2018 Southern Pacific Masters and Southwest Zone Summer Swimming Championships August 10-12

Sanction by Southern Pacific Masters Swimming for USMS, Inc.

Facility Marguerite Aquatic Complex, 27474 Casta Del Sol, Mission Viejo, CA 92692. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Directions Take I-5 to the La Paz exit. Turn east on La Paz, left on Marguerite, and right on Casta Del Sol. Turn right at the first driveway Street parking is available between marked and posted signs.

Rules: USMS rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this entry form.

Warm-up: USMS warm-up policies will be enforced by the Officials and deck marshals. There will be **NO DIVING** into the pools during the times except into the designated sprint lane(s). Warm-up rules will be announced and posted. Warm-up in the competition pool will be available for one hour prior to the start of each session.

Entries: Online registration is encouraged.

Online entries completed by 11:59 p.m. on Friday July 27 are a flat \$55.00 entry fee and includes a meet T-shirt. Add a \$10.00 late fee for all entries completed July 28 through 11:59 p.m. August 3. All entries must be received by 6:00 p.m. on Monday, August 3. No individual deck entries will be allowed. Age on December 31, 2018 determines age group for the meet. You must be at least 18 to compete. Swimmers are limited to entering a total of 6 individual events for the entire meet and no more than 5 individual events per day. There will be no refunds.

Relays: All relays will be deck entered. Relay only swimmers may enter for a \$15.00 fee and must sign a consolidated entry card. Relay entries are \$12.00 per relay, and there is no limit on the number of relays a swimmer may swim. On-line relay team entries for coaches will be

available August 7, 2018 at 1:00 p.m. Online relay team entry will also be available at the pool every day of the meet.

Seeding: All events will be seeded and swum slowest to fastest, except the 800 m, and 1500 m. Freestyle which will be swum fastest to slowest. Men and women will be seeded together for the 400, 800, and 1500 m. Freestyle and also the 400 m. Individual Medley, based on entry time. Men and women will swim separately for all other individual events. Scoring will be by gender and age group. The 1500m. Freestyle may be limited to the first 60 entries at the discretion of the meet director. Swimmers may only swim the 800 or 1500m. Freestyle not both.

Timing: Electronic timing will be used and two timers per lane will be provided.

Check-in: Positive check-in is required for all events. Check-in closes Friday at 7:45 a.m. for the 1500m Freestyle. Check-in closes at 8:00 a.m. on Saturday for the 400m. Freestyle, 8:00 a.m. on Sunday for the 800m. Freestyle. Check-in for all other events will close one hour prior to the anticipated start of the event.

Awards: Individual: SPMS Medals for places 1 to 3, and SPMS Ribbons for places 4 to 6 for each age group and gender. Relays: SPMS medals for 1st place, SPMS Ribbons for 2nd and 3rd places. There will be special awards for high point male and female swimmer in each age group, based on points from individual events. Awards to the top six teams, based on combined scoring for men and women, individual events plus relays.

On-Line Registration: To register online, go to https://www.spmasterswim.org/meet-schedule and click on 2018 SPMS/SW Zone Championships.

Snack Bar: A complete hot and cold snack bar will be provided.

Questions Meet Director, Mark Moore, 949-233-6521, m.w.moore@cox.net Admin: Judi Divan divanj@cox.net Head Offical: Omar de Armas omar.dearmas@gmail.com

ORDER OF EVENTS

Friday (9:00 start) Warm-up (8:00am)

- 1. Mixed 1500 m. Freestyle
- 3. Mixed 400 m. Individual Medley
- 5. Women 400 m. Medley Relay
- 6. Men 400 m. Medley Relay
- 7. Mixed 400 m. Medley Relay

Saturday (8:30 start) Warm-ups 7:30am

- 8. Mixed 400 m. Freestyle
- 10. Women 200 m. Butterfly
- 11. Men 200 m. Butterfly
- 12. Women 200 m. Medley Relay
- 13. Men 200 m. Medley Relay
- 14. Women 50 m. Freestyle
- 15. Men 50 m. Freestyle
- 16. Women 200 m. Breastroke
- 17. Men 200 m. Breastroke
- 18. Mixed 200 m. Freestyle Relay
- 19. Women 100 m. Backstroke
- 20. Men 100 m. Backstroke
- 21. Women 50 m. Butterfly
- 22. Men 50m. Butterfly
- 23. Women 400 m. Freestyle Relay
- 24. Men 400 m. Freestyle Relay
- 25. Mixed 400 m. Freestyle Relay
- 26. Women 50 m. Breastroke
- 27. Men 50 m. Breastroke

Sunday (8:30 start) Warm-ups 7:30am

- 28. Mixed 800 m. Freestyle
- 30. Women 200 m. Individual Medley
- 31. Men 200 m. Individual Medley
- 32. Women 200 m. Freestyle Relay
- 33. Men 200 m. Freestyle Relay
- 34. Women 100 m. Freestyle
- 35. Men 100 m. Freestyle
- 36. Women 50 m. Backstroke
- 37. Men 50 m. Backstroke
- 38. Mixed 200 m. Medley Relay
- 39. Women 100 m. Butterfly
- 40. Men 100 m. Butterfly
- 41. Women 100 m. Breastroke
- 42 Men 100 m. Breastroke
- 43 Women m. 800 Freestyle Relay
- 44 Men m. 800 Freestyle Relay
- 45 Mixed m. 800 Freestyle Relay
- 46 Women 200 m. Backstroke
- 47 Men 200 m. Backstroke
- 48 Women 200 m. Freestyle
- 49 Men 200 m. Freestyle

Event Sponsored Hotels

Courtyard Foothill Ranch/Lake Forest

27492 Portola Parkway Foothill Ranch, CA 92610 Cut off date: July 9, 2018

Reservation Link

Courtyard Laguna Hill/Irvine Spectrum

23175 Avenida de la Carlota Laguna Hills, CA 92653 Cut Off Date: July 9, 2018

Reservation Link

Fairfield Inn

26328 Oso Parkway Mission Viejo, CA 92691 (949) 582-7100

Cut-off Date: 7/25/18

Reservation Link

Hilton Garden Inn

27082 Towne Center Drive Foothill Ranch, CA 92610 (949) 859-4000

Cut-off date: 7/10/18 Reservation Link

Hampton Inn & Suites Mission Viejo

28682 Marguerite Pkwy Mission Viejo, CA 92692 949-429-5222

Cut-off date: 7/10/18 Reservation Link

Hampton Inn

27102 Towne Center Drive, Foothill Ranch, CA 92610 (949) 597-8700 Cut-off Date: 7/10/18

Cut-off Date: 7/10/18 Reservation Link

The Hills Hotel

25205 La Paz Rd Laguna Hills, CA 92653 (949) 586-5000

Cut-off Date: 6/30/18