT	1:56.32	1994
9. Jacob Jezek	LVM	1:57.17	2014
10. Matthew Jones	BGWM	1:57.53	2007

National Record

Andrew Elliott BUM-OH 1:44.18 2013

50 YARD BREASTSTROKE

1. Nicholas Korth	GRA	25.41	2016
2. Brandon Meier	LVM	25.63	2017
3. Trevor Hoyt	GRA	25.91	2016
4. Mat Prasser	MVN	26.04	2017
5. Brett MacLennan	WH2O	26.35	2009
6. Matthew Costigan	GRA	26.62	2018
7. Azad Al-barazi	UNAT	26.90	2011
8. Steven Bergen	SLUG	27.18	1998
9. Alexander Aceino	GRA	27.39	2016
9. Curren Bates	SCMC	27.39	2012

National Record

Rostyslav Fedyna UNAT-NC 24.53 2015

100 YARD BREASTSTROKE

1. Trevor Hoyt	MYST	54.38	2014
2. Azad Al-barazi	ROSE	55.62	2011
3. Nicholas Korth	GRA	56.24	2016
4. Brandon Meier	LVM	56.52	2017
5. Brett MacLennan	WH2O	57.79	2009
6. Mat Prasser	MVN	58.50	2017
7. Jay Friend	CVMM	58.60	2014
8. Nathan Hottle	SLUG	58.65	2001
9. Curren Bates	SCMC	58.69	2012
10. Michael Garrett	OSB	58.82	1999

National Record

Josh Prenot TOC-PC 52.63 2018

200 YARD BREASTSTROKE

1. Trevor Hoyt	MYST	1:55.82	2014
2. Brandon Meier	LVM	1:58.95	2017
3. Azad Al-barazi	ROSE	2:02.94	2011
4. Brett MacLennan	WH2O	2:07.20	2009
5. Jay Friend	CVMM	2:09.55	2014
6. Nathan Hottle	SLUG	2:10.85	2001
7. Michael Garrett	OSB	2:11.38	1999
8. Andrew Seo	NOVA	2:11.69	2011
9. Steven Bergen	SLUG	2:12.37	1998
10. John Harlow	SLUG	2:14.10	1993

National Record

Elliot Keefer BUM-OH 1:57.33 2013

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 18-24

50 YARD BUTTERFLY

1. Nicholas Korth	GRA	22.50	2016
2. Alexander Aceino	GRA	22.55	2016
3. Mickey Mowry	ROSE	23.02	2017
4. Jermaine Britton	OJAI	23.05	2005
5. Jon Norman	NOVA	23.07	2017
6. Joshua Hanson	RAA	23.11	2017
7. Louis Vayo	UNAT	23.19	2010
8. Kasey Foley	LTVN	23.22	2018
8. Matthew Dutton	UNAT	23.22	2017
10. Russell Kneipp	LAPS	23.39	1993

National Record

Henrik Lindau TW-ST 21.13 2015

100 YARD BUTTERFLY

1. Mickey Mowry	ROSE	49.29	2017
2. Joshua Hanson	RAA	49.42	2017
3. Nelson Silva	ROSE	50.03	2011
4. Alexander Aceino	GRA	50.39	2016
5. Martin Moran	UNAT	50.70	1991
6. Ralph Porrazzo	ROSE	50.75	2017
7. Russell Kneipp	LAPS	51.23	1993
8. Jonathan Havton	GRA	51.35	2018
9. Devin Saez	LVM	51.46	2007
10. Jason Alentado	LVM	51.57	2018

National Record

Eugene Godsoe NCMS-NC 46.65 2012

200 YARD BUTTERFLY

1. Mickey Mowry	ROSE	1:48.74	2017
2. Nelson Silva	ROSE	1:53.33	2011
3. Jonathan Havton	GRA	1:54.05	2018
4. Devin Saez	LVM	1:56.95	2007
5. Mark Cleavenger	SCAQ	1:57.55	1987
6. Alexander Havton	GRA	1:58.78	2018
7. Alexander Aceino	GRA	1:58.96	2016
8. John Harlow	SLUG	1:59.21	1993
9. Alan Jackman	UNAT	1:59.65	2017
10. Alan Peterson	SLOM	2:04.67	2018

National Record

Mickey Mowry ROSE-SP 1:48.74 2017

100 YARD INDIVIDUAL MEDLEY

1. Nicholas Korth	GRA	50.37	2016
2. Joshua Hanson	RAA	50.40	2017
3. Louis Vayo	CSAM	51.38	2010
4. Nelson Silva	ROSE	51.45	2011
5. Brandon Meier	LVM	51.63	2017
6. Brett MacLennan	WH2O	52.72	2009
7. Jon Norman	NOVA	53.06	2017
8. Mat Prasser	MVN	53.69	2016
9. Alexander Aceino	GRA	53.85	2016
10. Jason Alentado	LVM	53.96	2018

National Record

Lucas Bureau 1693-VA 49.23 2018

200 YARD INDIVIDUAL MEDLEY

1. Trevor Hoyt	MYST	1:48.87	2014
2. Nelson Silva	ROSE	1:52.06	2011
3. Brett MacLennan	WH2O	1:55.39	2009
4. Azad Al-barazi	ROSE	1:55.45	2011
5. Richard Drewelow	SCAQ	1:55.47	1992
6. Louis Vayo	UNAT	1:55.73	2010
7. Osiris Briseno	SCAQ	1:56.65	1999
8. Nathan Hottle	SLUG	1:58.30	2001
9. Jonathan Havton	GRA	1:58.70	2018
10. Ralph Porrazzo	ROSE	1:59.93	2017

National Record

Colin Babcock TOC-PC 1:49.30 2015

400 YARD INDIVIDUAL MEDLEY

1. Trevor Hoyt	MYST	3:50.87	2014
2. Joshua Hanson	RAA	3:56.60	2017
3. Jacob Jezek	LVM	4:14.14	2014
4. Azad Al-barazi	ROSE	4:16.51	2011
5. Brian Timmerman	SVMS	4:16.61	1993
6. Nathan Hottle	SLUG	4:17.54	2001
7. Devon Gavigan	SBM	4:17.75	2017
8. Jay Friend	CVMM	4:19.30	2014
9. Matthew Jones	BGWM	4:19.63	2007
10. Mark Cleavenger	SCAQ	4:21.06	1987

National Record

Russell Payne NCMS-NC 3:50.12 2010

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 25-29

50 YARD FREESTYLE

1. Tony Cox	GRA	20.16	2017
2. Simon Burnett	UNAT	20.22	2013
3. Luke Pechmann	GRA	20.46	2017
4. Travis Lauri	GRA	20.47	2018
5. Matthew Marshall	NOVA	20.56	2008
6. Wyatt Ubellacker	ROSE	20.60	2018
7. Alexander Aceino	GRA	20.81	2017
8. Nicholas Korth	GRA	20.93	2017
9. Brian Alderman	OSB	21.07	1998
10. Bert Bergen	UNAT	21.11	1994

National Record

Nathan Adrian	TOC-PC	18.67	2014
Frederick Bousquet	AMS-SE	18.67	2010

100 YARD FREESTYLE

1. Dimitri Colupaev	GRA	44.18	2017
2. Travis Lauri	GRA	45.59	2018
3. Brett MacLennan	WH2O	46.26	2011
4. Andreas Roestenberg	CLVM	46.32	2001
5. Jeremy Tillman	ROSE	46.46	2009
6. Ralph Porrazzo	ROSE	46.49	2018
7. Dan Wegner	SCAQ	46.56	2000
8. Brian Jones	UNAT	46.57	1995
9. Patrick Jacobson	SOBA	46.84	2010
10. Max Jaben	SFLA	46.90	2014

National Record

Nathan Adrian	TOC-PC	41.13	2014
---------------	--------	-------	------

200 YARD FREESTYLE

1. Brian Jones	UNAT	1:39.98	1995
2. Dan Wegner	SCAQ	1:41.19	2000
3. Andreas Roestenberg	CLVM	1:41.93	2001
3. Thomas Reed	WH2O	1:41.93	2010
5. Steven Baxter	MMSC	1:42.56	1983
6. Jonathan Russell	WH2O	1:42.93	2009
7. Justin Brannock	WH2O	1:43.26	2007
8. Max Jaben	SFLA	1:43.54	2014
9. Craig Thompson	WH2O	1:43.65	2011
10. Mike Shaffer	VCM	1:43.74	1995

National Record

Darian Townsend	ARIZ-AZ	1:31.93	2013
-----------------	---------	---------	------

500 YARD FREESTYLE

1. Thomas Reed	WH2O	4:39.81	2009
2. Bert Bergen	BSSC	4:40.95	1992
3. Craig Nadel	SCAQ	4:41.31	1988
4. Andrew Miller	WSM	4:41.53	1984
5. Mike Shaffer	VCM	4:41.93	1993
6. Keith Ryan	OCC	4:42.59	2010
7. Jonathan Russell	WH2O	4:43.11	2008
8. John Pearson	ROSE	4:43.45	1994
9. Robert Eberwine	CPM	4:43.83	1988
10. Grant Jeffries	BSSC	4:43.99	1988

National Record

Andy Grant	UNAT-PC	4:20.82	2010
------------	---------	---------	------

1000 YARD FREESTYLE

1. Alex Kostich	SCAQ	9:25.88	1998
2. Jonathan Russell	WH2O	9:37.43	2008
3. Grant Jeffries	BSSC	9:40.45	1988
4. Andrew Miller	GOLW	9:43.64	1986
5. Brian Wadley	WH2O	9:44.79	2009
6. Keith Ryan	OCC	9:47.95	2010
7. Ondrej Bures	SCAQ	9:49.51	1994
8. John Pearson	ROSE	9:53.49	1993
9. Gerry Rodrigues	SCAQ	9:54.56	1991
10. Brian Olver	WH2O	9:55.80	2007

National Record

Tobias Work	NEM-NE	9:19.61	2014
-------------	--------	---------	------

1650 YARD FREESTYLE

1. Alex Kostich	SCAQ	15:44.70	1998
2. Ondrej Bures	SCAQ	15:57.34	1994
3. Craig Nadel	SCAQ	16:02.81	1988
4. Mike Shaffer	VCM	16:07.48	1995
5. Brian Wadley	WH2O	16:09.72	2009
6. John Pearson	ROSE	16:11.24	1994
7. Andrew Miller	WSM	16:23.15	1984
8. Ryan Bullock	LAPS	16:31.77	2014
9. Randall Eickhoff	UCLA	16:33.86	1995
10. Eric Shargo	MMSC	16:42.25	1984

National Record

Alex Kostich	SCAQ-SP	15:44.70	1998
--------------	---------	----------	------

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 25-29

50 YARD BACKSTROKE

1. Tony Cox	GRA	21.60	2016
2. Simon Burnett	UNAT	22.77	2013
3. Luke Pechmann	GRA	22.81	2017
4. Matthew Marshall	NOVA	23.03	2008
5. Michael Kanner	SAM	23.12	1997
6. Ralph Porrazzo	ROSE	23.46	2018
7. Mark Backman	SLA	23.50	2009
8. Dimitri Colupaev	GRA	23.57	2017
9. Randy Aakhus	MVN	23.69	2017
10. Derek Robinson	PHSH	23.83	1998

National Record

Adam Mania WMAC-WI 21.46 2010

100 YARD BACKSTROKE

1. Tony Cox	GRA	48.98	2016
2. Luke Pechmann	GRA	49.49	2017
3. Ralph Porrazzo	ROSE	49.95	2018
4. Karol Zemier	MVN	50.66	2010
5. Michael Kanner	SAM	50.99	1995
6. Derek Robinson	PHSH	51.87	1997
7. Jonathan Russell	WH2O	51.92	2009
8. Charles Siroky	SCAQ	51.97	1993
9. Craig Dolley	BCH	52.05	1993
10. Mark Backman	SLA	52.47	2009

National Record

Adam Mania WMAC-WI 45.95 2010

200 YARD BACKSTROKE

1. Jonathan Russell	WH2O	1:50.75	2008
2. Andreas Roestenberg	CLVM	1:51.14	2001
3. Thomas Reed	WH2O	1:52.06	2009
4. Karol Zemier	MVN	1:52.42	2010
5. Marcel Rinzler	PHSH	1:53.44	1998
6. Derek Robinson	PHSH	1:53.48	1997
7. Michael Kanner	SAM	1:53.51	1996
8. Charles Siroky	SCAQ	1:54.01	1993
9. Brian Olver	WH2O	1:55.18	2007
10. Scott Reed	OSB	1:55.96	1999

National Record

David Russell NEM-NE 1:45.77 2016

50 YARD BREASTSTROKE

1. Luke Pechmann	GRA	25.05	2017
2. Eric Carlson	ROSE	25.24	2012
3. Dimitri Colupaev	GRA	26.16	2017
4. Peter McClafferty	SCAQ	26.57	1992
5. Mert Zeydanli	UNAT	26.81	2015
6. Nikola Delic	WH2O	26.86	2014
7. Brett MacLennan	WH2O	26.89	2011
8. Matthew Schmidt	WH2O	26.91	2007
9. Ronald Aitken	LVM	26.98	1994
10. Matthew Moon	MBAC	27.05	2012

National Record

Mark Gangloff AMS-SE 23.87 2010

100 YARD BREASTSTROKE

1. Eric Carlson	ROSE	55.18	2012
2. Dimitri Colupaev	GRA	55.52	2017
3. James Johnson	BSSC	57.34	1988
4. Danny Puchalski	NOVA	57.45	2009
5. Peter McClafferty	SCAQ	57.77	1991
6. Reese Gonzales	UNAT	57.82	2017
7. Brett MacLennan	WH2O	58.22	2011
8. Richard Schroeder	SBSC	58.44	1987
9. Mert Zeydanli	ROSE	58.49	2015
10. Matthew Moon	MBAC	58.84	2012

National Record

Marcus Titus ARIZ-AZ 51.57 2015

200 YARD BREASTSTROKE

1. Eric Carlson	ROSE	2:00.64	2012
2. James Johnson	BSSC	2:04.82	1987
3. Peter McClafferty	SCAQ	2:05.89	1991
4. Danny Puchalski	NOVA	2:08.92	2009
5. Edward Safa	SCAQ	2:09.27	1990
6. Henry Wise	SWFS	2:09.72	1993
7. Mert Zeydanli	ROSE	2:09.84	2015
8. Brett MacLennan	WH2O	2:09.85	2011
9. Jared Griffard	LVM	2:09.87	2017
10. Patrick Duggan	MVN	2:10.62	1991

National Record

BJ Johnson STAN-PC 1:53.04 2013

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 25-29

50 YARD BUTTERFLY

1. Tony Cox	GRA	21.20	2016
2. Wyatt Ubellacker	ROSE	21.53	2018
3. Travis Lauri	GRA	21.73	2018
4. Matthew Marshall	NOVA	22.03	2008
5. Simon Burnett	UNAT	22.09	2013
6. Luke Pechmann	GRA	22.15	2016
7. Brian Alderman	OSB	22.21	1998
8. Alexander Aceino	GRA	22.59	2018
9. Matthew Mitchell	SWFS	22.63	1993
10. Steven Baxter	MMSC	22.68	1983

National Record

Davis Tarwater NCMS-NC 21.11 2012

100 YARD BUTTERFLY

1. Tony Cox	GRA	47.30	2016
2. Matthew Marshall	NOVA	48.36	2008
3. Brian Alderman	OSB	48.51	1998
4. Alexander Aceino	GRA	48.69	2017
5. Luke Pechmann	GRA	48.98	2017
6. Steven Baxter	MMSC	49.81	1983
7. Daniel Hurst	PSP	49.83	2017
8. Karol Zemier	MVN	50.41	2010
9. Clay Evans	SMM	50.50	1981
10. Curtis Lin	SBM	50.55	2017

National Record

Davis Tarwater NCMS-NC 45.32 2012

200 YARD BUTTERFLY

1. Mike Shaffer	DUST	1:50.04	1994
2. Peter Egan	SCAQ	1:50.34	1993
3. Ondrej Bures	SCAQ	1:50.44	1994
4. James Belardi	LCM	1:51.01	1983
5. Brian Alderman	OSB	1:51.81	1998
6. Alexander Aceino	GRA	1:53.22	2017
7. Curtis Lin	SBM	1:54.06	2017
8. Brian Jones	UNAT	1:54.19	1995
9. Brian Olver	WH2O	1:56.35	2007
10. Gerry Rodrigues	SCAQ	1:56.39	1991

National Record

Erik Scalise SNM-PC 1:47.62 2007

100 YARD INDIVIDUAL MEDLEY

1. Luke Pechmann	GRA	49.54	2017
2. Dimitri Colupaev	GRA	49.88	2017
3. Simon Burnett	UNAT	50.07	2013
4. Tony Cox	GRA	51.38	2016
5. Eric Carlson	ROSE	51.47	2012
6. Karol Zemier	MVN	51.78	2010
7. Alexander Aceino	GRA	51.82	2017
8. Marcel Rinzler	PHSH	52.39	1997
9. Brett MacLennan	WH2O	52.54	2011
10. Clay Evans	SMM	52.63	1981

National Record

Darian Townsend ARIZ-AZ 47.77 2014

200 YARD INDIVIDUAL MEDLEY

1. Marcel Rinzler	PHSH	1:53.68	1998
2. James Johnson	BSSC	1:53.94	1988
3. Thomas Reed	WH2O	1:55.03	2009
4. Clay Evans	SMM	1:55.70	1981
5. Steven Baxter	MMSC	1:56.06	1983
6. Patrick Duggan	MVN	1:56.10	1991
7. Peter Egan	SCAQ	1:56.35	1993
8. Mark Chatfield	MMSC	1:56.66	1983
9. Curtis Lin	SBM	1:57.04	2017
10. James Belardi	MMSC	1:57.11	1984

National Record

Darian Townsend ARIZ-AZ 1:41.79 2013

400 YARD INDIVIDUAL MEDLEY

1. Alex Kostich	SCAQ	4:05.26	1998
2. Thomas Reed	WH2O	4:06.48	2009
3. Ondrej Bures	SCAQ	4:06.94	1994
4. James Johnson	BSSC	4:07.83	1988
5. Marcel Rinzler	PHSH	4:08.15	1999
6. Brian Olver	WH2O	4:08.93	2007
7. Andreas Roestenberg	CLVM	4:11.30	2002
8. Chris McKinnon	CPM	4:11.75	1987
9. James Belardi	MMSC	4:11.83	1984
10. Andrew Miller	WSM	4:11.93	1984

National Record

Darian Townsend ARIZ-AZ 3:41.85 2013

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 30-34

50 YARD FREESTYLE

1. Simon Burnett	ROSE	20.07	2017
2. Adam Schmitt	SAM	20.15	1997
3. Mario Marshall	GRA	20.55	2016
4. Dan Wegner	SCAQ	20.84	2002
5. Tamas Kerekjarto	FMT	20.91	2010
6. Bruce Stahl	VEN	21.10	1993
7. Jeff Hart	LAPS	21.22	2018
8. Bert Bergen	UNAT	21.41	1997
9. Curtis Sawin	PHSH	21.42	2003
10. Brian Alderman	OSB	21.48	1999

National Record

Anthony Ervin TOC-PC 19.33 2014

100 YARD FREESTYLE

1. Simon Burnett	ROSE	44.42	2017
2. Adam Schmitt	SAM	44.94	1997
3. Mario Marshall	GRA	45.24	2016
4. Tamas Kerekjarto	FMT	45.36	2010
5. Erik Hochstein	SCAQ	46.07	2002
6. Bernie Zeruhn	NOVA	46.26	2004
7. Andreas Roestenberg	CLVM	46.37	2002
8. Dan Wegner	SCAQ	46.39	2002
9. Mike Alexandrov	GRA	46.58	2017
10. Curtis Sawin	PHSH	46.69	2003

