

Yucaipa Masters SCY Swim Meet Sunday, March 8, 2015

Sanction by Southern Pacific Masters Swimming for USMS, Inc. Sanction #335-S009

Facility: This is an Olympic size pool which was originally used during the 2004 Olympic Trials at Long Beach. The pool is now located at Crafton Hills Community College which is in the beautiful foothills of Yucaipa off the I10 freeway. It's an outdoor 50 meter by 25 yard pool with 8 competition lanes and 9 warm up lanes. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Directions: 11711 Sand Canyon Road, Yucaipa, CA. 92399. Exit Yucaipa Blvd off the 10 freeway, turn North (left) towards Yucaipa. Take Yucaipa Blvd to Sand Canyon Road, Turn left. College entrance is on the right hand side of the road. Enter the college and the aquatics center will be on your right side under the large solar panels. Overflow parking will be in lot "I"

Rules: United States Masters Swimming rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. All events are timed final. Swimmers are limited to a total of 5 individual events, not including relays. Age on March 8, 2015 determines age group for the meet. You must be at least 18 to compete.

Entries: The pre-entry postmark deadline is Saturday, February 28, 2015. Online entries are due by 11:59 p.m. on Wednesday, March 4, 2015. Deck registration is permitted. Deck entries will close at 8:00 a.m. for the 500 yd. Freestyle and 400 yd. Individual Medley, and at 10:30 a.m. for all other events.

Seeding: All events will be deck seeded slowest to fastest, by entered time. Check in is not required in order to be deck seeded, except swimmers must check in to swim the 1000 yd. Freestyle, 1000 and the 400 yd. Individual Medley.

Relays: All relays will be deck entered on SPMS relay forms available at the meet. Relay fees are \$2.00 per relay due upon entry. For each relay swimmer who is not entered in individual events, a fee of \$10.00 and a signed liability release must be submitted with the relay entry.

Awards: Individual: SPMS ribbons for places 1 to 3. Relay: SPMS ribbons for first place.

Entry Fees: \$30.00 per swimmer flat fee. Deck entries allowed for a total of \$40.00.

Checks payable to: Yucaipa Aquatics and mail consolidated entry card, a copy of your 2015 USMS card, and check to: Julie Fredricks, PO Box 624 Yucaipa, CA. 92399

Questions: Denise Griffin, YSTAdmn@gmail.com, admin: Julie Fredricks, fredies6@hotmail.com

Snack Bar: Hot and cold drinks, snacks, and food will be available for purchase.

Sunday, March 8, 2015

Warm-up at 7:30 a.m.

Meet starts at 8:30 a.m.

1. 1000 yd. Freestyle

Additional warm-up after 1000

Event #2 starts no earlier than 10:30 a.m.

2. 100 yd. Individual Medley

3. 50 yd. Backstroke

4. 200 yd. Butterfly

5. 200 yd. Freestyle Relay (Men, Women, Mixed)

6. 100 yd. Breaststroke

7. 50 Butterfly

8. 50 yd. Freestyle

9. 100 yd. Backstroke

10. 200 yd. Medley Relay (Men, Women, Mixed)

11. 100 yd. Freestyle

12. 100 yd. Butterfly

13. 50 yd. Breaststroke

14. 200 yd. Freestyle

15. 400 yd. Individual Medley