

Mission Viejo Nadadores
Short Course Meters Masters Swim Meet
Sunday, November 4th, 2012

Sanction by Southern Pacific Masters Swimming for USMS, Inc. Sanction # 332-S020

Facility: Marguerite Aquatic Center, 27474 Casta Del Sol, Mission Viejo is an outdoor, 8-lane competition diving pool with two 25-meter warm-up lanes.

Directions & Parking: From the north or south, take the 5 Freeway to the Alicia Parkway exit in Mission Viejo. Go east (away from the ocean) to Trabuco Road. Turn right on Trabuco to Marguerite Parkway. Go left on Marguerite to Casa Del Sol, turn right onto Casa Del Sol, and turn into the driveway for pool parking. There will be no parking in the upper parking lot.

Rules: United States Masters Swimming rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person.

Entries: Pre-entry postmark deadline and early online registration: Saturday, October 27, 2012. Online registration is open until 6:00 PM on Friday, November 2, 2012. On deck registration is permitted. Deck entries will close at 7:45 a.m. for the 1500 and at 10:00 a.m. for events 2 to 8. All other events will close at 11:00 a.m. Age on December 31, 2012 determines age group for the meet. You must be at least 18 years old to compete.

Entry Fees: \$25.00 per swimmer flat fee. Deck entries or online entries after Saturday, October 27, 2012 allowed for a total of \$35.00. Meet entry fees are non-refundable and non-transferable.

Checks payable to: Mission Viejo Nadadores

Mail consolidated entry card, a copy of your USMS 2012 card, and check to:

Mission Viejo Nadadores — Mark Moore, 25108-A Marguerite Parkway #391, Mission Viejo, CA 92692.

Seeding: All events will be deck seeded slowest to fastest by entered time, ages and sexes combined. Check-in is not required in order to be deck seeded, except swimmers *must* check in to swim the 1500 m Freestyle and the 400 m Freestyle.

Relays: All relays will be deck entered. Relay fees are \$5.00 per relay, due upon entry. For each relay swimmer who is not entered in individual events, a fee of \$10.00 and a signed liability release must be submitted with the relay entry.

Awards: Individual: MVN ribbons for places 1 to 3. Relay: MVN ribbons for first place.

Snack Bar: A snack bar will be available serving hot and cold food and drinks.

Questions: Meet Director, Mark Moore (949) 489-1847, coachmark@mastersmvnswim.org.

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1500 warm-up at 7:00 a.m.

1500 starts at 8:00 a.m.

1. 1500 m Freestyle (**check-in required**)

Additional warm-up after the 1500
Event #2 starts no earlier than 10:30 a.m.

2. 400 m Individual Medley

3. 50 m Butterfly

4. 100 m Backstroke

5. 200 m Breaststroke

6. 50 m Freestyle

7. 100 m Butterfly

8. 200 m Backstroke

9. 200 m Freestyle Relay (**Men, Women, Mixed; deck enter**)

10. 200 m Individual Medley

11. 200 m Medley Relay (**Men, Women, Mixed; deck enter**)

12. 50 m Breaststroke

13. 100 m Freestyle

14. 200 m Butterfly

15. 50 m Backstroke

16. 100 m Breaststroke

17. 200 m Freestyle

18. 100 m Individual Medley

19. 400 m Freestyle (**check-in required**)