

Hello SPMS,

SilverPeak Performance was honored and grateful to receive support from SPMS for travel to the USMS Short Course Yards National Championships in Greensboro, NC. For many of our swimmers, right now it's an impossibility to travel long distances because of jobs, family responsibilities, and school. We have teammates who were determined to make it work, and we are so glad they did.

The funding received from SPMS assisted in paying for housing for the six swimmers as well as a small dent in the rental car costs. This resulted in less money coming out of the pockets of our teammates, which was greatly appreciated.

But don't take my word for it – here are some statements from our swimmers about their experience in Greensboro. Thank you again for supporting our team.

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Last year I met Coach Charles and sisters and brothers in SilverPeak Performance and got good workout in swimming even in pandemic time. This year I got qualified for nationals and competed thanks for the SPP and organization USMS. I had great swimming team experience in college and thought that good swimming time would never come back again. However this Greensboro trip brought me a lot of joy and turned back time. The sweet time is so short and forgetting will be so long. I am really grateful of the competition organized and the opportunity for us to meet together. It's even more exciting to see Olympic swimmers competing while we competing. Greensboro is a nice city filled with greens and kind people. Also surely the well-equipped aquatic center surprised me. Thanks for swimming, SPP, SPMS and USMS bringing us together. Faster, higher, stronger - together.

I decided 6 months ago to get back in the pool, and this past weekend I got the amazing opportunity to compete at USMS Nationals. I ended the weekend with three national titles in the mile, 200 free, and 100 free and second in both the 100 back and 500 free. Along with getting to see my other teammates absolutely kill it in their own races.

I would like to thank all the coaches at SPP for the training and preparation for this event

and a special thanks to SPMS who helped make this trip possible. I would also like to shout out to my teammates for making this a trip to remember and putting down some amazing swims.

Madalvi	n Johnson
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Having the opportunity to compete at USMS Nationals was such a privilege! I thought that my competition days were behind me, but thanks to Coach Charles and the SPP team's support, I was able to enjoy a week of great competition and amazing sportsmanship. Congratulations to my teammates, Chris and Maddy, for winning national titles!! And many thanks to SPMS for providing this grant opportunity. Knowing that our housing was covered and did not have to come out of pocket for the six of us was incredibly helpful.

Hailey Goodner		

I went to USMS SYC Nationals as a challenge to myself to take on a competition setting after joining USMS during the pandemic. Swimming has been a great source of stability for me over the past several months and it's been great to see myself improve with the help of the coaches from SilverPeak Performance. Although I didn't qualify for nationals, I was eager to get new baseline times and break 1:00 on the 100 Y Free and break 0:26 on the 50 Y Free. I am happy to say that I was able to achieve both goals (57.66 & 25.44, respectively) and I'm motivated to get better so I can be more competitive next time around. I was also inspired by my talented teammates, two of whom are national champions, and the rest either placed or achieved top 10 times in all of their events. I can't wait to go again, bond with my teammates, and meet more passionate swimmers from across the country. I am very grateful to SPMS for helping my teammates get to Greensboro.

Daniel Gradias	

Last summer I joined SPP during the pandemic to get out of the house and out of my head. A year later I got to compete for the first time in 13 years. So proud of the hardware from U.S. Masters Swimming 2021 Short Course Nationals. National Champ in the 50 Back. 2nd in the 100 Back. 2nd in the 200 Back. Thanks to SPMS for helping us get there and swim well!

Chris Rallo