National Record

Darian Townsend ARIZ-AZ 42.75 2014

200 YARD FREESTYLE

1. Simon Burnett	ROSE	1:36.99	2017
2. Bernie Zeruhn	NOVA	1:41.21	2005
3. Peter Egan	SCAQ	1:41.38	1994
4. Max Jaben	GRA	1:41.40	2016
5. Billy Gaines	LVM	1:41.52	2013
6. Andreas Roestenberg	CLVM	1:41.55	2002
7. Erik Hochstein	SCAQ	1:41.60	2002
8. Dan Wegner	SCAQ	1:41.63	2003
9. Tamas Kerekjarto	FMT	1:42.45	2011
10. Gregory Palumbo	WH2O	1:42.70	2011

National Record

Darian Townsend ARIZ-AZ 1:34.00 2014

500 YARD FREESTYLE

1. Max Jaben	GRA	4:35.41	2016
2. Erik Hochstein	SCAQ	4:37.10	2003
3. Mike Shaffer	VCM	4:39.38	2000
4. Dan Wegner	SCAQ	4:40.77	2003
5. Gerry Rodrigues	UCLA	4:42.98	1994
6. Brian Judd	SAM	4:44.77	1998
7. Jim McConica	MMSC	4:44.96	1983
8. Billy Gaines	LVM	4:45.31	2013
9. Gregory Palumbo	WH2O	4:46.43	2011
10. Andrew Miller	GOLW	4:46.50	1990

National Record

Matthew Cetlinski GSC-FL 4:29.49 1996

1000 YARD FREESTYLE

1. Alex Kostich	SCAQ	9:31.68	2001
2. Erik Hochstein	SCAQ	9:44.86	2003
3. Mike Shaffer	VCM	9:46.33	2000
4. Andrew Miller	GOLW	9:49.79	1990
5. Simon Burnett	ROSE	9:51.84	2017
6. Gerry Rodrigues	UCLA	9:52.72	1994
7. Mark Magee	CLVM	9:59.37	2002
8. Billy Gaines	LVM	9:59.40	2013
9. Brian Wadley	WH2O	10:00.44	2011
10. Craig Nadel	SCAQ	10:01.22	1995

National Record

Joshua Woodruff STAN-PC 9:26.93 2003

1650 YARD FREESTYLE

1. Alex Kostich	SCAQ	16:01.50	2001
2. Mike Shaffer	VCM	16:04.62	2000
3. Erik Hochstein	SCAQ	16:22.53	2003
4. Gerry Rodrigues	UCLA	16:32.00	1995
5. Brian Wadley	WH2O	16:33.77	2011
6. Craig Nadel	SCAQ	16:35.12	1995
7. John Pearson	ROSE	16:54.13	1997
8. Robert Janis	MMSC	16:54.82	1984
9. Keith Ryan	NOVA	17:18.29	2017
10. Jim McConica	MMSC	17:21.87	1984

National Record

Jeff Erwin SAWS-SF 15:51.57 1996

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 30-34

50 YARD BACKSTROKE

1. Ryan Lochte	GRA	21.73	2017
2. Simon Burnett	ROSE	22.44	2017
3. Derya Buyukuncu	NOVA	22.97	2009
4. Christopher Gibson	WH2O	23.57	2017
5. Michael Kanner	SAM	23.67	2001
6. Jeff Natalizio	NOVA	24.18	2015
7. Derek Robinson	PHSH	24.25	2003
8. Tamas Kerekjarto	FMT	24.48	2011
9. Craig Schwartz	WGSM	24.56	1986
10. Ivan Serrano	GRA	24.64	2017

National Record

Matt Grevers ARIZ-AZ 21.51 2015

100 YARD BACKSTROKE

1. Ryan Lochte	GRA	46.57	2017
2. Simon Burnett	ROSE	48.25	2017
3. Derya Buyukuncu	NOVA	50.87	2009
4. Christopher Gibson	WH2O	51.96	2017
5. Curtis Sawin	PHSH	52.22	2003
6. Andreas Roestenberg	CLVM	52.31	2003
7. Michael Kanner	SAM	52.51	2001
8. Marcel Rinzler	SLUG	53.06	2001
9. Derek Robinson	PHSH	53.53	2003
10. Bernie Zeruhn	NOVA	53.83	2005

National Record

Adam Mania WMAC-WI 46.34 2013

200 YARD BACKSTROKE

1. Simon Burnett	ROSE	1:50.15	2017
2. Andreas Roestenberg	CLVM	1:54.07	2002
3. Marcel Rinzler	SLUG	1:54.23	2001
4. Brian Olver	WH2O	1:54.24	2009
5. Max Jaben	GRA	1:55.96	2016
6. Scott Reed	OSB	1:56.22	2001
7. Matthew Jones	MVN	1:56.93	2014
8. Will Douglass	SCAQ	1:56.94	1991
9. Erik Hochstein	SCAQ	1:57.19	2003
10. David Kastigar	VEN	1:58.03	1996

National Record

Adam Mania WMAC-WI 1:43.73 2014

50 YARD BREASTSTROKE

1. Ed Moses	ROSE	24.84	2011
2. Ryan Lochte	GRA	25.15	2017
3. Mike Alexandrov	GRA	25.18	2017
4. Bryan Haile	RAA	26.04	2017
5. Bruce Howell	BSSC	26.34	1989
6. Matthew Schmidt	WH2O	26.58	2008
7. Tamas Kerekjarto	FMT	26.69	2011
8. Craig Crawford	SWM	26.90	2003
9. Nikola Delic	WH2O	26.99	2017
10. Jeff Natalizio	NOVA	27.08	2015

National Record

Matt Grevers ARIZ-AZ 24.35 2015

100 YARD BREASTSTROKE

1. Ed Moses	ROSE	53.44	2011
2. Mike Alexandrov	GRA	53.55	2017
3. Ryan Lochte	GRA	53.92	2017
4. Tamas Kerekjarto	FMT	57.34	2010
5. Craig Crawford	SWM	57.94	2001
6. Bruce Howell	BSSC	57.99	1987
7. Matthew Schmidt	WH2O	59.10	2008
8. Aaron Syvertson	PSP	59.80	2015
9. Nikola Delic	WH2O	1:00.06	2017
10. Bryan Haile	RAA	1:00.07	2017

National Record

Ed Moses ROSE-SP 53.44 2011

200 YARD BREASTSTROKE

1. Ed Moses	ROSE	1:56.02	2011
2. Mike Alexandrov	GRA	1:57.69	2017
3. Tamas Kerekjarto	FMT	2:05.80	2010
4. Bruce Howell	BSSC	2:06.56	1989
5. Brian Olver	WH2O	2:06.96	2009
6. Craig Crawford	SWM	2:10.41	2001
7. Matthew Schmidt	WH2O	2:11.39	2010
8. Peter McClafferty	SCAQ	2:12.03	1993
9. Brian Kelca	SBAY	2:13.11	1992
10. Eddie Safa	SCAQ	2:13.58	1993

National Record

Ed Moses ROSE-SP 1:56.02 2011

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 30-34

50 YARD BUTTERFLY

1. Mario Marshall	GRA	21.65	2016
2. Ryan Lochte	GRA	21.77	2017
3. Simon Burnett	ROSE	22.02	2018
4. Brian Alderman	OSB	22.22	1999
5. Curtis Sawin	PHSH	22.34	2003
6. Peter Egan	SCAQ	22.69	1994
7. Tamas Kerekjarto	FMT	22.72	2011
8. Clay Evans	SCAQ	22.83	1986
9. Max Jaben	GRA	22.94	2016
10. Nikola Delic	WH2O	23.18	2017

National Record

Matt Grevers ARIZ-AZ 21.11 2015

100 YARD BUTTERFLY

1. Mario Marshall	GRA	48.45	2016
2. Brian Alderman	OSB	48.74	1999
3. Peter Egan	SCAQ	49.16	1994
4. Tamas Kerekjarto	FMT	49.32	2010
5. Bernie Zeruhn	NOVA	50.38	2005
5. Curtis Sawin	PHSH	50.38	2003
7. James Belardi	SCAQ	50.53	1987
8. Max Jaben	GRA	50.87	2017
9. Clay Evans	SCAQ	50.88	1988
10. Marcel Rinzier	SLUG	51.33	2001

National Record

Adam Mania WMAC-WI 47.28 2013

200 YARD BUTTERFLY

1. Peter Egan	SCAQ	1:49.52	1994
2. James Belardi	SCAQ	1:51.13	1987
3. Max Jaben	GRA	1:51.54	2016
4. Brian Alderman	OSB	1:52.03	1999
5. Mike Shaffer	VCM	1:52.35	2000
6. Bernie Zeruhn	NOVA	1:54.46	2004
7. Erik Hochstein	SCAQ	1:54.94	2002
8. Mario Marshall	GRA	1:55.02	2016
9. Brian Olver	WH2O	1:55.51	2009
10. C. Robert Orr	TROJ	1:55.53	1981

National Record

Darian Townsend ARIZ-AZ 1:45.01 2015

100 YARD INDIVIDUAL MEDLEY

1. Ryan Lochte	GRA	47.71	2017
2. Mike Alexandrov	GRA	50.38	2017
3. Simon Burnett	ROSE	50.80	2018
4. Ed Moses	ROSE	51.44	2011
5. Tamas Kerekjarto	FMT	51.82	2011
6. Curtis Sawin	PHSH	52.15	2003
7. Jeff Natalizio	NOVA	52.55	2015
8. Clay Evans	SCAQ	52.69	1986
8. Mario Marshall	GRA	52.69	2016
10. Bernie Zeruhn	NOVA	52.98	2005

National Record

Ryan Lochte GRA-SP 47.71 2017

200 YARD INDIVIDUAL MEDLEY

1. Ryan Lochte	GRA	1:44.21	2017
2. Tamas Kerekjarto	FMT	1:50.40	2010
3. Mike Alexandrov	GRA	1:50.62	2017
4. Ed Moses	ROSE	1:52.73	2011
5. Brian Olver	WH2O	1:53.92	2009
6. Max Jaben	GRA	1:55.66	2016
7. Marcel Rinzier	SLUG	1:55.74	2001
8. Andreas Roestenberg	CLVM	1:55.80	2002
9. Clay Evans	SCAQ	1:55.86	1986
10. Peter Egan	SCAQ	1:56.17	1994

National Record

Darian Townsend ARIZ-AZ 1:42.03 2014

400 YARD INDIVIDUAL MEDLEY

1. Ed Moses	ROSE	4:04.56	2011
2. Andreas Roestenberg	CLVM	4:07.32	2002
3. Brian Olver	WH2O	4:07.82	2008
4. Marcel Rinzier	SLUG	4:08.91	2001
5. Max Jaben	GRA	4:09.87	2016
6. Clay Evans	SCAQ	4:10.30	1986
7. Gregory Palumbo	WH2O	4:12.51	2011
8. Mark Magee	CLVM	4:13.52	2002
9. John Harlow	SLUG	4:13.90	1999
10. James Belardi	SCAQ	4:15.06	1990

National Record

Darian Townsend ARIZ-AZ 3:40.98 2014

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 35-39

50 YARD FREESTYLE

100 YARD FREESTYLE

1. Bruce Stahl	VEN	20.76	1994
2. Felipe Delgado	NOVA	20.79	2009
3. Jeff Natalizio	NOVA	20.85	2017
4. Mario Marshall	GRA	20.98	2017
5. Glenn Counts	LVM	20.99	2014
6. Erik Hochstein	SCAQ	21.00	2008
7. Christopher Beach	SCAQ	21.25	2009
8. Scott VonSchoff	LVM	21.51	2014
9. Dan Wegner	TYR	21.60	2008
9. Fred Hubbell	SCAQ	21.60	1990

National Record

Roland Schoeman PSCM-AZ 20.01 2018

1. Glenn Counts	LVM	45.75	2015
2. Erik Hochstein	UNAT	46.23	2004
3. Mario Marshall	GRA	46.35	2017
4. Rich Saeger	UNAT	46.56	2003
5. Dan Wegner	TYR	46.89	2008
6. Christopher Beach	SCAQ	46.90	2009
7. Bruce Stahl	VEN	47.16	1994
8. Scott VonSchoff	LVM	47.48	2014
9. Mark Rubke	ELSM	47.64	1990
10. Donald Jennings	LVM	47.72	1997

National Record

Vlad Pyshnenko IM-IL 44.24 2009

200 YARD FREESTYLE

500 YARD FREESTYLE

1. Erik Hochstein	UNAT	1:41.01	2004
2. Mario Marshall	GRA	1:43.49	2017
3. Mike Shaffer	VCM	1:43.79	2002
4. Dan Wegner	TYR	1:44.06	2007
5. Christopher Beach	SCAQ	1:44.63	2009
6. Will Douglass	SLUG	1:45.31	1999
7. Jim McConica	SCAQ	1:45.46	1987
8. Mark Magee	CLVM	1:45.88	2004
9. Billy Gaines	GRA	1:46.14	2018
10. Bruce Stahl	VEN	1:47.15	1994

National Record

Josh Davis MOST-ST 1:36.56 2008

1. Mike Shaffer	VCM	4:37.50	2002
2. Randy Eickhoff	UCLA	4:42.60	2001
3. Jim McConica	UNAT	4:43.06	1988
4. Erik Hochstein	TYR	4:43.17	2007
5. Mark Magee	CLVM	4:48.91	2004
6. Carl Larsen	WH2O	4:49.52	2017
7. Dan Wegner	TYR	4:50.00	2007
8. Billy Gaines	GRA	4:54.03	2018
9. Gerry Rodrigues	UCLA	4:55.88	2001
10. Michael Collins	NOVA	4:56.14	2001

National Record

Ronald Karnaugh ARIZ-AZ 4:33.97 2002

1000 YARD FREESTYLE

1650 YARD FREESTYLE

1. Mike Shaffer	VCM	9:31.89	2002
2. Randy Eickhoff	UCLA	9:39.44	2001
3. Mark Magee	CLVM	10:01.02	2005
4. Tim Hedrick	VCM	10:03.91	2001
5. Jim McConica	VENT	10:05.99	1989
6. Carl Larsen	WH2O	10:06.00	2017
7. Timothy Nelson	LAPS	10:11.77	2001
8. Michael Scannell	ROSE	10:14.11	2001
9. Michael Collins	NOVA	10:14.33	2002
10. Gerry Rodrigues	UCLA	10:15.20	1998

National Record

Eric Christensen BDO-FL 9:27.97 2010

1. Mike Shaffer	VCM	15:56.73	2001
2. Randy Eickhoff	UCSB	16:42.37	2003
3. Jim McConica	UNAT	16:46.31	1988
4. Carl Larsen	WH2O	16:58.79	2017
5. Chris Yontez	SCAQ	17:07.90	2003
6. Tim Hedrick	VCM	17:12.35	2003
7. Gary Quinn	WH2O	17:17.26	1996
8. Paul Thompson	LVM	17:34.73	1977
9. Jeffrey Crosson	NOVA	17:46.13	1998
10. Keith Bell	WSM	17:49.91	1986

National Record

Jeff Erwin SAWS-SF 15:53.88 2003

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 35-39

50 YARD BACKSTROKE

1. Jeff Natalizio	NOVA	22.62	2017
2. Chris Counts	LVM	24.18	2014
3. Craig Schwartz	UNAT	24.21	1990
4. James Ballard	WH2O	25.02	1995
5. Glenn Counts	LVM	25.21	2017
6. Derek Robinson	UNAT	25.23	2007
7. Billy Gaines	LVM	25.32	2017
8. Clay Evans	SCAQ	25.33	1990
9. Peter O'Keeffe	SCAQ	25.40	1986
10. Donald Jennings	LVM	25.44	1997

National Record

Jeff Natalizio NOVA-SP 22.62 2017

100 YARD BACKSTROKE

1. Jeff Natalizio	NOVA	47.86	2017
2. Rich Saeger	UNAT	52.32	2003
3. Craig Schwartz	UNAT	52.43	1990
4. Chris Counts	LVM	52.98	2014
5. James Ballard	WH2O	53.73	1995
6. Marcel Rinzler	NOVA	54.24	2007
7. Mike Frazer	SCAQ	54.47	1997
8. Donald Jennings	LVM	54.49	1997
9. Nick Fusedale	ROSE	55.04	2013
10. Clay Evans	SCAQ	55.07	1992

National Record

Jeff Natalizio NOVA-SP 47.86 2017

200 YARD BACKSTROKE

1. Craig Schwartz	UNAT	1:57.43	1990
2. Mike Shaffer	VCM	1:57.86	2001
3. Mike Frazer	SCAQ	1:58.26	1997
4. Peter O'Keeffe	SCAQ	1:59.73	1986
5. Thomas Davis	ROSE	2:00.64	1995
6. Ben Pecht	VCM	2:00.86	2013
7. Clay Evans	SCAQ	2:01.06	1993
8. Chris Egan	OCC	2:01.11	2010
9. Gary Quinn	WH2O	2:01.83	1998
10. Gregory Pfeifer	SLUG	2:03.14	1999

National Record

Josh Davis MOST-ST 1:47.72 2008

50 YARD BREASTSTROKE

1. Steve West	NOVA	25.35	2010
2. Jeff Natalizio	NOVA	26.14	2017
3. Val Bagri	RYL	26.36	2014
4. Bruce Howell	BSSC	26.63	1992
5. Glenn Counts	LVM	26.73	2015
6. Keith Dennison	LVM	27.26	2009
7. Don Smith	VCM	27.40	2001
8. Bert Bergen	SLUG	27.69	2003
9. Michael Mason	ROSE	27.96	2011
10. Paul Henne	MMSC	27.99	1985

National Record

Steve West NOVA-SP 25.35 2010

100 YARD BREASTSTROKE

1. Steve West	NOVA	55.46	2010
2. Jeff Natalizio	NOVA	56.03	2017
3. Glenn Counts	LVM	57.19	2014
4. Val Bagri	RYL	57.45	2014
5. Markus Rogan	UCLA	58.52	2018
6. Bruce Howell	SAM	59.68	1993
7. Paul Henne	MMSC	1:00.87	1985
8. Michael Mason	ROSE	1:00.89	2011
9. Ben Palmer	SLOM	1:01.40	2017
10. Christopher Beach	SCAQ	1:01.68	2009

National Record

James Sheehan PSCM-AZ 54.98 2015

200 YARD BREASTSTROKE

1. Steve West	NOVA	2:01.42	2010
2. Bruce Howell	SAM	2:12.92	1995
3. Carl Larsen	WH2O	2:13.69	2014
4. Michael Mason	ROSE	2:13.76	2011
5. Brian Kelca	SLUG	2:13.91	1997
6. Tom Reudy	WH2O	2:15.29	1990
7. Ken Ziskin	WSM	2:16.14	1985
8. Ben Palmer	SLOM	2:17.47	2017
9. Paul Henne	MMSC	2:17.92	1985
10. Michael Hamm	LAPS	2:18.07	1997

National Record

Ron Karnaugh TRIT-NJ 1:59.23 2001

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 35-39

50 YARD BUTTERFLY

1. Jeff Natalizio	NOVA	22.08	2017
2. Mario Marshall	GRA	22.18	2017
3. Igor Marchenko	NOVA	22.45	2012
4. Glenn Counts	LVM	22.58	2015
5. Peter Egan	SCAQ	23.05	1999
6. Keith Dennison	LVM	23.11	2009
7. Chris Counts	LVM	23.36	2014
8. David Sumner	MVN	23.44	2010
8. Roberto Delgado	NOVA	23.44	2011
10. Jose DeSouza	ROSE	23.50	2009

National Record

Roland Schoeman PSCM-AZ 21.24 2018

100 YARD BUTTERFLY

1. Mario Marshall	GRA	49.02	2017
2. Glenn Counts	LVM	49.12	2015
3. Igor Marchenko	NOVA	49.35	2012
4. Peter Egan	SCAQ	49.54	1999
5. Frank Wattles	UNAT	49.89	2007
6. Keith Dennison	LVM	50.76	2009
7. James Belardi	SCAQ	51.49	1992
8. Mike Shaffer	VCM	51.58	2002
9. Brian Kelca	SLUG	51.59	1996
10. Roberto Delgado	NOVA	51.83	2011

