

**CVMM Matt Biondi
SCY Swim Meet
Sunday March 19th, 2017**

Sanction by Southern Pacific Masters Swimming for USMS, Inc.

Facility: Cal Lutheran University, Samuelson Aquatics Center, 60 West Olsen Rd., Thousand Oaks, CA. Pool is an outdoor 25- yard by 50-meter pool with up to 8 competition lanes. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Directions: From 101 Freeway, take 23 North, exit Olsen Rd and head west toward Thousand Oaks. Approximately 3 miles on right. Lots of free parking.

Rules: United States Masters Swimming rules will govern. Current SPMS meet procedures will be enforced and take precedent over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. All events are timed final. Swimmers are limited to a total of 5 individual events, not including relays. Age on March 19 determines age group for the meet. You must be at least 18 to compete.

Entries: On-line registration is preferred. The pre-entry postmark deadline is Saturday, March 12, 2017. The on-line entry deadline is 11:59 p.m. Pacific Time on March 15, 2017. Deck registration is permitted. Deck entries will close at 9:00 a.m. (7:30 a.m. for Event 1)

Entry Fees: \$39.00 per swimmer flat fee. Deck entries allowed for \$50.00 flat fee.

Seeding: All events will be deck seeded slowest to fastest by entered time. Check-in is required for all events to ensure the meet runs efficiently.

Relays: All relays will be deck entered on SPMS relay forms available at the meet. Relay fees are \$8.00 per relay due upon entry. For relay swimmers who are not entered in individual events, a fee of \$10.00 and a signed liability release must be submitted with the relay entry.

Awards: Individual: Medals for places 1 to 3 and ribbons for 4th through 6th. Relay: Ribbons for 1st place. A special award (the Matt Biondi Award) and award presentation ceremony for the fastest male and female in the 50 free; in addition the winners' names will be added to the Matt Biondi Perpetual Award. Heat Winner Awards.

Checks payable to: Conejo Valley Multisport Masters. Mail your consolidated entry card, a copy of your 2017 USMS card, and check to: Alina de Armas, P.O. Box 63, Simi Valley, CA .93062, (805) 444-0317 Alina@dearmas.co.

Admin: Alina de Armas. (805) 444-0317, Alina@dearmas.co.

Questions: Meet Director Nancy Kirkpatrick Reno (818) 469-9972; nancy@conejovalleymultisportmasters.com.

Raffle tickets for sale: Crowd pleasers at our first two Matt Biondi meets were our fabulous raffle baskets which will be available again this year. Raffle tickets available for purchase at the meet. All meet entrants receive swag bags. Snack Bar.

Sunday March 19 2017

Warm-up at 7:00am

Meet starts at 8:00am

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| 1. 1650 yd Freestyle * | 13. 100 yd Butterfly |
| 2. 200 yd. Breaststroke | 14. 50yd Freestyle (Matt Biondi Event) |
| 3. 200 yd Backstroke | 15. 400yd Individual Medley |
| 4. 200 yd Butterfly | 16. 200 yd Freestyle Relay (Men, Women, Mixed) |
| 5. 200 yd Freestyle | 17. 100 yd Breaststroke |
| 6. 100 yd Individual Medley | 18. 50 yd Backstroke |
| 7. 400 yd Freestyle (Mixed Relay) | 19. 400 yd Freestyle Relay (Men or Women) |
| 8. 50 yd Butterfly | 20. 800 yd Freestyle Relay (Men Women, Mixed) |
| 9. 100 yd Backstroke | |
| 10. 200 yd Individual Medley | *Mile limited to four heats |
| 11. 50 yd Breaststroke | |
| 12. 100 yd Freestyle | |