## Mission Viejo Nadadores SCM Masters Swim Meet Sunday, October 6, 2019

Sanction by Southern Pacific Masters Swimming for USMS, Inc.

**Facility:** Marguerite Aquatic Center, 27474 Casta Del Sol, Mission Viejo is an outdoor, 8-lane competition 25 m pool with additional warm-up lanes. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1

**Directions & Parking:** From the north or south, take the 5 Freeway to the Alicia Parkway exit in Mission Viejo. Go east (away from the ocean) to Trabuco Road. Turn right on Trabuco to Marguerite Parkway. Go left on Marguerite to Casa Del Sol, turn right onto Casa Del Sol, and turn into the driveway for pool parking. There will be no parking in the reserved tennis spots.

**Rules:** United States Masters swimming rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person.

Entries: Pre-entry postmark and early online registration deadline: Wednesday, October 2, 2019. Online registration is open until 11:59 p.m. on Wednesday, October 2, 2019. On deck registration is permitted. Deck entries will close at 7:45 a.m. for the 400 Frestyle and at 8:30 a.m. for events 2 to 17. Age on December 31, 2019 determines age group for the meet. You must be at least 18 years old to compete. Limit 5 individual events. Entry Fees: \$35.00 per swimmer flat fee. Deck entries allowed for a total of \$40.00. Meet entry fees are non-refundable and non-transferable.

**Checks payable to**: Mission Viejo Nadadores Mail consolidated entry card, a copy of your USMS 2019 card, and check to: Mission Viejo Nadadores — Mark Moore, 27474 Casta Del Sol-unit 2, Mission Viejo, CA 92692.

**Seeding:** All events will be deck seeded slowest to fastest by entered time, ages and sexes combined. Check-in is not required in order to be deck seeded, except swimmers must check in to swim the 400m Freestyle and the 400m IM.

**Relays:** All relays will be deck entered on SPMS relay forms available at the meet. Swimmers may only swim one relay per event. For each relay swimmer who is not entered in individual events, a fee of \$10.00 and a signed liability release must be submitted with the relay entry.

Awards: Individual: MVN ribbons for places 1 to 3. Relay: MVN ribbons for first place.

Snack Bar: A snack bar will be available serving hot and cold food and drinks.

Questions: Meet Director, Mark Moore (949) 233-6521, <a href="mailto:coachmark@mastersmvnswim.org">coachmark@mastersmvnswim.org</a>

Meet Official: Paul Szuszkiewicz Meet Admin: Judi Divan divanj@cox.net

Order of Events - Sunday, October 6, 2019 Warm-up at 7:00 AM

Meet starts at 8:00 AM

- 1. 400 m Freestyle (check-in required)
- 2. 50 m Butterfly
- 3. 100 m Backstroke
- 4. 200 m Breaststroke
- 5. 50 m Freestyle
- 6. 100 m Butterfly
- 7. 200 M Backstroke

- 8. 200 m Freestyle Relay (men, women, mixed)
- 9. 200 m Individual Medley
- 10. 200 m Medley Relay (men, women, mixed)
- 11. 50 m Breaststroke
- 12. 100 m Individual Medley
- 13. 200 m Freestyle
- 14. 50 m Backstroke
- 15. 100 m Breaststroke
- 16. 200 m Fly
- 17. 100 m Freestyle
- 18. 400 m Individual Medley (check-in required)