National Record

Roland Schoeman PSCM-AZ 47.62 2018

200 YARD BUTTERFLY

1. Peter Egan	SCAQ	1:51.41	1999
2. Mike Shaffer	VCM	1:52.09	2002
3. James Belardi	SCAQ	1:53.52	1992
4. Erik Hochstein	UNAT	1:54.42	2004
5. Mark Magee	CLVM	1:55.85	2004
6. Randy Eickhoff	UCLA	1:56.27	2001
7. Carl Larsen	WH2O	1:57.24	2014
8. Brian Kelca	SLUG	1:58.12	1996
9. Daniel Sullivan	NOVA	1:59.30	1998
10. Billy Gaines	GRA	1:59.56	2018

National Record

Bobby Patten DAMM-NT 1:50.74 1999

100 YARD INDIVIDUAL MEDLEY

1. Jeff Natalizio	NOVA	49.01	2017
2. Glenn Counts	LVM	51.04	2015
3. Mario Marshall	GRA	52.41	2017
4. Steve West	NOVA	53.13	2011
5. Markus Rogan	UCLA	53.14	2018
6. Ed Moses	GRA	53.35	2017
7. Keith Dennison	LVM	53.65	2009
8. Chris Counts	LVM	53.89	2014
9. Jose DeSouza	ROSE	54.21	2009
10. David Sumner	MVN	54.62	2010

National Record

Jeff Natalizio NOVA-SP 49.01 2017

200 YARD INDIVIDUAL MEDLEY

1. Markus Rogan	UCLA	1:54.82	2018
2. Mark Magee	CLVM	1:57.91	2004
3. Marcel Rinzler	NOVA	1:59.10	2007
4. Billy Gaines	GRA	1:59.24	2018
5. Tom Katsouleas	SCAQ	1:59.65	1994
6. Bert Bergen	UNAT	1:59.93	2002
7. Clay Evans	SCAQ	2:00.13	1990
8. James Belardi	SCAQ	2:00.37	1994
9. Steve West	NOVA	2:00.41	2012
10. Carl Larsen	WH2O	2:00.44	2014

National Record

Ronald Karnaugh TRIT-NJ 1:48.74 2002

400 YARD INDIVIDUAL MEDLEY

1. Carl Larsen	WH2O	4:14.39	2014
2. Mark Magee	CLVM	4:14.50	2003
3. James Belardi	SCAQ	4:16.52	1992
4. Randall Eickhoff	UCLA	4:20.78	2002
5. Mike Shaffer	VCM	4:21.45	2005
6. Byron Reidenbaugh	IHAC	4:22.04	1987
7. Jim McConica	SCAQ	4:22.11	1987
8. Clay Evans	SCAQ	4:22.59	1990
9. Jose DeSouza	ROSE	4:23.04	2009
10. Tom Katsouleas	SCAQ	4:23.56	1994

National Record

Ron Karnaugh TRIT-NJ 3:56.76 2001

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 40-44

50 YARD FREESTYLE

1. Chuck Ponthier	LAPS	21.54	2006
2. Stanley Fujimoto	UNAT	21.69	2002
3. Kip Fulbeck	UNAT	21.72	2008
4. Chris Counts	LVM	21.76	2017
5. Donald Jennings	HSNM	21.80	2003
6. Jeffrey Mitchell	MVN	21.83	2010
7. Erik Hochstein	SCAQ	21.89	2009
8. Don Smith	VCM	21.95	2003
8. Richard Schroeder	UCSB	21.95	2003
10. Steve West	NOVA	22.09	2014

National Record

Josh Davis EMS-OK 20.67 2014

100 YARD FREESTYLE

1. Jeffrey Mitchell	MVN	47.95	2010
2. Don Smith	VCM	47.97	2004
3. Paul Carter	SCAQ	48.05	2002
4. Donald Jennings	HSNM	48.06	2003
5. Chris Counts	LVM	48.22	2017
6. Brad Hibbard	UNAT	48.39	2010
7. Richard Schroeder	UCSB	48.41	2003
8. Keith Kaplan	WH2O	48.48	2009
9. Erik Hochstein	SCAQ	48.56	2009
10. Will Douglass	SLUG	48.73	2001

National Record

Josh Davis EMS-OK 45.15 2014

200 YARD FREESTYLE

1. Erik Hochstein	SCAQ	1:44.61	2009
2. Yann De Fabrique	NOVA	1:45.78	2017
3. Gerry Rodrigues	UCLA	1:46.96	2007
4. Mike Shaffer	VCM	1:47.06	2008
5. Mark Magee	LVM	1:47.15	2009
6. Jeffrey Mitchell	MVN	1:47.53	2010
7. Peter O'Keeffe	SCAQ	1:47.90	1991
8. Jim McConica	VCM	1:48.24	1994
8. Will Douglass	SLUG	1:48.24	2001
10. Dan Wegner	LVM	1:48.54	2014

National Record

Josh Davis MOST-ST 1:38.23 2015

500 YARD FREESTYLE

1. Mike Shaffer	VCM	4:41.87	2009
2. Yann De Fabrique	NOVA	4:46.01	2017
3. Jim McConica	VCM	4:46.59	1994
4. Mark Magee	LVM	4:46.93	2009
5. Gerry Rodrigues	UCLA	4:49.16	2007
6. Dan Wegner	LVM	4:53.15	2014
7. Clay Evans	SCAQ	4:56.28	1995
8. Craig Nadel	SCAQ	4:59.22	2001
9. Bram Tester	WH2O	5:00.32	2009
10. David Popko	ROSE	5:00.76	2018

National Record

Josh Davis MOST-ST 4:33.36 2015

1000 YARD FREESTYLE

1. Mike Shaffer	VCM	9:44.36	2009
2. Yann De Fabrique	NOVA	9:52.61	2018
3. Gerry Rodrigues	UCLA	10:01.78	2007
4. Jim McConica	VCM	10:08.02	1994
5. Craig Nadel	SCAQ	10:14.61	2001
6. Tim Hedrick	VCM	10:17.89	2005
7. Mark Magee	LVM	10:17.93	2012
8. Randy Eickhoff	SCA	10:19.24	2010
9. Jason Engel	UCI	10:22.94	2004
10. Barry Plaga	ROSE	10:23.08	2004

National Record

Alex Kostich UNAT-PC 9:32.66 2010

1650 YARD FREESTYLE

1. Mike Shaffer	VCM	16:07.44	2009
2. Yann De Fabrique	NOVA	16:31.87	2018
3. Jim McConica	VCM	16:54.54	1994
4. Gerry Rodrigues	UCLA	16:57.13	2005
5. Craig Nadel	SCAQ	17:08.97	2001
6. Tim Hedrick	VCM	17:20.73	2005
7. Buzz Harper	LAPS	17:39.33	2004
8. Lance Larson	TROJ	17:40.20	1982
9. David Popko	ROSE	17:50.91	2018
10. Jeff Crosson	UCI	17:52.29	2004

National Record

Alex Kostich UNAT-PC 15:51.52 2010

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 40-44

50 YARD BACKSTROKE

100 YARD BACKSTROKE

1. Chris Counts	LVM	24.23	2017
2. Mike Shaffer	VCM	25.02	2009
3. Clay Evans	SCAQ	25.35	1995
4. James Ballard	WH2O	25.42	1998
5. David Sumner	MVN	25.60	2013
6. Peter O'Keeffe	SCAQ	25.66	1991
7. Ben Pecht	VCM	26.13	2015
8. Erik Hochstein	SCAQ	26.14	2009
9. Joao Henkel	WH2O	26.42	2016
9. Len Gushe	CLVM	26.42	2004

National Record

Michael Ross MESC-NE 22.77 2009

1. Chris Counts	LVM	53.32	2017
2. Peter O'Keeffe	SCAQ	54.15	1991
3. Clay Evans	SCAQ	54.95	1996
4. Jim Ballard	WH2O	55.59	2000
5. Len Dushe	CLVM	55.81	2004
6. Donald Jennings	HSNM	55.86	2003
7. Thomas Davis	ROSE	56.04	1998
8. Mike Shaffer	VCM	56.22	2006
9. Ben Pecht	VCM	56.35	2015
10. Gary Quinn	WH2O	56.61	1998

National Record

Michael Ross MESC-NE 48.49 2009

200 YARD BACKSTROKE

50 YARD BREASTSTROKE

1. Erik Hochstein	SCAQ	1:56.31	2009
2. Len Gushe	CLVM	1:58.84	2004
3. Clay Evans	SCAQ	1:59.54	1995
4. Ben Pecht	VCM	1:59.86	2015
5. Thomas Davis	ROSE	2:00.91	1998
6. Peter O'Keeffe	SCAQ	2:01.42	1994
7. Gary Quinn	WH2O	2:02.82	1998
8. Lincoln Djang	MVN	2:03.66	2004
9. Scott Reed	SBM	2:04.01	2013
10. Tom Reudy	WH2O	2:04.08	1998

National Record

Michael Ross MESC-NE 1:50.09 2008

1. Steve West	NOVA	25.56	2015
2. Richard Schroeder	UCSB	26.03	2003
3. Val Bagri	RYL	26.14	2018
4. Bruce Howell	SAM	27.08	1997
5. Don Smith	VCM	27.76	2002
6. Paul Henne	SCAQ	27.77	1990
7. Michael Hamm	LAPS	27.92	1998
8. Tico Clark	SCAQ	28.07	2012
9. Bradley Boodt	LVM	28.35	2010
10. Matthew Schmidt	WH2O	28.48	2018

National Record

Jarrod Marrs COOG-GL 25.02 2016

100 YARD BREASTSTROKE

200 YARD BREASTSTROKE

1. Steve West	NOVA	55.60	2015
2. Richard Schroeder	UCSB	56.65	2003
3. Val Bagri	RYL	56.68	2017
4. Don Smith	VCM	1:00.42	2004
5. Michael Hamm	LAPS	1:00.43	1998
6. Bruce Howell	SAM	1:01.11	1997
7. Michael Mason	ROSE	1:01.97	2014
8. Paul Henne	SCAQ	1:02.04	1990
9. Bradley Boodt	LVM	1:02.17	2010
10. Matthew Schmidt	WH2O	1:02.33	2018

National Record

Jeff Commings ARIZ-AZ 55.37 2015

1. Steve West	NOVA	2:00.53	2014
2. Richard Schroeder	UCSB	2:05.09	2003
3. Val Bagri	RYL	2:05.46	2015
4. Mark Magee	LVM	2:15.27	2009
4. Michael Hamm	LAPS	2:15.27	1998
6. Michael Mason	ROSE	2:16.80	2014
7. Matthew Schmidt	WH2O	2:17.02	2018
8. Don Smith	VCM	2:17.29	2002
9. Tom Reudy	WH2O	2:17.30	1997
10. Peter Wisner	CPM	2:18.56	1988

National Record

Steve West NOVA-SP 2:00.53 2014

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 40-44

50 YARD BUTTERFLY

1. Chuck Ponthier	LAPS	23.31	2006
2. Paul Carter	SCAQ	23.48	2002
3. Kip Fulbeck	UNAT	23.56	2008
4. Clay Evans	SCAQ	23.69	1994
5. Chris Counts	LVM	23.73	2017
6. Charles Stevens	UNAT	23.88	2012
7. Roberto Delgado	NOVA	23.92	2018
8. Steve West	NOVA	23.97	2013
9. Val Bagri	RYL	24.03	2015
10. Donald Jennings	HSNM	24.10	2003

National Record

James Zenyuh RIPM-PV 22.60 2018

100 YARD BUTTERFLY

1. Paul Carter	SCAQ	50.80	2002
2. Mike Shaffer	VCM	51.20	2009
3. Erik Hochstein	SCAQ	51.96	2009
4. Chuck Ponthier	LAPS	52.08	2006
5. James Belardi	SCAQ	52.35	1997
6. Yann De Fabrique	MSCA	52.93	2014
7. Donald Jennings	HSNM	53.11	2003
8. Mark Magee	LVM	53.16	2009
9. Roberto Delgado	NOVA	53.35	2018
10. Bernie Zeruhn	NOVA	53.39	2015

National Record

Michael Ross MESC-NE 49.27 2008

200 YARD BUTTERFLY

1. Mike Shaffer	VCM	1:53.00	2009
2. Mark Magee	LVM	1:55.15	2009
3. Yann De Fabrique	NOVA	1:56.32	2017
4. James Belardi	SCAQ	1:56.93	1997
5. Sabri Ozun	LVM	2:01.26	2007
6. Boo Gallas	SCAQ	2:02.09	1990
7. Michael Heather	UNAT	2:02.35	1994
8. Clay Evans	SCAQ	2:02.71	1995
9. Lance Larson	TROJ	2:04.12	1982
10. Gerry Rodrigues	UCLA	2:05.29	2004

National Record

Dennis Baker OREG-OR 1:50.61 2002

100 YARD INDIVIDUAL MEDLEY

1. Steve West	NOVA	52.75	2014
2. Chris Counts	LVM	54.15	2017
3. Clay Evans	SCAQ	54.88	1994
4. Don Smith	VCM	54.96	2004
5. Paul Carter	SCAQ	55.44	2002
6. Val Bagri	RYL	55.65	2017
7. David Sumner	MVN	56.04	2012
8. Tom Reudy	WH2O	56.13	1998
9. Jose DeSouza	ROSE	56.57	2014
10. Roberto Delgado	NOVA	56.77	2018

National Record

Jeff Commings ARIZ-AZ 51.07 2015

200 YARD INDIVIDUAL MEDLEY

1. Rich Saeger	TYR	1:55.84	2006
2. Steve West	NOVA	1:57.32	2012
3. Clay Evans	SCAQ	2:00.49	1994
3. Mark Magee	LVM	2:00.49	2009
5. Tom Reudy	WH2O	2:01.18	1998
6. Ben Pecht	VCM	2:02.07	2015
7. Byron Reidenbaugh	UNAT	2:03.05	1994
8. Len Gushe	CLVM	2:03.23	2004
9. Peter O'Keeffe	SCAQ	2:03.31	1991
10. Paul Carter	SCAQ	2:03.52	2002

National Record

Michael Ross MESC-NE 1:51.85 2009

400 YARD INDIVIDUAL MEDLEY

1. Erik Hochstein	SCAQ	4:13.85	2009
2. Mike Shaffer	VCM	4:16.41	2009
3. Mark Magee	LVM	4:17.12	2009
4. Clay Evans	SCAQ	4:20.57	1994
5. Len Gushe	CLVM	4:20.74	2004
6. Tom Reudy	WH2O	4:24.39	1997
7. Gerry Rodrigues	UCLA	4:27.19	2007
8. Lyle Nalli	SAM	4:27.26	2001
9. Scott Tobin	WH2O	4:28.04	2006
10. Ben Pecht	VCM	4:29.54	2015

National Record

Roque Santos WCM-PC 4:01.87 2009

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 45-49

50 YARD BACKSTROKE

100 YARD BACKSTROKE

1. Nicolas Granger	ROSE	24.57	2015
2. Jamie Fowler	NOVA	25.15	2009
3. Dan Wegner	LVM	25.35	2017
4. Clay Evans	SCAQ	25.85	1999
5. Mike Shaffer	VCM	25.86	2015
6. Peter O'Keeffe	SCAQ	26.04	1996
7. David M Sumner	MVN	26.12	2016
8. James Ballard	WH2O	26.38	2003
9. Matthew Biondi	CVMM	26.49	2014
9. Michael Boosin	SCAQ	26.49	2013

National Record

Michael Ross MESC-NE 23.58 2015

1. Jamie Fowler	NOVA	53.75	2009
2. Bryan Jennings	LVM	56.42	2013
3. Clay Evans	SCAQ	56.57	1999
4. Peter O'Keeffe	SCAQ	56.67	1996
5. Dan Wegner	LVM	57.48	2018
6. James Ballard	WH2O	57.76	2003
7. Buzz Harper	LAPS	58.16	2008
8. Thomas Davis	ROSE	58.26	2003
9. Mark Rubke	SLUG	58.68	1999
10. Doug Kajiwara	SWM	58.82	2003

National Record

Chris Stevenson VMST-VA 51.55 2011

200 YARD BACKSTROKE

50 YARD BREASTSTROKE

1. Nicolas Granger	ROSE	1:53.97	2016
1. Rich Saeger	UNAT	1:53.97	2011
3. Jamie Fowler	NOVA	1:57.16	2009
4. Peter O'Keeffe	SCAQ	2:02.18	1996
5. Clay Evans	SCAQ	2:03.09	1999
6. Buzz Harper	LAPS	2:03.20	2008
7. Jim McConica	VCM	2:05.37	2000
8. Thomas Davis	ROSE	2:06.16	2003
9. Tom Reudy	WH2O	2:06.23	2000
10. Doug Kajiwara	SWM	2:06.86	2003

National Record

Nicolas Granger ROSE-SP 1:53.97 2016
Rich Saeger UNAT-SP 1:53.97 2011

1. Steve West	NOVA	26.05	2017
2. Nicolas Granger	ROSE	26.93	2015
3. Paul Henne	SCAQ	28.12	1994
4. Christopher Cooper	VCM	28.24	2010
5. Tryggvi Helgason	LVM	28.39	2010
6. Michael Hamm	LAPS	28.50	2004
7. Gerard Von Hoffmann	NOVA	28.59	2002
8. Bryant Lum	VCM	28.73	2009
9. Ashley Anderson	SOBA	29.07	2017
10. Michael Boosin	CVMM	29.27	2015

National Record

Steve West NOVA-SP 26.05 2017

100 YARD BREASTSTROKE

200 YARD BREASTSTROKE

1. Steve West	NOVA	55.69	2018
2. Nicolas Granger	ROSE	56.95	2015
3. Tryggvi Helgason	LVM	1:00.94	2009
4. Christopher Cooper	VCM	1:01.93	2010
5. Paul Henne	SCAQ	1:02.57	1994
6. Ashley Anderson	SOBA	1:03.39	2017
6. Robert Whitley	SLUG	1:03.39	1998
8. Gerard Von Hoffmann	NOVA	1:03.44	2002
9. Bryant Lum	VCM	1:03.46	2009
10. Marc Kelly	SLUG	1:03.57	2000

National Record

Steve West NOVA-SP 55.69 2018

1. Steve West	NOVA	2:02.42	2017
2. Nicolas Granger	ROSE	2:07.40	2016
3. Tryggvi Helgason	LVM	2:16.41	2009
4. Tom Reudy	WH2O	2:17.69	2000
5. Ashley Anderson	SOBA	2:19.68	2017
6. Christopher Cooper	VCM	2:20.04	2010
7. Paul Henne	SCAQ	2:20.23	1994
8. Michael Hamm	LAPS	2:21.15	2004
9. Marc Kelly	SLUG	2:21.46	2000
10. Mark Magee	HNAQ	2:21.56	2016

National Record

Steve West NOVA-SP 2:02.42 2017

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 45-49

50 YARD BUTTERFLY

1. Chuck Ponthier	LAPS	23.22	2008
2. Paul Carter	NOVA	23.67	2005
3. Matthew Biondi	CVMM	23.89	2014
4. Nicolas Granger	ROSE	23.98	2015
5. Steve West	NOVA	24.05	2017
6. David Sumner	MVN	24.27	2016
7. James Ballard	WH2O	24.48	2003
8. James Belardi	SCAQ	24.49	2002
9. Bryant Lum	VCM	24.72	2009
10. Tryggvi Helgason	LVM	24.79	2009

