Rose Bowl Masters SCY Swim Meet February 8^h-9th 2020

Sanction by Southern Pacific Masters Swimming for USMS, Inc.

Facility: Rose Bowl Aquatics Center, 360 N Arroyo Blvd., Pasadena. There is an outdoor, 8-lane competition pool, with six additional lanes available for warm-up. The length of the competition course without a bulkhead is in

compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1. The primary timing system will be automatic timing. Times may be submitted for USMS records and USMS Top 10 consideration.

Directions: Going west on I-210, exit Orange Grove as the freeway transitions to the 134. Go straight through the lights onto W. Holly Street. Turn left onto Arroyo Drive, then right onto Arroyo Blvd, and right into the first parking lot. Going east on 134, exit Orange Grove Blvd, and turn left onto Orange Grove. Turn left on West Holly Street. Turn left onto Arroyo Drive, then right onto Arroyo Blvd and right into the first parking lot. Going south on I-210, exit Mountain, turn right onto Mountain. Go straight until you see the Rose Bowl. At the parking lots turn left onto Arroyo Drive and left into parking lot I.

Rules: United States Masters Swimming rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. All events are timed final. Swimmers are limited to a total of 5 individual events, not including relays. Age on February 9th, 2020 determines age group for the meet. You must be at least 18 to compete.

Entries: The pre-entry postmark deadline is Saturday, February 1st, 2020. Online entries are due Wednesday, February 5th, 2020 @11:59 p.m. Deck registration is permitted. Deck entries will close at 7:00 a.m. on Saturday Feb 8th, 2020 and 8:30am on Sunday Feb 9th, 2020. You must be at least 18 years old to compete. Sunday's individual events will be limited to 40 swimmers per event.

Entry Fees: \$30.00 per swimmer flat fee. Deck entries February 8th, 2020 and February 9th, 2020 are allowed for \$40.00 flat fee. For swimmers in relays only, the fee is \$10.00. **Relays are Free of charge.**

Seeding: All events will be deck-seeded slowest to fastest, by entered time, ages and genders combined. **Relays:** All relays will be deck entered at no cost and are due at before event 6, the 100 IM. Swimmers may only swim one relay per event (may not swim the female + the mixed relay nor the male + the mixed relay).

Awards: Individual: Rose Bowl ribbons for places 1 to 3. Relays: Rose Bowl ribbons for first place. Checks payable to: Rose Bowl Aquatics

Mail consolidated entry card, a copy of your 2020 USMS card, and check to: Rose Bowl Aquatics Masters, c/o Chad Durieux, 360 N Arroyo Blvd., Pasadena, CA 91103.

Questions: Chad Durieux, <u>cdurieux@rosebowlaquatics.org</u>.

Admin: Betty Williams <u>blwswim@earthlink.net</u>

Head Official: Cami Stein Cami camster1@flash.net

Saturday, February 8th, 2020

Warm-up at 6:00 a.m. - 7:20 a.m. Meet starts at 7:30 a.m.

1. 50 yd. Freestyle 2. 200 yd. Backstroke 3. 100 yd. Breaststroke 4. 50 yd. Butterfly 5. 200 yd. Breaststroke 6. 100 yd. Individual Medley 7. 100 yd. Backstroke 8. 200 yd. Butterfly 9. 50 yd. Backstroke 10.200 yd. Individual Medley 11.100 yd. Freestyle 12. 50 yd. Breaststroke 13. 200 yd. Freestyle 14. 100 yd. Butterfly 15. 200 yd. Freestyle Relay (Men, Women, Mixed) 16. 100 yd. Medley Relay (exhibition)

Sunday, February 9th, 2020

Warm-up at 8:00 a.m. - 8:50 a.m. Meet starts at 9:00 a.m. Limited 40 swimmers per individual event

17. 1650 yd. Freestyle18. 400 yd. Individual Medley19. 1000 yd. Freestyle20. 800 yd. Freestyle Relay (Men, Women, Mixed)21. 500 yd. Freestyle