11 April 2020 Awards and Member At Large Reports

Awards

SPMS Awards:

Club Swimmers of The Month

March 2020

None

Any SPMS coach can nominate their SPMS members. The nomination form is located at <u>https://www.spmasterswim.org/club-swimmer-of-the-month-award-nomination</u>

USMS Awards:

I am working on a nomination for the June Krauser Communications award. Nominations are due July 1.

Also due July 1: Dorothy Donnelley Service Award Kerry O'Brien Coaches Award Club of the Year Award Fitness Award Long Distance National Championship Award National Championship Meet Award Open Water Service Award Officials Excellence Award

Please contact me with supporting information if you'd like me to help with a nomination of a SPMS member in one of these categories. The award criteria and current nomination forms are on the USMS Awards page.

Member at Large

There have been no meets due to the COVID-19 pandemic and related stay-at-home mandates. All pools and the vast majority of beaches are closed. USMS has made a series of articles and workouts available that can be done at home, Mike Collins (NOVA masters) offers Facebook Live soup can swim workouts three times weekly, and Arlette Godges, PT, SPMS Sports Medicine Chair, has made available a series of videos on how to stay in shape on land without getting injured.