National Record

Paul Smith ARIZ-AZ 22.67 2008

100 YARD BUTTERFLY

1. Nicolas Granger	ROSE	50.98	2015
2. Paul Carter	NOVA	51.67	2005
3. Mike Shaffer	VCM	52.89	2013
4. James Belardi	SCAQ	53.28	2002
5. Jose DeSouza	ROSE	54.30	2017
6. Tryggvi Helgason	LVM	54.31	2009
7. Randy Eickhoff	SCA	54.70	2013
8. Sam Franklin	LVM	55.21	2007
9. Tom Reudy	WH2O	55.26	2002
10. Sabri Ozun	LVM	55.75	2009

National Record

David Sims IM-IL 50.90 2010

200 YARD BUTTERFLY

1. Mike Shaffer	VCM	1:56.21	2011
2. James Belardi	SCAQ	1:58.12	2002
3. Paul Carter	NOVA	1:59.94	2005
4. Mark Magee	RAA	2:02.26	2017
5. Randy Eickhoff	SCA	2:02.36	2013
6. Boo Graner-Gallas	SLUG	2:03.96	1993
7. Mark Hontas	SCA	2:06.31	2010
8. Dan Matthies	SCAQ	2:07.10	2002
9. Gary Langendoen	ROSE	2:08.65	1991
10. Brian Kelca	LAPS	2:10.16	2010

National Record

Dennis Baker OREG-OR 1:50.73 2008

100 YARD INDIVIDUAL MEDLEY

1. Nicolas Granger	ROSE	52.59	2016
2. Steve West	NOVA	53.08	2018
3. Jamie Fowler	NOVA	54.21	2009
4. Matthew Biondi	CVMM	54.78	2014
5. Clay Evans	SCAQ	56.32	1999
6. Paul Carter	NOVA	56.72	2005
7. Jose DeSouza	ROSE	56.81	2017
8. Tom Reudy	WH2O	57.03	2002
9. David Sumner	MVN	57.62	2017
9. Tryggvi Helgason	LVM	57.62	2010

National Record

Richard Hughey AMS-SE 52.14 2010

200 YARD INDIVIDUAL MEDLEY

1. Nicolas Granger	ROSE	1:51.44	2015
2. Jamie Fowler	NOVA	1:58.46	2009
3. Tom Reudy	WH2O	2:01.21	2000
4. Mike Shaffer	VCM	2:03.56	2015
5. Paul Carter	NOVA	2:03.83	2004
6. Clay Evans	SCAQ	2:04.07	1999
7. Mark Magee	RAA	2:06.50	2017
8. Peter O'Keeffe	SCAQ	2:07.80	1996
9. Tryggvi Helgason	LVM	2:07.81	2010
10. Jim McConica	VCM	2:08.25	2000

National Record

Nicolas Granger ROSE-SP 1:51.44 2015

400 YARD INDIVIDUAL MEDLEY

1. Nicolas Granger	ROSE	4:01.32	2015
2. Tom Reudy	WH2O	4:23.69	2000
3. Randy Eickhoff	SCA	4:25.67	2011
4. Mark Magee	HNAQ	4:26.44	2016
5. Mike Shaffer	VCM	4:27.14	2011
6. Paul Carter	NOVA	4:27.76	2005
7. Clay Evans	SCAQ	4:30.50	1999
8. Jim McConica	VCM	4:33.80	1998
9. Lyle Nalli	SCAQ	4:36.36	2005
10. Bryan Jennings	LVM	4:37.03	2013

National Record

Nicolas Granger ROSE-SP 4:01.32 2015

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 50-54

50 YARD FREESTYLE

1. Kip Fulbeck	SBM	22.37	2017
1. Mike Irvin	RAA	22.37	2017
3. Scott Adair	SCAQ	22.38	2014
4. Chuck Ponthier	LAPS	22.73	2015
5. Maxwell Stinchcombe	CTM	22.74	2007
6. John Christl	MSCA	22.92	2014
6. Matthew Biondi	CVMM	22.92	2018
8. Brian Busacca	MVN	22.93	2010
9. Michael Boosin	CVMM	22.99	2018
10. Jeff Farrell	SBSC	23.02	1989

National Record

Rowdy Gaines BLU-FL 21.36 2011

100 YARD FREESTYLE

1. Scott Adair	SCAQ	49.70	2014
2. Michael Blatt	VCM	49.71	2009
3. Jim McConica	VCM	50.56	2002
4. Matthew Biondi	CVMM	50.81	2017
5. Woody Woolard	UNAT	50.92	2014
6. Boo Graner Gallas	SLUG	51.33	1998
7. Stephen Davis	SCA	51.39	2009
8. Jeff Farrell	SBSC	51.55	1990
9. Maxwell Stinchcombe	CTM	51.91	2007
10. Brian Busacca	MVN	52.13	2010

National Record

Rowdy Gaines BLU-FL 46.59 2009

200 YARD FREESTYLE

1. Jim McConica	VCM	1:47.69	2001
2. Mike Shaffer	VCM	1:50.94	2016
3. Kurt Dickson	GRA	1:51.97	2018
4. Michael Blatt	VCM	1:52.63	2010
5. Tom Reudy	WH2O	1:52.94	2005
6. Stephen Davis	SCA	1:54.50	2011
7. Gerard Von Hoffmann	NOVA	1:54.63	2009
8. Charles Siroky	SCAQ	1:54.70	2018
9. Buzz Harper	LAPS	1:55.57	2010
10. Tim Buckley	FMT	1:55.77	2009

National Record

Rowdy Gaines BLU-FL 1:43.76 2009

500 YARD FREESTYLE

1. Jim McConica	VCM	4:47.57	2001
2. Andrew Bray	UNAT	4:54.43	2011
3. Kurt Dickson	GRA	4:54.94	2018
4. Mark Magee	GRA	5:05.42	2018
5. Craig Nadel	SCAQ	5:07.23	2011
6. Mike Shaffer	VCM	5:08.25	2016
7. Scott Townsend	CLVM	5:11.12	2004
8. Bruce Thomas	SCAQ	5:12.49	2011
9. Tim Buckley	FMT	5:15.22	2010
10. Michael Scannell	ROSE	5:15.63	2014

National Record

Jim McConica VCM-SP 4:47.57 2001

1000 YARD FREESTYLE

1. Jim McConica	VCM	9:57.78	2002
2. Andrew Bray	UNAT	10:00.32	2011
3. Kurt Dickson	GRA	10:14.10	2018
4. Mike Shaffer	VCM	10:24.58	2016
5. Bruce Thomas	SCAQ	10:41.76	2011
6. Tim Buckley	FMT	10:46.05	2010
7. Robbie Allen	VCM	10:51.15	2017
8. Scott Townsend	CLVM	10:55.17	2004
9. James Riddle	NOVA	10:57.38	2013
10. Jonathan Edge	GRA	11:01.51	2017

National Record

Keith Switzer CASC-SC 9:55.84 2013

1650 YARD FREESTYLE

1. Jim McConica	VCM	16:42.07	2001
2. Andrew Bray	UNAT	16:46.74	2011
3. Mike Shaffer	VCM	17:12.03	2017
4. Kurt Dickson	GRA	17:17.45	2018
5. Robbie Allen	VCM	18:04.23	2017
6. Tim Buckley	FMT	18:14.55	2009
7. James Riddle	NOVA	18:18.43	2013
8. Jonathan Edge	GRA	18:25.10	2017
9. Bruce Thomas	SCAQ	18:28.07	2010
10. Sandy Galletly	SCAQ	18:28.45	1993

National Record

Jeff Erwin SAWS-SF 16:28.77 2015

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 50-54

50 YARD BACKSTROKE

1. Mike Irvin	RAA	25.32	2017
2. Mike Shaffer	VCM	26.11	2018
3. James Ballard	WH2O	26.15	2009
4. Peter O'Keeffe	SCAQ	27.02	2002
5. Charles Siroky	SCAQ	27.54	2018
6. Bryant Lum	VCM	28.01	2015
7. Kurt Dickson	GRA	28.19	2018
8. Doug Kajiwara	SCAQ	28.32	2007
9. Tord Benner	NOVA	28.37	2011
10. Jim McConica	VCM	28.40	2002

National Record

Fritz Bedford UNAT-NE 24.57 2014

100 YARD BACKSTROKE

1. Mike Irvin	RAA	54.26	2017
2. Mike Shaffer	VCM	56.48	2017
3. James Ballard	WH2O	57.37	2009
4. Kurt Dickson	GRA	57.64	2018
5. Peter O'Keeffe	SCAQ	58.47	2002
6. Buzz Harper	LAPS	59.01	2010
7. Doug Kajiwara	SCAQ	59.57	2010
8. Charles Siroky	SCAQ	1:00.67	2018
9. Tom Fink	LAPS	1:00.99	2013
10. Michael Hamm	LAPS	1:02.25	2008

National Record

Fritz Bedford NEM-NE 52.72 2015

200 YARD BACKSTROKE

1. Kurt Dickson	GRA	2:01.28	2018
2. Mike Shaffer	VCM	2:03.92	2017
3. Buzz Harper	LAPS	2:04.56	2010
4. Jim McConica	VCM	2:04.64	2001
5. James Ballard	WH2O	2:07.14	2009
6. Peter O'Keeffe	SCAQ	2:09.31	2002
7. Doug Kajiwara	SCAQ	2:10.46	2008
8. Lance Larson	TROJ	2:14.38	1991
9. Tom Fink	LAPS	2:15.79	2013
10. Wayne Deloney	MVN	2:16.89	2010

National Record

Jim Tuchler IM-IL 1:59.04 2015

50 YARD BREASTSTROKE

1. Chris Duplanty	NOVA	27.96	2017
2. Gerard Von Hoffmann	NOVA	28.32	2009
3. Bryant Lum	VCM	28.79	2014
4. Tryggvi Helgason	SCMC	29.13	2014
5. Simon Garside	LAPS	29.25	2011
6. Michael Hamm	LAPS	29.40	2008
7. Doug Koehler	CVMM	29.70	2016
8. John Derr	VCM	29.71	2002
9. Victor Wagoner	LAPS	29.73	2006
10. Paul Henne	SCAQ	29.74	2000

National Record

David Guthrie RICE-GU 26.45 2014

100 YARD BREASTSTROKE

1. Gerard Von Hoffmann	NOVA	1:01.28	2009
2. Chris Duplanty	NOVA	1:01.74	2017
3. Bryant Lum	VCM	1:03.72	2014
4. Tryggvi Helgason	GRA	1:04.09	2017
5. Michael Hamm	LAPS	1:04.10	2008
6. Mark Stori	SBM	1:04.15	2017
7. Simon Garside	LAPS	1:04.93	2011
8. John Derr	VCM	1:05.07	2002
9. Doug Koehler	CVMM	1:05.11	2016
10. Michael Blatt	VCM	1:05.57	2009

National Record

David Guthrie RICE-GU 58.41 2014

200 YARD BREASTSTROKE

1. Chris Duplanty	NOVA	2:14.37	2017
2. Gerard Von Hoffmann	NOVA	2:18.04	2008
3. Mark Stori	SBM	2:21.14	2017
4. Tryggvi Helgason	SCMC	2:21.21	2014
5. Doug Koehler	CVMM	2:22.01	2016
6. John Derr	VCM	2:22.09	2000
7. Tom Reudy	WH2O	2:22.68	2005
8. John Kraetsch	BSC	2:25.79	2009
9. Michael Hamm	LAPS	2:26.09	2008
10. Dan Leonard	SCAQ	2:26.75	2009

National Record

David Guthrie RICE-GU 2:07.25 2014

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 50-54

50 YARD BUTTERFLY

1. Mike Irvin	RAA	23.91	2017
2. Chuck Ponthier	LAPS	24.34	2017
3. James Ballard	WH2O	24.49	2009
4. Sam Franklin	LVM	24.73	2010
5. Gerard Von Hoffmann	NOVA	24.89	2009
6. Woody Woolard	UNAT	24.94	2014
7. Kip Fulbeck	SBM	25.00	2017
8. Brian Busacca	MVN	25.16	2010
9. John Oberto	UNAT	25.29	2008
10. Maxwell Stinchcombe	CTM	25.34	2007

National Record

Trip Hedrick UNAT-MN 23.19 2004

100 YARD BUTTERFLY

1. James Ballard	WH2O	53.75	2009
2. Mike Shaffer	VCM	53.91	2016
3. James Belardi	SCAQ	54.28	2007
4. Sam Franklin	LVM	55.41	2010
5. Boo Graner-Gallas	SLUG	55.51	1999
6. Tryggvi Helgason	SCMC	55.92	2014
7. Chuck Ponthier	LAPS	56.04	2017
8. Mark Magee	GRA	56.07	2018
9. John Oberto	UNAT	56.12	2008
10. Dan Matthies	SCAQ	56.14	2004

National Record

David Sims IM-IL 51.73 2013

200 YARD BUTTERFLY

1. Mike Shaffer	VCM	1:59.90	2017
2. James Belardi	SCAQ	2:00.63	2007
3. Mark Magee	GRA	2:03.69	2018
4. Boo Graner-Gallas	SLUG	2:04.81	1999
5. Dan Matthies	SCAQ	2:06.77	2004
6. Steven Munatones	OWSC	2:07.87	2014
7. Kurt Dickson	GRA	2:10.82	2018
8. Tryggvi Helgason	SCMC	2:13.55	2014
9. Laurence Jaffee	LVM	2:13.66	2011
10. Tito Morales	UCLA	2:15.16	2012

National Record

David Sims IM-IL 1:58.49 2016

100 YARD INDIVIDUAL MEDLEY

1. Mike Irvin	RAA	53.60	2017
2. Gerard Von Hoffmann	NOVA	57.27	2009
3. Tom Reudy	WH2O	58.16	2008
4. Mark Stori	SBM	58.85	2017
5. Simon Garside	LAPS	59.14	2011
6. Tryggvi Helgason	SCMC	59.29	2014
7. John Derr	VCM	59.39	2000
8. Kip Fulbeck	SBM	59.46	2017
9. Bryant Lum	VCM	59.52	2015
10. Michael Blatt	VCM	59.57	2007

National Record

Mike Irvin RAA-SP 53.60 2017

200 YARD INDIVIDUAL MEDLEY

1. Mike Irvin	RAA	1:58.19	2017
2. Tom Reudy	WH2O	2:05.79	2005
3. Mark Magee	GRA	2:06.17	2018
4. Jim McConica	VCM	2:06.29	2003
5. Gerard Von Hoffmann	NOVA	2:07.94	2006
6. Doug Kajiwara	SCAQ	2:10.22	2008
7. Doug Koehler	CVMM	2:10.74	2016
8. Boo Graner-Gallas	SLUG	2:11.76	1999
9. Laurence Jaffee	LVM	2:11.94	2011
10. John Derr	VCM	2:12.59	2000

National Record

Mike Irvin RAA-SP 1:58.19 2017

400 YARD INDIVIDUAL MEDLEY

1. Mark Magee	GRA	4:29.01	2018
2. Jim McConica	VCM	4:30.10	2001
3. Mark Stori	SBM	4:34.31	2017
4. Mike Shaffer	VCM	4:35.12	2018
5. Tom Reudy	WH2O	4:35.73	2008
6. Craig Nadel	SCAQ	4:40.53	2011
7. Buzz Harper	LAPS	4:41.03	2010
8. Gerard Von Hoffmann	NOVA	4:43.74	2009
9. Kurt Dickson	GRA	4:45.49	2018
10. Steven Czekala	WH2O	4:47.92	2011

National Record

Darren Phelan STAN-PC 4:16.57 2014

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 55-59

50 YARD FREESTYLE

100 YARD FREESTYLE

1. Bryant Lum	VCM	22.88	2017
2. Dan Stephenson	ROSE	23.52	2012
3. Michael Blatt	VCM	23.53	2015
4. Jeff Farrell	SBM	23.71	1995
5. Steven Van Nort	ZAPM	23.78	2008
6. Chris Wall	CVMM	23.88	2017
7. Pat Meaney	SCMC	24.10	2016
8. Peter Wisner	ROSE	24.15	2004
9. Cooper Thornton	CTM	24.33	2017
9. Gerard Von Hoffmann	NOVA	24.33	2012

National Record

Richard Abrahams RMM-CO 21.82 2000

1. Bryant Lum	VCM	50.98	2017
2. Dan Stephenson	ROSE	51.16	2012
3. Michael Blatt	VCM	51.26	2013
4. Peter Wisner	ROSE	51.32	2003
5. Kevin Marble	VCM	52.54	2015
6. Pat Meaney	SCMC	52.73	2016
7. Jeff Farrell	SBM	52.84	1996
8. Gerard Von Hoffmann	NOVA	53.56	2012
9. Michael Heather	MVN	53.97	2010
10. Cooper Thornton	CTM	54.08	2017

National Record

Richard Abrahams RMM-CO 48.37 2000

200 YARD FREESTYLE

500 YARD FREESTYLE

1. Jim McConica	VCM	1:50.85	2006
2. Dan Stephenson	ROSE	1:52.47	2013
3. Peter Wisner	ROSE	1:53.71	2003
4. Kevin Marble	VCM	1:55.41	2015
4. Michael Blatt	VCM	1:55.41	2012
6. Scott Townsend	LVM	1:55.67	2009
7. Andrew Bray	UNAT	1:56.08	2018
8. Tito Morales	UCLA	1:56.28	2018
9. Jeff Farrell	SBM	1:59.25	1995
10. Dan Leonard	SCAQ	1:59.84	2010

National Record

Michael Mann CMS-CO 1:48.79 2010

1. Jim McConica	VCM	4:57.82	2007
2. Andrew Bray	UNAT	5:06.90	2018
3. Dan Stephenson	ROSE	5:07.73	2013
4. Scott Townsend	LVM	5:10.15	2009
5. Bruce Thomas	SCAQ	5:11.28	2016
6. Tito Morales	UCLA	5:16.60	2018
7. Buzz Harper	LAPS	5:20.63	2017
8. Kevin Marble	VCM	5:23.77	2015
9. Laurence Jaffee	LVM	5:25.98	2016
10. Tim Buckley	FMT	5:26.91	2011

National Record

Michael Mann CMS-CO 4:56.82 2010

1000 YARD FREESTYLE

1650 YARD FREESTYLE

1. Jim McConica	VCM	10:07.36	2006
2. Andrew Bray	UNAT	10:34.96	2018
3. Scott Townsend	LVM	10:36.05	2009
4. Bruce Thomas	SCAQ	10:48.37	2016
5. Dan Stephenson	ROSE	10:50.96	2013
6. Tito Morales	UCLA	10:59.85	2017
7. Buzz Harper	LAPS	11:00.88	2017
8. Tim Buckley	FMT	11:07.67	2011
9. David Gray	UCSB	11:24.65	2003
10. Jeffrey Crosson	NOVA	11:25.19	2017

National Record

Jim McConica VCM-SP 10:07.36 2006

1. Jim McConica	VCM	17:11.12	2007
2. Bruce Thomas	SCAQ	18:05.74	2016
3. Craig Nadel	UCLA	18:16.13	2018
4. Buzz Harper	LAPS	18:16.57	2017
5. Tito Morales	UCLA	18:44.14	2017
6. Jeffrey Crosson	NOVA	18:51.77	2018
7. Michael Stokes	UCLA	18:59.58	2018
8. Sandy Galletly	SCAQ	19:01.09	1999
9. Brad Magit	UCLA	19:02.01	2016
10. Michael Blatt	VCM	19:29.83	2011

National Record

Jim McConica VCM-SP 17:11.12 2007

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 55-59

50 YARD BACKSTROKE

1. Bryant Lum	VCM	27.80	2017
2. Dan Stephenson	ROSE	28.07	2013
3. Doug Kajiwara	SCAQ	28.50	2014
4. Jim McConica	VCM	28.86	2007
5. Michael Mealiffe	WH2O	28.87	1997
6. James Ballard	WH2O	28.98	2016
7. Steven Kay	UNAT	29.08	2009
8. Peter O'Keeffe	UCLA	29.20	2010
9. Brian Kelca	LAPS	29.35	2016
10. Phil Sidenberg	SCA	29.40	2012

