USAS Convention:
- Attended 2016 USAS/USMS Convention in Atlanta as SPMS Delegate
- Volunteered at USAS Registration Desk
- Committee Meetings – Attended Southwest Zone, Fitness Education, Championship, Coaches, and Rules
- Workshops/Presentations – Attended “Turning Resources into Satisfied Swimmers”, “Diversity – Opportunities & Obstacles”, Sports Medicine Speaker Presentation, and Joint Coaches/Sports Medicine/Fitness Education Presentation
- Attended Round Table Lunch – met other LMSC Fitness Chairs and LMSC Secretaries

LMSC Standards:
- Started drafting initial changes to SPMS Bylaws based on USMS LMSC Standards document
- May need to make additional revisions to SPMS Bylaws based on separate USMS recommendations for LMSC Bylaws document
- Will update SPMS Policies and Procedures next based on the LMSC Standards

USMS Peer2Peer Conference Calls:
- Will participate in LMSC Secretary P2P Call on Nov 2\textsuperscript{nd}, 2016