# Santa Clarita Masters LCM Meet

Sunday, May 6th, 2012

### Sanction by Southern Pacific Masters Swimming for USMS, Inc. Sanction # 332-008

Facility: Santa Clarita Aquatic Center, 20850 Centre Pointe Pkwy., Santa Clarita.

**Directions:** From the north, take I-5 to the Valencia Blvd exit in Valencia. Go east several miles (Valencia Blvd turns into Soledad Canyon Rd) to Ruether Ave. Turn right and cross over railroad tracks. Turn right at Centre Pointe Pkwy. Turn left into driveway for Aquatic Center. From the south, take I-5 to Hwy. 14 north. Exit at Golden Valley Rd. Turn left onto Golden Valley Rd. Turn right on Centre Point Pkwy. Make a right into the driveway for the Aquatic Center. Parking is available in both upper and lower parking lots.

**Entries:** The pre-entry postmark deadline is Saturday, April 30th. Deck entries for the 1500 m Freestyle will close at 8:45 a.m.; all other deck entries close at 11:00 a.m. Age on December 31, 2012 determines age group for the meet. You must be at least 18 years of age to compete. Swimmers are limited to entering a total of 5 individual events.

**Rules:** USMS rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this entry form.

**Warm-up:** USMS warm-up policies will be enforced by USA Swimming Officials. There will be **NO DIVING** into the pools during the times except into the designated sprint lane(s). **Warm-up rules will be announced and posted. Seeding:** All events will be deck seeded slowest to fastest, by entered time, ages and sexes combined. Check-in is not required in order to be deck seeded, except swimmers must check in to swim the 1500 m Freestyle and the 400 m Freestyle.

**Relays:** All relays will be deck entered. Relay fees are \$4.00 per relay due upon entry. For each relay swimmer who is not entered in individual events, a fee of \$5.00 and a signed liability release must be submitted with the relay entry.

**Awards:** Individual: SPMS ribbons for places 1 to 3. Relay: SPMS ribbons for first place.

**Entry Fees:** \$20.00 per swimmer for online entries, \$25.00 for mail-in entries. Deck entries allowed for a total of \$30.00. **Checks payable to:** City of Santa Clarita.

Mail consolidated entry card, a copy of your 2012 USMS card, and check to: Santa Clarita Aquatic Center, c/o Santa Clarita Masters Club, 20850 Centre Pointe Pkwy, Santa Clarita, CA 91355.

Questions: Meet Director: Lance O'Keefe, (661) 250-3767, lokeefe@santa-clarita.com.

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1500 warm-up at 8:00 a.m. 1500 starts at 9:00 a.m.

#### 1. 1500 m Freestyle (check-in required)

# 20 minute warm-up after 1500

- 2. 400 m Mixed Freestyle Relay
- 3. 100 m Butterfly
- 4. 200 m Freestyle
- 5. 100 m Breaststroke
- 6. 50 m Freestyle
- 7. 200 m Individual Medley
- 8. 400 m Freestyle (check-in required)
- 9. 100 m Backstroke
- 10. 50 m Butterfly
- 11. 400 m Individual Medley
- 12. 200 m Breaststroke
- 13. 100 m Freestyle
- 14. 50 m Backstroke
- 15. 200 m Butterfly
- 16. 50 m Breaststroke
- 17. 200 m Backstroke
- 18. 400 m Mixed Medley Relay