National Record

Steve Wood YCFM-FL 25.66 2016

100 YARD BACKSTROKE

1. Dan Stephenson	ROSE	1:00.47	2012
2. Doug Kajiwara	SCAQ	1:00.85	2015
3. Peter O'Keeffe	UCLA	1:02.99	2007
3. Toby Weissert	NOVA	1:02.99	2015
5. Kevin Marble	VCM	1:03.04	2015
6. James Ballard	WH2O	1:03.14	2016
7. Thomas Davis	ROSE	1:03.70	2013
8. Buzz Harper	LAPS	1:04.09	2017
9. Scott Gordin	UNAT	1:04.54	2017
10. Hubie Kerns	UNAT	1:04.63	2005

National Record

Steve Wood YCFM-FL 53.81 2017

200 YARD BACKSTROKE

1. Jim McConica	VCM	2:07.67	2006
2. Dan Stephenson	ROSE	2:08.80	2015
3. Doug Kajiwara	SCAQ	2:10.24	2015
4. Scott Townsend	LVM	2:14.26	2009
5. Thomas Davis	ROSE	2:18.50	2014
6. Tito Morales	UCLA	2:19.97	2015
7. Toby Weissert	NOVA	2:20.08	2014
8. Frank Warner	TYR	2:21.07	2005
9. Hubie Kerns	VCM	2:21.82	2005
10. Peter O'Keeffe	UCLA	2:22.15	2007

National Record

Tom Barton PCAT-NT 2:03.14 2012

50 YARD BREASTSTROKE

1. Carlo Travaini	MVN	26.72	2018
2. Bryant Lum	VCM	28.67	2017
3. Gerard Von Hoffmann	NOVA	28.76	2013
4. Hubie Kerns	VCM	29.79	2009
5. Peter Wisner	ROSE	30.40	2003
6. John Derr	VCM	30.73	2005
7. Philip John Templin	UCI	30.74	2009
8. Pat Meaney	GRA	30.75	2017
9. David Lindstedt	LAPS	30.81	2015
10. Bob Ward	OJAI	30.94	2018

National Record

Carlo Travaini MVN-SP 26.72 2018

100 YARD BREASTSTROKE

1. Carlo Travaini	MVN	57.95	2018
2. Gerard Von Hoffmann	NOVA	1:02.41	2012
3. Hubie Kerns	VCM	1:04.27	2009
4. Bryant Lum	VCM	1:04.38	2017
5. Peter Wisner	ROSE	1:05.07	2003
6. Brian Kelca	LAPS	1:05.52	2016
7. John Derr	VCM	1:06.39	2005
8. Dan Leonard	SCAQ	1:06.79	2010
9. Marlow Peterson	MVN	1:07.36	2017
10. Pat Meaney	SCMC	1:07.53	2016

National Record

Carlo Travaini MVN-SP 57.95 2018

200 YARD BREASTSTROKE

1. Carlo Travaini	MVN	2:07.80	2018
2. Gerard Von Hoffmann	NOVA	2:17.05	2012
3. Hubie Kerns	VCM	2:25.46	2009
4. Peter Wisner	ROSE	2:25.93	2003
5. Brian Kelca	LAPS	2:26.72	2016
5. John Derr	VCM	2:26.72	2005
7. Dan Leonard	SCAQ	2:28.69	2010
8. Winston Uchiyama	ROSE	2:30.39	2017
9. Michael Blatt	VCM	2:30.64	2011
10. Philip John Templin	UCI	2:31.47	2009

National Record

Carlo Travaini MVN-SP 2:07.80 2018

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 55-59

50 YARD BUTTERFLY

1. Brian Kelca	LAPS	25.49	2016
2. Gerard Von Hoffmann	NOVA	25.59	2011
3. Bryant Lum	VCM	25.98	2017
4. Brian Patno	FMT	26.05	2016
5. David Lindstedt	LAPS	26.20	2015
6. Cooper Thornton	CTM	26.38	2017
7. Michael Mealiffe	WH2O	26.49	1998
8. John Derr	VCM	26.60	2006
9. Jeff Farrell	SBM	26.66	1995
10. Dan Stephenson	ROSE	26.86	2012

National Record

Bruce Kone RICE-GU 24.00 2016

100 YARD BUTTERFLY

1. Brian Kelca	LAPS	56.69	2017
2. Brian Patno	FMT	58.32	2016
3. Dan Stephenson	ROSE	58.82	2015
4. Michael Heather	MVN	58.93	2010
5. Tito Morales	UCLA	59.14	2014
6. Gerard Von Hoffmann	NOVA	59.31	2012
7. Laurence Jaffee	LVM	1:00.36	2016
8. Bob Ward	OJAI	1:00.62	2018
9. Dan Leonard	SCAQ	1:00.88	2010
9. David Lindstedt	LAPS	1:00.88	2014

National Record

David Sims IM-IL 53.68 2018

200 YARD BUTTERFLY

1. Tito Morales	UCLA	2:10.46	2015
2. Jim McConica	VCM	2:11.57	2006
3. Dan Stephenson	ROSE	2:13.96	2015
4. Michael Heather	MVN	2:18.85	2011
5. Laurence Jaffee	LVM	2:19.06	2016
6. Michael Stokes	UCLA	2:26.99	2018
7. Toby Weissert	NOVA	2:28.05	2014
8. Mark Montgomery	NOVA	2:28.90	2011
9. Robert Ross	SCAQ	2:29.65	2011
10. George Bowers	UCLA	2:31.60	2003

National Record

David Sims IM-IL 2:01.59 2018

100 YARD INDIVIDUAL MEDLEY

1. Carlo Travaini	MVN	56.12	2018
2. Bryant Lum	VCM	58.29	2017
3. Gerard Von Hoffmann	NOVA	59.16	2011
4. Brian Kelca	LAPS	59.73	2016
5. Peter Wisner	ROSE	59.77	2003
6. Hubie Kerns	VCM	1:00.39	2005
7. Michael Blatt	VCM	1:00.58	2013
8. John Derr	VCM	1:00.69	2005
9. Tito Morales	UCLA	1:00.95	2017
10. Pat Meaney	SCMC	1:01.55	2016

National Record

Steve Wood YCFM-FL 55.85 2016

200 YARD INDIVIDUAL MEDLEY

1. Gerard Von Hoffmann	NOVA	2:09.11	2012
2. Dan Stephenson	ROSE	2:09.80	2013
3. Jim McConica	VCM	2:10.32	2006
4. Peter Wisner	ROSE	2:11.67	2003
5. Tito Morales	UCLA	2:11.83	2017
6. Doug Kajiwara	SCAQ	2:13.91	2014
7. Hubie Kerns	UNAT	2:14.90	2005
8. Brian Kelca	LAPS	2:15.19	2016
9. Michael Blatt	VCM	2:15.81	2013
10. Bob Ward	OJAI	2:16.37	2018

National Record

David Sims IM-IL 2:02.25 2018

400 YARD INDIVIDUAL MEDLEY

1. Jim McConica	VCM	4:36.95	2006
2. Dan Stephenson	ROSE	4:43.00	2014
3. Tito Morales	UCLA	4:43.10	2015
4. Gerard Von Hoffmann	NOVA	4:52.05	2012
5. Toby Weissert	NOVA	4:56.71	2015
6. Hubie Kerns	VCM	4:57.07	2009
7. Mark Montgomery	NOVA	4:59.58	2011
8. Philip John Templin	UCI	4:59.92	2009
9. Michael Blatt	VCM	5:03.45	2013
10. Sandy Galletly	SCAQ	5:05.86	1999

National Record

Jim Sauer TXLA-ST 4:28.66 2014

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 60-64

50 YARD FREESTYLE

100 YARD FREESTYLE

1. Jeff Farrell	OSB	23.28	1997
2. Dan Stephenson	ROSE	23.72	2017
3. Peter O'Keeffe	UCLA	24.09	2012
4. Glenn Gruber	VCM	24.47	2010
5. Michael Blatt	VCM	24.55	2017
6. Peter Wisner	ROSE	24.77	2009
7. Kevin Marble	VCM	25.02	2017
7. Robert Strand	ROSE	25.02	2010
9. David Lindstedt	LAPS	25.11	2018
9. Duncan McBride	LAPS	25.11	2015

National Record

Richard Abrahams CMS-CO 22.30 2005

1. Dan Stephenson	ROSE	51.75	2018
2. Jeff Farrell	OSB	52.03	1997
3. Peter O'Keeffe	UCLA	53.57	2012
4. Glenn Gruber	VCM	53.70	2010
5. Michael Blatt	VCM	54.10	2017
6. Kevin Marble	VCM	54.95	2017
7. Robert Strand	ROSE	56.01	2010
8. Richard Reeder	NOVA	56.31	2014
9. Bill Darby	UNAT	56.47	2010
10. Frank Piemme	SBSC	57.09	1985

National Record

Richard Abrahams CMS-CO 49.14 2005

200 YARD FREESTYLE

500 YARD FREESTYLE

1. Dan Stephenson	ROSE	1:53.47	2018
2. Scott Townsend	LVM	1:58.95	2014
3. Jim McConica	VCM	1:59.13	2011
4. Jeff Farrell	OSB	1:59.62	1997
5. Glenn Gruber	VCM	2:00.15	2010
6. Doug Kajiwara	SCAQ	2:00.22	2018
7. Kevin Marble	VCM	2:00.79	2017
8. Michael Blatt	VCM	2:01.97	2017
9. Robert Strand	ROSE	2:04.48	2010
10. Bill Darby	UNAT	2:04.87	2010

National Record

Rick Colella PSM-PN 1:51.08 2015

1. Jim McConica	VCM	5:11.17	2012
2. Dan Stephenson	ROSE	5:12.74	2018
3. Scott Townsend	LVM	5:22.98	2014
4. Glenn Gruber	VCM	5:32.61	2010
5. Sandy Galletly	SCAQ	5:35.96	2003
6. Hubie Kerns	VCM	5:38.40	2010
7. Larry Raffaelli	VCM	5:44.68	2003
8. Stephen Sponagle	NOVA	5:46.27	2017
9. Bob Coale	DSSM	5:47.93	2000
10. Bill Darby	UNAT	5:47.98	2010

National Record

Jim McConica VCM-SP 5:11.17 2012

1000 YARD FREESTYLE

1650 YARD FREESTYLE

1. Jim McConica	VCM	10:47.42	2011
2. Scott Townsend	LVM	10:54.66	2014
3. Dan Stephenson	ROSE	10:58.47	2017
4. Hubie Kerns	VCM	11:38.55	2010
5. Glenn Gruber	VCM	11:41.19	2010
6. Bill Darby	UNAT	11:50.17	2010
7. Larry Raffaelli	VCM	11:50.53	2003
8. Stephen Sponagle	NOVA	11:53.13	2017
9. Heinz Hercher	TCC	12:30.84	2017
10. Tegze Haraszti	HBSC	12:34.37	2003

National Record

Michael Mann CMS-CO 10:42.16 2015

1. Jim McConica	VCM	18:09.09	2012
2. Doug Kajiwara	SCAQ	18:50.50	2018
3. Sandy Galletly	SCAQ	19:18.81	2003
4. Bill Darby	UNAT	19:44.51	2010
5. Hubie Kerns	VCM	19:47.37	2010
6. Stephen Sponagle	NOVA	19:55.77	2017
7. Larry Raffaelli	VCM	20:19.72	2003
8. Don Rankin	LBSC	21:05.79	1979
9. Bob Coale	DSSM	21:07.03	2001
10. Robert Rosen	CVMM	21:16.21	2012

National Record

Jim Clemens MAM-PC 17:59.55 2010

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 60-64

50 YARD BACKSTROKE

1. Peter O'Keeffe	UCLA	28.39	2012
2. James Ballard	WH2O	28.69	2018
3. Dan Stephenson	ROSE	29.23	2018
4. Doug Kajiwara	SCAQ	29.26	2018
5. Jim McConica	VCM	29.70	2013
6. Kevin Marble	VCM	29.74	2017
7. Jeff Farrell	OSB	30.10	1999
8. Hubie Kerns	VCM	30.24	2010
9. Patrick Doyle	MMM	30.29	2015
10. Robert Strand	ROSE	30.32	2010

National Record

Bruce Kone RICE-GU 26.60 2018

100 YARD BACKSTROKE

1. Dan Stephenson	ROSE	1:00.51	2018
2. James Ballard	WH2O	1:00.75	2018
3. Doug Kajiwara	SCAQ	1:01.62	2018
4. Peter O'Keeffe	UCLA	1:02.22	2012
5. Jim McConica	VCM	1:03.23	2013
6. Hubie Kerns	VCM	1:04.32	2011
7. Patrick Doyle	MMM	1:05.11	2015
8. James Lucas	SCAQ	1:06.27	2011
9. Mike Selna	NOVA	1:07.03	2011
10. Glenn Gruber	VCM	1:08.19	2011

National Record

Tom Barton NTXL-NT 57.46 2016

200 YARD BACKSTROKE

1. Dan Stephenson	ROSE	2:10.27	2018
2. Doug Kajiwara	SCAQ	2:12.00	2017
3. Jim McConica	VCM	2:13.89	2013
4. Scott Townsend	LVM	2:16.03	2014
5. Peter O'Keeffe	UCLA	2:18.49	2012
6. Patrick Doyle	MMM	2:22.86	2017
7. Hubie Kerns	VCM	2:24.81	2011
8. Glenn Gruber	VCM	2:24.90	2010
9. James Lucas	SCAQ	2:26.87	2011
10. Mike Selna	NOVA	2:27.24	2011

National Record

Tom Barton NTXL-NT 2:07.91 2016

50 YARD BREASTSTROKE

1. Gerard Von Hoffmann	NOVA	29.23	2016
2. Robert Strand	ROSE	29.54	2010
3. David Lindstedt	LAPS	30.21	2017
4. John Derr	VCM	31.06	2009
5. Hubie Kerns	VCM	31.56	2012
6. Jeff Farrell	OSB	31.65	1999
7. Clive Edwards	SWM	31.96	2014
8. Peter Wisner	ROSE	32.37	2010
9. Doug Kajiwara	SCAQ	32.46	2018
10. Michael Blatt	VCM	32.87	2017

National Record

Bruce Kone RICE-GU 28.30 2018

100 YARD BREASTSTROKE

1. Gerard Von Hoffmann	NOVA	1:04.26	2016
2. Robert Strand	ROSE	1:05.17	2010
3. David Lindstedt	LAPS	1:07.03	2017
4. Hubie Kerns	VCM	1:08.54	2011
5. John Derr	VCM	1:08.59	2010
6. Michael Blatt	VCM	1:09.38	2017
7. Winston Uchiyama	ROSE	1:10.47	2018
8. Clive Edwards	SWM	1:12.46	2014
9. Greg Heyes	LAPS	1:13.84	2015
10. Mauro Bordovsky	WH2O	1:14.32	2018

National Record

Rick Colella PSM-PN 1:02.61 2014

200 YARD BREASTSTROKE

1. Gerard Von Hoffmann	NOVA	2:25.71	2016
2. Robert Strand	ROSE	2:27.57	2010
3. Winston Uchiyama	ROSE	2:31.81	2018
4. John Derr	VCM	2:33.27	2009
5. Hubie Kerns	VCM	2:34.07	2014
6. Michael Blatt	VCM	2:37.45	2017
7. Stephen Sponagle	NOVA	2:38.20	2017
8. Tegze Haraszti	HBSC	2:41.65	2003
9. Ron Pearlman	GRA	2:46.55	2018
10. Clive Edwards	SWM	2:46.86	2014

National Record

Rick Colella PSM-PN 2:16.71 2014

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 60-64

50 YARD BUTTERFLY

1. Gerard Von Hoffmann	NOVA	25.99	2016
2. David Lindstedt	LAPS	26.22	2016
3. James Ballard	WH2O	26.64	2018
4. Peter O'Keeffe	UCLA	26.91	2012
5. John Derr	VCM	27.07	2009
6. Jeff Farrell	OSB	27.12	1998
7. Glenn Gruber	VCM	27.20	2013
8. Duncan McBride	LAPS	27.44	2015
9. Doug Kajiwara	SCAQ	27.47	2018
10. Hubie Kerns	VCM	27.50	2011

National Record

Bruce Kone RICE-GU 24.36 2018

100 YARD BUTTERFLY

1. John Derr	VCM	59.65	2009
2. Dan Stephenson	ROSE	1:00.10	2018
3. James Ballard	WH2O	1:00.38	2018
4. David Lindstedt	LAPS	1:00.57	2016
5. Hubie Kerns	VCM	1:02.40	2011
6. Peter O'Keeffe	UCLA	1:03.57	2012
7. Michael Heather	MVN	1:04.21	2015
8. Jeff Farrell	OSB	1:04.41	1998
9. Erik Sterne	ROSE	1:07.14	2013
10. Heinz Hercher	TCC	1:07.87	2017

National Record

Paul Carter TOC-PC 54.70 2018

200 YARD BUTTERFLY

1. Hubie Kerns	VCM	2:25.73	2014
2. David Lindstedt	LAPS	2:34.01	2016
3. Michael Heather	MVN	2:44.56	2016
4. Paulo Figueiredo	WH2O	2:49.84	2007
5. Richard Rouse	SCAQ	2:50.58	1994
6. Larry Raffaelli	VCM	2:50.92	2003
7. Steven Van Nort	LAPS	2:50.98	2014
8. Chester Gosstyla	LBM	2:53.47	1982
9. Buddy Belshe	HBSC	2:55.74	1994
10. Robert Rosen	CVMM	2:59.23	2013

National Record

Jim Sauer TXLA-ST 2:07.49 2017

100 YARD INDIVIDUAL MEDLEY

1. John Derr	VCM	1:01.03	2009
2. David Lindstedt	LAPS	1:01.11	2016
3. Robert Strand	ROSE	1:01.58	2010
4. Doug Kajiwara	SCAQ	1:02.04	2018
5. Hubie Kerns	VCM	1:02.11	2011
6. Jeff Farrell	OSB	1:02.52	1997
7. Michael Blatt	VCM	1:03.50	2016
8. Glenn Gruber	VCM	1:04.88	2012
9. Peter O'Keeffe	UCLA	1:05.30	2012
10. Peter Wisner	ROSE	1:05.33	2008

National Record

Rick Colella PSM-PN 57.23 2013

200 YARD INDIVIDUAL MEDLEY

1. Dan Stephenson	ROSE	2:11.92	2018
2. Doug Kajiwara	SCAQ	2:12.94	2017
3. Hubie Kerns	VCM	2:16.19	2011
4. Gerard Von Hoffmann	NOVA	2:16.42	2016
5. Jeff Farrell	OSB	2:23.70	1997
6. Sandy Galletly	SCAQ	2:24.57	2003
7. Glenn Gruber	VCM	2:25.85	2012
8. David Lindstedt	LAPS	2:26.78	2017
9. Peter O'Keeffe	UCLA	2:29.63	2012
10. Greg Heyes	LAPS	2:29.65	2015

National Record

Rick Colella PSM-PN 2:03.26 2014

400 YARD INDIVIDUAL MEDLEY

1. Hubie Kerns	VCM	4:59.91	2011
2. Jim McConica	VCM	5:03.85	2011
3. Sandy Galletly	SCAQ	5:16.57	2003
4. Tegze Haraszti	HBSC	5:27.91	2006
5. Larry Raffaelli	VCM	5:33.26	2003
6. Steven Van Nort	LAPS	5:37.87	2014
7. Patrick Schlup	UCI	5:46.96	2001
8. Robert Rosen	CVMM	5:48.16	2012
9. Paulo Figueiredo	WH2O	5:49.94	2007
10. Buddy Belshe	HBSC	5:50.20	1994

