



**Riverside Aquatics Association  
2016 SPMS and Southwest Zone Spring  
Championship Meet  
Saturday, April 16 - Sunday, April 17, 2016  
CORRECTED MEET FORM**



Sanction by Southern Pacific Masters Swimming for USMS, Inc. Sanction Number: pending

**Facility:** Riverside Aquatics Complex – on the campus of Riverside City College. 4800 Magnolia Ave. Riverside. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

**Directions:** Exit 14<sup>th</sup> St. from the 91 Freeway. Go West to Olivewood and turn left. Turn right on Saunders/City College Dr. and turn right onto Saunders (first street on right). Pool is at the end of Saunders. Parking is available at a cost of \$5 per day purchased at kiosks in the parking lot.

**Rules:** USMS rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this entry form. Age on April 17, 2016 determines age group for the meet. You must be at least 18 to compete.

**Warm-up:** USMS warm-up policies will be enforced by USA Swimming Officials. There will be **NO DIVING** into the pools during the times except into the designated sprint lane(s). Warm-up in the competition pool will be available for one hour prior to the start of each session.

**Entries:** Flat fee of \$45.00 if postmarked on or before 11:59 pm Monday, April 4, 2016. Add a \$10.00 late fee for all entries postmarked (or entered on-line) after Monday, April 4 and received by 6:00 p.m. on Monday, April 11. Entries received after April 4, 2016 may not appear in the meet program. Swimmers are limited to entering a total of 7 individual events for the entire meet and no more than 5 individual events per day. Enter online on Club Assistant or make a check payable to: Riverside Aquatics Association.

[Then mail your check with a consolidated entry card, a copy of your 2016 USMS registration to:  
Omar de Armas, PO Box 63, Simi Valley, CA 93062](#)

**Relays:** All relays will be deck entered. Relay only swimmers may enter for a \$10.00 fee and must sign a consolidated entry card. Relay entries are \$12.00 per relay, and there is no limit on the number of relays a swimmer may swim, but swimmers may swim only one relay (men, women, or mixed) per event.

**Seeding:** All events will be seeded and swum slowest to fastest, except. Men and women will be seeded together for the 500, 1000, and 1650 yd. Freestyle and also the 400 yd. Individual Medley, based on entry time. Men and women will swim separately for all other individual events with women swimming first. Scoring will be by gender and age group. The 1650 yd. Freestyle may be limited to the first 32 entries at the discretion of the meet director and meet referee. Swimmers may enter both the 1000 and 1650 yd. Freestyle.

**Check-in:** Positive check-in is required for all events. Check-in closes at 7:30 a.m. on Saturday for the 1650 yd. Freestyle, 7:30 a.m. on Sunday for the 400 yd. I.M. Check-in for all other events will close one hour prior to the anticipated start of the event.

**Awards:** Individual: Custom Medals for places 1 to 3, and Custom Ribbons for places 4 to 6 for each age group and gender. Relays: Custom Medals for 1st place, Custom Ribbons for 2nd and 3rd places. High point male and female swimmer in each age group, based on points from individual events will receive a SPMS towel. Team Plaques for the top five teams, based on combined scoring for men and women, individual events plus relays

**Questions** Meet Director, Kevin [Timko. Kevintimkoraa@gmail.com](mailto:Timko.Kevintimkoraa@gmail.com) Information: Alina de Armas [alina@dearmas.co](mailto:alina@dearmas.co)

**Snack Bar:** A complete hot and cold snack bar will be available.



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Southwest Zone Spring Championship Meet  
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**Saturday, April 16, 2016**

**Warm-up at 7:00 a.m.**

**Meet starts at 8:00 a.m.**

**Check-in for the 1650 yd. Freestyle closes at 7:30 a.m.**

- 1 1650 yd. Freestyle
- 30-minute warmup or no earlier than 10 am re-start of meet.**
- 2/3 200 yd. Freestyle
- 4/5 50 yd. Backstroke
- 6 200 yd. Medley Relay (Women, Men, Mixed)
- 7/8 100 yd. Breaststroke
- 9/10 100 yd. Butterfly
- 11/12 100 yd. Individual Medley
- 13 400 yd. Freestyle Relay (Women, Men, Mixed)
- 14/15 200 yd. Backstroke
- 16/17 50 yd. Butterfly
- 18 500 yd. Freestyle

**Sunday, April 17, 201**

**Warm-up at 7:00 a.m.**

**Meet starts at 8:00 a.m.**

**Check-in for the 400 yd. Individual Medley closes at 7:30 a.m.**

- 19 400 yd. Individual Medley
- 30-minute warmup or no earlier than 10 am re-start of meet.**
- 20 400 yd. Medley Relay (Women, Men, Mixed)
- 21/22 100 yd. Freestyle
- 23/24 50 yd. Breaststroke
- 25 800 yd. Freestyle Relay (Women, Men, Mixed)
- 26/27 200 yd. Butterfly
- 28/29 100 yd. Backstroke
- 30 200 yd. Freestyle Relay (Women, Men, Mixed)
- 31/32 200 yd. Individual Medley
- 33/34 50 yd. Freestyle
- 35/36 200 yd. Breaststroke
- 37 1000 yd. Freestyle

**Relays: A swimmer may swim only one relay in each of events 6, 13, 20, 25, and 30.**

Riverside Aquatics is proud to host the 2016 SPMS and SW Zone SCY Championships! This is your chance to compete in the same pool that will be hosting the 2017 Spring Short Course Nationals – April 27-30, 2017.

Riverside has a vibrant downtown area with several hotels and casual restaurants that are only a few blocks from the pool.

RAA has secured favorable rates and terms with two hotels for this swim meet. If you are making reservations, please let them know that you are competing in our event.

**Hyatt Place (9 blocks from the pool)**

3500 Market Street  
Riverside, CA 92501  
(888) 492-8847

**Comfort Inn (1.5 miles from the pool)**

1590 University Ave  
Riverside, CA 92507  
(951) 683-6000



April 27-30, 2017