



## 2018 SW Zone Short Course Yards Champ



Hosted by: *Mission Viejo Nadadores*

Sanctioned by Southern Pacific LMSC for USMS, INC.

**FACILITY:** Newly renovated Marguerite Aquatic Complex, 27474 Casta Del Sol, Mission Viejo, CA 92692. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1

**DIRECTIONS:** Take I-5 Freeway to the La Paz exit. Turn east on La Paz, left on Marguerite, and right on Casta Del Sol. Turn right at the first driveway.

**RULES:** United States Masters Swimming rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. All events are timed finals. Swimmers are limited to entering a total of 6 individual events for the entire meet and no more than 5 individual events per day. If the meet is deemed too large, all athletes' sixth events will be dropped. On the entry form, please indicate your sixth event with an asterisk. Age April 29, 2018 determines age group for the meet.

**TIMING:** Electronic timing will be used and two timers per lane will be provided.

**ENTRIES: Online registration is encouraged.** Online entries completed by 11:59 p.m. on Friday, April 13 are a flat \$55.00 entry fee. (T-shirt included) Online entries completed April 14 through 11:59 p.m. on Sunday, April 22 are a flat \$65.00 entry fee. Paper/mailed entries must be postmarked on or before Friday, April 13, 2018 are flat \$55.00 entry fee. No individual deck entries are allowed. **There will be NO refunds.** Online entries are paid by credit card to "ClubAssistant.com Events". To register online, go to [www.spmasterswim.org](http://www.spmasterswim.org) and click on 2018 SW Zone SCY Championships.

**SEEDING:** All events will be seeded and swum slowest to fastest. Men and women will be seeded together for the 1650, 1000, and 500 Y Freestyle and also the 400 Y Individual Medley, based on entry time. **Choose either the 1000 free or the 1650, not both.** Men and women

will swim separately for all other individual events. Scoring will be by gender and age group. The 1650 Y Freestyle may be limited to the first 60 entries at the discretion of the meet manager.

**RELAYS:** Relay team entries are \$12.00 per relay. Online relay team entry charges your credit card upon submit of the relays. If you scratch a relay at the relay desk by the deadline of 10am on date of swim, that relay fee will be refunded to your credit card (upon request).

Online relay team entry for coaches will be available on the online entry page beginning 4/24/18 at 1:00pm. Online relay team entry will also be available at the relay desk at the pool every day of the meet.

A USMS-registered swimmer who wishes to only swim relay events must enter the meet before the start of event #1, by paying the \$10.00 relay-only entry fee and must sign a consolidated entry card. There is no limit on relays, but swimmers may swim only one relay (men, women, or mixed) per event.

**AWARDS:** Individual: Medals for places 1 to 3 and ribbons for places 4 to 6 for each age group and gender. Relays: Medals for 1st place, ribbons for 2nd and 3rd places. There will be special awards for high point male and female swimmer in each age group, based on points from individual events. Awards to the top six teams, based on combined scoring for men and women, individual events plus relays.

**HOTELS/PSYCH SHEETS/RESULTS:**  
[www.mastersmvnswim.org](http://www.mastersmvnswim.org)

**QUESTIONS:** Meet Director Mark Moore  
(949-233-6521, [coachmark@mastersmvnswim.org](mailto:coachmark@mastersmvnswim.org) .  
Meet Referee, Paul Szuszkiewicz [pszsz@hotmail.com](mailto:pszsz@hotmail.com)

**Checks payable to: Mission Viejo Nadadores.** Mail consolidated entry card, a copy of your 2018 USMS card, and check to: Mission Viejo Nadadores Masters/ SCY Championships  
27474 Casta Del Sol, Unit 2, Mission Viejo, CA 92692

**WEB SITE:** [Psych sheets/timeline/results](#)

**SNACK BAR:** A complete hot and cold snack bar will be available.

**Friday, April 27, 2018**

**Session 1 - Events 1-6**

**Warm-ups start at 7:00 AM**

**Meet Session starts at 8:00 AM**

| # | Sex   | Event       |
|---|-------|-------------|
| 1 | Mixed | 1000 Y Free |
| 3 | Mixed | 1650 Y Free |
| 5 | Mixed | 400 Y IM    |

**Saturday, April 28, 2018**

**Session 2 - Events 7-34**

**Warm-ups start at 7:30 AM**

**Meet Session starts at 8:30 AM**

| #  | Sex     | Event              |
|----|---------|--------------------|
| 7  | Women   | 200 Y Free         |
| 8  | Men     | 200 Y Free         |
| 9  | Mixed   | 200 Y Medley Relay |
| 11 | Women   | 50 Y Breast        |
| 12 | Men     | 50 Y Breast        |
| 13 | Women   | 200 Y Fly          |
| 14 | Men     | 200 Y Fly          |
| 15 | Women   | 100 Y Free         |
| 16 | Men     | 100 Y Free         |
| 17 | Women   | 200 Y IM           |
| 18 | Men     | 200 Y IM           |
| 19 | Women   | 200 Y Breast       |
| 20 | Men     | 200 Y Breast       |
| 21 | Women   | 100 Y Back         |
| 22 | Men     | 100 Y Back         |
| 23 | Women   | 50 Y Fly           |
| 24 | Men     | 50 Y Fly           |
| 25 | W, M, X | 800 Y Free Relay   |
| 29 | W, M, X | 400 Y Medley Relay |
| 33 | Women   | 200 Y Free Relay   |
| 34 | Men     | 200 Y Free Relay   |

**Sunday, April 29, 2018**

**Session 3 - Events 35-55**

**Warm-ups start at 7:30 AM**

**Meet Session starts at 8:30 AM**

| #  | Sex     | Event              |
|----|---------|--------------------|
| 35 | Mixed   | 500 Y Free         |
| 37 | Women   | 100 Y IM           |
| 38 | Men     | 100 Y IM           |
| 39 | Mixed   | 200 Y Free Relay   |
| 41 | Women   | 200 Y Medley Relay |
| 42 | Men     | 200 Y Medley Relay |
| 43 | Women   | 50 Y Back          |
| 44 | Men     | 50 Y Back          |
| 45 | Women   | 100 Y Breast       |
| 46 | Men     | 100 Y Breast       |
| 47 | Women   | 50 Y Free          |
| 48 | Men     | 50 Y Free          |
| 49 | Women   | 200 Y Back         |
| 50 | Men     | 200 Y Back         |
| 51 | Women   | 100 Y Fly          |
| 52 | Men     | 100 Y Fly          |
| 53 | W, M, X | 400 Y Free Relay   |