National Record

Rick Colella PSM-PN 4:24.24 2014

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 65-69

50 YARD FREESTYLE

1. Jeff Farrell	OSB	23.66	2002
2. Glenn Gruber	VCM	24.66	2015
3. Peter O'Keeffe	UCLA	25.67	2017
4. Robert Strand	ROSE	25.84	2012
5. Frank Piemme	SCAQ	25.91	1991
6. Hubie Kerns	VCM	25.93	2015
7. Bruce Rollins	VCM	26.00	2016
8. Tom Angell	NOVA	26.62	2008
9. George Bowers	UCLA	26.66	2015
10. Richard Reeder	NOVA	26.68	2018

National Record

Richard Abrahams CMS-CO 22.10 2010

100 YARD FREESTYLE

1. Jeff Farrell	OSB	54.43	2002
2. Glenn Gruber	VCM	54.72	2016
3. Peter O'Keeffe	VCM	55.71	2018
4. Frank Piemme	SCAQ	55.73	1990
4. Bruce Rollins	VCM	57.73	2016
6. Robert Strand	ROSE	57.74	2012
7. Hubie Kerns	VCM	59.00	2014
8. Richard Reeder	NOVA	59.19	2018
9. Robert Rosen	CVMM	59.90	2016
10. Tom Angell	NOVA	1:00.96	2008

National Record

Richard Abrahams CMS-CO 49.42 2010

200 YARD FREESTYLE

1. Jeff Farrell	OSB	2:01.22	2002
2. Glenn Gruber	VCM	2:01.64	2015
3. Jim McConica	VCM	2:04.64	2016
4. Hubie Kerns	VCM	2:10.80	2014
5. Richard Reeder	NOVA	2:14.73	2018
6. Peter O'Keeffe	UNAT	2:15.67	2018
7. Larry Raffaelli	VCM	2:18.17	2008
8. Bruce Rollins	VCM	2:18.25	2016
9. Frank Piemme	SCAQ	2:18.78	1991
10. Tom Olson	VCM	2:20.87	2017

National Record

Rick Colella PSM-PN 1:52.57 2017

500 YARD FREESTYLE

1. Jim McConica	VCM	5:29.10	2016
2. Glenn Gruber	VCM	5:40.74	2015
3. Hubie Kerns	VCM	5:51.51	2017
4. Dick Stewart	NOVA	5:54.90	2006
5. Larry Raffaelli	VCM	6:10.83	2008
6. Frank Piemme	SCAQ	6:15.85	1991
7. Tegze Haraszti	HBSC	6:25.02	2008
8. Robert Rosen	CVMM	6:25.79	2018
9. Buddy Belshe	HBSC	6:26.76	1999
10. Eric Anderson	LAPS	6:27.03	2011

National Record

Rick Colella PSM-PN 5:05.44 2017

1000 YARD FREESTYLE

1. Jim McConica	VCM	11:23.13	2016
2. Hubie Kerns	VCM	11:57.44	2015
3. Glenn Gruber	VCM	12:06.34	2015
4. Dick Stewart	NOVA	12:10.43	2007
5. Larry Raffaelli	VCM	12:33.28	2009
6. Tegze Haraszti	HBSC	12:59.81	2008
7. Frank Piemme	SCAQ	13:08.36	1991
8. Eric Anderson	LAPS	13:14.01	2011
9. Robert Rosen	CVMM	13:15.25	2016
10. Buddy Belshe	HBSC	13:17.79	2001

National Record

Jim McConica VCM-SP 11:23.13 2016

1650 YARD FREESTYLE

1. Jim McConica	VCM	19:07.86	2017
2. Hubie Kerns	VCM	20:26.11	2017
3. Larry Raffaelli	VCM	21:03.63	2009
4. Frank Piemme	SCAQ	22:00.93	1991
5. Buddy Belshe	HBSC	22:01.70	2001
6. David Foote	VCM	22:17.88	2017
7. Robert Rosen	CVMM	22:38.52	2017
8. Bart Bleuel	VCM	22:49.95	2009
9. Will Rauch	CLVM	22:50.31	2003
10. Gregory Willis	LAPS	23:19.01	2014

National Record

Jim Clemmons MAM-PC 19:07.81 2015

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 65-69

50 YARD BACKSTROKE

1. Peter O'Keeffe	VCM	28.75	2018
2. Jim McConica	VCM	30.56	2016
3. Robert Strand	ROSE	31.05	2011
4. Hubie Kerns	VCM	31.56	2015
5. Mike Selna	NOVA	31.91	2014
6. Jeff Farrell	OSB	31.92	2002
7. Larry Raffaelli	VCM	32.07	2008
8. Glenn Gruber	VCM	32.43	2015
9. James Lucas	VCM	32.97	2018
10. Wallace Wolf	OSB	33.33	1996

National Record

Richard Abrahams CMS-CO 27.74 2010

100 YARD BACKSTROKE

1. Peter O'Keeffe	VCM	1:03.41	2018
2. Jim McConica	VCM	1:05.94	2016
3. Hubie Kerns	VCM	1:07.11	2016
4. Mike Selna	NOVA	1:08.41	2014
5. Larry Raffaelli	VCM	1:11.25	2008
6. Tegze Haraszti	HBSC	1:12.40	2007
7. Tom Olson	VCM	1:13.64	2016
8. Erik Sterne	ROSE	1:14.97	2018
9. Boyd Johnson	OSB	1:16.68	1994
10. George Brinton	SCAQ	1:16.72	1994

National Record

Hugh Wilder SRM-PC 59.62 2013

200 YARD BACKSTROKE

1. Jim McConica	VCM	2:19.59	2016
2. Hubie Kerns	VCM	2:26.93	2015
3. Peter O'Keeffe	VCM	2:27.86	2018
4. Mike Selna	NOVA	2:29.63	2014
5. Glenn Gruber	VCM	2:34.84	2015
6. Tegze Haraszti	UNAT	2:36.64	2009
7. Larry Raffaelli	VCM	2:39.27	2008
8. Stan McConnell	HBSC	2:46.09	2001
9. Walter Hitch	ROSE	2:47.25	2018
10. Gregory Willis	LAPS	2:50.38	2014

National Record

Lawrence Day MICH-MI 2:15.61 2018

50 YARD BREASTSTROKE

1. Robert Strand	ROSE	30.53	2013
2. Hubie Kerns	VCM	31.70	2015
3. Jeff Farrell	SBM	33.28	2003
4. Glenn Gruber	VCM	34.77	2015
5. Bruce Rollins	VCM	34.88	2016
6. Donald Hester	SAM	34.93	1993
7. Reg Richardson	SBSC	35.02	1978
8. Rick Goeden	OJAI	35.23	2013
9. John Derr	VCM	35.30	2015
10. Fred Leipziger	CLVM	35.98	1996

National Record

Rick Colella PSM-PN 28.88 2018

100 YARD BREASTSTROKE

1. Robert Strand	ROSE	1:07.35	2013
2. Hubie Kerns	VCM	1:09.87	2015
3. Mike Selna	NOVA	1:17.30	2015
4. Donald Hester	SAM	1:17.71	1993
5. John Derr	VCM	1:18.68	2015
6. Bruce Rollins	VCM	1:19.15	2016
7. Michael Wood	VCM	1:19.23	2009
8. Leland Arth	SCAQ	1:20.09	1990
9. Fred Leipziger	CLVM	1:20.53	1994
10. Paul Jeffers	FMT	1:20.59	2011

National Record

Rick Colella PSM-PN 1:02.75 2017

200 YARD BREASTSTROKE

1. Robert Strand	ROSE	2:30.17	2011
2. Hubie Kerns	VCM	2:35.00	2016
3. Mike Selna	NOVA	2:47.86	2014
4. John Derr	VCM	2:51.45	2015
5. Dick Stewart	NOVA	2:52.05	2007
6. Patrick Schlup	MVN	2:53.18	2010
7. Bruce Rollins	VCM	2:56.97	2016
8. Leland Arth	SCAQ	2:58.96	1990
9. Donald Hester	SAM	3:00.70	1993
10. Fred Leipziger	CLVM	3:00.87	1993

National Record

Rick Colella PSM-PN 2:16.70 2017

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 65-69

50 YARD BUTTERFLY

1. Peter O'Keeffe	VCM	26.96	2018
2. Glenn Gruber	VCM	27.47	2018
3. Jeff Farrell	OSB	27.90	2002
4. Robert Strand	ROSE	28.96	2011
5. Hubie Kerns	VCM	29.00	2015
6. Rick Goeden	OJAI	29.38	2013
7. Frank Piemme	SCAQ	29.42	1991
8. Erik Sterne	ROSE	29.86	2018
9. John Derr	VCM	29.90	2015
10. Bruce Rollins	VCM	30.19	2016

National Record

Richard Abrahams CMS-CO 24.94 2010

100 YARD BUTTERFLY

1. Hubie Kerns	VCM	1:02.67	2015
2. Glenn Gruber	VCM	1:03.28	2016
3. Jeff Farrell	SBM	1:06.42	2003
4. Dick Stewart	NOVA	1:07.05	2006
5. Erik Sterne	ROSE	1:10.37	2018
6. Steven Van Nort	LAPS	1:15.11	2017
7. Frank Piemme	SCAQ	1:15.85	1991
8. Robert Rosen	CVMM	1:16.65	2017
9. Gary Langendoen	ROSE	1:18.52	2012
10. David Foote	VCM	1:18.82	2015

National Record

Richard Abrahams CMS-CO 56.36 2010

200 YARD BUTTERFLY

1. Hubie Kerns	VCM	2:29.83	2015
2. Bruce Rollins	VCM	2:56.58	2016
3. Leland Arth	SCAQ	2:58.29	1991
4. Larry Raffaelli	VCM	3:05.08	2008
5. Charles Larson	WH2O	3:06.08	2018
6. Walter Pfeiffer	CALT	3:07.48	1979
7. Buddy Belshe	HBSC	3:10.31	1999
8. Erik Sterne	ROSE	3:17.12	2018
9. Herbert Nakama	IMS	3:19.57	1997
10. Gregory Willis	LAPS	3:20.39	2014

National Record

Rick Colella PSM-PN 2:08.94 2017

100 YARD INDIVIDUAL MEDLEY

1. Robert Strand	ROSE	1:02.86	2012
2. Hubie Kerns	VCM	1:03.08	2015
3. Jeff Farrell	OSB	1:03.54	2002
4. Glenn Gruber	VCM	1:05.46	2017
5. Peter O'Keeffe	UNAT	1:08.48	2018
6. Jim McConica	VCM	1:08.84	2017
7. Mike Selna	NOVA	1:08.99	2014
8. Frank Piemme	SCAQ	1:10.35	1993
9. John Derr	VCM	1:11.19	2015
10. Bruce Rollins	VCM	1:12.73	2016

National Record

Rick Colella PSM-PN 57.45 2017

200 YARD INDIVIDUAL MEDLEY

1. Hubie Kerns	VCM	2:19.54	2015
2. Robert Strand	ROSE	2:21.87	2011
3. Jeff Farrell	OSB	2:24.24	2002
4. Dick Stewart	NOVA	2:34.64	2006
5. Tom Mitchell	UNAT	2:38.22	2003
6. Frank Piemme	SCAQ	2:38.37	1991
7. Tegze Haraszti	HBSC	2:38.77	2008
8. Peter O'Keeffe	UNAT	2:39.97	2018
9. Larry Raffaelli	VCM	2:46.32	2008
10. Buddy Belshe	HBSC	2:46.84	2001

National Record

Rick Colella PSM-PN 2:03.63 2017

400 YARD INDIVIDUAL MEDLEY

1. Hubie Kerns	VCM	5:11.42	2017
2. Dick Stewart	NOVA	5:39.39	2006
3. Frank Piemme	SCAQ	5:45.80	1991
4. Bruce Rollins	VCM	5:52.21	2016
5. Buddy Belshe	HBSC	5:57.55	2001
6. Leland Arth	SCAQ	6:02.03	1991
7. Eric Anderson	LAPS	6:07.33	2011
8. Gregory Willis	LAPS	6:17.71	2014
9. Walter Pfeiffer	IHAC	6:25.16	1981
10. Robert Rosen	CVMM	6:27.28	2018

National Record

Rick Colella PSM-PN 4:30.64 2018

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 70-74

50 YARD FREESTYLE

1. Jeff Farrell	SBM	24.13	2008
2. Frank Piemme	OSB	26.70	1998
3. Tom Angell	NOVA	27.04	2010
4. Mike Freshley	ROSE	27.41	2015
5. Larry Raffaelli	VCM	28.68	2013
6. Woody Bowersock	LBM	28.80	1984
7. Robert Scoles	SBAY	29.05	1992
8. Bob Congelliere	SCAQ	29.06	1999
9. Robert Owens	VCM	29.11	2017
10. William Shott	LBM	29.27	1982

National Record

Jeff Farrell SBM-PC 24.13 2008

100 YARD FREESTYLE

1. Jeff Farrell	SBM	56.05	2008
2. Frank Piemme	OSB	1:00.80	1995
3. Mike Freshley	ROSE	1:01.75	2016
4. Will Rauch	LVM	1:05.16	2009
5. Dave Scott	MYST	1:05.56	2018
6. John Bell	UNAT	1:06.63	2013
7. Jurgen Schmidt	SCAQ	1:06.75	1994
8. Woody Bowersock	LBM	1:06.85	1984
9. Robert Scoles	SBAY	1:07.39	1992
10. Patrick Wickens	SOBA	1:07.44	2011

National Record

Richard Abrahams CMS-CO 54.58 2015

200 YARD FREESTYLE

1. Jeff Farrell	SBM	2:10.25	2007
2. Frank Piemme	OSB	2:17.64	1995
3. Dick Stewart	MVN	2:22.39	2010
4. Patrick Wickens	SOBA	2:23.16	2011
5. Mike Freshley	ROSE	2:23.21	2016
6. Eric Anderson	LAPS	2:27.76	2017
7. Will Rauch	CLVM	2:28.31	2005
8. Jurgen Schmidt	SCAQ	2:29.75	1993
9. Dave Scott	MYST	2:29.79	2018
10. Larry Raffaelli	VCM	2:31.27	2013

National Record

David Quiggin GOLD-FG 2:06.63 2015

500 YARD FREESTYLE

1. Dick Stewart	MVN	5:58.79	2010
2. Frank Piemme	OSB	6:25.12	1995
3. Buddy Belshe	HBSC	6:35.63	2004
4. Will Rauch	CLVM	6:50.69	2005
5. Jurgen Schmidt	SCAQ	6:56.14	1993
6. Larry Raffaelli	VCM	6:56.57	2013
7. Lee Arth	UNAT	7:04.52	1995
8. George Carey	UNAT	7:11.34	2013
9. Frank Freeman	CVMM	7:12.52	2017
10. Robert Scoles	SBAY	7:15.43	1992

National Record

Dan Kirkland PSM-PN 5:41.21 2018

1000 YARD FREESTYLE

1. Dick Stewart	MVN	12:19.89	2010
2. Frank Piemme	OSB	13:11.09	1995
3. Buddy Belshe	HBSC	13:46.97	2004
4. Jurgen Schmidt	SCAQ	14:16.87	1993
5. Larry Raffaelli	VCM	14:18.70	2013
6. Will Rauch	CLVM	14:21.85	2005
7. Patrick Wickens	SOBA	14:36.73	2011
8. Lee Arth	UNAT	14:44.84	1995
9. George Carey	VCM	15:01.93	2014
10. Bob Merrick	SCAQ	15:08.18	1991

National Record

David Quiggin GOLD-FG 12:09.40 2015

1650 YARD FREESTYLE

1. Dick Stewart	MVN	22:28.37	2011
2. Patrick Wickens	SOBA	22:36.17	2011
3. Frank Piemme	OSB	22:49.30	1995
4. Will Rauch	CLVM	23:28.01	2005
5. Lee Arth	UNAT	23:46.74	1995
6. Larry Raffaelli	VCM	23:50.04	2014
7. Jurgen Schmidt	SCAQ	24:26.26	1993
8. Frank Freeman	CVMM	25:14.68	2017
9. Robert Bergstrom	FMT	25:15.70	2011
10. Bart Bleucl	VCM	25:35.60	2014

National Record

Graham Johnston TTEX-ST 20:29.18 2001

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 70-74

50 YARD BACKSTROKE

1. Jeff Farrell	SBM	32.22	2008
2. Mike Freshley	ROSE	34.12	2015
3. Larry Raffaelli	VCM	35.21	2013
4. Frank Piemme	OSB	35.95	1995
5. Stan McConnell	HBSC	36.26	2002
6. Michael Connellan	NOVA	36.38	2017
7. George Bailey	UNAT	37.39	2008
7. Paulo Figueiredo	WH2O	37.39	2018
9. Bob Merrick	SCAQ	37.59	1992
10. Reg Richardson	SBSC	37.61	1982

National Record

Richard Burns TAM-PC 29.72 2015

100 YARD BACKSTROKE

1. Ernest Van Horn	LBM	1:15.04	1990
2. Mike Freshley	ROSE	1:16.81	2016
3. Stan McConnell	HBSC	1:19.29	2002
4. Larry Raffaelli	VCM	1:21.62	2013
5. George Brinton	SCAQ	1:23.16	1995
6. Paulo Figueiredo	WH2O	1:23.24	2018
7. Everett Smethurst	NOVA	1:23.32	2006
8. George Carey	VCM	1:23.60	2014
9. Reg Richardson	SBSC	1:24.48	1982
10. Brion Winship	LBM	1:24.75	1988

National Record

Hugh Wilder ARIZ-AZ 1:05.25 2018

200 YARD BACKSTROKE

1. Stan McConnell	HBSC	2:52.52	2002
2. Larry Raffaelli	VCM	2:55.53	2013
3. Lee Arth	UNAT	2:59.24	1996
4. George Brinton	SCAQ	3:01.97	1995
5. Will Rauch	CLVM	3:05.42	2007
6. George Carey	VCM	3:05.84	2014
7. Everett Smethurst	NOVA	3:08.75	2005
8. Eric Hubach	CROC	3:09.29	2007
9. Kim Haba	SCAQ	3:12.52	1997
10. Paulo Figueiredo	WH2O	3:14.25	2018

National Record

Richard Burns TAM-PC 2:23.68 2014

50 YARD BREASTSTROKE

1. Jeff Farrell	SBM	33.43	2008
2. Mike Freshley	ROSE	35.49	2016
3. Dick Stewart	MVN	37.15	2010
4. Fred Leipziger	CLVM	37.66	1999
5. Frank Piemme	OSB	38.02	1995
6. Lloyd Johnson	CVMM	38.68	2013
7. George Bailey	UNAT	39.12	2008
8. Reg Richardson	SBSC	39.36	1982
9. Bob Merrick	SCAQ	39.68	1991
10. William Shott	LBM	39.80	1985

National Record

Robert Strand SAWS-SR 31.70 2016

100 YARD BREASTSTROKE

1. Mike Freshley	ROSE	1:17.95	2016
2. Dick Stewart	MVN	1:21.45	2011
3. Bob Merrick	SCAQ	1:24.10	1991
4. Fred Leipziger	CLVM	1:26.22	1998
5. Frank Piemme	OSB	1:26.30	1997
6. Lee Arth	UNAT	1:26.46	1995
7. Walter Pfeiffer	IHAC	1:27.74	1984
8. Lloyd Johnson	CVMM	1:29.19	2014
9. Reg Richardson	UNAT	1:31.32	1985
10. Edwin Bloomgren	MVN	1:31.45	2009

National Record

Robert Strand SAWS-SR 1:09.47 2016

200 YARD BREASTSTROKE

1. Mike Freshley	ROSE	2:50.38	2015
2. Frank Piemme	OSB	3:04.49	1996
3. Bob Merrick	SCAQ	3:08.99	1991
4. Lee Arth	UNAT	3:10.40	1995
5. Walter Pfeiffer	IHAC	3:12.05	1984
6. Fred Leipziger	CLVM	3:18.12	1998
7. Rufus Clark	IHAC	3:18.34	1981
8. Reg Richardson	SBSC	3:23.49	1982
9. George Carey	UNAT	3:25.37	2015
10. Tom Mitchell	UNAT	3:29.43	2004

