

CVMM
Matt Biondi SCY Swim Meet
March 17th, 2019

Sanction by Southern Pacific Masters Swimming for USMS, Inc.

Facility: Cal Lutheran University, Samuelson Aquatics Center, 60 West Olsen Rd., Thousand Oaks, CA. Pool is an outdoor 25- yard by 50-meter pool with up to 8 competition lanes. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Directions: From 101 Freeway, take 23 North, exit Olsen Rd and head west toward Thousand Oaks. Approximately 3 miles on right. Lots of free parking.

Timing System: The primary timing system will be automatic timing. Times may be submitted for USMS records and USMS Top 10 consideration

Rules: United States Masters Swimming rules will govern. Current SPMS meet procedures will be enforced and take precedent over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. All events are timed final. Swimmers are limited to a total of 5 individual events, not including relays. Age on March 17, 2019 determines age group for the meet. You must be at least 18 to compete.

Entries: On-line registration is preferred. The pre-entry postmark deadline is Sunday, March 10, 2019. The on-line entry deadline is 11:59 p.m. Pacific Time on March 13, 2019. Deck registration is permitted. Deck entries will close at 9:00 a.m. (7:30 a.m. for Event 1)

Entry Fees: \$39.00 per swimmer flat fee. Deck entries allowed for \$55.00 flat fee.

Seeding: All events will be deck seeded slowest to fastest by entered time. Check-in is required for all events to ensure the meet runs efficiently.

Relays: All relays will be deck entered on SPMS relay forms available at the meet. Relay fees are \$10.00 per relay due upon entry. For relay swimmers who are not entered in individual events, a fee of \$10.00 and a signed liability release must be submitted with the relay entry prior to the first event.

Awards: Individual: Medals for places 1 to 3 and ribbons for 4th through 6th. Relays: Ribbons for 1st place. A special award (the Matt Biondi Award) and award presentation ceremony for the fastest male and female in the 50 free; in addition, the winners' names will be added to the Matt Biondi Perpetual Award. St Patrick's Day themed Heat Winner Awards.

Checks payable to: Conejo Valley Multisport Masters. Mail your consolidated entry card, a copy of your 2019 USMS card, and check to: Alina de Armas, P.O Box 63, Simi Valley, Ca 93062

Admin: Alina de Armas, Alina@dearmas.co, (805) 444-0317

Questions: Meet Director Nancy Kirkpatrick Reno (818) 469-9972; nancy@conejovalleymultisportmasters.com.

Raffle tickets for sale: Crowd pleasers at our first five Matt Biondi meets were our fabulous raffle baskets which will be available again this year. Raffle tickets available for purchase at the meet. All meet entrants receive swag bags. Snack Bar.

Sunday March 17, 2019
Warm-up at 7:00am
Meet starts at 8:00am

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| 1. 1650 yd Freestyle* | 14. 100 yd Butterfly |
| 2. 400 yd Freestyle Relay (Men or Women) | 15. 50yd Freestyle (Matt Biondi Event) |
| 3. 200 yd Breaststroke | 16. 400 yd Medley Relay (Men, Women, Mixed) |
| 4. 200 yd Backstroke | 17. 400 yd Individual Medley |
| 5. 200 yd Butterfly | 18. 100 yd Breaststroke |
| 6. 200 yd Freestyle | 19. 50 yd Backstroke |
| 7. 100 yd Individual Medley | 20. 200 yd Freestyle Relay (Men, Women, Mixed) |
| 8. 400 yd Freestyle Relay (Mixed) | 21. 800 yd Freestyle Relay (Men Women, Mixed) |
| 9. 50 yd Butterfly | |
| 10. 100 yd Backstroke | |
| 11. 200 yd Individual Medley | |
| 12. 50 yd Breaststroke | |
| 13. 100 yd Freestyle | |

*1650 limited to four heats