National Record

Robert Strand SAWS-SR 2:35.66 2016

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 70-74

50 YARD BUTTERFLY

1. Jeff Farrell	SBM	29.39	2008
2. Frank Piemme	OSB	30.21	1998
3. Mike Freshley	ROSE	30.53	2016
4. Dick Stewart	MVN	32.62	2010
5. Jurgen Schmidt	SCAQ	32.92	1994
6. John Bell	UNAT	33.47	2013
7. Chuck Babcock	UNAT	33.48	2012
8. George Carey	UNAT	34.51	2014
9. Richard Ammon	LBG	35.85	2013
10. George Bailey	UNAT	36.11	2008

National Record

Richard Abrahams CMS-CO 26.92 2015

100 YARD BUTTERFLY

1. Dick Stewart	MVN	1:09.38	2010
2. Frank Piemme	OSB	1:15.97	1995
3. Mike Freshley	ROSE	1:20.36	2015
4. Parry O'Brien	SWM	1:25.31	2004
5. Walter Pfeiffer	IHAC	1:25.89	1984
6. Lee Arth	UNAT	1:28.41	1996
7. Bob Merrick	CM	1:30.21	1994
8. Robert Scoles	SBAY	1:30.48	1992
9. Jurgen Schmidt	OSB	1:31.26	1995
10. John Stinson	CENT	1:33.97	1985

National Record

Richard Abrahams CMS-CO 1:00.77 2015

200 YARD BUTTERFLY

1. Lee Arth	UNAT	3:13.58	1995
2. Walter Pfeiffer	IHAC	3:19.85	1984
3. John Stinson	CENT	3:34.04	1985
4. Parry O'Brien	SWM	3:34.95	2004
5. Tom Mitchell	UNAT	3:39.45	2004
6. Neal Wiener	WH2O	3:42.00	2015
7. Ed Nelson	LAPS	3:50.98	2011
8. Peter Ronay	ROSE	3:55.76	2013
9. Larry Raffaelli	VCM	4:00.07	2017
10. Alfred Guth	LBSC	4:01.86	1979

National Record

Robert Poiletman COLM-SC 2:34.31 2014

100 YARD INDIVIDUAL MEDLEY

1. Jeff Farrell	SBM	1:06.94	2008
2. Mike Freshley	ROSE	1:10.24	2015
3. Frank Piemme	OSB	1:11.72	1995
4. Fred Leipziger	CLVM	1:17.14	1999
5. George Bailey	UNAT	1:17.39	2008
6. Bob Merrick	SCAQ	1:18.18	1991
7. George Carey	VCM	1:18.78	2014
8. John Bell	UNAT	1:19.61	2013
9. Jurgen Schmidt	OSB	1:20.97	1995
10. Stan McConnell	HBSC	1:20.98	2002

National Record

Andrew McPherson DAM-PC 1:04.77 2017

200 YARD INDIVIDUAL MEDLEY

1. Dick Stewart	MVN	2:39.43	2010
2. Mike Freshley	ROSE	2:40.71	2016
3. Frank Piemme	OSB	2:47.74	1996
4. Lee Arth	UNAT	2:55.84	1995
5. George Carey	VCM	2:57.87	2014
6. Walter Pfeiffer	IHAC	2:57.93	1984
7. Eric Anderson	LAPS	2:58.32	2017
8. Bob Merrick	SCAQ	2:59.08	1991
9. Jurgen Schmidt	SCAQ	2:59.65	1993
10. Michael Colonnese	MVN	3:04.89	2014

National Record

Robert Strand SAWS-SR 2:26.42 2016

400 YARD INDIVIDUAL MEDLEY

1. Mike Freshley	ROSE	5:56.08	2015
2. Frank Piemme	OSB	6:05.24	1995
3. Lee Arth	UNAT	6:15.71	1995
4. Walter Pfeiffer	IHAC	6:30.20	1984
5. Tom Mitchell	UNAT	6:50.19	2004
6. Bob Merrick	CM	6:59.16	1994
7. Stan McConnell	HBSC	7:02.23	2004
8. Peter Ronay	ROSE	7:03.09	2014
9. John Stinson	CENT	7:11.76	1985
10. Bart Bleuel	VCM	7:20.41	2014

National Record

Douglas Springer ARIZ-AZ 5:28.47 2017

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 75-79

50 YARD FREESTYLE

1. Jeff Farrell	SBM	25.58	2012
2. Mike Freshley	GRA	26.69	2017
3. Frank Piemme	OSB	26.94	2000
4. Woody Bowersock	LBM	29.70	1990
5. Will Rauch	LVM	30.48	2010
6. William Shott	LBM	30.59	1985
7. Jurgen Schmidt	OSB	30.90	1998
8. Patrick Wickens	LAPS	31.57	2017
9. Peter Taft	SCAQ	31.77	2011
10. Reg Richardson	SBSC	31.89	1987

National Record

Jeff Farrell SBM-SP 25.58 2012

100 YARD FREESTYLE

1. Mike Freshley	ROSE	1:00.38	2017
2. Frank Piemme	OSB	1:03.38	2000
3. Patrick Wickens	LAPS	1:05.98	2017
4. Will Rauch	LVM	1:06.70	2010
5. Jurgen Schmidt	OSB	1:08.11	1998
6. Woody Bowersock	LBM	1:08.75	1990
7. Peter Taft	SCAQ	1:12.91	2011
8. Reg Richardson	SBSC	1:14.06	1987
9. William Shott	LBM	1:14.24	1985
10. Bob Merrick	CM	1:14.39	1997

National Record

David Radcliff OREG-OF 58.68 2009

200 YARD FREESTYLE

1. Mike Freshley	ROSE	2:21.03	2016
2. Frank Piemme	OSB	2:24.54	2000
3. Patrick Wickens	LAPS	2:29.65	2017
4. Will Rauch	LVM	2:31.84	2010
5. Jurgen Schmidt	OSB	2:36.63	1998
6. Bob Merrick	CM	2:48.94	1997
7. Lee Arth	UNAT	2:50.61	2000
8. Reg Richardson	SBSC	2:51.79	1987
9. Woody Bowersock	LBM	2:53.61	1990
10. William Shott	LBM	2:53.89	1985

National Record

David Radcliff OREG-OR 2:08.77 2009

500 YARD FREESTYLE

1. Mike Freshley	ROSE	6:29.51	2016
2. Frank Piemme	OSB	6:53.09	2000
3. Will Rauch	LVM	7:00.02	2010
4. Patrick Wickens	LAPS	7:05.66	2017
5. Jurgen Schmidt	OSB	7:08.41	1998
6. Larry Raffaelli	VCM	7:13.60	2018
7. Lee Arth	UNAT	7:24.67	2000
8. Tegze Haraszti	UNAT	7:38.99	2017
9. Bob Merrick	CM	7:52.10	1997
10. John Stinson	CENT	7:56.16	1988

National Record

David Radcliff OREG-OF 6:03.87 2010

1000 YARD FREESTYLE

1. Mike Freshley	ROSE	13:52.11	2016
2. Frank Piemme	OSB	13:58.38	2000
3. Patrick Wickens	LAPS	14:19.05	2017
4. Jurgen Schmidt	OSB	15:03.40	1998
5. Lee Arth	UNAT	15:09.50	2000
6. Larry Raffaelli	VCM	15:17.66	2018
7. Will Rauch	LVM	15:28.80	2012
8. John Stinson	CENT	16:28.20	1988
9. Bob Merrick	CM	16:44.06	1997
10. Robert Bergstrom	FMT	16:47.90	2016

National Record

David Radcliff OREG-OR 12:20.59 2009

1650 YARD FREESTYLE

1. Frank Piemme	OSB	23:29.79	2000
2. Mike Freshley	GRA	24:11.42	2017
3. Patrick Wickens	LAPS	24:18.80	2017
4. Lee Arth	UNAT	25:08.50	2000
5. Will Rauch	LVM	25:29.82	2012
6. Jurgen Schmidt	OSB	25:55.99	1999
7. Larry Raffaelli	VCM	26:17.03	2018
8. Robert Bergstrom	FMT	28:09.64	2017
9. Bob Merrick	CM	28:17.74	1997
10. William Shott	LBM	28:51.94	1985

National Record

David Radcliff OREG-OF 20:25.49 2009

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 75-79

50 YARD BACKSTROKE

1. Mike Freshley	ROSE	33.19	2016
2. Jeff Farrell	SBM	35.47	2012
3. Stan McConnell	HBSC	38.73	2007
4. Tegze Haraszti	UNAT	38.96	2017
5. Frank Piemme	OSB	39.07	2002
6. Larry Raffaelli	VCM	39.36	2018
7. Eric Hubach	CROC	39.51	2009
8. Will Rauch	LVM	40.02	2010
9. Bob Merrick	CM	40.04	1998
10. Reg Richardson	SBSC	40.39	1988

National Record

Yoshi Oyakawa O*H*-LE 32.11 2009

100 YARD BACKSTROKE

1. Mike Freshley	ROSE	1:13.62	2016
2. Larry Raffaelli	VCM	1:23.73	2018
3. Tegze Haraszti	UNAT	1:24.14	2017
4. Stan McConnell	HBSC	1:25.43	2007
5. George Brinton	SCAQ	1:27.10	2001
6. Bob Merrick	CM	1:28.81	1998
7. Eric Hubach	CROC	1:29.17	2009
8. Everett Smethurst	NOVA	1:29.51	2010
9. Frank Piemme	OSB	1:30.63	2002
10. Reg Richardson	SBSC	1:32.43	1987

National Record

Burwell Jones SYSM-FL 1:08.55 2009

200 YARD BACKSTROKE

1. Mike Freshley	ROSE	2:48.60	2016
2. Tegze Haraszti	UNAT	2:57.62	2017
3. Stan McConnell	HBSC	3:03.62	2007
4. Eric Hubach	CROC	3:10.29	2008
5. Larry Raffaelli	VCM	3:13.65	2018
6. Will Rauch	LVM	3:21.15	2014
7. Lee Arth	UNAT	3:21.94	2000
8. Brion Winship	CM	3:22.68	1993
9. Jurgen Schmidt	OSB	3:24.24	1999
10. Everett Smethurst	NOVA	3:25.28	2011

National Record

Burwell Jones SYSM-FL 2:31.41 2010

50 YARD BREASTSTROKE

1. Mike Freshley	ROSE	34.58	2017
2. Jeff Farrell	SBM	36.43	2012
3. Frank Piemme	OSB	39.20	2001
4. William Shott	LBM	39.70	1985
5. Fred Leipziger	CLVM	39.79	2003
6. Will Rauch	LVM	39.95	2010
7. Bob Merrick	CM	41.01	1996
8. Paul Lowry	CLVM	41.91	2003
9. Reg Richardson	SBSC	42.19	1987
10. Nelson Suarez	UNAT	43.05	2009

National Record

Mike Freshley ROSE-SP 34.58 2017

100 YARD BREASTSTROKE

1. Mike Freshley	ROSE	1:16.74	2016
2. Frank Piemme	OSB	1:23.86	2000
3. Dick Stewart	MVN	1:27.64	2015
4. Bob Merrick	CM	1:30.19	1996
5. William Shott	LBM	1:31.38	1986
6. Fred Leipziger	CLVM	1:33.79	2006
7. Ed Farrell	LOST	1:36.24	2009
8. Paul Lowry	CLVM	1:36.53	2003
9. Lee Arth	UNAT	1:37.16	2000
10. Reg Richardson	SBSC	1:37.71	1987

National Record

Mike Freshley ROSE-SP 1:16.74 2016

200 YARD BREASTSTROKE

1. Mike Freshley	ROSE	2:45.33	2016
2. Frank Piemme	OSB	3:12.35	2000
3. Bob Merrick	CM	3:23.05	1997
4. Fred Leipziger	CLVM	3:25.47	2003
5. Paul Lowry	CLVM	3:27.90	2003
6. Lee Arth	UNAT	3:30.78	2000
7. Eric Hubach	CROC	3:31.56	2008
8. William Shott	LBM	3:43.91	1986
9. Reg Richardson	SBSC	3:44.15	1987
10. John Stinson	CENT	3:44.94	1988

National Record

Mike Freshley ROSE-SP 2:45.33 2016

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 75-79

50 YARD BUTTERFLY

1. Mike Freshley	ROSE	28.99	2017
2. Jeff Farrell	SBM	31.44	2012
3. Frank Piemme	OSB	31.48	2000
4. Jurgen Schmidt	OSB	34.29	1998
5. William Shott	LBM	36.31	1986
6. Chuck Babcock	LBSU	36.65	2016
7. Fred Leipziger	CLVM	38.26	2003
8. Louis Giberson	CM	38.63	1997
9. Parry O'Brien	SWM	39.02	2007
10. Stan McConnell	HBSC	39.09	2007

National Record

Mike Freshley ROSE-SP 28.99 2017

100 YARD BUTTERFLY

1. Mike Freshley	ROSE	1:13.72	2017
2. Dick Stewart	MVN	1:21.91	2015
3. Frank Piemme	OSB	1:22.04	2000
4. Jurgen Schmidt	OSB	1:31.04	1999
5. William Shott	LBM	1:34.77	1986
6. John Stinson	CENT	1:35.51	1988
7. Bob Merrick	CM	1:38.22	1996
8. Lee Arth	UNAT	1:40.21	2000
9. Louis Giberson	CM	1:45.06	1997
10. Parry O'Brien	SWM	1:46.65	2007

National Record

David Costill ISF-IN 1:12.71 2011

200 YARD BUTTERFLY

1. Mike Freshley	ROSE	2:58.65	2016
2. Lee Arth	UNAT	3:30.71	2000
3. John Stinson	CENT	3:40.93	1988
4. Larry Raffaelli	VCM	3:55.05	2018
5. Ed Nelson	LAPS	4:12.57	2015
6. William Shott	LBM	4:19.70	1986
7. Alfred Guth	LBM	4:22.13	1984
8. Bart Bleuel	VCM	5:04.24	2017
9. Ernest Hale	TROJ	5:24.75	1987
10. John Burnside	LBM	5:27.71	1988

National Record

Mike Freshley ROSE-SP 2:58.65 2016

100 YARD INDIVIDUAL MEDLEY

1. Mike Freshley	ROSE	1:08.68	2016
2. Jeff Farrell	SBM	1:12.24	2012
3. Frank Piemme	OSB	1:15.22	2000
4. Stan McConnell	HBSC	1:23.81	2007
5. Fred Leipziger	CLVM	1:24.11	2003
6. Bob Merrick	CM	1:24.84	1996
7. William Shott	LBM	1:25.03	1985
8. Jurgen Schmidt	OSB	1:25.30	1998
9. Chuck Babcock	LBSU	1:27.02	2016
10. Everett Smethurst	NOVA	1:28.06	2011

National Record

Mike Freshley ROSE-SP 1:08.68 2016

200 YARD INDIVIDUAL MEDLEY

1. Mike Freshley	ROSE	2:35.67	2016
2. Frank Piemme	OSB	2:54.47	2000
3. Jurgen Schmidt	OSB	3:09.34	1999
4. Lee Arth	UNAT	3:14.58	2000
5. Bob Merrick	CM	3:16.87	1996
6. Eric Hubach	CROC	3:24.35	2008
7. John Stinson	CENT	3:25.64	1988
8. William Shott	LBM	3:30.57	1985
9. Alfred Guth	LBM	3:42.67	1984
10. John Bell	UNAT	3:44.13	2017

National Record

Mike Freshley ROSE-SP 2:35.67 2016

400 YARD INDIVIDUAL MEDLEY

1. Mike Freshley	ROSE	5:43.80	2016
2. Frank Piemme	OSB	6:16.17	2001
3. Lee Arth	UNAT	6:56.02	2000
4. Jurgen Schmidt	OSB	7:18.12	2000
5. John Stinson	CENT	7:18.21	1988
6. Alfred Guth	LBM	7:54.03	1984
7. Ed Nelson	LAPS	7:58.75	2015
8. William Shott	LBM	8:00.96	1985
9. Bart Bleuel	VCM	8:43.30	2017
10. John Burnside	LBM	8:51.83	1988

National Record

Mike Freshley ROSE-SP 5:43.80 2016

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 80-84

50 YARD FREESTYLE

1. Jeff Farrell	SBM	28.68	2017
2. Frank Piemme	SBM	29.25	2005
3. Don Neeffe	LBM	30.92	1991
4. Woody Bowersock	CM	31.09	1994
5. Peter Taft	SCAQ	33.33	2016
6. Jurgen Schmidt	SBM	33.48	2003
7. Bob Christians	CM	34.50	1997
8. James Pearce	CLVM	34.96	1994
9. Bob Merrick	CM	35.39	2001
10. Louis Giberson	CM	35.79	2002

National Record

Jeff Farrell SBM-SP 28.68 2017

100 YARD FREESTYLE

1. Jeff Farrell	SBM	1:05.36	2017
2. Frank Piemme	SBM	1:09.04	2005
3. Woody Bowersock	CM	1:12.18	1994
4. Jurgen Schmidt	SBM	1:16.57	2003
5. Bob Christians	CM	1:21.47	1998
6. Everett Smethurst	NOVA	1:26.13	2015
7. Louis Giberson	CM	1:28.20	2002
8. John Burnside	LBM	1:28.41	1990
9. William Shott	LBM	1:29.78	1990
10. Lee Arth	UNAT	1:33.48	2005

National Record

David Radcliff OREG-OF 1:04.60 2014

200 YARD FREESTYLE

1. Frank Piemme	SBM	2:38.33	2005
2. Jurgen Schmidt	SBM	2:49.04	2003
3. Bob Merrick	CM	3:05.48	2001
4. Woody Bowersock	CM	3:05.61	1994
5. Everett Smethurst	NOVA	3:08.64	2015
6. Bob Christians	CM	3:13.79	1997
7. Lee Arth	UNAT	3:15.97	2005
8. John Burnside	LBM	3:25.60	1990
9. Louis Giberson	CM	3:28.26	2002
10. Lionel Pereira	LBM	3:33.31	1992

National Record

David Radcliff OREG-OR 2:23.60 2015

500 YARD FREESTYLE

1. Frank Piemme	SBM	7:17.43	2005
2. Jurgen Schmidt	SBM	7:35.20	2003
3. Bob Merrick	CM	8:29.52	2001
4. Woody Bowersock	CM	9:09.08	1994
5. John Burnside	LBM	9:41.35	1990
6. Leonard Chapin	LBM	9:51.99	1989
7. Louis Giberson	CM	10:09.62	2002
8. Don Neeffe	UNAT	10:53.33	1990
9. Sheldon White	LBM	11:24.93	1985

National Record

David Radcliff OREG-OF 6:27.81 2014

1000 YARD FREESTYLE

1. Frank Piemme	SBM	15:32.75	2005
2. Jurgen Schmidt	SBM	15:43.41	2003
3. Bob Merrick	CM	18:21.37	2001
4. Woody Bowersock	CM	18:54.25	1994
5. John Burnside	LBM	19:33.25	1990
6. John McKenzie	CM	21:11.51	1997
7. Don Neeffe	LBM	24:59.55	1992
8. Alfred Guth	LBM	28:39.62	1990
9. Charles McCallister	INAC	31:39.00	1986

National Record

David Radcliff OREG-OR 13:10.14 2014

1650 YARD FREESTYLE

1. Frank Piemme	SBM	26:01.94	2005
2. Jurgen Schmidt	SBM	26:05.99	2003
3. Walter Pfeiffer	CM	29:21.16	1994
4. Woody Bowersock	CM	30:47.06	1994
5. Bob Merrick	CM	32:00.02	2001
6. John Burnside	LBM	32:24.36	1990
7. Leonard Chapin	LBM	34:31.30	1989
8. Eugene Paul	NOVA	41:20.13	2009

National Record

David Radcliff OREG-OF 21:54.87 2014

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 80-84

50 YARD BACKSTROKE

1. Jeff Farrell	SBM	38.40	2017
2. Frank Piemme	SBM	39.70	2005
3. Bob Christians	CM	41.90	1997
4. Jurgen Schmidt	SBM	43.02	2003
5. Bob Merrick	CM	43.49	2001
6. Everett Smethurst	NOVA	43.60	2015
7. Stan McConnell	UNAT	44.49	2012
8. Woddy Bowersock	CM	44.92	1996
9. John Bleck	WH2O	49.59	2014
10. Reginald Harrison	INAC	49.77	1985

National Record

Yoshi Oyakawa O*H*-LE 34.49 2016

100 YARD BACKSTROKE

1. Frank Piemme	LOST	1:31.62	2008
2. Bob Merrick	CM	1:34.69	2001
3. Everett Smethurst	NOVA	1:35.40	2016
4. Bob Christians	CM	1:36.91	1997
5. Stan McConnell	UNAT	1:39.66	2012
6. Woody Bowersock	CM	1:43.99	1994
7. John Bleck	WH2O	1:46.59	2014
8. Reginald Harrison	INAC	1:49.01	1986
9. John Burnside	LBM	1:55.25	1990
10. John Glenn	CM	1:59.22	1993

National Record

David Costill INDY-IN 1:15.69 2017

200 YARD BACKSTROKE

1. Jurgen Schmidt	SBM	3:27.66	2003
2. Stan McConnell	UNAT	3:39.06	2012
3. Walter Pfeiffer	CM	3:40.46	1994
4. Bob Christians	CM	3:42.13	1997
5. Frank Piemme	LOST	3:45.25	2008
6. Lee Arth	UNAT	3:49.13	2005
7. John Bleck	WH2O	3:50.48	2014
8. Woody Bowersock	CM	4:02.06	1994
9. John Burnside	LBM	4:24.71	1990
10. Don Neefe	UNAT	4:35.85	1990

National Record

Burwell Jones SYSM-FL 2:48.59 2013

50 YARD BREASTSTROKE

1. Frank Piemme	SBM	40.31	2005
2. Jeff Farrell	SBM	41.82	2017
3. Frederick Hoppe	CTMA	43.38	2009
4. Bob Merrick	CM	43.80	2001
5. John Bleck	WH2O	49.14	2014
6. James Pearce	CLVM	49.35	1994
7. Bob Christians	CM	49.66	1997
8. Ed Farrell	MVN	50.53	2013
9. Everett Smethurst	NOVA	51.38	2015
10. John Glenn	CM	51.91	1996

National Record

David Costill INDY-IN 37.74 2016

100 YARD BREASTSTROKE

1. Frank Piemme	SBM	1:31.02	2005
2. Bob Merrick	CM	1:38.62	2001
3. Frederick Hoppe	CTMA	1:39.44	2010
4. Walter Pfeiffer	CM	1:45.59	1994
5. John Bleck	WH2O	1:48.51	2014
6. William Shott	LBM	1:49.37	1990
7. John Burnside	LBM	1:54.56	1990
8. Lee Arth	UNAT	1:56.73	2005
9. Bob Christians	CM	1:59.88	1998
10. Ed Farrell	MVN	2:02.39	2013

National Record

David Costill INDY-IN 1:24.10 2016

200 YARD BREASTSTROKE

1. Frank Piemme	SBM	3:24.18	2005
2. Bob Merrick	CM	3:40.62	2001
3. Walter Pfeiffer	CM	3:43.98	1994
4. Frederick Hoppe	CTMA	3:44.59	2009
5. John Bleck	WH2O	4:01.33	2014
6. John Burnside	LBM	4:11.55	1990
7. Lee Arth	UNAT	4:13.76	2005
8. Ed Farrell	MVN	4:41.52	2013
9. John Glenn	LBM	5:39.32	1992
10. Alfred Guth	LBM	5:47.26	1990

National Record

David Costill INDY-IN 3:09.84 2016

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 80-84

50 YARD BUTTERFLY

1. Frank Piemme	SBM	35.10	2005
2. Jeff Farrell	SBM	36.15	2017
3. Jurgen Schmidt	SBM	39.22	2003
4. Everett Smethurst	NOVA	41.07	2015
5. Frederick Hoppe	CTMA	42.27	2010
6. Bob Christians	CM	42.42	1997
7. Walter Pfeiffer	CM	43.94	1994
8. William Seligmann	UNAT	45.10	2007
9. John Burnside	LBM	45.18	1990
10. Louis Giberson	CM	46.23	2002

National Record

David Costill INDY-IN 33.32 2017

100 YARD BUTTERFLY

1. Frank Piemme	SBM	1:30.32	2005
2. Walter Pfeiffer	CM	1:39.74	1994
3. Jurgen Schmidt	SBM	1:41.63	2003
4. John Burnside	LBM	1:52.94	1990

National Record

David Costill INDY-IN 1:22.34 2017

200 YARD BUTTERFLY

1. Walter Pfeiffer	CM	3:54.09	1994
---------------------------	-----------	----------------	-------------

National Record

Thomas Maine IM-IL 3:25.55 2006

100 YARD INDIVIDUAL MEDLEY

1. Jeff Farrell	SBM	1:18.39	2017
2. Frank Piemme	SBM	1:22.75	2005
3. Bob Christians	CM	1:28.38	1997
4. Jurgen Schmidt	SBM	1:30.90	2003
5. Bob Merrick	CM	1:32.94	2001
6. Walter Pfeiffer	CM	1:34.75	1994
7. Woody Bowersock	CM	1:36.53	1994
8. Everett Smethurst	NOVA	1:38.50	2015
9. Frederick Hoppe	CTMA	1:43.01	2010
10. John Burnside	LBM	1:43.70	1990

National Record

David Costill INDY-IN 1:14.86 2016

200 YARD INDIVIDUAL MEDLEY

1. Frank Piemme	SBM	3:10.28	2005
2. Jurgen Schmidt	SBM	3:25.85	2003
3. Walter Pfeiffer	CM	3:33.66	1994
4. Bob Christians	CM	3:34.36	1997
5. Lee Arth	UNAT	3:40.30	2005
6. John Burnside	LBM	3:59.05	1990
7.			
8.			
9.			
10.			

National Record

David Costill INDY-IN 2:53.98 2016

400 YARD INDIVIDUAL MEDLEY

1. Frank Piemme	SBM	6:52.79	2005
2. Jurgen Schmidt	SBM	7:33.63	2003
3. Walter Pfeiffer	CM	7:38.27	1994
4. John Burnside	LBM	8:48.26	1990

National Record

David Costill INDY-IN 6:26.09 2016

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 85-89

50 YARD FREESTYLE

1. Frank Piemme	LOST	31.92	2010
2. Woody Bowersock	CM	32.50	1999
3. Jurgen Schmidt	LOST	36.17	2009
4. James Pearce	CLVM	38.77	2003
5. Reginald Harrison	IHAC	40.18	1990
6. John Glenn	CM	46.25	1997
7. Arnett Grisinger	SBSC	46.54	1993
8. Walter Butler	LVM	47.93	2018
9. Joseph Earley	CENT	50.63	1990
10. Don Neefe	CM	52.15	1994

National Record

Frank Piemme LOST-SP 31.92 2010

100 YARD FREESTYLE

1. Frank Piemme	LOST	1:10.92	2010
2. Woody Bowersock	CM	1:18.87	1999
3. Jurgen Schmidt	LOST	1:21.32	2008
4. Walter Butler	LVM	1:45.31	2017
4. James Pearce	CLVM	1:52.45	2003
6. Don Neefe	CM	1:56.56	1994
7. John Glenn	CM	1:59.53	1997
8. Joseph Earley	CENT	2:00.62	1988
9. Jack Blumberg	IHAC	2:03.19	1982
10. Paul Spangler	UNAT	2:07.42	1984

National Record

Frank Piemme LOST-SP 1:10.92 2010

200 YARD FREESTYLE

1. Frank Piemme	LOST	2:50.54	2010
2. Jurgen Schmidt	LOST	3:01.81	2008
3. Woody Bowersock	CM	3:16.35	1999
4. Walter Butler	LVM	4:13.65	2018
5. Joe Miko	UNAT	4:29.82	2006
6. Don Neefe	CM	4:34.77	1994
7. Jack Blumberg	IHAC	4:39.23	1984
8. Paul Spangler	UNAT	4:44.21	1984
9. Bradford Boyd	ROSE	7:26.79	2013

National Record

Frank Piemme LOST-SP 2:50.54 2010

500 YARD FREESTYLE

1. Frank Piemme	LOST	7:54.01	2010
2. Jurgen Schmidt	LOST	8:21.71	2009
3. Woody Bowersock	CM	9:26.89	1999
4. Paul Spangler	UNAT	12:11.86	1984
5. Joe Miko	UNAT	12:13.39	2006
6. Jack Blumberg	IHAC	12:22.39	1984
7. Don Neefe	CM	12:59.61	1994

National Record

Wallie Jeffries MICH-MI 7:37.47 2017

1000 YARD FREESTYLE

1. Frank Piemme	LOST	16:28.80	2010
2. Jurgen Schmidt	LOST	17:16.01	2008
3. Woody Bowersock	CM	19:41.66	1999
4. Paul Spangler	CENT	27:28.73	1987

National Record

Frank Piemme LOST-SP 16:28.80 2010

1650 YARD FREESTYLE

1. Frank Piemme	LOST	27:48.74	2010
2. Jurgen Schmidt	LOST	28:36.66	2008
3. Woody Bowersock	CM	36:55.67	1999
4. Jack Blumberg	IHAC	43:35.73	1984
5. Paul Spangler	CENT	46:06.10	1988

National Record

Frank Piemme LOST-SP 27:48.74 2010

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 85-89

50 YARD BACKSTROKE

1. Frank Piemme	LOST	42.46	2010
2. Jurgen Schmidt	LOST	47.06	2010
3. Woody Bowersock	CM	50.14	2003
4. Stan McConnell	UNAT	50.94	2017
5. Reginald Harrison	IHAC	54.99	1990
6. Walter Butler	LVM	56.90	2017
7. John Glenn	CM	1:01.70	1997
8. Joseph Earley	CENT	1:03.75	1990
9. Don Neefe	CM	1:04.55	1994
10. Darwin Wheeler	SCMC	1:07.19	2004

National Record

Clarke Mitchell UNAT-GA 36.72 2018

100 YARD BACKSTROKE

1. Frank Piemme	LOST	1:36.02	2010
2. Jurgen Schmidt	LOST	1:43.25	2009
3. Woody Bowersock	CM	1:53.86	2003
4. Reginald Harrison	IHAC	1:59.25	1990
5. Walter Butler	LVM	2:12.08	2018
6. Joseph Earley	CENT	2:22.88	1988
7. Don Neefe	CM	2:28.62	1994
8. Jack Blumberg	IHAC	2:40.44	1982
9. Bradford Boyd	ROSE	4:42.11	2013

National Record

Clarke Mitchell UNAT-GA 1:24.98 2018

200 YARD BACKSTROKE

1. Frank Piemme	LOST	3:46.03	2010
2. Jurgen Schmidt	LOST	3:51.98	2009
3. Woody Bowersock	CM	4:21.37	2002
4. Stan McConnell	UNAT	4:21.52	2017
5. Don Neefe	CM	5:22.15	1994
6. Jack Blumberg	IHAC	5:24.76	1982

National Record

Clarke Mitchell UNAT-GA 3:18.52 2018

50 YARD BREASTSTROKE

1. Frank Piemme	LOST	42.72	2010
2. Walter Pfeiffer	CM	51.48	1999
3. Jurgen Schmidt	LOST	54.82	2008
4. Woody Bowersock	CM	59.10	1999
5. Joe Miko	UNAT	1:03.05	2006
6. James Pearce	CLVM	1:04.84	2003
7. Boyd Ford	OJAI	1:08.40	2012
8. John Glenn	CM	1:11.06	1997
9. Walter Butler	LVM	1:15.89	2018
10. Richard Reuben	ROSE	1:22.72	2018

National Record

Frank Piemme LOST-SP 42.72 2010

100 YARD BREASTSTROKE

1. Frank Piemme	LOST	1:34.67	2010
2. Walter Pfeiffer	CM	1:57.82	1999
3. Jurgen Schmidt	LOST	2:07.84	2009
4. Joe Miko	UNAT	2:22.32	2006
5. Joseph Ross	????	2:48.30	1973
6. John Glenn	CM	2:59.93	1997
7. Richard Reuben	ROSE	3:24.49	2018

National Record

Frank Piemme LOST-SP 1:34.67 2010

200 YARD BREASTSTROKE

1. Frank Piemme	LOST	3:46.18	2010
2. Walter Pfeiffer	CM	4:23.79	1999
3. Jurgen Schmidt	LOST	4:28.82	2010
4. Joe Miko	UNAT	5:05.11	2006
5. Richard Reuben	ROSE	7:33.37	2018
6. Joseph Ross	????	7:59.30	1973
7. Bradford Boyd	ROSE	12:47.40	2013

National Record

Frank Piemme LOST-SP 3:46.18 2010

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 85-89

50 YARD BUTTERFLY

1. Frank Piemme	LOST	39.89	2010
2. Jurgen Schmidt	LOST	47.79	2008
3. Walter Pfeiffer	CM	51.45	1999
4. Woody Bowersock	CM	52.24	1999
5. Don Neeffe	CM	1:15.00	1994

National Record

Clarke Mitchell UNAT-GA 38.14 2018

100 YARD BUTTERFLY

1. Frank Piemme	LOST	1:41.31	2010
2. Walter Pfeiffer	CM	1:52.80	1999
3. Jurgen Schmidt	LOST	2:26.58	2008

National Record

Frank Piemme LOST-SP 1:41.31 2010

200 YARD BUTTERFLY

1. Walter Pfeiffer	CM	4:30.52	1999
--------------------	----	---------	------

National Record

Thomas Maine SLAM-OZ 3:43.03 2011

100 YARD INDIVIDUAL MEDLEY

1. Frank Piemme	LOST	1:28.37	2010
2. Jurgen Schmidt	LOST	1:40.38	2009
3. Walter Pfeiffer	CM	1:46.51	1999
4. Woody Bowersock	CM	1:59.99	1999
5. John Glenn	CM	2:51.21	1997
6. Don Neeffe	CM	3:06.28	1994

National Record

Frank Piemme LOST-SP 1:28.37 2010

200 YARD INDIVIDUAL MEDLEY

1. Frank Piemme	LOST	3:18.10	2010
2. Jurgen Schmidt	LOST	3:56.29	2008
3. Walter Pfeiffer	CM	4:00.48	1999
4. Woody Bowersock	CM	4:40.05	2000

National Record

Frank Piemme LOST-SP 3:18.10 2010

400 YARD INDIVIDUAL MEDLEY

1. Jurgen Schmidt	LOST	8:36.18	2008
2. Walter Pfeiffer	CM	8:45.11	1999

National Record

Thomas Maine SLAM-OZ 7:30.51 2011

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 90-94

50 YARD FREESTYLE

100 YARD FREESTYLE

1. Woody Bowersock	CM	35.96	2003
2. James Pearce	CLVM	40.40	2004
3. Jurgen Schmidt	MVN	41.65	2013
4. John Whittemore	SBSC	1:06.72	1990
5. Paul Spangler	CENT	1:07.20	1990

1. Woody Bowersock	CM	1:27.10	2004
2. Jurgen Schmidt	MVN	1:31.29	2013
3. James Pearce	CLVM	2:36.20	2004
4. Paul Spangler	OSB	3:07.97	1993

National Record

Woody Bowersock CM-SP 35.96 2003

National Record

Woodrow Bowersock CM-SP 1:27.26 2004

200 YARD FREESTYLE

500 YARD FREESTYLE

1. Jurgen Schmidt	MVN	3:35.98	2013
2. Woody Bowersock	CM	3:36.34	2004
3. Paul Spangler	CENT	5:22.61	1990

1. Jurgen Schmidt	MVN	9:37.96	2013
2. Woody Bowersock	CM	10:58.27	2004
3. Paul Spangler	CENT	14:20.28	1990

National Record

Willard Lamb OREG-OR 3:18.81 2015

National Record

Willard Lamb OREG-OR 8:54.93 2013

1000 YARD FREESTYLE

1650 YARD FREESTYLE

1. Jurgen Schmidt	MVN	20:24.73	2013
2. Woody Bowersock	CM	23:06.53	2004

1. Jurgen Schmidt	MVN	34:09.33	2013
--------------------------	------------	-----------------	-------------

National Record

Willard Lamb OREG-OR 18:13.07 2013

National Record

Willard Lamb OREG-OR 30:23.70 2013

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 90-94

50 YARD BACKSTROKE

100 YARD BACKSTROKE

1. Woody Bowersock	CM	49.21	2004
2. Jurgen Schmidt	MVN	52.53	2014
3. Bob Christians	CM	57.61	2006
4. Marc Robert	ROSE	3:58.59	2017

1. Woody Bowersock	CM	1:49.22	2004
2. Jurgen Schmidt	MVN	2:03.51	2013
3. Bob Christians	CM	2:14.19	2006

National Record

Willard Lamb OREG-OR 49.02 2014

National Record

John Merrill CONN-CT 1:46.67 2007

200 YARD BACKSTROKE

50 YARD BREASTSTROKE

1. Woody Bowersock	CM	4:09.89	2004
2. Jurgen Schmidt	MVN	4:31.31	2013

1. James Pearce	CLVM	1:01.32	2004
2. Jurgen Schmidt	MVN	1:02.58	2013
3. Walter Pfeiffer	CM	1:05.04	2004
4. Woody Bowersock	CM	1:10.32	2005
5. Bob Christians	CM	1:12.75	2006
6. John Whittemore	SBSC	1:24.24	1990

National Record

John Merrill CONN-CT 3:54.03 2007

National Record

Russ Witte SWO-OH 53.07 2007

100 YARD BREASTSTROKE

200 YARD BREASTSTROKE

1. Jurgen Schmidt	MVN	2:17.04	2013
2. Walter Pfeiffer	CM	2:29.33	2004

1. Jurgen Schmidt	MVN	5:03.59	2013
2. Walter Pfeiffer	CM	5:36.91	2004

National Record

Raymond Hakomaki MINN-MN 1:58.35 2011

National Record

Thomas Maine SLAM-OZ 4:36.60 2016

SOUTHERN PACIFIC MASTERS TOP 10

Updated through 1/1/19

MEN 90-94

50 YARD BUTTERFLY

1. Walter Pfeiffer	CM	50.44	2004
2. Jurgen Schmidt	MVN	1:05.71	2013
3. Woody Bowersock	CM	1:21.17	2005

National Record

Walter Pfeiffer CM-SP 50.44 2004

100 YARD BUTTERFLY

1. Walter Pfeiffer	CM	2:13.93	2004
--------------------	----	---------	------

National Record

Thomas Maine SLAM-OZ 2:06.88 2016

200 YARD BUTTERFLY

1. Walter Pfeiffer	CM	5:08.18	2004
--------------------	----	---------	------

National Record

Thomas Maine SLAM-OZ 4:44.76 2016

100 YARD INDIVIDUAL MEDLEY

1. Jurgen Schmidt	MVN	2:00.17	2013
2. Walter Pfeiffer	CM	2:05.12	2004
3. Woody Bowersock	CM	2:09.23	2004

National Record

Thomas Maine SLAM-OZ 1:53.38 2016

200 YARD INDIVIDUAL MEDLEY

1. Jurgen Schmidt	MVN	4:27.54	2013
2. Walter Pfeiffer	CM	4:39.98	2004

National Record

Thomas Maine SLAM-OZ 4:02.84 2016

400 YARD INDIVIDUAL MEDLEY

1. Walter Pfeiffer	CM	10:10.57	2004
--------------------	----	----------	------

National Record

Thomas Maine SLAM-OZ 8:37.61 2016